

**KHANGHAM SABBATH SCHOOL
LAI SIANGTHO SINNA**

**STEWARDSHIP: MOTIVES OF THE HEART
NEISAKEP-ZEEKNA: LUNGSIM II SAWMNA**

By: John H. H. Mathews

January, February, March

2018

Sabbath School Lesson

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Christian Neihsavep-zeektu Khat ii Nuntakna

Christian khat in i kikhel ding a kulna i muh maa in mawhdim i dinmun i kitel masak ding kisam hi. Christ in i sungah na hongsepna bek tawh tua kikhelna kipan leh picing thei pan ding hi. Eite sungah na hongsepna akilatna khat in thupha kepzeekna ahi hi. Thuphakepzeek-na i cih i Christian nuntakna ah zaapi huammah tase leh, muhlawn theih leh muhlawn theihloh neihsavep Pasion' minthan nadingaa kepzuunna ahi hi.

Lai Siangtho hong hilh bangin, thudang tampite lak ah, neihsavepzeekna in kha nuntakna gal ahi a lauhuai neihngulhluatna (neih leh lam lunggulh luatna) leh Leitung-vai in dona ding a thahat galhiam khat ahi hi. Mi tampite in hauhna leh nei le lamte a sawtlo in a limna a bei ding a kibawltawm mehlaksawh bang lel ahih lam phawk khalo uh hi. Adahhuai thu ah, mitampite in Leitung itluatna nusia zolo ahihmanun mangthang ding uh hi. Leitung lampi zuihna ahi ci le sa lunggulhna, mittang etlahna, leh neih leh lam ah kisialhna (1 John 2:16) te neihsavepzeekna thumanpha ii nuntakna ah zatna tawh kikhiam beklo in kiphelh thei hi.

Tua hiaa, tu quarter neihsavep-zeekna thu i sin dingaa, tua in Pasion' hong deihsak nunzia ahi Leitung lunggulhna panin suahtak nading hong hilh ding hi. Neihsavep-zeekna in nisim aa atak a Jesu nungzui i hihna lahna leh Pasion i itna i lahkhiatna ahi hi. Eite Pasion in hong it masa ahih manin neihsavep kemzeek ihi hi.

Neihsavep-zeektu nuntak i cih in i lungsimpuak, kikhelna, ki-apna, kikhahna, leh a dangdangte kihel hi. Jesu tawh isep leh ipau khempeuh ah kizopna tawh angsungkhuallo takin acitak leh amuanhuai Pasion' nasemte ihih ding kisam hi. Neihsavep-zeekna ii gah in thumaan nuntakna ah lungkimna ahihna Christ thuhilhna ah kimu

thei hi. Pasion' neihsate Ama' minthan nading leh Ama' nasepna kizawhna ding panpihna ah kepzeek ding i sin ding hi.

Pasion' neisakem-zeektu te in tu in "limlang ah ahi milmial a i mu" (1 Cor. 13:12) aa, ahi zongin Jesu in ciantak in mu hi. Amah in eite muanna tak tawh a nasep hong ap hi. Leitung hong zolna muikai a liat hangin i siamna, sum le paai, cidamna leh kiim le paam te eite in diktak aa kep-zuun ding vaipuak i nei hi. Hih thusinnate in neisakem-zuun eite i vaipuakte bang hi aa gupngahna ding hilo gup-ngahkhin ahih ziakin Pasion hehpihna tawh tua vaipuakte lawhcing takin bangci matut ding cihte hilh dingin a kibawl ahihi.

Christian neihsakem-zeektu nuntakna in Pasion' zia te tong leitungah a kilengsak hi. Khuahun zui aa kikhel zel i ngeinate langah Lai Siangtho hilhna bangaa dingtang ngamte nuntakna ah hoihna, lungnopna, leh Pasion' mi hihna om hi. Leitung vai aa nuntak ding mikhempeuh in ze-etna i tuak hi. Ze-etna te a kilangtang leh kilangtang lo in i kiim le paam ah om den hi. Christian, adiakin Christian neihsakem-zeektute, i hihna ah hih bang ze-etna te pan bangci suahtak ding cih bek hilo in tuate tungah gualzawh nading kamciam zong i ngah zo hi.

Hun bei ciangin, lungsim ngaihdan namnih lak ah khat zawzaw i za kha ding hi: "note kong thei ngei kei hi, gitlohna a bawlte aw, kei kaingpan taikhia un!" (Matt. 7:23, ZIV) ahih keileh, "Ahoih, amuanhuai na sempa aw, pha hi! Na tawmkha tungah na muanhuai hi; na tampi kong uksak ding hi. Hong pai inla na pu tawh lungdam khawm in!" (Matt. 25:23, ZIV).

Tu quarter sung i sin neihsakep-zeekna hangin "Hong pai inla, na pu tawh lungdam khawm in!" cih kammal a za ding i lametna leh thungetna ahi hi.

John H. H. Mathews, D.Min., pen Andrews University ah om hiaa, Florida, Alabama., Iowa, Missouri, Tennessee, leh Nebraska te ah Pasion' sathaunilh nasempa ahi hi. Tu laitak North American Division Neihsakep-zeekna (Stewardship) Nasepna makaipi (Director) hihna tawh Pasion na asepa laitak hi.

SINNA 1

December 30-January 5

NEIHGULHLUATNA II HUZAAP

NIPI (SABBATH) NITAK

Dec. 30

Tukal sinna ah simding: 1 John 2:16,17; Luke 14:26-33: 12:15-21; Thuhilhikna 8:10-14; 1 Tim. 6:10; John 15:5; Gal. 2:20.

Lai Siangtho Bulpuh: “ Hih leitung deihna tawh kizui-in na gamta nawn kei unla, na lungsim uh thaksuaksakin na kipumkhel un. Tua hileh a hoih, a lungkimhuai, a hoihkim Pasion deihna bang ahi hiam, cih khentel thei in na pakta thei ding uh hi.” (Rom. 12:2, ZIV)

Pasion' kammal in “*Leitung deihna*” (Rom 12:2, ZIV) zuih loh ding hong gen hi. Ahi zongin neih le lam lunggulhluatna ii zolna, hauhnopluatna leh hauhna tawh septheihna in thahat in vanglian hi. Mizawng hitaleh mihau hita leh mitawmno cikte bek neihgulhluatna huzaap khengzo bek uh hi. Christian te zong tua sungah i awk hi.

Hauhna ahikeileh nang leh na itte noptakaa om theih nading nakpitak sepna pen mawhna siatna hilo hi. Ahizongin sum ahikeileh sumzonna in ngaihsutna khempeuh a luah ciangin dawimangpa' thaangzak ah a awk ihi aa, leitung deihna a zui ihi ta hi.

Sum leh hauhna sung bek ah nuntak picing leh nuntak nuam om cih leitung in hong ngaihsunsak hi. Ahi

* *Tukal sinna na simna tawh January 6 Nipi aading kigingkhoh in.*

zongin Satan in sum pen maituam in zang aa, Christian te dona ah Satan in neihgulhluatna galhiam lian khat in hong zang hi. Bangbang hitase leh, sum deihlo kua om aa, tu laitak leh mailam aadingin sum in tampi hong sepsak thei hilo hiam? Sum in lunggulhnate thakhat in hong ngahsak pah kha theiaa, ahi zongin a tawpkhakna ah mihing kisap taktak nate ah lungkimna hong pia zo tuanlo hi.

NIKHATNI

December 31

LEITUNG' PASIAN

Sum in leitung' pasian hong suakkhin aa, neihgulhluatna in a biakna hong hipah hi. Neihgulhluatna in a lungmuanna picing hilo tawmvei sung bek lungmuanna hong pia aa, telhak leh a simthamin a lauhuai khat nahi hi.

Neihgulhluatna in, i telkhehna ah, hauhna leh neihsa lunggulhnate kha lam thumaan sangin thupisakzawkna leh manphasakzawkna hi. Neih le lam te manpha kha thei mah hi, ahi zongin amau manphatna in ei hong uk ding hilo hi. “Sum iplah peuhmah in sum a deihzah nei ngeilo aa, hauhna iplah peuhmah a ngahzah tawh a lungkim ngeikei hi” (*Thuhilhna 5:10, ZIV*). Bangzahta i nei zongin, pha cih om ngeilo; tam neih semsem nading hanciam tektek in lungkim om ngeilo - leitung nate lunggulhna ah a buaihuai thu hih ahi hi. Thaangzaak hong hipah hi.

1 John 2:16,17 sim in. Hih munah bang thupi taktak ci hiam?

Luke 14:26-33 sim in. Jesu in hih laiah Christian te aading bangin akisam phabel hi hong ci hiam?

Hih bangin ngaihsunkik leng, sum zonna leh sum deihna bek tawh hun a beite in a supzah uh simhuai taktak

hi. “Mi khatin leitung buppi a neih hangin a hinna taan leh bang phatuam ding ahi hiam?” (*Mark 8:36, ZIV*). “Christ leitung hong pai hun lai-in, mihingte in a niampen mun dong atun laitak hun hi. Mihing kikhohkhopna thubulte kineuseh hi. Nuntakna in a diklo leh bawltawm bang aa ... leitungbup biakna khempeuh in khalam leh ngaihsutna mansuah uh hi. Phuahtawmthu leh khialhna te tawh mihingte in kihhuai takin zualzanna leh neihgulh-luatnate ah puuk khin uh hi. Tawntung thu ding nungngat san in tu laitak hun bek ngaihsun in nungta uh hi.” – **Ellen G. White, Education, Iaimai 74-75.**

Zualzanna leh neihgulhluatna ii huup tawh tu laitak hun bek ah a nungta mite omzia na theihngei a om hiam?

Neihsa deihlo kua i om hiam? Dotna in: i neih vante in, tamse takeileh, ei hong neikik ahih lam bang ci theih ding i hiam? Kua bekin eite hong neih ding kilawm hiam, hong neih lam bangci tel ding?

**NINIHNI
ANSAL DIPNA**

January 1

**Luke 12:15-21 sim in. Bang thu hong gen hiam?
A hau selo mi khat aa dingin zong a thupi bangteng zat pah theih om hiam?**

I zawng aa i hau zongin, vante neih ding lunggulhluatna in athupi nate tungpan mitsuanna heikhia in tawmvei sung, a beipak ding leh tawntung nuntakna hong suplawhsak ding nate tungah hong mitsuan sak hi. Kham

leh ngun tawh kibawl milim taktakte bia kei kha mah ni. Bangbang ahi zongin, lamtuam tawh ngun leh khamte a bia ihih khak ding lauhuai mahmah hi.

Hih gentehna khat pen neihsa zon kinluatna ah leitung mun tampite aading a kituak mahmah thu khat hi. Vanzuakte in a zuak vante uh a deihhuai dingin mellawm theipen in zuak uh hi. A vanzuakzia uh en le hang a vante uh i neih masiah lungkimna ngahlo, lung nuamlo phial zah dong ding hong suah mai uh hi. Company khat in van khat bawl in, a van bawl uh ei akisam bangin hong zuak uhaa, en zong i kikap mah kisa in kilei kha takpi hi. Ataktak in cileng, hong mengzo lua uh nahi mawk hi. Leitung nate a lam-en lo Christiante nangawn zong tua bang khemnate pan peng tuanlo hi.

Thuhilhikna 8:10-14 sim in. Hih laiaa hong vauhilhna bangin pawlpi mimal khatpeuh aading bang lauhuaina om thei hiam?

Lai Siangtho ahihkeileh tulai leitungthu ah, akikholtoto hauhna leh vante neihna in khalam, Pasian itna, vantungnate lunggulhna leh khathu lunggulhna a khansakna thu namuh natheih a om hiam? Kikupna ah pawlpi mite hawmsawn in.

**NITHUMNI
NEIHGULHLUATNA II ZOLNA**

January 2

Leitung ii zolzuakna in vanglian thahat pha mahmah hi. Companyte in a vanbawlte uh sum tampi bei in i mai ah hong lak den hi. Muhnophuai leh mitla dingin melhoih theithe mite zangin hong zolzuak uh hi. Tua zolzuaknate i

et ciangin ahoih mite batnopna mah tawh zong ei le ei ki-en in i deih zel hi.

Neihgulhluatna in khelpil takin aki theikhoplo aa pumpi taksa lungkim nading zolzuakna zang hikeileh lawhcing hetlo ding hi. Hih in zolzuakna thusim khat hi pah hi. Ahi zongin, ei a tamzawte bangin neihgulhluatna lauhuaina pan suahtak ding ahanciam dente aading guu tawh kibangin lauhuai mahmah hi.

Matt. 6:22-24 sim in. Christian ngaihsutna leh gamtatna ah mittang in bang limla ci hiam? I kisap taktak ahilo nate ii simtham zolna in hong nektum loh nadingin bangci gamtat ding i hiam?

Taksa lungkimna ding zolzuakna in vanzuakte' aa dingin a thahatna khat hi. Vanlei dingte lungsim ah lawpna a om theih nading bawlina tawh vanzuak uh hi. Nundang khat ah om bangin ngaihsutna ah tawmvei sung nopsakna pia nuntakna mite in nuamsa hi. Theihtelna leh khavai thutak kihello a diklo biakna himahtaseleh deihhuai leh iplahhuai ahih manin mite in niallo uh hi. Deih in zong neih ding kilawm kisa ihih manin banghang neilo ding kici ta. Zolzuakte in i kisap bang teek in hong zolzawhna tawh bangzahtak a tam neihsate kibe khinta aa bangzah kibe lai ding cih Pasion bek in thei mai ding hi.

“Tua ahih ciangin Kha-in na nungta un, tua hi leh mawhdim pianngei deihna na tangtun kei ding uh hi, kong ci hi” (Gal. 5:16, ZIV). “Mawhdim pianngei deihna” te numei-pasal uukna lam bekin i bulhtuah zelkhak hangin a dang bang gamtatnate in hih mawhdim pianngei deihna tangtunna hi thei hiam?

**NILI NI
EI LE EI KI-ITNA**

January 3

“Ahang in, nangma hihna tan sanga a sangzawin nang le nang ki-ngaihsun kei in. Ahih hangin, Pasion in nang hong piaksa upna zah tawh kizui-in amaan thukhenna tawh nang le nang na kingaihsut nadingin ka ngahsa hehpihna hangin note tungah kong gen hi” (Rom 12:3, ZIV).

Pasion in, “Na melhoihna na kisaktheihpih a, na thupina hangin na pilna na siasak hi” (Ezek. 28:17, ZIV) ci hi. Lucifer in amah hihna sangin kilian ngaihsut zaw aa amah le amah kikhem hi. “Kei le kei Sangpen Pa bangin ka kibawl ding” (Isa. 14:14) ci-in a lungsim ah a gen ciangin, kiliatsak tawmna leh ama neihloh thu ngahsawmna kilang hi. Ei le ei kikhemna leh ei le ei kiliatsaktawmnate in akilang pha mahmah Lucifer kiatna bulpi ahi hi.

Hih mun a Lucifer puukna in ei le ei dik kisakluatna leh ei le ei kimuan ki-itluatna in mawhna zungpi ahihna hong hilh hi. Amawh mihing khatpeuh in i hihlohpi hikisakna sangin akilangtang ei le ei kikhemna zaw bang om mawh hiam?

Hih gamtat luheekte i ngaihsut zah sangin theihhak khollo zaw hi. Nebuchadnezzar in ama hihna sangin a sangzaw in kingaihsun hi (Dan. 4:30). Pharisee te in zong midangte sangin pha kisazaw mawkmawk uh hi. (Luke 18:11, 12). I kidop keiaa leh hauhna in zong hihbang khemna sungah hong tunpih thei hi.

1 Timothy 6:10 sim in. Paul in bang alauhuai thu hong vauhilh hiam?

Alauhuai mite thu kidop ding Paul in Timothy ahihna ah “sum deihlua te” (2 Tim. 3:1-5, ZIV) kihel hi. Sum

deihluatna in kipummuanna, kiphatsakna leh ei le ei hi kisakna tunna ding tawsawn thei hi. Tua hi aa neihgulhluatna in a thupi zah leh i hihna zah sangin hong kingaihsunsak zaw hi. Sum i hauh ciangin i hina zah sangin kipingaihsut thei zaw hi hang. Mikhempeuh i hauhnop hangin a hau tawmcik bek ahiah manin sumhaute kiphatsak in kisial baih hi.

Filippi 2:3 sim in. Neihgulhluatna in a kilawm Christian nunzia tawh ki bangci kelki cih hong telsak hiam?

NINGANI

January 4

NEIHGULHLUATNA II KIMANNA NEIHLOHZIA

Amau hihna leh Pasion hihna tawh kihualkhawm ahiah manin neihgulhluatna in a phelkhap zawhloh Pasion a it mi tampi om hi.

Thuhilhikna 7:6, 1 Pet. 2:9, John 15:5 leh Gal. 2:20 te sim in. Pasion' aa hihna i cih in banghi aa, koi bangin ihihna mu thei ding?

Pasion in ci hi, “Keimah, lengguipi kahi hi. Note hiantge nahi uh hi...Kei loin bangmah nahih theikei uh hi” (*John 15:5, ZIV*). Amuanhuai kizopna hong gen hi. “Thumanna diktak lungtang panin phulkhia hi. Chris tawh lungtang nasepna ahi hi. I phal nakaa leh, i ngaihsutna leh i ngimnate ah Ama' hihna tawh kihualkhawm in, i lungsim leh lungtang in Ama' deihna bangin eima lungkim utthu tawh zui-in sem thei ding hi hang.” – **Ellen G. White, Khangcin Lungdeih, Laimai 668.**

Alang khat ah, neihgulhluatna in i neihsate tawh akibang hihna hong guan hi. I neihzah leh i leizawh zah

tawh i hihna ipulaak zel hi. James in i kidop ding hong genna ah, “Na ngun na khamte uh kekseu hi. Tuate kekseuna in note' langah teci pang dinga, mei bangin na sa uh a ne ding hi. A beisa hun sung teng hauhna na khol zo uh hi” (*James 5:3, ZIV*). “khol” cih ciangin neihsa tampi kaikhawm in khoihkhol in tua tawh a hihna uh geel in om cihna hi (*Luke 12:19-21*).

Neihgulhluatna in i hihna hong buaisak, amsak thei hi. Mi tampite hihna pen a neihsa uh tawh i telkhial thei hi. I neihsate i pasian suak hi (*Matt. 6:19-21*). Mi khat in, “Ka neihsate om keileh bangmah hi keng” ci ngei hi. Leitung nate i neihsa bek tawh i hihna i teh bangzah in dahhuai hiam. A beipak ding sauvei kimanglo nunzia tawh nuntak ding bangzah in Christiante aading daikai zen hiam. I nunna Pasion tawh kibangsak zaw ding maw i neihsa tawh kibangsak zaw ding? Khat ahiah keileh a khat zaw hipah lel hi.

Na neihsa vante tawh na hihna bangzah kisuun hiam?

KIGINNI

January 5

NGAIHSUT BEH DING: “Tuni in galpa in man tawmno tawh khate lei ta hi. Lai Siangtho in, ‘Na mite man tawmno in na hong zuakzo hi’ ci hi. Mi khat in akha Leitung pahtawi nading, adang khat in sum aading, khat in lungkim nading, leh adang khat in gualnop nadingin zuak hi. Hih bangin nisim in mankideek den hi. Jesu' sisan in atatkhiat khate tehtheiloh in manpha mahmah taseleh Satan in mantawmno tawh lei ding hanciam hi.” – **Ellen G. White, Testimonies for the Church, Vol. 5, Laimai 133.**

Neihgulhluatna tawh kha manphate lei ding Satan' mungtup ahi hi. Neihgulhluatna pau theilo a, ahi zongin paunam khempeuh thei hi. Ahau azawngte' aading lungkimna leh lungnopna pia thei ahih manin "Ka kisap teng neikhin ing, lunghimawh ding dang omlo hi" cisak hi. Tua hi-in, neihgulhluatna in Pasian muanding sangin neih le lamte muanna hong neisak ahih manin mihingte lungsim susia hi. Ahi zongin, tua guu damna zatui in, "Thahatna hilo, vangliatna zong hilo in, keima Kha hang ahi hi' Vanglian Topa in ci hi" (*Zech. 4:6, ZIV*). Neihgulhna ki-uk saklo aa Pasian tungah ki-ap in Kha Siangtho makaihna ki-uksak mite neihgulhna in zozo lo hi.

KIKUPDING DOTNATE:

1. Tukaal sung i sin lai huainate in, zawng in bang mah nei takeileng, bang lampite tawh hong zol zo thei hiam?
2. Mi pawlkhat in, "Sum khawng kin keng, sum kei aa ding thupi kei" ci thei hi. (Tua acite sumhaute hi thei bilbel zaw.) Banghangin hih bangci diklo thei hiam? I nuntakna ah sum pen thupi tham hi. Lai Siangtho hihna tawh kituak in diktakaa sum bangci kemzeek thei ding i hiam?
3. "Nget le kekseu in a siatsak theihna le gutate in luh a, a guk theihna mun hih leitungah na gou-te uh khol kei un. Nget le kekseu in a siatsak theihlohna leh gutate in luh a, a guk theih lohna mun vantungah na gou-te uh khol un. Ahang in, na gou-te uh omna munah na lungsim uh zong om ding hi" (*Matt. 6:19-21, ZIV*). Jesu' hong hihna in bangci bangin alauhuai neihgulhluatna pan kikepna hi thei ding hiam?

SINNA 2

January 6-12

KA MU, KA DEIH, KA LA

NIPI (SABBATH) NITAAK

Jan 6

Tukal sinna ah simding: *2 Cor. 8:1-7; Matt. 13:3-7,22; Pian. 3:1-6; Isa. 56:11; Matt. 26:14-16; 2 Pet. 1:5-9.*

Lai Siangtho Bulphuh: "Ling laka tute ahiehle thu za napi hih leitung nuntak nading lunghimawhna le hauhna' khemna in depgawpin a gah lote ahi hi." (Matt. 13:22, ZIV)

Sum itluatna leh vante neihnopna in mun tuam-tuam panin hong pai thei hi. Neihgulhluatna tawh gilopa' hong zolna te Ellen G. White a genna ah, " 'Pai inla, leitang leh sum neite leitung nuntak zon kinna tawh amsak in. Amaute mai ah leitung in a ngaihbang dingin lak inla, a gou-te uh khol in a lunggulhnate uh leitung nate ah kipsak in. Pasian' nasemte hauhnaute ngah aa ei langkhat ah a zat loh nading dal in i hanciam mahmah kul hi. Ei sung mite bek ah sum keem un. Tam ngah semsem leuh, i mite lakkhatna tawh i gam nakpitak susia ding uh hi. Chris kumpi gam lamtoh ding leh i huat thumaan a tangko ding uh sangin sum a lunggulh nadinguh bawl un, tua hileh angsung khual, a haza theite eima ukna nuai ah om ding uhaa Pasian' mite tawh kigamla ding ahih manun i launa kul nawnlo ding cih i thei hi!" - *Counsels on Stewardship*, Laimai 154,155.

* *Tukal sinna na sinna tawh January 13 Nipi aading in kigingkhoh in.*

Adahhuai thu in, hih khemzolna pen lawhcing pha mahmah se hi. A lauhuai ziate i en ding a, Pasion' kammal in hih thangzaak bangci pelh theih ding cih hong hilhnate i sin ding hi.

NIKHATNI
A LAWHCING LUNG DAMNATHU

January 7

Television thuhilhsia khat in, "Pasion in nang thupha hong pia nuam hi. Neih le lam tampi hong piakna tawh thupha hong piakna hong kitel sak hi," ci-in a gen ngei hi. Thudang khat in genleng, na cihtak nakleh, Pasion in hong hausak ding hi.

Hih dan ngaihsutna pen a lawhcing lungdamna thu kici hi – Pasion nung zui in, tua hileh leitung hauhnate hong pia ding hi. Hih bang ngaihsutna pen neihgulhluatna ding mawhpen nadingaa diksak tawm ki tawsawna thuhilh maanlo ahi hi.

Lungdamnathu pen hauh ding kamciam a zatna in lam hong pialsak thei thu neuno khat hi. Hihbang upna in Lai Siangtho hilhna tawh ki tukalh in Lai Siangtho kammal bulphuh a dikkhinlo angsungkual biakna ahi hi. Hih zuau thu in mawhna khempeuh zungpi ahi na dang khempeuh sangin ei le ei, ei lunggulhna ding bek khualna hong tun hi.

Hih a lawhcing lungdamnathu in Pasion i piak ciangin Ama' tung panin neih le lam hauhnate ngakhik ding kiciatna nei cih hong hilh hi. Hih bang hileh, Pasion pen vanlei-zuakna set hong suak ding aa, Amah tawh i kizopna in summetbawlana bangbek hilel ding hi. Ken hong pia kahih ciangin nang zong nong piakkik ding hong kamciam in cih tawh kibang hi. Akilawm leh a hoih ahil manin pia hilo in

T-2

ngakhik nading tawh a pia kihi ding hi. Tua in a lawhcing lungdamnathu ahi hi.

2 Cor. 8:1-7 sim in. Bang thu om hiam? Hih laiah a lawhcing lungdamnathu tawh kilehbulh bang thute i mu hiam? Paul in "piakna tawh kisai hehpihna" a cih bang a deihna hiam? (2 Cor. 8:7, ZIV).

Hih mite, "a zawnluat mahmah" (2 Cor. 8:2, ZIV) hangun, nakpi takin cingh-in a piaktheihzah val nangawn uh a pia uh hi. Hih bang laite in a lawhcing lungdamnathu hilhna ahi Pasion' deih bang na nuntak leh neih le lam tampi lah ding nei ding cih a dikloh zia hong laktel hi.

Pasion tungah a citakte lawhcing mello in a citak lopi peuh a lawhcing na theih a om hiam? Hauhna pen Pasion' thupha ngahna lakna in i zat theih zel, hih thu in hong bangci gen hiam?

NINIHNI
AMANG MILMIAL KHA MITMUHNA

January 8

Hih leitung hauhna leh kikhualnate maimangpak ding thutak Lai Siangtho hong hilh ding kism lo hi hang. Atawntung kimang ding bangmah omlo hi. Paul in, "... a kimu theite mitsuan loin a kimu thei lote ka mitsuanzaw... a kimu theite tomkha kal sungbek om a, a kimu theilo pen ahileh a om tawntung ahi hi" ci hi (2 Cor. 4:18, ZIV). Vantung nate sangin leitung nate bek ngaihsut ciangin Christiante in a gamla ciantak in mu theilo uh hi. Hauhna zolkhemna sangin mit hong bumsiamzaw tam hetlo hi. Mitkhuamulo khat ahi Helen Keller in, "Muhna om napi khua a mulote sangin leitung ah a hehpihhuai penpente hi" ci hi. Mu thei napi khalam mit a taw mi tampitak Lai Siangtho in hong gen om hi.

“Mi pawlkhatte in hih leitung a itluat manun a leitung itna un thumaan itna valhtum gai hi. A leitung neihsa uh a khangsemsem ciangin vantung neihsa khol ding lunggulhna kiam semsem hi. A hauhna uh khang semsem leh midangte in a laksak ding lau bang keek in ahauhna uh itpom semsem uh hi. Nei semsem, piakkhiat ding haksa semsem in deihna khang semsem ahih manin a zawng semsem bangin kingaihsun mai uh hi...Pasian’ nasep nading akisap zia mulo in phawk nawnlo uh hi.” – **Ellen G. White, *Spiritual Gifts*, Vol. 2, Laimai 267.**

Kha mitmangna in i tawntung tatkhiatna a lauhuai lianpi mun hong tun hi. Jesu i muh bek kicinglo a, mitsuan in et laigil hihsak kul hi.

Matt. 13:3-7 leh 22 sim in. Eite aading alauhuai thu Jesu in bang hong vauhilh hiam? Mikhatpeuh aading, zawng taleng hau taleng, puuk theihna thaang banghang suak thei hiam?

“Leitung nate lunghimawhna” in Jesu’ hong vauhilh nop pen ahi hi. A zawngte in akicing neiloh manin lunghi-mawh uhaa, ahaute in deihbeh manin lunghimawh uh hi. Ahi zongin tua lunghimawhnate in i nuntakna i deepgawp sakloh ding kizam hi.

Hauhna ii khemna na nuntakna sungah na muh a om hiam? Tua khemna panin bangci bangin na kikem thei ding hiam?

**NITHUMNI
DEIHGAWHHAZAAATNA’ KALSUANTE**

January 9

Deihgawhhazaatna zong mawhna dangte bangin lungtang pan hong phulkhia hi. Eden huan sung a piang thu in hih hipah hi.

Piancil 3:1-6 sim in. Eve amawhzolna ah Satan in bangci hiam? Khang tawntung azat khemna eite khemna in bangci zat hiam?

“Tua ahih ciangin singkung a hoihna, mi a pilsak dingin tua a gah a deihhuaina a muh ciangin, a singgah lo-in a ne hi. Amah in singgah kimkhat a pasal pia a, a pasal in zong a ne hi.” (*Pian. 3:6*).

Vante mideih theih dingaa zolzuakna nasep pen Eden huan sungpan hong kipan hileh kilawm phialmawk hi. Kisamlo taktak lopi kizam bangaa ngaihsutsakna leh neihzah sangin deihbeh zawkna lungsim neih nadingin Dawimangpa in huan laizang aa singkung tawh Eve mawhzol hi. Deihgawhhazatna tawh ei mimal ciat i pukna thu thum te ahi – ka mu, ka deih, ka la – cih Eve’ pukna in hong hilh hi.

Numei pasal kilunggulhna mah bangin deihgawhhazatna zong i sungtawng aa kisel a kilanglo mawhna khat hi. Hong gamtat khat takciangin nakpi in siahuai thei hi. Khat le khat kizopna susia banah it leh ngaihte tawh kikhasiatna leh a nung ciangin kitotna leh kimuhdahna dong hong tun thei hi.

Deihgawhhazatna hong lian leh nunhoih gamtatna khempeuh sumai mang hi. Kumpi Ahab in Naboth lenggui-lo a deihgawh ciangin a maimialna hangin kumpinu in Naboth that liang hi (*1 Kumpi 21*). Achan in zong van hoih te leh sumte amuh ciangin kideek zolo in iplah in la hi (*Joshua 7:20-22*). Deihgawhhazatna in angsungkhualna namkhat ahi hi.

“Angsungkhualna in mawhna kipatna ahih leh, deihgawhhazatna in angsungkhualna bul kici thei hi. Sawltak Paul in hun nunung aa alauhuai lampialna a genna ah angsungkhualna in siatna gitlohna dang khempeuh zungpi hi-in, deihgawhluatna in agah masa ahihna hong hilh hi. ‘mite in amau angsung dingbek ngaihsunin, huaihamin,...’

(2 Tim 3:2).” – John Harris, *Mammon*, (New York: Lane & Scott, 1849) p. 52.

Banghang in deihgawhna i neih khak lam kitel ding thupise hiam?

NILINI

January 10

HUAIHAMNA – NANGMA’ DEIHBANG NEIHNOPNA

Isaiah 56:11 sim in. Bang mawhna thu hong hilh om hiam?

Amawh eite aading huaihamna pen huihdikzah in ol hi. Ahizongin, mihingte nundan ah huaihamna zah in Christ’ nunzia latsak ding a hong daltanzaw a omlohna kiphawk khalo hi. “Ahang in, i Topa Jesu Christ hehpihna na thei uh hi; ama zawna tungtawnin na hauh theih na dingun amah ahau hi napi note hangin a zawng hi” (2 Cor. 8:9, ZIV).

Tangtawng aa kipan huaihamna a suksiathuaizia Topa bek in thei hi. Huaihamna in gal piangsak hi. Huaihamna hangin mite in amau tung mahmah leh a innkuan tung vuah siatna tampi a tun gitlohna bawl uh hi. Huaihamna in natnalungno bangin hong netum in huaiham semsem ding simloh bangmah nundan om thei nawnlo hi. Huaihamna in deihlumatna, thuneihna, leh hauhnate hong lunggulhsak natna khat hi. Tua in, ka mu, ka deih, ka la.

Matt. 26:14-16 sim in. Hih a dahhuai thu pan in huaihamna ii thahatzia i bangci muh thei hiam?

Judas kammal, “Amah note khutah hong pia leng, kei bang nong pia ding uh hiam?” (Matt. 26:15, ZIV) ngaihsun

in. Leitung pian panin mi tawmcikte bekin Judas’ hamphatna ahi – Jesu tawh nungta khawm, na lamdang bawlte mu, nuntakna thu a gen za kha ngiat – ngah kha bek hi. Ahizongin, huaihamna leh duh-aamna in koi ciang tunpih mawk hiam!

“Amah a lehheek dingpa Tanpa in bangzah takin nunnem tawh bawlphat ding hanciam hiam! A thu hilhnate ah, citna leh itna tawh huaihamnate zawh nading hilh hi. Huaihamna a deihhetloh zia Judas mai ah lak in, Judas in zong ama’ nun hoihlote tampi vei kiphawk in, amawhnate kimu mah taleh, mawhthum nuamlo in a diklohna nusia nuam hetlo hi.” – **Ellen G. White, *Khangcin Lungdeih*, p. 295.**

Kidawmlo hileng, huaihamna lim a kilangsaklo kua i om hiam? Pasion’ hehpihna tawh, i huaihamnate bangci uk zo ding i hiam?

NINGANI

January 11

PUMPI KI-UKZAWHNA

Hih anuai a Lai Siangtho munte sim in. I hau a i zawng zongin huaihamna, duh-aamna, leh sum le vante itluatna panin Christiante ki koici kep ding cih hong gen hiam?

Sawltak 24:24-26 _____

Gal. 5:22-25 _____

2 Pet. 1:5-9 _____

Hih a tunga thute in eite koici nuntak ding cih biakna vai tampi hong hilh hi. Hih teng a gen kibang khat in pumpi ki-ukzawhna thu hi. Huaihamna, duh-aamna, leh neihsa lunggulhnate a om ciangin hih pumpi ki-ukzawhna haksa

phadeuh hi. Pumpi ki-ukzawhna bek tawh i gen alauhuai thute panin i ngaihsutna leh gamtatnate kidal thei hi hang.

Topa' vangliatna ah i ki-ap ciang bekin ki-ukzawhna nei thei pan ding hi hang. A kiphungvuhsa hih mawhna khaicite ei mau tha tawh kuamah in zozo ngeilo ding hi hang. Hih a thahat khemna zawhtheih nadingin a vanglian Kha Siangtho in i nuntakna ah na hong sep ding kisam pha mahmah hi hang. "Note in mihingte tuah ngei ze-etna longal na tuak kei uh hi. Pasion a muanhuai hi; na thuak zawh loh ding zahval ze-etna hong tungsak kei ding hi. Ahi hangin note hong kize-et ciangin na thuakzawh nadingun suahtakna lampi hong bawlsak ding hi" (1 Cor. 10:13, ZIV)

2 Peter 1:5-9 simpha kik in. Hih lai ah Peter in a kaw k lampi in koi lai hong tun hiam? Huaihamna leh deihgawhazatna zawh nading i hanciam laitak in i kalsuan ding bangte hi aa, koici bangin zuih ding kisin thei ding i hiam?

KIGINNI

January 12

NGAIHSUT BEH DING: Mihingte tuplianpi in lungnopna leh lungkimna hi. Ahizongin neihsate tawh lungkimna zonna in hih tuplian hong ngahsak zolo hi. Mite in a lungsim tawng vuah hih thumaan thei napi, ka mu, ka deih, ka la cih teng ahi neih le lam zonna tawh hun bei uh hi. Seventh-day Adventistte zong midangte mah bangin neihgulhluat-na ii ze-etna i tuak kha tek hi. Neihsa zonbehnate in lung-nopna, lungkimna leh khamuanna hong pia hetlo hi. Tua sangsik in, a deih a zakloh leh a ngahloh manin, maigum aa Jesu kiangpan a taikhia mihau tangvalpa bangin buaina piangsak

zaw hi. "Neih le lam thupiisak luatna in mihingte nunhoih khantohna thamneemsak mahmah hi. Tualniam nun ah lungkimna leh lungnopna panin lunghimawhna leh lungzinna, taksa natna ahi lungtang natna, mihing hihna hong buaisak ahi ei le ei kipimuhna, leh kilawmtatna suksiatna dong hong tun hi."- Tim Kasser, *The High Price of Materialism* (Cambridge, Mass: The MIT Press, 2002), p. 22. Neihgulhlua Christiante in thupi kisa takin hauhna tuikhuk panin dawn mah taleh kha lam keucipte hi. Ahizongin, Christ piak tui a dawn peuhmah a dangtaakkik nawnlo ding hi (*John 4:14*).

KIKUPDING DOTNATE:

1. Alawhcing lungdamnathu ngaihsun in. Bang Lai Siangtho munte siksian in tua upna omaa, hih a khial thuhilhna telsiang nading a citak mite nuntakna bang Lai Siangtho sungah na mu thei hiam?
2. Mawhnei mi-in i suakaa, a huaihamna in i suak hi cih thu lungngai in. Naupangte nangawn huaiham thei ahihna in i huaiham nunzia hong koici lah aa tua in Pasion hehpihna i kikap lam hong bangci theihsak hiam?
3. Buaina bulpi i theihnop leh, 'guihtheih khamtheih sit se kul kei. Haina, awlmawhlohna, huaihamna leh zaa deihluatnate sitzaw ni' ci-in mi khat in gen ngei hi. Huaihamna in a huaihamtu bek hilo akiim apaam a mite zong bangci suksiat hiam? Akihelkhate khempeuh bang buaina piangsak thei cih na theih ngei thupiangan a om hiam?

**SINNA 3
PASIAN MAW HAUHNA?**

January 13 - 19

NIPI (SABBATH) NITAAK

Tukal sinna ah simding: *Late 33:6-9; Matt. 19:16-22; 1 Pet. 1:18; Heb. 2:14,15; Pai. 9:14; Late 50:10.*

Lai Siangtho Bulphuh: “Tua ahihmanin Pasion in amah a sangpen munah tawisangaa, min khempeuh sanga min tungnung zaw pia-in, tua Jesu mai ah vantung, leitung leh leinuai-a om khempeuh khukdin in, lei peuhmah in, ‘Jesu Christ, Topa hi,’ ci in pulak ding a, Pa Pasion’ minthanna ahi ding hi.” (Filippi 2:29-11, ZIV)

Sum leh neihsa tampi khol venvanna thu ah Pasion in a deihna teltak in hong gen hi. Topa Jesu in neihsa a khol venvan a huaiham mihaupa thu hong genna tungtawn in Pasion i zahtak ding kilawm hi: “Ahi zongin Pasion in ama kiangah, ‘Mihaipa aw, tuzan mahmahin na si ding hi. Hih na koikhholhsa teng kua in zang nawn ding ahi hiam?’ Tua mah bangin amau aading bekin a kholcipte pen Pasion’ muhna panin mihau hilo uh hi, a ci hi.” (*Luke 12:20,21*).

Pasion’ aading sep leh sum’ aading sep pen aki pawlkhawm thei hetlo gamtatna hi tuak hi. Khat ahih kei leh a dang khat hipah lelaa, Pasion maw sum hiziau hi. A nih tuakaa neihkhop ding utnapen ataksuak hetlo ngaihsutna hilel hi. Mi kikhemzo kha thei, ei le ei zong ee, ahi zongin ni khat ni ciang i sep bang i pulaak nading ahi Pasion bel kikhem zolo mawk ding hi.

Tukal sinna na simna tawh January 20 Nipi aading in kigingkhol in.

Teel ding khat i nei hi. Sauvei ngaihsun semsem, paulap tam semsem, sum leh sum itna in hong kiplat semsem ding hi mawk hi. Upna ah khensatna kisam hi.

Pasion kua hi aa, eite aading bang hong sepsak hiam cih leh Ama tungah bang leiba nei i hiam cih mitsuan ngaihsutpi in nei lehang khensatna baih tuam mahmah hi.

**NIKHATNI
PIANGSAKPA CHRIST**

January 14

Pian. 1:1; Late 33:6-9; Isaiah 45:11,12; Jer. 51:15; leh John 1:3 sim in. Hih munte ah leitung hoihna thu bang teng hong gen hiam?

“Vanpi a zal Christ hiaa, leitung mungpi a phut Amah ahi hi. Van awng munah leitung a khai Ama’ khut hiaa, zangkuamte paak tawh Amah in zem hi. Ama’ thahatna tawh mualliante bawl aa, a bawlsa tuipte Amah in uk hi. (*Late 65:6; 95:5*. Leitung, huihlak leh vankum hoihna tawh a kidimsak Amah hiaa, Pa’ itna Amah in tua teng tungah gelh hi.” – **Ellen G. White, *Khangcin Lungdeih*, p.20.**

Vante amau le amau in a sia hi peuhmah lo hi. Biakna dangte hilhna ahi leitung vante leh nate mahmah siahuai in hoihlo aa, biakna tawh kisai vante bek hoih hi cihbang hilo in Lai Siangtho in leitung vante thupisak tham hi.

Tuate Jesu ngiatmah in a bawl hi. Tua leh koici bangin siahuai suak thei ding hiam? Dahhuitakin, Pasion’ silpiakte khempeuh siat nading leh a diklo in a kizat ciangin siasuak hi. Ahizongin, tua in silpiak pen a sia sak hilo hi. Leitung aading Pasion’ bawlsa nate zatkhialh ding leh uangzat khak ding Lai Siangtho in hong vauhilh bekaa, tua nate hoihlohna hong genlo hi.

A langkhat ah, Pasion in leitung nate bawlaa, Ama' mite zong leitung ii hamphatna leh gahvuite ah lungdam ding deih hi. "Tuateh Topa note Pasion in nang le na innkuanpihte hong piaksa na hoih khempeuh, Levi te le no kala om pemtate tawh nuam nasa khawm ding uh hi" (*Thuhilhikikna 26:11; 14:26*).

Jesu pen piangsakpa hi (*John 1:1-3*) aa, leitung pen a bawlsate a limla khat hilel hi. Vante ii manphatna Amah in theiaa, eimau nopsak nading leh hamphat nadingin hong piak zong Amah in thei hi. Leitungmite in tua letsongte zangkhal in, Pasion' minthan nadingaa zat ding kipia kimlai amau angsung bek aading a zat uh ciangin bang piang cihte zong Amah in thei hi.

Pasion bawl leitung ah a lamdang letsongte en dih in. Mawhna suksiat gawp khit nangawn ah ahoihna tampi mu thei lai hi hang. Akibawl leitung ii hoihna in a Bawlpa' hoihna hong bangci gen hiam?

**NINIHNI
PASIAN' TAPA / MIHING' TAPA**

January 15

Ei Christiante in Jesu pen Pasion bit leh mihing bit in i um hi. Pasion leh mihing kigawmkhawm hihna in leitung aading leh tawntung aadingin a thupi muhna tuam neisak hi. Bangcibangin pasian hihna leh mihing hihna neikhawm cih i tellohna in thumaan phiat tuanlo hi.

"Khat tawh kisai in thuthuk telhak nih omaa, tua in – khat ahi Pasion mimal thum ahihna leh Jesu in Pasion leh mihing hihna neihna thu ahi hi. Jesu mihing a hong pianna thumaan zahin uphuailo zahaa thu hoih phuahtawm tangthu ah zong omlo hi." – J. I. Packer, *Knowing God* (Downers Grove, Illinois: InterVarsity Press, 1973), p. 53.

Hih leitungah Jesu hong paina a hang khat in Pasion pen a ithuai hong kin Pasion hiaa, mimal khat sim bangzah in hong kin cih hong lak ding ahi hi. Pawl khatte' up bang in a gamlapi ah omin, hong kin selo pasian hilo in, Jesu in vantung aa i Pa' pianzia dik hong lak hi.

Satan in ahihleh Pasion kiangpan mite khen ding hanciam hi. Eite hong kinlo hong awlmawhlo bangin i muh nading Satan in hanciam hi. A diktak Pasion hoihna leh hehpihna i theih i thuak khakloh nadingin ahi thei bangbang lampi zangin Satan in hanciam hi. Akisam zah sangin vante lunggulhna tawh Satan in tua bangin hong zo thei hi.

Matt. 19:16-22 sim in. Topa tawh i kigamlatna dingin Satan in vante itluatna koici bangin zang hiam?

Mihing a hong piang Jesu mahmah kua cih a tel tangvalpa tungah a thugen ngaihsun in. Bang piang hiam? Hauhna, neihsate a itluatna in Pasion mahmah tawh a kigamlatsak ding tangvalpa in phal mawk hi. A dah phial zongin tua dahna in a dik aa gamtat nading a dalzo zah dongin leitung itna leh vante deihluatna in mittaw sak hi. A neihsate a sup ding a dah hilo hi. Tua nate tungah anuntakna a supna hangin adah hizaw hi.

I zawng aa i hau zongin koici bangin leitung tawh kizopna dik kemcing thei ding i hiam?

**NITHUMNI
TANPA CHRIST**

January 16

Leiba cihpen vantung thupai dan hilo hi. Ahizongin, Adam leh Eve hong mawh ciangin thukham palsatna in sihna hi. Tua hiaa, mihingte in Pasion' thutanna leiba neite hong suak hi. I loh zawh ngeiloh ding leiba tawh a cimawhte ihi hi.

Pasian' hong itna in tatkhiat ding geelna hong tawsawn hi. Jesu pen eite' aading "akipsakpa" (*Heb. 7:22*) hong suak hi. Jesu kipiaktawm nuntakna bekma in Pasian thutanna leiba lohzo bekaa, tua kidontuahna ah Jesu a thupi pen hong suak hi. Singlamteh tungah Jesu in mawhna thaman ii leiba hong piaksak zoaa, hehpihna tawh hong pom hi. Tua zahaa manpha mihingte tat nadingaa kizangh manh vankumpi in cikmahin mu ngeilo hi (*Eph. 5:2*).

"Jesu hong piakna ahi vantung' neihsa khempeuh leitungah hong buaksukna tawh Pasian in mihing khatsim ii utna, itna, ngaihsutna, leh kha khempeuh hong lei khin hi." – **Ellen G. White, *Christ's Object Lessons*, p. 326.**

Anuai a munte sim inla Christ in eite bang pan hong honkhia hiam? *Col. 1:13; 1 Thess. 1:10; 1 Pet. 1:18; Heb. 2:14, 15; Gal. 3:13; Mang. 1:5.*

John 19:30 aa Greek kammal *tetelestai* in a kigen kammal lakah a thupipen kici hi, a khiatna "Kizo zo hi" cih singlamteh tungah Jesu gen ahi hi. Anunungpen a tangkokhiat kammal in a nasep kizo ta-in "i leiba cingtak in kipia khinta" cihna ahi hi. Lametna omlo kammal tawh agen hilo aa, a mangthangsa leitung tatkhiat zawhna kammal tawh a gen ahi hi. Tatkhiatna singlamteh i muh ciangin a piangsa sepna in tulai nuntak a huzaapna leh mailam lametna hongpiakna kilangsak hi. Mawhna, sihna, leh gilopa nasepna a tawntung a susiacip dingin Jesu in a nuntakna pia hi. Tua in kilawm lopi eite tatkhia hita cihna ahi hi (*Eph. 1:7*). A lamdang tatkhiatna i muhna in mun siangtho ah paina ahi hi.

Tanpa ahi Christ in a etlawmpen Pasian' mel ahi hi. Ama' lunggulhpen in eite tatkhiat ding ahi hi. Pasian in mite bangzahtak manphasa in hong bangci muh cih hih thu-in

hong lak hi. Thutang cinsak khitciang, Ama' kipumpiakna ah eite in bangci gamtatthuk ding cih Christ ii ngaihsutna hi.

Christ in na bawlsa siatna leiba khempeuh aading bittak leh cingtakin hong lohsak khin cih ngaihsun in. Na thuhkikna bang ahi diam? (*Job 42:5, 6 en in*).

NILINI

January 17

A AAM PASIAN

Pharaoh tawh a kimaituahna ah, Pasian in, "... leitung khempeuh ah Kei tawh a kibang khat beek omlo hi, ci-in na theih nadingin hih hunin na inn sungtawng dong leh na nasemte leh na mite' tungah ka gimnate khempeuh kong tungsak ding hi." ci hi (*Pai. 9:14*).

Pasian in "leitung khempeuh ah Kei tawh kibang khat beek omlo" a cih bang a deihna hiam?

"Ciangtannei mite' lungsim in Ciangtanneilo Pa' nasepna leh zia leh tongte telsiang ding piangthei ngeilo hi. Thu telsiangpen, a vanglianpen leh pilna sangpente nangawn aading Siangthopa' thu ahih leh akituamcip thusim in omden ding hi." – **Ellen G. White, *Testimonies for the Church*, Vol. 5, pp. 698, 699.**

Pasian tawh kikim kuamah omlo (*1 Kum. 8:60*). Ama' ngaihsut, phawk, leh gamtatdan eite in tel theilo hi hang. Eite bangin hanciam in i ngaihsut hangin Pasian pen Pasian mah hi veve hi. Amah in mihingte' khuak, maitang leh khat le khat a kilamdang dingaa a Bawlpa hiaa, Amah bang adang omlo hi (*1 Kum. 8:60*). Amah in Piangsakpa hiaa, Piangsakpa ahihna tawh kizui-in a piansakte tawh ki lamdang ngiat hi.

A bawlsa nate tawh Pasian akilamdanzia hih munte in hong koci gen hiam? *1 Sam. 2:2; Late 86:8; Isa. 55:8,9; Jer. 10:10; Titu 1:2.*

Pasian hihna khempeuh, a neihsateng, leh a sep teng i et ciangin kidempih neikha mai cih phawk-huai hi. Neimawk mah hi. Mihingte' itna leh deihna tawh a kidempih kul hi. Tua hangin "a aam" Pasian a ci hikha ding hi (*Pai. 34:14*). Pasian in mihingte deihteel thei dingin hong bawlaa, tua in Ama' na sem ding maw ahihkeileh nadang' na sem ding cih hi. Tua in mihingte buaipih penpen hiaa, vannuai khempeuh a bawl a nei Pa' na bek sepsak ding kilawm kimlai tua sangin bang mel tawh hong pai ta seleh pasian dangte' nasep ding kiteel khaden hi. Tua ahih manin Amah in a aam Pasian ahi hi.

Na lungdeihna Pasian tawh kituh ding na nuntak-na ah a om bang hiam?

NINGANI

January 18

NEIHNA ADIKTAK

Piansakna leh tatkhiatna tawh eite Pasian' aa hi hang. Eite bek hilo in, i neih leh lam khempeuh zong Pasian' aa hi. Eimau deihteelna simloh neih dang i neikei hi.

Akilehbulh in, i neih leh lamte eimau neihsa hi cih pen leitungvai ngaihsut saandan hi. Tua in khemna hi. Amau' neih leh lamte amau' neihsa aa a ngaihsun Christiante Pasian kammal hilhna tawh kilehbulh in a ngaihsunte hi.

Na khempeuh ei' aa hilo Pasian' aa hi (*Job 38:4-11*). Ciamsa gamaa Israel mite bangin eite peemta leh khawhlawhte ihi hi (*Siam. 25:23*). Eimau nuntakna huu ding nangawn ama tungah i kinga hi (*Sawl. 17:25*). Eimau' neihsa i sakte Ama' aa vive hi. Eite Ama' neihsakem-zeektute i hi aa, muhtheih ahiaa, muhtheihloh ahizongin, neihsa khempeuh Pasian' minthan nadingin kepzeek ding ahi hi.

Anuaiaa Lai Siangtho munte panin Pasian' neihsa te gual in: *Thkna. 10:14; Late 50:10; 104:16; Ezek. 18:4;*

Hag. 2:8; 1 Cor. 6:19,20. **Hih munte in eimau kep neihsa vante bangci muh ding kilawm ci hiam?**

"Na khempeuh Pasian' aa hi. Mite in hihthu nial kha mah inteh. Amaute tungah cinghtakin thupha tampi a piakte amau angsungkhual lungkim nadingin zang kha thei mah ding uh hi, ahizongin, a kipia neihsakep-zeekna pulaak dingin amaute kisam ding hi." – **Ellen G. White, Testimonies for the Church, vol. 9, p. 246.**

Pasian' neihsa leh eimau kepzeekna in kizopna piangsakaa, tuate tungtawn in Amah in vantung aading kiginkholhna leh midangte tungah phattuamna leh thupha ahi dingin eite hong zang thei hi. Ahihhangin, a citaklo neihsakem-zeektu in a Neipa' septheihna khaktan hi. Zanni i sin mahbangin, Pasian in Ama' deihna hong thagum sawl lo hi. Eite hong bawl in Ama' hong paikik dong kepzeek ding neihsa hong pia hi. Tuate i kepzeekna in Amah tawh kibangci zopna nei cih hong lak hi.

Na neihsate nang' aa hilo Pasian' aa hi cih thu ngaihsun pha in. Tuain na neihsate tawh ki koici zop ding cih hong hilh hiam?

KIGINNI

January 19

NGAIHSUT BEH DING: Neihsakep-zeekna pen a kem leh a zuun dingin a etlawm mahmah Eden huan ah Adam leh Eve akoihna pan kipan ci-in i thei hi (*Pian. 2:15*). Tua a picing kiim le paam ah tentheih dingin huan a zuun ding uh haksa lua hetlo ding hi. Pasian in panlaak thak pia in a vaipuak uh zong hilhpah hi. Eden huan kepcingna in tua innkuan thakte tungah thupiina leh lungnopna tun hi.

Hebrew kam in "ukna" (*Pian. 1:26,28*) in "vaanna leh kepna nuaiah koih" cihna hi. Hih in thagum hat thu tawh

ukna hiloaa, Pasion' bawlsa nate itna leh thuneem tawh kemcing cihna hi. Hih vaipuak bei nailo hi. Pasion in aneipa hi aa, amaute a zuun-ukte leh a kemzeekte ahihna uh Adam leh Eve te in a sin ding uh ahi hi. Acil panin Pasion in Adam leh Eve te aneite in koihlo aa muanna tawh vaipuak a pia bek ahi hi. Asepna vuah a muanhuai-cihtakna uh Pasion mai ah a lah ding uh ahi hi.

“Adam leh Eve tungah a kepcing dingun Eden huan kipia hi. Amaute in 'zeem in kem' ding uh hi. Asepna uh ah lungdam uh hi. Lungtang, ngaihsutna, leh deihnate in kihualtakin semkhawm uh hi. A nasepna uah gimluatna leh tawlana omlo hi. A hunte uh zatcing nasep leh kiho-limna tawh kidim hi. A nasep uh nuamsa uh hi. Pasion leh Christ amau kiang hawh in kiho den uh hi. Suahtakna bucing amaute kipia hi... Pasion pen Eden huan neipa hiaa, amaute akemte ahi uh hi.” – **Ellen G. White, *Manuscript Releases*, vol. 10, p. 327.**

KIKUPDING DOTNATE:

1. Pasion in leitung neipa cih i telna in kiim le paam tungah vaipuak i neihna hong bangci hilh hiam? Kiim le paam puah ding bangci ngaihsut huai hiam?
2. Pasion in a aam Pasion cih ngaihsun in. Leitung ngaihsutna ah aam cih in pelh ding kilawm a sia lungsimpuak hiaa, a sia lam a hilo in Pasion' zia koi cibangin i tel thei ding hiam?
3. Pasion bawlsa van leh nate lungnop nading leh diktak aa zatna leh tua nate zatkhialhna i koici khensiam thei diam? Tua bangaa tuamsehna banghangin thupi se hiam?

SINNA 4

January 20 - 26

LEITUNG ZIATE PAN SUAHTAKNA

NIPI (SABBATH) NITAAK

Jan 20

Tukal sinna ah simding: *Late 119:11; Eph. 6:18; Rom. 8:5,6; Heb. 11:1-6; 1 Kum. 3:14; Ezek. 36:26,27.*

Lai Siangtho Bulphuh: “Thangpaih hunin hauhna in man nei loa, thumaanna in ahileh sihna panin a hu hi... A hauhna a muang peuhmah puk dingaa, thumaanna ahileh singteh pha hing tawh kibang ding hi.” (Paunak 11:4, 28, ZIV)

Satan in Jesu a zawhloh hangin kuamapeuh hong zo khin hi. Leitung hong zolna pan suahtakna hong pia thei bek Pasion' galhiam leh vangliatna tawh i do kei ngal leh hong zo tawntung ding hi.

Tua hiaa, hong Sikpa mah i mitsuan gige ding kizam hi. David in nuntakna ah manhpha thu a telna hangin, “Humpinelkaite thanem in gilkiyal thei uh hi; ahihhangin Topa a zongte na hoih bangmah a tasam kei uh hi” (*Late 34:10, ZIV*) ci-in na gelh hi. Pilna leh thutheihna in ngun le kham sangin a thupiizawkna Solomon in phawkkha hi (*Paunak 3:13, 14*). Leitung neihsate tung pan i mitte heikhia in eite hong nei a nungta Christ mitsuanna panin lungnopna taktak leh nuntak dik kingah hi.

Leitung' hong zolna pan taikhiazawh ding lametna bekin a kizam pelmawh leh a gualzo Jesu tawh kizopna hi. Tukaal sungin tua kizopna thu, leh bangcibangin tua

* *Tukal sinna na simna tawh January 27Nipi aading kigingkhotin.*

kizopna in kha nuntakna ah leitung deihna nungah a vanglian thu theih tel nading gualzawhna leh Jesu in a thupi ii hinna suanlap (ahang bulpi) taktak ahihna i sin ding hi.

**NIKHATNI
CHRIST TAWH KIZOPNA**

January 21

Tam nei tase keileng, leitung neihsate itluatna in Christ tawh hilo in leitung tawh i kha a hong khih cip a vanglian sikkol hi thei hi. Leitung hauhna tampi i neih loh hangin, Topa tungah ki-apna a om keileh, leitung nate deihluatna in tatkhiatna panin i kha akaikhia thei a lauhuai samsiatna hi thei hi. Satan in hih thu thei ahih manin a tam theithei in leitung neihsate a it theih nading in hong thangsiah den hi.

Eite kih uut theihna bang bek om hiam?

“Na lungsimte uh, leitung nate ahi lo tunglam nate tungah na nga un” (*Col. 3:2, ZIV*). **Paul in hih ding hong gen thu eite in koici bangin i sem hiam?** (*Late 119:11; Eph. 6:18 zong sim in*).

Eite ngaihsutna bangtung ah nga ding cih a dang Lai Siangtho na muh a om hiam? (*Gentehna, Filippi 4:8*).

Bangbang in hong pai taleh, leitungvaite damsakna dingin nuamhun dahhun nangawn in Christ tungah ki-ap ngitnget kisam hi (*Late 34:1*). “Christ hang a maimawkna pen Egypt gam gou-te sangin [Moses in] manpha sazaw hi” (*Heb. 11:26, ZIV*). Kizopna i neihma in, i masakpen in

Christ ahih phot kul hi. Amah i upna leh i kipiakna hangin hamphatnate lamet man hilo, a hoih deihzawhna hilo in Christ in kua hiaa, eite’ aading bang hongsepsak cih lungsim tawngah theih telna tawh i ki-ap ding Christ in lamen hi.

Jesu sungah i nuntakna i seel ding aa, Ama’ geelna in eite’ geelna ahih ding kisam hi. Kipum-apna diktak i cih in lokaihna tuu lenkawm aa nunglam enlo cihna hi (*Luke 9:62*). Tua bangin kipum-apna i bawl ciangin, Jesu in i theihna sangpen dong hong domto hi. Ama’ tungah i kipiakkhiat ciangin leitung hong hencipna hong suktat sak hi. Vante bul saklo in Christ bek a bulpi in i koih ciangin a hawm i nuntakna hong dimin taksuak ding hi.

Na deih mahmah nate, neihsate na ngah hun ngaihsun in. Na lungnopna leh lungkimna bangtan ki mangaa, tuate beimangin na ki bulpatkik hun bangzah vei om hiam?

**NINIHN
KAMMAL SUNGAH**

January 22

Leitungbup kihawmkhia Lai Siangtho awn tulguk lakah bu bangzah Pasion’ kammal in a kingaihsun diam? Thumaan theihnopna lungsim siangtho tawh bangzah a kisim tam? Lai Siangtho limtak sintelna in kha-lam nunzia hong hilhin, zuau thu leh lungbuaina lakah lam hong lak hi. Lai Siangtho in a nungta Pasion’ thu (*Heb. 4:12*) hiaa, mundang ah i ngah theihloh thumaan ah lam hong lak hi. Lai Siangtho in Christ’ ii nisim nuntakna ah lamhilh gamlim hiaa, i theihna hong khansakna tawh pilna hong pia in, i nunziate hong bawloih hi.

John 5:39, 14:6 leh 20:31 sim in. Lai Siangtho, a diakin lungdamna thubute in Jesu’ thu theihcianna

hong koici neihsak hiam? Hih John thubu sungaa kammalte in Ama thu bangci genaa, banghangin eite aadingin Amah thupipen a hihna hong lak hiam?

Lai Siangtho in thumaan naak ahihmanin eite in i sim hi. Lai Siangtho honglah bangin, Jesu in thumaan cih i theithe i hi. Pasion' kammal sungah Jesu kua hiaa, eite' aading bang hong zawhsak cih i mu hi. Amah i it ciangin tawntung Ama' kepbitna ah i nunna i ap hi. Jesu zuihna leh Ama' thu manna tawh leitung leh mawhna hencipna pan a suakta thei ihi hi. "Tua ahihciangin Tapa in note hong suaktasak leh na suakta taktak ding uh hi" (*John 8:36, ZIV*).

Rom. 8:5,6 sim in. Hih laiah a lauhuai vauhilhna bang om hiam? Eimau' lungsim tawh kilangdona ah Pasion' kammal simna in eite hong bangci huh thei cih na mu hiam?

Eite i kidop keileh, eitung nate itluatna in Pasion kiang pan olno takin hong pialkhiasak thei hi. Tua hiaa, Christian nuntakna ah a kism pelmawh ahi, a tawntung leh kha thumaante ah eite hong lampi den Pasion' kammal tawh i kikepcing ding thupi hi. Leitung itluatna in khalam ah i lungsim hong sangkhaan sangin Lai Siangtho hihna tawh kilehbulh huaihamna, angsungkualna, leh duhdeihnate hong neisak hi. Itna in midangte tungah kipiakna tawh kizopna lamna hi. Leitung vaite in Jesu hihna tawh kikelki ahi ei aading bek ngah sawmna hi.

**NITHUMNI
THUNGETNA II NUNTAKNA**

January 23

"Tu in hih in nuntak tawntungna ahi nang bek a maan Paasian nahihna leh na sawlpa Jesu Christ a theihna uh ahi hi" (*John 17:3, ZIV*). Christiante' upna in Pasion

tawh kizopna hi acih uh lamdang lo hi. Pasion theihna in "nuntak tawntungna" ahieh leh tua nuntakna Amah tawh kizopna panin i mu thei ding hi. Tua kizopna laigil in kihotuahna hi. Pasion in Ama' thubu tawh eite hong hopih cih zanni i sin khinzo hi. Eite in thungetna tawh Pasion i ho hi.

Eite ngaihsutna leh lungtang in leitung nate sangin vantung nate bek mitsuan ding hileh thungetna pen nak thupi lua hi. Thungetna ii pianzia limlim in hih leitung sangin a sangzaw mun mitsuan cihna hi. Himahtaleh, i kidop dingah, khatveivei i thungetna in eite' huaiham lungsim pan hong suak kammalte hithei hi. Tua ahieh manin Pasion' deihna bang ki-apna tawh thu i nget ding kism hi.

Nupi khat in, "Topa, Mercedes [motor] khat hong leisak ve" ci'n la sa hi. Upna nei kici leitung a lunggulhte a selpho nopna hi. Eite zong thu i nget ciangin, eimau' deihna hilo Pasion' deihna zon ding thupi hi.

Hebru 11:1-6 sim in. Thu i nget ciangin bang thu tawh kopkhawm ding kul hiam? Upna tawh Pasion kiang kuatna leh upna tawh thungetna cihin bang a khatna nei hiam?

Eite' thungetna in upmuanna tawh akithuah kei leh Satan' zuau upna ahi upmawh kholhna hong om ding hi. "Thungetna leh upmuanna kinai uhaa, tua tegel sinkhop kul hi. Upmuanna tawh thungetna ah Pasion theihna om hi. Christ in, "Tua ahihmanin ken kong gen inah, na nget peuhpeuh uh ka ngah khin hi, ciaa na up uhleh na ngah ding uh hi" (*Mark 11:24, ZIV*) ci hi. Eite ngetna in Pasion' deihna bang ahieh ding, Ama' hong kamciamte i nget ding, leh i ngah khatpeuh Ama' deih banga i zat ding siangtakin hong gen hi. Azia dik nakleh, kamciam kician om hi." – **Ellen G. White, Prayer, p. 57.**

Thu na nget ciang bang na ngen hiam? Tua in thupi na sak hong bangci lah hiam? Na nget ding kisam zaw bang a om diam?

**NILINI
PILNA II NUNTAKNA**

January 24

Lai Siangtho sungah tangthu hoihipen khat Solomon' thungetna ah kimu thei hi "na mite uk nading leh akhial le amaan khentel theih nadingin khentheihna lungsim kei hong guan in. Ahang in, hih nangma' mi tampi takte kua in uk zo ding ahi hiam? (1 Kum. 3:9, ZIV).

Amang hi zenzen leh, a hauhnate tun siatna tawh kipelh nading Pasion in Solomon bang athupi gen hiam? Banghangin hih Pasion' gen thu eite aading thupi hiam? 1 Kum. 3:14; 1 John 5:3, 1 Pet. 4:17.

Solomon pil mahmah hi, ahi zongin tua pilna zanglo in ama' thu-in om mawkleh, thu theihna simloh kimanna omlo hi. Lai Siangtho kammal dan in, a kizanglo pilna pen pilna taktak hilo hi. Pasion' thu leh a deiha kicing takaa athei mi tampi mangthang ding hi. Solomon' thumanlohna in Pasion' deihsak lampi pan pialkhiatna piangsak hi. A nuntak nunung lamah khuaphawkna hong neiaa, kiniamkhiatna tawh, "ahang in, ruby sangin pilna manphazaw aa, na deih theih na khat beek tehpih ding omlo hi" (Pau. 8:11, ZIV).

Pilna in theihna leh thutelna zatsiamna hi. Theihna in thu leh la theihna hiaa, thutelna in khensiamna hi. Pilna in i nuntakna ah tua theihna leh thutelna zatna hi. A pil neihsakem-zeektu in theihna leh thutelna bek hilo in tua theihna leh thutelna zatsiam ding kisam hi.

A pilpen leh thu theipente nangawn, a theihna bangin a nuntakpih keileh man a neilo neihgulhluatna nunzia in olno takin a nawkpaih theihzia Solomon' nuntakna in hilhlak thu hong lak hi.

**NINGANI
KHA SIANGTHO**

January 25

Eite' kha akituh den pawlnihte' kidona lianpi om takpi hi. Khat in Christ kiang hong kaiaa, (John 6:44) a khat in leitung lamah hong kai hi (1 John 2:16). Ama' tungah i nuntakna i ap ciang bekin Kha Siangtho in lam maan ah hong kaai thei pan hi.

"Ahihangin amah thutak Kha hong pai ciangin thutak khempeuh ah hong pi ding hi" (John 16:13, ZIV; John 14:16 zong en in). Kha Siangtho in leitung a uk utna leh lungsimthuakna mawk hilo in upna leh thugui tawh nuntak ding tha hong guan hi. Kha Siangtho makaihna nuai ah citak a nuntakna in vantung nun nading kiginna hoih neisak hi.

"Na upna uh mite pilna tungah kinga loin Pasion vangliatna tungah a kingak zawk nading ahi hi" (1 Cor. 2:5, ZIV) ci-in Paul in hong hilh hi. Neihsate tawh leitung hong zolnate in Topa kiang pan hong kaikhia hi. Kha Siangtho vangliatna in Jesu kiang lamah hong kainai hi.

Leitung leh hong zolna ah gualzawh theih nading eimau tha hilo a pua pan huhna bek tawh kizo ding hi. Ezek. 36:26,27; John 14:26; leh Eph. 3:16,17 sim in. Kha Siangtho i ki-uk sak ciangin, kha gualzawhna ngah na ding Pasion in bang hong sem ding ci hiam?

"Thukhial hihna leh ngeinate tawh Satan in ngaihnutna zo hi. Tehna maanlo ah kaihna tawh gamtatluheek siatbawl hi. Lai Siangtho tungtawn in Kha

Siangtho in thu hong genaa, lungtang tungah thumaan guang hi. Khialhna pulaakaa, kha panin hemkhia hi. Pasion' kammal tungtawn in thutak Kha tawh Christ in a teel mite zo hi." – **Ellen G. White, *Khangcin Lungdeih*, p. 671.**

Kha Siangtho in thutak puaktu hiaa, vantung a kah khith Pasion zia a langsak Jesu hong piak letsong lianpen in Kha Siangtho hi. A thahat leitung zolna leh mitlaakna tungah zawh theih nading Kha Siangtho vangliatna hong pia hi.

Leitung in eiteng hong kai hilo hia, mate? Leitung mawhzolna hong zosak thei khat bek ahi Kha Siangtho ah na ki-ap theih nading bang teeltheihna, tu laitakin, bawl thei na hiam?

KIGINNI

January 26

NGAIHSUT BEH DING: Neihsakem-zeektu in thugil nih ahi vaipuak leh itna pan semkhia hi. "Mawhpuak in numei unaupeeng ahi, itna a neih lam phawkin; hih apeeng tegel kigawmin na khempeuh phial semzo hi, ahizongin, kikhen leh, anih tuakun ahoih sepzawh neilo hi." – **Ellen G. White, *Testimonies for the Church*, vol. 4, p. 62.** Mawhpuak in a gamtang itna hi. Eite mawhpuak itna tawh a khanlawh na dingin Christ kipiakna i bulphuh ding bek kism hi.

Alang khat ah leitung thugui in: huatna leh a peenpih unau ahi langpanna om hi. Langpanna in a gamtang huatna hi. Lucifer in Pasion langpan (*Ezek. 28:16,17*) in a kisuksiat dong khawlo ding hi. Amah in itna ii thuneihna pen thuneihna itna [deihna] in laih hi. Israel biakna makaite in Jesu thuneihna leh vangliatna mudah uh hi (*Matt. 22:29*).

KIKUPDING DOTNATE:

1. Itna leh mawhpuak kipeeng cihna ah Ellen G. White in khatzaw om keileh na hoih bawl theilo a cih bang a gennopna hiam? Mawhpuak omlo itna, itna omlo mawhpuak, a koici diam?
2. Tukul i Lai Siangtho kamngah Paunakte 11:4, 28 sim kik in. Bang a deihna hiam?
3. Thusinna ah Solomon nuntakna kikum un. Bangtan lampial cih ngaihsun in. Thuhilhna sungaa a kammal te panin leitung neihsate manneihlohzia leh a mawhna ahihzia hong bangci lah hiam? Tu kal i sin thungetna, Lai Siangtho simna, leh Christ tawh kizopnate in kha thu ah lammaan i tot nading hong koici huh hiam?
4. Leitung hauhna tampi a neise lote zong Satan thangzaak ah bangci awk theih veve uh hiam?
5. Nilini dotna ahi pilna namnihte tawh kisai na dawnna bang hiam?

SINNA 5**January 27 – February 2****EDEN KHIT A NEIHSAKEM-ZEEKTUTE****NIPI (SABBATH) NITAAK****Jan 27**

Tukal sinna ah simding: *Isa. 22:14-18; 1 Cor. 4:1,2; Col. 2:2,3; Eph. 6:16-17; 2 Cor. 5:10.*

Lai Siangtho Bulphuh: “Tua sangsikin Pasion in lungdam-nathu kem dingaa, a sansa mite bangin ka gen uh hi. Kote in mihing lungkimsak sawm loin kote lungtang hong entel pa Pasion lungkimsak ka sawmzaw uh hi.” (1 Thess. 2:4, ZIV)

Adam leh Eve te nasep masapen in neihsakep-zeekna hi. Amau neihsa omkei tamahleh huan leh piansaknate a kep, a nopsak, leh a uk ding (*Pian. 2:15*) un kipia hi. Topa in muanna tawh a ap, a kemzeekte hong hita uh hi.

Tu kal sungin mawhna lutkhit, i nu leh pa masate Eden pan a kihawlkhiat khith a neihsakem-zeektu ii khiatna i sinpha ding hi. Tua in, eite zong neihsakem-zeektute ihi a, ahizongin Adam leh Eve te kepzeek tawh kilamdang pian kiim le paam ah neihsakem-zeektute hi hang.

Neihsakep-zeekna i cih bang hiam? Lai Siangtho sung aa mi pawlkhatte in a nunzia uh tawh neihsakem-zeektu banghiam cih hong lak hi. A dang Lai Siangtho munte in a siangzaw in hong hilh hi. Pasion neihsakem-zeektu in i om ciangin, i mitsuan in leitung le vante manphatna tung panin Piangsakpa leh Ama’ nasepna tung

* *Tukal sinna na simna tawh February 3Nipi aading kigingkhohin.*

ah kilaih hi. Adam leh Eve te mah bangin, Pasionzia nunzia eite tungah Pasion in hong ap hi. Eden ah mawh aa kipan, neihsakep-zeek nasep kilamdang hi. Ahangin, leitung nate kepcing ding vaipuak banah, kha thutak kemzeekte ihih ding vaipuak eite hong ki-ap hi.

NIKHATNI**January 28****THUCIAMLUI A NEIHSAKEM-ZEEKTUTE**

“Neihsakem-zeektu” cih kammal thuciam lui ah tawmcik bek om hi. A tamzaw in hih kammal pen innsung nasem, inn uk cih bangte tawh kizangkhawm hi (*Pian. 43:19, 44:1,4; 1 Kum. 16:9*). Neihsakem-zeektu in amaute a kisawl bangin innsung vaite leh a topa neihsate zuun-uk ding vaipuak nei hi. Thuciam lui hun laiaa neihsakem-zeektu ii khiatna pen neihsakem-zeektu ii nunzia tawh ki telthei pen hi. Neihsakem-zeektute in a neihsakepzeekte uh tawh kikhen theilo uh hi. Tua in amau hihna hong lak hi.

Thuciam lui ah neihsakem-zeektu khat in nunzia pawlkhat kitel hi. A masa in, neihsakem-zeektu ii mun in vaipuak lian hi (*Pian. 39:4*). Amau’ siamna hangin neihsakem-zeektute kiteelaa, zahtakna ngah in, a tote’ muanna zong ngah uh hi. A nihna ah, neihsakem-zeektute in amau tungaa ki-apte a neitu’ aa cih thei uh hi (*Pian. 24:34-38*). Tua in a neitu leh neihsakem-zeektu ii kilamdanna liantak hi. Neihsakem-zeektute in amau mun kitel uh hi. Thumna ah, neihsakem-zeektute in a ki-ap nate amau aading a zat ciangun, neitu leh neihsakem-zeektu kikalaa kizopna muanna kisia-aa, neihsakem-zeektute kihawlkhia hi (*Pian. 3:23, Hos. 6:7*).

Isa. 22:14-18 sim in. Hezekiah uk sungin, Shebna sumkem leh neihsakem-zeektu, anih in thuneih nading

a thupi tuak, in kikoih hi. Ama' dinmun a zatkhialh manin ama' tungah bang piang hiam?

“Neihsakem-zeektu in a topa tawh kibang hi. Neihsakem-zeektu ii vaipuak sangkhin ahihmanin a topa hih ding bangin a topa tangin a gamtat kul hi. A topa deihna in ama' deihna hong suak hi. A topa in muang ahih manin neihsakem-zeektu ii dinmun pen vang om mahmah hi. A zenzen in angsung thei-in, a topa' vante tawh sumbawlina pan a ngahte ama' hamphat tawm nadingin zang khaleh, ama' tungah a ki-nga muanna a susia suak ding hi.” – **Ellen G. White, Testimonies for the Church, vol. 9, p. 246.**

Hih leitung ah i neih nate a kemzeektute ihih thu bangci bangin i telzaw thei diam? Hih bang kitheih telna in i sepna khempeuh hong koici huzaap huai hiam?

NINIHNI **January 29**
THUCIAMTHAK A NEIHSAKEM-ZEEKTUTE

Thuciam thak ah “neihsakem-zeek” a genna kammal nih *epitropos*, thumvei, leh *oikonomos*, 10 vei, om hi. Hih kammal gel-ah a neitu in akemzeektu tungah kepzeek ding vaipuak muanna tawh apna zaa lak hi.

Thuciam lui leh thak sungah, a sepna uh tawh neihsakem-zeektute kithei hi. Thuciam thak ah neihsakem-zeektu pen aphadiak in hoih lametna (*1 Cor. 4:2*) leh mawhpauakneihna (*Luke 12:48*) tawh kilak hi. Thuciam lui ah bel eite neihsakem-zeektute i hihna sangin Pasion in a neitu ahihna hong tel-lah zaw hi. Thuciam thak ah neihsakepzeektu ii nasep in innsung zuun-ukna sangin thuukzaw ahihna hong lak hi.

A citaklo neihsakem-zeektu gentehna (*Luke 16:1-15*) ah, Jesu hong hilh thu in a zatbeina ah a pengnuam-neihsakem-zeektu thu sangin thukzaw hi. Kha lam supna lianpi pan a pengnuam kha makaite aading zong hipah hi. A pil neihsakem-zeektu khat in tu laitak aading leh Jesu hong paikik nading kigingkhoh ding hi (*Matt. 25:21*).

1 Cor. 4:1,2; Titu 1:7 leh 1 Pet. 4:10 sim in. Hih munte in neihsakem-zeektu leh neihsakep-zeekna tawh kisai bang gen hiam?

“Pasion in muanna tawh hong ap ka hatna leh ka siamnateng a lawptho nadingin ka lungtang Kha Siangtho aading ka hong diam? Christ neihsa kahi a, Ama' nasepna ah hong cial kahi hi. Ama' hehpihna a kemzeektu kahi hi.” – **Ellen G. White, Fundamentals of Christian Education, p. 301.**

Luke 12:35-48 sungah, Jesu in a pil nasemtu in mihing Tapa hong paikik nading a kiginna thu leh a citaklo nasemtu in a topa hong ciahkik hak manin a kepcing dikloh thu gen hi. A citaklo nasemtu in a kep mite zawhthawhthu tawh bawlsia hi. Nasep hoih leh hehpihna a nei mi hi nawnlo hi. Christ i san ciangin, eite Pasion neihsa a neihsakem-zeektute dingin hong kisamte ihi hi. A thupi zaw ah, vantung aading kigingkhoh i kha nuntakna a zuun-uk dingte ihi hi.

Luke 12:45 sim in. Banghangin ei Seventh-day Adventiste Topa zekai cih khemna ah i pukloh nading kidop huai hiam?

NITHUMNI **January 30**
PASIAN' THUTHUK A KEMZEEKTUTE

Col. 2:2,3 leh 1 Tim. 3:16 sim in. Hih munte ah “thuthuk” a cih bang hiam? Thuthuk hi cih hong genna

in mihingte in tua thu i theihna in ciangtan a neihzia hong bangci theihsak hiam?

Naamath mi Zophar in Job tungah, “Pasian’ thuthuk thei khinzo ding nahi hiam?” ci hi (*Job 11:7, RSV*). “Thuthuk” icih in buaihuai, hibialbual, kitheilo, kihihltello, kitello cihna hi. Eite theihtelna in a ban zokei ding zongin Pasian thuthuk Lai Siangtho ah kigelh hi. A gamla mutellote bangin Pasian in hong lahtel kei nakleh vantung thute i tel zokei hi.

Thuhilhkikna 29:29 ah eite tungah hong kilak bang om hiam?

Eite theihtellohnate a kemzeektute hi hang. Kilaakna leh Lai Siangtho in hong lah ciangbek eite in i thei hi. “Christ nasemte leh Pasian thusim a kemte” (*1 Cor. 4:1, ZIV*) bangin nuntakna in i kepzeek lianpen hi. Ama’ neihsakem-zeektute ihihna bangin, a kilakkhia Pasian thutak a kemcing, hilh, huu, leh a zuun dingin Pasian in eite hong deih hi. Tua in neihsakep-zeekna bulpi ahi “lungsim kitheihna siangtak tawh a thuk upna thutak a lenkipte” (*1 Tim. 3:9, ZIV*) hihna hong lak hi.

A lianpen thuthuk in a vanglian lametna ahi, Christ ii nuntakpihna hi. Tatkhiat geelna in mihingzia hilo in eite telsiangzawh ding hilo hi. Na khempeuh a Bawlpa (*John 1:1-3*) “mihing in hong pai” (Ellen G. White, *Manuscript Release*, vol. 6, p. 112) in mihingte mawhna thoih nadingin leitung ah hong paina pen piansakna khat peuhpeuh i telsiang zawh ding hilo hi. Vansawltakte nangawn in leitungah Jesu hong paina thuthuk theitel nuamin kan in sin uh hi (*1 Pet. 1:12*). Tua thute theihna in Ama vangliatna leh hoihna hangin i vekpi-in Topa hong phatsak hi (*Mang. 5:13*).

Lungdamnathu a kemzeektu in nang hong kisam hiam? Tua in bang vaipuaq na neihna hong theisak hiam?

NILINI

January 31

KHA THUTAK A KEMZEEKTUTE

Neihsakep-zeekna cih ciangin a kilawng theite bek i ngaihsun hi. Ahizongin, tua sangin na thukzaw tham hi. Lawntheih neihsate mah bangin, lawntheihloh thuphate zong Pasian kiangpan hong pai mah ahi hi. Hih kha letsongte (*1 Pet. 4:10*) Christ sungah Christian nunzia neihteih nading leh Ama’ sungah i om theih nadingin Pasian hong piak ahi hi. Tua hiaa, a kilawng theilo letsongte in a kilawngtheite sangin manphazaw ahihmanin kidawmtak in kepzeek huai hi.

Eph. 6:13-17 sim in. Eite kepzeek dingin Pasian in bange hong pia hiam? Banghangin hih nate phatak kepzeek ding kul hiam?

“Pasian’ letsong ahihle i Topa Jesu Christ sunga nuntak tawntungna ahi hi” (*Rom. 6:23, ZIV*). Leitung leh ama’ hong piaktheih nate in Christ sungaa i neih hotkhiatna hong pia theilo hi. Pasian hong piak letsong ahi hotkhiatna in a manpha bel i neihgil hi. Hih hotkhiatnathu a masa mun ah koihna in Pasian hong piak neihsa dangte kepzeekna thu i muhdan hong kemhoih ding hi.

“Calvary pan hong taangkha khuavak sungbek ah piangnei-nate hilhna diktakin kisim thei hi. Bethlehem leh singlamteh tungtawn bekin siatna tunga gualzawhna bangzahin hoihaa, eite hong kipia thupha khatsim in hotkhiatna letsong ahihna kilangsak hi.” – **Ellen G. White, Education, p. 101.**

Jesu in man pia khin ahihna hangbek in hotkhiatna eiaa hithei hi. Siangtak in Paul in, “Pasian’ hehpihna kicing tawh kizui-in ama’ sisan hangin ama’ sungah tatkhiatna leh mawhmaisakna i ngah” (*Eph. 1:7, ZIV*) thu hong gen hi. Pasian in hong pia ahihman bekin ei’ aa suak thei hi. Tua hiaa, Siatna in hong suhkhiat loh na dingin Pasian galhiamte (*Eph. 6:11*) zatkim ding bangzah in kul hiam? Eite in hong kilak bang manlohna tawh i phal kei nakleh hong kisut theilo hi. Upmuanna tawh hong kipia bang zuihna in eite kidalna lianpen hi.

Eph. 6:13-17 simkik in. Pasian’ galhiam koici silh dingaa, tua hong kipia galhiamte bang lampite tawh i kemzeek thei diam?

NINGANI

February 1

EI NEIHSAKEM-ZEEKTUTE VAIPUAK

A pil neihsakem-zeektute amau vaipuak utna tawh sanna leh diktak sepkhiatna tawh kitel thei hi. Mimal vaipuak sanna in i bawl teelna leh i sep gamtatna hi. Ahang leh nungthu kizopzia theihna zong hi. Neihsakemzeektu khat in a neitu deihsia manding thupi ahihmanin mimal vaipuak bang utna tawh sanzawhna thupi mahmah hi. Tuabang utna in neihsakemtu leh Pasian kikal a deihsuai kizopna hong musak hi.

“Mite tawh tangtakaa a kizop ding Pasian ut hi. Mihingte tawh a kizopna khempeuh ah mimal vaipuak thugui thupi sa hi. Amah in mimal kingak ding zolden a, mimal makaih kisapthu thupisak hi. Ama’ letsongte mimal tung pia ngiat hi. Mihing khatsim a siangtho muanna kepcing ding kipia a, a Piapa ii sawlbangin zat ding ahi hi.

T-4

Amou kepzeek bangciat Pasian tungah sazian ap ding uh hi.” – **Ellen G. White, *Testimonies for the Church*, vol. 7, p. 176.**

Neihsakem-zeektu ihih khit ciangin, eimau vaipuak midang khat ahihkeileh kipawlina khat suan ziaulo ding hi. Eimau mimal vaipuak Pasian tungah ap-aa, i kiim leh paam tawh kizopna khempeuh ah kilengsak ding hi. (*Pian. 39:9; Dan. 3:16*). Eimau siamtawp in hanciam in sep ding hi. Pasian mai ah gualzawhna in i pilna leh siamnate sangin i upmuanna leh i siangthona tungah kingazaw hi.

2 Cor. 5:10 sim in. A pil neihsakem-zeektu ihih huaina thu hih kammalte in hong bangci theihsak hiam?

Mipil leh biakna thu thei mite in suaktatak a deihteel theihna thu tawh kisai kum za tampi kinial den uh hi. Ahi zongin Lai Siangtho in siangtakin ei mihingte in suakta takin utna leh deihteelna i nei hi. Tua hi keileh i gamtatna bang thu hong kikhen ding cih deihna omlo hi. Tua hi-in, eite in mimal vaipuak i nei ciat a, Pasian hehpihna tawh i Topa neihsate citak takin akemzeektute ahi thei dingin khensatna dik bawl nading teelna i nei thei hi.

KIGINNI

February 2

NGAIHSUT BEH DING: Thuciam lui a “neihsakem-zeektu” cih in kammal khat bek pan hilo in kammal kigawm ahi “innsung ukpa” cihna *asher al bayt* pan hong pai hi. Gentehna in, Piansil 43:19 bang, “Amaute Joseph innsung ukpa kiangah pai-in inn kongkhak ah a hopih uh hi” (*ZIV*). Innsung a om innkuan in inn mahbangin kituat hileh inn

sangin mikhat aading a thupizaw bang om hiam? Tua hiaa, neihsakem-zeektu in ama' neihloh amanpha mahmah nate a ki-aptu cihna hi. Tua in ama' neihsa kepzeek ding sangin vaipuak lianzaw thamlai hi.

Thuciam thak in zong tua bangmahin hong hilh hi. "Thuciam thak in Thuciam lui aa neihsakepzeek thu ngaihsutnate la-in kum zabi masa lai ngaihsutna, lungsim puak leh kammalte tawh gawmin telkhehzaw hi. Neihsakep-zeekna tawh kizom Greek kammalte "inn" a cihna ahi *oikos* leh *oikia* panin hong pai hi. *Oikonomos* in "innsung uk" cihna hiaa, *oikonomia* in "innsung zuun-ukna" hi-in, tua sangin zong a khiatna thuk zawlai hi." – *Handbook of Seventh-day Adventist Theology* (Hagerstown, Md: Review and Herald Publishing Association, 2000), p. 653.

KIKUPDING DOTNATE:

1. Akikhaam singgah a nekna ah Adam in vaipuak la loin Pasion tungah bang gen hiam? *Pian. 3:12*. Mawhna hong tut mihingte dawnna khat in midangte mawhtunna thu ahihna bangzah in lunglut huai. Ama' sepna ah mimal vaipuak lakna na bangci muh hiam? Eite khialhna hangin midangte mawhkawk lohding i bangci sin diam?
2. A kilawng theilo kha neihsakem-zeektute ihihna ngaihsun in. Bang acihna hiaa, koici kepzeek ding i hiam?
3. Mang. 14:6-12 sung a vansawltak thumte thupuak ngaihsun in. Neihsakem-zeektute tungah hong kipia a thupi thutak vaipuak bang kilakkhia hiam?
4. Eite in i telsiangloh khalam nate up leh muan kisin ding banghangin thupi hiam? Koibangin a tamzaw leitung dan-in i sem veve zel hiam?

SINNA 6

February 3 - 9

NEIHSAKEM-ZEEKTU KHAT II CIAPTEHNA

NIPI (SABBATH) NITAAK

Feb 3

Tukal sinna ah simding: *Heb. 11:8-12; Rom. 4:13, 18-21; Matt. 6:24; Heb. 9:14; 1 John 5:2,3; Luke 16:10-12.*

Lai Siangtho Bulphuh: "Tua ahihciangin mite in kote Christ nasepte leh Pasion thusim a kemte bangin hong ngaihsut ding uh ahi hi. Kep ding a kipiakna mite a muanhuai pelmawh dinguh kisam hi."

(1 Cor.4:1, 2, ZIV)

Vanleite in company vante a min leh logo uh tawh atheih bangun neihsakem-zeektute amau' ciaptehna lim tawh kithei hi. Mi tampite amau le amau zuaktheih lim aa kibawlna tawh minthang uh hi.

Amah tawh kizopna pan hong ki lenghkhia Christ itna in Christian neihsakem-zeektu khat ii ciaptehna lim hi. Christ nunzia bang i nuntak sin ciangin i nuntakna in ihihna pulaak ding hi. Eite hihna Ama' aa tawh kihualkhawm ahihmanin Amah tawh khat i suak hi (*1 Cor. 6:17*).

Amau' ciaptehna lim a piangsak Pasion neihsakem-zeektu khat ii pianzilte tu kal sung i sin ding hi. Citak tak aa Ama' thutak a kemzeektu hih nading leh Jesu hong paikik nading hih pianzilte in hong lawpsak hi. Hih pianzilte khat ciat in a mangthangte a zong ding leh a hon dingin hong pai Pa tawh a thuk kizopna i neihtheihna hong lak

* *Tukal sinna na simna tawh February 10 Nipi aading kigingkholin.*

hi. Hih pianzilte sin semsem leng, eimau nuntakna ah zungkha semsem ding hi. Pasion' itna pianzil in eima' mellim hong suak dingaa, i luheek gamtat khempeuh ah tu leh a tawntung in hong huzaap makaih ding hi.

**NIKHATNI
THUMAANNA**

February 4

“Nasem mite a topa uh tungah citakin a thumaan ding uh kisas hi.” (1 Cor. 4:2, RSV). “Upna galdona hoih” (1 Tim. 6:12, ZIV) do aa, zawh ding thumaan neihsakem-zeektu aading poimawh hi. “Thumaanna” pen Pasion-daan hiaa, eite sungah na hong sepna tawh Amah bangaa thumaan dingte hi hang. Thumaanna i cih in khavai buaina te lakah dik hi ciaa i theihna khat kipletna hi.

Khalam buaina ahi dik leh khial, sia leh pha kikal kidona hong om hamtang ding hi. Upna galdonate mah hi. Hun khempeuh ah thumaan ding khensatna in neihsakem-zeektu hihna ciaptehna lak hi. Hauhna na it khak leh, Pasion tungah na thumaan ding leh sum deihluatna a lauhuaizia hong hilhnate phawk den in. Minthanna na lunggulh leh, Lai Siangtho hong hilh bangin kiniamkhiatna tawh thumaan sawm in. Ci le sa lunggulhna in hong zol ciang, sianthona ah thumaan sawm in. Zalian na ut khak leh, midangte nasem suah ding Pasion kammal ah thumaan in. A nungguu khantawn kimang mah taleh, thumaan leh thumaanloh ding teelna hun tomno sungin kibawl den phial hi.

Heb. 11:8-12, 17-19 leh Rom. 4:13, 18-21 sim in. Thumaanna tawh kisai hih Lai Siangtho munte in bang hong gen hiam?

Hebrew kam in “thumaan” cih in muang ding cihna hi. Tua kammal bul panin “amen” cih hong pai a, “kip”, “”kho” cihna hi. Thumaanna in kisin kisit khinaa, Pasion geelna tungah kipkho khin cihna zong hi.

Kumpipa maiah thugen ding akithawina ah, “a lai-atte a etkawm in Pasion kammal simaa, a kilawmpen dawnna kammal zong kawm... Lai Siangtho bu kiang hong naih in... thuakna lianpi tawh a veilam khut Thubu tungah nga-aa, vantung lamah ama' ziatlam khut lamtosa in lungdamnathu ah thumaan ding, a upna bang suaktatak a tangko ding, leh akisap leh zong a teci panna sisan tawh kipsakna neih ding kiciam hi.” – J. H. Merle d'Aubigne, *History of the Reformation* (New York: The American Tract Society, 1846), vol. 2, book 7, p. 260.

Mangmuhna 2:10 sim in. Topa tawh i nisim kalsuanna ah “sih dongin thumaan ding” cih kammal in bang deihna nei hiam?

**NINIHN
CIHTAKNA**

February 5

“ ‘Kuamah in tonih na semkhawm theilo hi. Khat it in khat a mudah hiam, khat bel in a khat a simmawh hiam, khat zawsang hi ding hi. Note in Pasion nasep leh sum nasep na thuakhawm theikei ding uh hi’ “ (Matt. 6:24, ZIV). Hih munah Pasion tungah cihtakna in a thupi pen ahihna hong bangci theihsak hiam?

Pasion pen a “aam” (Pai. 34:14) cih i theihna tawh Ama' tungah cihtak ding kilawm ahihna theihhuai buang hi. A “aam” Pasion tungah cihtakna in itna ah cihtakna hi. Upna galdona ah, cihtakna in ei kua cih hong lakaa, galdo zawh nading tha hong pia hi.

Eite cihtakna in Pasion aadingin thupi hi (*1 Kum. 8:61*). Kiginkholhna tawm aading thukimna leh thukhun hilo hi. Ei mimal upna, upmuanna, leh ki-apnate mitmuh aa lahkhiatna hizaw hi.

1 Khang. 28:9 sim in. Hih mun in cihtakna a thupi zia bang hong hilh hiam?

Cihtakna a omna munah lehheekna zong om thei veve hi. Itna mah bangin cihtakna zong suaktatakaa piak ding hi, tua hikeileh cihtakna dik hilo hi. Galdona sungah, a mai aa do galkapte thagumhat thu in pai in kidosak hi, tua hikeileh, amau galkapbute in kaplum ding uh hi. Amau mawhpuaq semzo kha mah ding hi, ahizongin cihtakna tawh sem khollo thei hi. Pasion in eite tua bang cihtakna hong kallo hi.

Job en in. Ama' innkuan, neihsa, leh a cidamna a kisiasak ding siatna mukhol lo hi. A muanna, itna leh ki-apna nusia thei lua himahleh Pasion tungah a cihtakna in a hoi lo ama' nunhoih tawh a teel ahi hi. Thumaan leh hangsan takin mite lakah Pasion a phatna ah, “ ‘Amah'n kei hong thatphialzongin, Amah ka muang lai veve hi’ “ (*Job 13:15, NKJV*). Siatna hun ah a muanhuaina in cihtakna laigil hia, a citak neihsakem-zeektute hoihpen dinmun hong musak hi.

Nang mahmah kidong in: Kei aading hong si Topa tungah bangzah citak ka hiam? Bang lampite tawh ka cihtakna ahoihzaw in ka lak thei diam?

**NITHUMNI
A SIANG THEIHTELNA**

February 6

Eite neihteih a manpha tampi om hi. Cidamna, itna, lawmgual, innkuanhoih – hihte thupha vive hi. Ahi

zongin, siangtakaa theihtelna in a thupipente lakah khat hi khamai thei hi.

Heb. 10:19-22 leh 1 Tim. 4:1,2 sim in. “a gilo theihna” leh “siksa a bikton theihna” cih in bang khiatna nei hiam?

Hih theihtelna in i pualam nuntakna a sunglam panin a len nasep sem hi. Theihtelna in a sang leh a kicing dinmun hiaa, Pasion thukham tawh a kithuah kul hi. Pasion in Adam' lungtang tungah a thukham gelhaa, ahi zongin mawhna in ama' aa bek hilo a suan leh khakte lungtang panin phiatmai dekphial hi. Thukham themneng tawm bek baanglai hi. “thukham in a kalhte amau [Gentile te] lungtang ah kigelh hi cih amau mahin kilangsak uhaa, amau kitheihna lungsim in teci pang hi...” (*Rom. 2:15, ZIV*). “[Ama] lungtang sungah] (*Late 40:8*) Pasion thukham om ahihmanin Adam guallehna mun takah Jesu gualzo hi.

Theihtelna hoihlo puahphat nadingin Paul in bang siansakna hong gen hiam? Heb. 9:14 en in.

“A kipaaikaan theihtelna bu sung a kilut kul hi. Kha tawlette leilam ah khakcip in dikna nitaang pha suakta takin a lut theih nading van lamah a kihon toh kul hi. Sia leh pha a khentel thei dingin ciimtak leh siangtakin lungsim kepkul hi.” – Ellen G. White, *Mind, Character, and Personality*, vol. 1, pp. 327,328. Thu-umte lungtang tungah Pasion' thukham a kigelh (*Heb. 8:10*) ciang leh thu-umte in upna tawh thukham zuih ding a zon uh ciangin, a siang theihtelna gakhkia theipan ding hi.

Mawhkisakna lungsim hencipna pan suahtak ding ka hanciam ngei khakleh, noptuamna hong pia ngeilo in bangzah a lauhuai hiam? Jesu leh namawh/nakhialhna hangin singlamteh tungah hong sihna na mitsuanna in tua mawhkisakna lungsim ii samsiatna pan hong bangci suahtaksak thei hiam?

**NILINI
THUMANNA**

February 7

Pasian sawl bangun tuuno tawikawm in thumangtak ama' biaknatau kiangah Abel khukdin hi. A langkhat ah, hehkawmsa in Cain in ama' biaknatau kiangah singgah tawikawm khukdin hi. Anih tuakun biakna hong keng hi napi, khat bekin Pasian' sawl mang hi. A kigo tuuno bek kisaangaa, lei aa piang gahte kinial hi. Unaugel in meihalbiakna ii khatna leh hilhna telkhin napi, khat bek in Topa' sawlna mang hi (*Pian. 4:1-5*).

“Jesu' sisan hangin hotkhatna kingahna thu, meihalbiakna in Jesu kawc ahihna Pasian geel thumanna ding Cain nialna hangin Abel' sihna hong piang hi. Leitung aadingin hong luangkha ding Jesu sisan limcing sisan luanna Cain in nial hi.” – **Ellen G. White Comments, *The SDA Bible Commentary*, vol. 6, p. 1109.**

Thumanna lungsim sungpan kipan hi. A sangzaw mun pan sawlna vaipuak san nading lungsim ngaihsutna hi. Thumanna in thuneitu tawh kizopna pan hong kaakhia hiaa, tua thuneitu thu lungkimtak manna hi. Pasian tawh i kizopna ah, eite thumanna in eimau utthu itna gamtatna hi aa, tua in nunhoih neih nading gamtat-luheek hong zuun hi. Pasian thu manna in ei utbang leh kilawm i sakbang himawc loin Pasian hong sawlbang lianlian sepna hi. Pasian sawlbang mangloaa, hoihsak tawm sepna thu ah Cain tangthu in diktak eite hong hilh hi.

1 John 5:2,3 leh Rom. 1:5; 10:16,17 sim in. Hih laiah thukham zuihna hilo upna tawh hotkhat ngah Christian aading thumanna in bang hi cih hong lak hiam?

Gupngah nadingin thumang hilo in, gupngah khit manin thumang i hizaw hi. Thumanna in a dik upna taksuak sakna hi. Samuel in Saul kiangah, “Topa awging

manna zahin meihal biakna leh biakpiaknate ah Topa lungkim ahi hiam? Biakpiakna sangin thumanna hoihzaw a, tuutalte' thau sangin thusimna hoihzaw hi' “ (*1 Sam. 15:22, ZIV*).

Samuel in ‘biakpiakna sangin thumanna hoihzaw’ cih bang a gennopna hiam? Tuain ei Christiante akhial manniamte, hehpihna lungdamnathu ah i pukloh nading bang hong hilh hiam?

**NINGANI
MUANTAACKINNA**

February 8

Luke 16:10-12 sim in. Hih laiah muantaackinna thu bang hong hilh hiam? A citak neihsakeem-zeektu hih ding banghang thupi hiam?

Muantaackinna thugil Lai Siangtho bup ah kimu thei hi. Etpakna in, Levi ukpi lite zan ciangin biakinn kongcing ding kiseh hi. Van manphate koihna tawhtang kemin zingsang simin kong hon ding vaipuak kipia hi (*1 Khang. 9:26,27*). Muantakcing ahihmanun hih nasep kipia hi.

Muantaackinna in a pha neihsakeem-zeektu khat ii zia khat hi. Tuain muantakcing neihsakeem-zeektu khat in a lian a vaipuak tel cihna hong lak hi. Amaute in Pasian pen muantaakcing ahihna tel-in, amau zong muantaakcing hih ding hanciam ding uh hi (*Thkna. 32:4, 1 Kum. 8:56*).

Muantaackinna in a picing gamtatzia hong lak hi. Midangte muhna ah a kingah thei a sangpen leh a deihhuaipen nunzia ahi hi. Kiim le paam leh midangte in bangbang gen taseleh sem ding ciao, gen bangaa sepna in Pasian' zia le tong kilatkhatsakna hi (*2 Kum. 12:15*).

Leitung kumpi gam nih ah kumpite in Daniel muantaakcing sa hi. A nuntak sung khempeuh ah mitphialsiamte leh aisaante langah hangsantakin pilna leh

thutak a gen ngamna in a muantaakcing thulakpa ahihna kilangsak hi. Muantaakcinna in nunhoih gamtatzia lakah a sangpen hiaa, eimau nunhoih a sangpen in lahkhiatna zong ahi hi. Hih nunzia in neihsakeem-zeektu nuntakna ah zankhat thu-in a piangvat hilo a, a neunote tungah cihtakna pan hong piang hi.

Mite in i muantaakcinna hong muh ciangun hong zahtak in na khempeuh ah hong muangngam uh hi. Leitung a vaipuak khempeuh ah muantaakcinna in vantung aading sittelna hipah hi. “Eite Jesu kumpi gam aading citak, muantaakcingte ihih ding kisam hi. Pasion kumpi gam ii hauhna, hoihna, lainatna, ithuaina leh a migi Pasion gammite hihna a langkhiasak tattakte hi ding hi.” – **Ellen G. White, *Testimonies for the Church*, vol. 6, p. 190.**

Muantaakcing nasak mikhat ngaihsun in. Nang zong muantaakcing nahih theih nading ama’ tungpan bang hihna na la thei diam?

KIGINNI

February 9

NGAIHSUT BEH DING: A hoih neihsakeem-zeektu ii ciaptehna khat in mimal mawhpauaklakna hi. “Mihingte’ lungsim Jesu tungpan mite tungah omsak ding leh mimal mawhpauaklakna suksiat ding Satan’ geelna hiden hi. Hih Satan’ geelna Pasion Tapa ze-etna ah gualzolo mahleh, mimawhte tungah gualzo mahmah hi. Christian zia zong hong siasuak hi.” – **Ellen G. White, *Early Writings*, p. 213.**

I hinna laigil Christ hihsakna in Ama’ makaihna ding kipiakna hi. Tua bangin i kimakaih sak teh i upna, cihtakna, thumanna, ngaihsutna siang, muantaakcinna, leh mimal mawhpauaklaknate i nuntakna ah hong kilang ding hi. Tua hiaa, neihsakeem-zeektu, eite Pasion khut sungah a kicingin hong kibawl hi (*Late 139:23, 24*).

Mimal mawhpauaklakna in a thupi Lai Siangtho thugui khat hi. Jesu Leitung ah hong om lai-in mimal mawhpauak la zo hi (*John 8:28*). Eima’ kampau khempeuh zong mawhpauak i lak kul hi (*Matt. 12:36*). “Tampi a kipia te tung panin tampi kingenkik ding hi” (*Luke 12:48, ZIV*). Mimal mawhpauaklakna ah a lauhuaipen in eima’ vaipuak midang tungah vaisuatna hi. “Ei tung a hong ki-ap neihsa te eima’ aa ahih phawk den ni. Ei aa hileh, ei thuneihna i deih kha ding a, i vaipuak midang tungah ap in i neihsakep-zeekna amau tung i suan kha ding hi. Tua bang hi theilo hi, ahangin Pasion in eimau ciat Ama’ neihsakem-zeektu in hong bawl khin hi.” – **Ellen G. White, *Testimonies for the Church*, vol. 7, p. 177.**

KIKUPDING DOTNATE:

1. Tukul i sin neihsakeem-zeektu ii ciaptehna en in. Koicibangin khat leh khat kimeemat hiam? Khat thanemna in a dang bangci thanemsak hiam? Khat thahatna in a dang khat koibangin thahatsak hiam?
2. Lungdamnathu kamciam in lungsim kisuanna neite bangci huh thei hiam? Amau aading bang kamciam hoih lak ding om hiam?
3. Cihtakna pen ahoih denin i ngaihsun hi. A tawntungin ahoih mah hiam? Mikhat, na khat tungah cihtakna ahoihlo thei diam? Banghang, cihtakna a thu leh mun zui-in hoih leh hoihlo cih tel kul hiam?

SINNA 7**February 10 - 16****PASIAN' TUNGAH THUMAANCIHTAK****NIPI (SABBATH) NITAAK****Feb 10**

Tukal sinna ah simding: *Luke 16:10, Siam. 27:30, Pian. 22:1-12, Heb. 12:2, Luke 11:42, Heb. 7:2-10, Nehemiah 13.*

Lai Siangtho Bulphuh: "Ahihhangin lei hoihna a tu khaicite ahihle lungsim picing leh lungsim hoih nei in Pasian thu za-in kem dena, thuak keikai-in gah a gakhiate cihna ahi hi."(Luke 8:15, ZIV)

Thumaancitak lungsim icih bang hiaa, koibangin kithei ding hiam? Tulai leitungzia ah thumaancihtakna pen muhtheih lian a omlo, a hunzui in kisang thei khat in kingaihsun hi. Suksia lua kei peuhleh thumaancihtaklo zel in zong kisang siam lel bangin mi pawlkhat in ngaihsun uh hi. Khat veivei mun le mual hunzui-in thumaancihtaklohna zong diksakna om theilai hi.

Thutak leh thumaancihtakna omkhawm den hi. Thumaancihtakna pen i suahepih nunzia hiloaa, sinkul pianzil hi-in, neihsakeem-zeektu khat aading kisas nunhoih gamtatna khat hi.

Thumaancihtakna i neih ciangin na hoih tampi tawh kizom hi. Enpak leng, zuau gen hong kitheih ding launa omlo in tua zuaauthu humcip kullo pahlel hi. Hih thu hangin, thumaancihtakna pen a manpha mahmah nunzia khat hi aa, a diak in cihtakloh ding ze-etna omna hun haksa ah kisas phadeuh hi.

* *Tukal sinna na simna tawh February 17 Nipi aading kigingkhohlin.*

Tukal sungin khalam thumaancihtakna thu sawm-a-khat piakna leh neihsakeem-zeektu leh neihsakep-zeekna ah sawm-a-khat bangzahin thupi cih i sin ding hi.

NIKHATNI**February 11****A TELHAKLO THUMAANCIHTAKNA THU**

Mikhempeuh in thumaanlohna deihlo ciat hi hang. Midangte a thumaanloh ciang ki deihlo phadeuh selai hi. Eimau sung ciatah bel kitheih hak se a, i kitheih ciang zong a sialua hisam kei, thuneu khat hilel ee, thupi lua kei ci-in ei le ei i kidiksak tawm thei hi. Ei le ei kikhem zo kha mah ni, ahi zongin Pasian khemzo ngeilo ding hi hang.

"Thu-um mi tampi takin i dinmun ciatah thumaanlohna i gamta denaa, a lummilmialbek (salo votlo) nuntakna zong tua hang mah ahi hi. Amaute Christ tawh kizomlo uhaa, amau mahmah kikhemtawm uh hi." **Ellen G. White, Testimonies for the Church, vol. 4, p. 310.**

Luke 16:10 sim in. Thuneunote nangawn ah thumaancihtak ding hih laiah Jesu in bang thupi hong lak hiam?

Neihsate tawh kisai eite i thumaancihtakloh ding a baihzia Pasian in hong theilua hi. Tua hiaa, neih leh lam tawh kisai angsungkualna leh thumaanlohna thoihdam nading eite hong piazo hi.

Siam. 27:30 leh Malachi 3:8 sim in. Hih kammal te in bang hong hilhaa, i cihtak nading hong koici huh hiam?

“Lungdam ding leh citpiak ding ngetna kibawl lo hi. Thumaanna bek hi. Sawm-a-khat in Topa’ aa hi. Ama’ neihsa a apkik dingin hong sam hi... Thumaancihtakna pen lei-zuakna ah a poimawh thugui khat ahihleh, a dangte i sep bangin Pasion tungah i vaipuak i phawk ding kul zawtham hilo hiam?” – **Ellen G. White, *Education*, pp. 138, 139.**

Sawm-a-khat piakna in na neih khempeuh a nei kua cih hong bangci phawksak hiam? Eimau neihsa khempeuh a nei kua cih manggilh lohding banghangin thupi hiam?

**NINIHNI
UPNA II NUNTAKNA**

February 12

Pian. 22:1-12 sim in. Hih tangthu in Abraham upna thutak hong bangci lah hiam?

Upna nuntakna in khatvei thupiang hilo hi. I upna thupi takin khatvei a lak ziau ihi kei hi. Tua hiaa, a citak leh thumaan hehpihna nuai-ah nungta in Christ sisan tawh a kituam Christiante taktak ihihna i laktel den hi.

Gentehna in, kum tul tampi khit nangawn in Moriah mualtung aa Abraham in Isaac a piakna tawh upna alahna thu thu-um khempeuh in lamdangsa hi (*Pian. 22*). Ahi zongin, hihpen akisap hunlian bekah Abraham in a sepvat hilo hi. Nidangaa a nuntakzia ahi, cihtakna leh thumanna in asepding semzo sak hi. Nidangin a citaklo nahi leh, tua sittelna tuua a zawh bangin gualzo hetlo ding hi. Tua bang upna a nei mi-in a nung ciangin tua bangmah a nuntak ding uplah huai hetlo hi.

Gennop thu in, neihsakeem-zeektu khat ii upna zong khatvei gamtat hilo hi. A upna a nuntakpihna tawh

kizui-in thuukin, hat semsem ding maw ahikeileh daai in thaneem semsem ding hi.

Hebru 12:2 sim in. Hih kammal in i upna bul bang hiaa, koibangin upna nei ding cih hong gen hiam?

A citak neihsakeem-zeektu ihihna tawh i kiheina ding khat bek mitsuan ni. “Ama’ mai aa kikoih lungnopna angah nadingin singlamteh ah simmawh bawlsiatnate a thuak keekai khitciangin Pasion taklamah a tu, i upna a piang sakpa leh a hoihkimsakpa Jesu mitsuan gige ni” (*Heb. 12:2, ZIV*). “hoihkimsakpa” cih kammal Thuciam Thak ah hihmun bek kimu theiaa, “cingtaaksak” ci-in zong kikhia thei hi. Tua-ah, Jesu in i upna hong picingsak nuam leh cingtaaksak nuam cih kimu thei hi (*Heb. 6:1,2*). Tua hi-in, upna, upna nuntakna, in a khangtoto nuntakna hiaa, khanglian in khangcing semsem dingaa, pung ding hi.

Koibangin na upna a khanna leh a picinna mu thei na hiam? A khang beek hia leh?

**NITHUMNI
UPNA II PULAAKNA**

February 13

Zanni in, upna pen a khangtoto, a picing nuntakna cih i mukhin hi. A dangkhat ah, sawm-a-khat piakna tawh Pasion in i upna hong picingsakin, a cingtaak munah hong tun hi. Diktak in a tel hileng, sawm-a-khat Pasion piakkikna pen thukhun zuihna hilo hi. Eite in i piak ciangin vantung tun nadingaa a zong leh a sem ihi kei hi. Sawm-a-khat piakna in i upna pulaakna hizaw hi. I upna taktak mitmuhaa lahna ahi hi.

Mikhat peuh in upna ka nei hi, Pasion ka um hi, Jesu ka um hi ci khamai ding hi. I theihsa mahbangin,

“dawite nangawn in um” (*James 2:19, ZIV*) uh hi. Na sum ngahna pan sawm-a-khat la-aa, Pasion piakkikna in upna ii gamtatna hi.

Luke 11:42 sim in. Hih laiah Jesu in sawm-a-khat pialo tuanlo ding cih bang a deihna hiam? Bangcibangin sawm-a-khat in thukham tawh kizopna nei hiam?

Sawm-a-khat piakna in Pasion tungah niamkhiat-tak kingakna leh Christ in Tanpa ahihna lak hi. Tua in “Christ sunga khalam thuphate khempeuh” (*Eph. 1:3, ZIV*) ngahna leh ngahlai ding thupha kamciamte theihna hi.

Piancil 28:14-22 sim in. Pasion’ kamciam Jacob in bangci dawn hiam?

“Pasion’ geel Sawm-a-khat piakna in a telnopna leh deidanlo a kikim dimdiamna ah hoih mahmah hi. Pasion vai ahihmanin upna leh hangsanna tawh i zattek ding ahi hi. Telnop leh zatnop ahihmanin teltheih nadingin sinna leh theihna thuk kisam lo hi. A manpha tatkhiat nasepna ah mikim kihel theihna khat ahi hi. Pasal, numei, leh khangno khatsim in Pasion’ aading neihsakeemte hi-in, neihsakepna ii kalh thute a cinzo nasemte hithei ding hi.” – **Ellen G. White, *Counsels on Stewardship*, p. 73.**

Sawm-a-khat piakna hangin khalam thupha na ngah a om hiam? Sawm-a-khat piakna in na upna hong bangci khansak hiam?

NILINI February 14 THUMAAN SAWM-A-KHAT: TOPA AADING SIANGTHO

Siam. 27:30 sim in. Sawm-a-khat thu ah thupi nihte bang hiam?

“Sawm-a-khat Topa’ aa ahihmanin siangtho hi. Kiciamna leh apna tawh a siangtho hilo hi. Ama’ pianzia ngiat in siangtho hi, Topa neihsa hi. Pasion simloh kuamah in tua tungah thuneihna neilo hi. Kuamahin Topa tungah a siangtho dingin ap theilo hi, ahangin mikhat peuh ii neihsa hilo hi.” – Angel Manuel Rodriguez, *Stewardship Roots* (Silver Spring, Md.: Stewardship Ministries Department, 1994), p. 52.

Eite in sawm-a-khat a siangthosak hilo in, Pasion in a siangtho in a bawlsa ahi hi. Amah in hihtheihna nei hi. Neihsakem-zeektu ihihna tawh Ama’ aa Ama’ tungah a apkik ihi hi. Akiseh nasepna aading sawm-a-khat Pasion tungah kipia hi. Na dang sep nading aa zatna in cihtaklohna hipah hi. A siangtho sawm-a-khat apkikna nasep kisiatsak ding hilo hi.

Heb. 7:2-10 sim in. Abraham in Melkhizedek tungah sawm-a-khat a piakna in sawm-a-khat thu a thukzaw bang hong lak hiam? Abraham in kua tung taktak ah sawm-a-khat pia hiam?

Sabbathni a siangtho mahbangin, sawm-a-khat zong siangtho hi. “Siangtho” cih kammal in “siangtho aa zat ding a kituamkoih” cihna hi. Sabbath leh sawm-a-khat zong hi bang kizopna om hi. Ni sagih Sabbath a siangtho aa zat ding tuamkoih, sawm-a-khat zong a siangtho Pasion neihsa in tuamkoih, tua ahihmanin siangtho hi.

“Pasion in ni sagihni siangthosak hi. Pasion mahmah in tua hun biakna aa zat ding tuamkoihna a siangthosak hun mahbangin tu dong siangtho lai hi. Tua mahbangin, i sumngah lakpan sawm-a-khat zong Pasion aa ding siangtho hi. Thuciam Thak in sawm-a-khat leh Sabbath siangtho sak ding hong gen nawnlo mahleh, anih tuakun kimang laiaa, khalam thulutte thuk mahmah hi. Ama’ aa

ding a sehtuam hun citaktakin i piak angin, Ama' hong sawl sehtuam neihsate citaktakin piakik lo ding i hiam? –

Ellen G. White, *Counsels on Stewardship*, p. 66.

Na sawm-a-khat in siangtho takpi hi cih nading na lungsim sungah na bangci koih thei ding hiam?

NINGA NI

February 15

KHANLAWHNA, KIPUAHPHATNA, LEH SAWM-A KHAT

Sawtpi a uk kumpi Hezekiah hun sung Judah mite aading hunhoih khat in kingaihsun hi. David leh Solomon uk nung Pasion' thupha phatak Israelte in ngahngei nawnlo uh hi. 2 Khang. 29-31 sung Hezekiah ciapteh khanlawhna leh puahphatnate ah; “Topa mitmuh ah amaan in gamta hi” (29:2, ZIV). “Topa biakinnpi aa biakna nasepte kikipsak kik hi” (29:35, ZIV). Paisanpawi kibawlkik hi (30:5). “Jerusalem ah lung-nopna lian mahmah hi” (30:26, ZIV). Milim leh biaknataute susia uh hi (31:1). Thakhat in khanlawhna leh kipuahphatna a om manin sawm-a-khat leh biakpiaknate tampi kipia hi (31:4,5,12).

Nehemiah in khanlawhna, puahphatna leh sawm-a-khat etteh ding hong pia hi. Nehemiah 9:2,3 sim in. A khanglo lungtang in koi bang hiam? Nehemiah in Pasion inn a puahphat khit ciangin Judah mite in bang hong keng uh hiam? (Neh. 13:4, 12)

“Khanlawhna leh kipuahphatnate a kibanglo thunih hi. Khanlawhna in khalam nuntakna thaksuakna hiaa, khalam sihna panin thawhkikna tawh lungsim leh lungtang thapiakna hi. Kipuahphatna in kaihkhop-kikna, ngaihsutna leh thugui, nuntakzia leh gamtat khelna hi.” – **Ellen G. White, *Christian Service*, p. 42.**

Khanlawhna, kipuahphatna leh sawm-a-khat te kizom ngiat hi. Sawm-a-khat piakna kihello khanlawhna

leh kipuahphatna in lum milmial bek hi. Topa aading i pan huai laitakin mihingte in daitakin ki omthei hi. Khanlawhna leh kipuahphatna in kipiakna kalaa, tua kipiakna ah sawm-a-khat zong kihel hi. Pasion hong nget pialo in lencip tentan leng, Ama tungpan i ngette zong lamet ngam huailo hi.

Khanlawhna leh kipuahphatna in a pualam hilo in pawlpi sungah a pian kul hi (*Late 85:6*). Khanlawhna Pasion kiang i nget kul hi (*Late 80:19*)kipuahphatna ahi “hih masak nate” (*Mang. 2:5, ZIV*). Kipuahphatna in i kep leh Pasion i piakkik ahih kul hi. I sepna hilo in, i khensatna in kipiakna leh utna lakzawaa, kilamdanna piangsak hi. Upna khangin, khamit vak dingaa, cihtakna thaksuak ding hi.

KIGINNI

February 16

NGAIHSUT BEH DING: Lai Siangtho sungah Pasion in kiciamna bawl masadenaa, tua kiciamna ah mihingte hong sam den hi (*Heb 8:10*).Tua kiciamna in Ama' hehpihna, itna leh hong tatnopna thu kilangsak hi.

Pasion tawh kiciamna ah thu tampi kihel hi: Pasion, a ngahtu, kiciamna thu-omzia, langnih tuakin kiciamna ah cihtakna, kiciamna pelhna ah thuakding gawtna, lunggulh gah (result). Malachi 3:9-10 sung a sawm-a-khat thu ah hihteng kihelkim hi. Pasion leh Ama' neihsakem-zeektu kikal ah kiciamna hi.

“A huaiham angsungkhual lungsim in Pasion tungah Ama' neihsa piak ding khaktan thei hi. Topa in mihingte tawh kiciamna thupi khat bawlaa, Christ gam tangzai nadingin neihsa lakah sehtuam a koih den leh Ama' thuphate khol nading mun awnglo zah dongin Topa in tamtak in thupha pia ding hi. Ahizongin Pasion aadingin

a it tentan leh, Topa in ciantak in hong genna ah, ‘Samsiatna a dim samsiatna ngah ding hi’ ci hi” – **Ellen G. White, *Counsels on Stewardship*, p. 77.**

Pasian tawh kiciamna ah vaipuak om hi. Kiciamna thuphate i deihaa, ahizongin sawlna leh vaipuakte deihlo thei hi hang. Kiciamna in langnih neiaa, tua bangin sawm-a-khat zong kiciamna ei panlaak khatmah ahi hi.

KIKUPDING DOTNATE:

1. Banghangin sawm-a-khat piakna in eilam panin a thupi upna ii sepkhiatna hithei hiam?
2. “Sawm-a-khat pia zo keng” a ci khat kiang bang na gen diam? Tua bang mi khat na bangci huh thei diam? Kammal lo bangdang tawh na huh thei diam?
3. Nilini dotna tawpna ah sawm-a-khat siangtho takpi hi cih na tel takpi theih nading bangcih ding na hiam cih na dawnna bang khawng om hiam? A siangtho ahih na in, na piak nading hong bangci huzaap hiam?

SINNA 8

February 17 - 23

SAWM-A-KHAT II PHATTUAMNA

NIPI (SABBATH) NITAAK

Feb 17

Tukal sinna ah simding: *Mark 16:15; 1 Pet. 3:8,9; 1 Cor. 9:14; Rom. 3:19-24.*

Lai Siangtho Bulphuh: “Biakinnpi sungaa nasepte in biakinnpi panin an ngah uhaa, biaknatauaa nasepte in biaknatau tungaa kiluite a ngah lam theilo nahi uh hiam? Tuamah tawh kibangin Topa in: lungdamna thu ahilhite in lungdamnathu panin kivakna a ngah ding uh hi ci-in thu a pia hi.” (1 Corin. 9:13-14, ZIV)

Sawm-a-khat piakna in upna lahna cih nungkaal in i sinzo hi. Tuain i gen bang septakpina sittelna leh lahna lam khat hi.”Upna sungah na om uh hiam, no le no kisittel ciat un; no le no kizia-et un. Na kizia-et uh ciangin cing zolo nahih keibuang uhleh Christ no sungah a ten lam theilo nahi uh hiam?” (2 Cor. 13:45, ZIV).

Lai Siangtho sungah sawm-a-khat piakna masapen Abraham in Melkhizedek a piakna (*Pian. 14:18-20, Heb. 7:4*) ah kimu hi. Levi te-in biakinn nasep nadingin sawm-a-khat la uh hi (2 *Khang. 31:4-10*). Tuhun in lungdam thupuak nasep panpih nading sawm-a-khat kizang hi. Diktak telsiam leng, hih in Pasian tawh i kizopna tehna hong suak hi.

Sawm-a-khat zatna, thupina, hawmkhiazia leh phattuamnate in kha lam thahatna tawh Pasian nasep

* *Tukal sinna na simna tawh February 24Nipi aading kigingkholin.*

panpih nading leh sumtha tawh lungdamthu tangkona tawsawn nadingin a kigeel ahi hi.

Tukaal sung sawm-a-khat tawh kisai in: a kihawmkhياتna, midang aading bang khatna nei, leh i khalam nuntakna ah bang phattuumna hong tun cihte i sin ding hi.

NIKHATNI **February 18**
NASEPNA SUM TAWH I PANPIH KHAWM HI

Jesu in “lungdamna thu tangko” ding (*Mark 16:15*) leh “nungzuimi suaksak ding”, “thupiak khempeuh zuih nading hilh ding” (*Matt. 28:19, 20, ZIV*) hong sawl hi. Tua hi aa, leitungah a thupipen nasep ahi, mite Jesu kiang tutding nasep ah a kihel dingin Pasion in hong deih hi. Pasion’ hong ap neihsate tawh hih nasep panpih ding neihsakem-zeektu ii vaipuak hi. Midangte Christ lahna tua nasep ah kihelna in mimal ki-apna zungthuk khasak semsem hi. Nungzui, neihsakem-zeektu, leh nasem khatsim in sawm-a-khat khempeuh hih a siangtho nasep aadingin hong keng ding uh hi. A gualzo nasep in kipumkhat upna a khauhsak mahbangin nasep panpihna ah kipumkhat ding thu i nget kul hi.

Hih nasep zawh nading Pasion thukimpieh sumgeelna in bang hiam? “Sawm-a-khat buppi” (*Mal. 3:10, ZIV*) **acih bang a deihna hiam? “Ka inn sungah an a om theih nading” cih kammal in bang khatna nei hiam?** (*Mal. 3:10, ZIV*).

I theihsa bangin, Abraham leh Jacob hun a kipan, tuama zong omthei, mite in sawm-a-khat pia uh hi (*Pian. 14:20; 28:22*). Sawm-a-khat pen Pasion pawlpi panpihna khat hi. Tua in a lianpen sumtha panpihna leh Ama nasepna ah mikim kiheltheih penna khat hi.

Tuhunin, Christian a tamzawte in Pasion nasep panpihna tawmcik bek pia uh hi. Christian khatsim in thumaan takin sawm-a-khat platek hileng, “i tel zawhloh, lamet ngamloh, leh lamdangsak zah dongin a gah i mu ding hi” – Christian Smith and Michael O. Emerson, *Passing the Plate* (New York: Oxford University Press, 2008, p. 27).

Khang simin Pasion in Ama’ nasepna sumtha tawh panpih nuam mi neiden hi. Hih leitungbup nasep ah i vekin i sepkhop ding vaipuak i neihlam tel ding kism hi. Hih nasep sumtha tawh panpihna ah utbang leh kipawlkhatlo in om ding hilo hi. Mite leh Levi te in Nehemiah kiangah, “Eite’ Pasion’ biakinn kinloin i om kei ding hi” (*Neh. 10:39*) cih sangin ei hong kitona lian zawlai hi. Tuhun pawlpi mite leh nasemte khalam ah kipumkhat in sumtha nasepna ah semkhawmaa, leitungbup nasep mungtup tunzawh nading sepkhop huai hi.

Leitungah a zai mahmah Adventist nasepna ngaihsun in (*Mang. 14:6,7*). **Hih nasep sumtha tawh panpih theihna vaipuak i neihlam mikim in telhuai hiam?**

NINIHNI **February 19**
PASIAN’ THUPHATE

Malachi 3:10 ah, sawm-a-khat ah a citakte Pasion in thupha lianpi a kamciamna i mu hi. Ahizongin, Pasion thupha pen namkhat bek hilo hi. Tel-et leng, Pasion’ thupha taktak in neih le lamte sangin thuk-in zai zawtham hi. Malachi sungaa thupha in khalam banah, leitung thupha zong kihel hi. Tatkhatna, lungdamna, lungsim tawldamna, leh ei aading a hoihipen Pasion in hong sepsak khempeuh in Pasion thuphate ahihna kilang hi. Pasion in eite thupha hong piak ciangin zong, i san thuphate eite sangin a neilo

zawte hopsawn phamawh (kul) hi. Midangte thupha a pia ding in eite thupha hong kipia hi. Eite tungtawn in Pasion in Ama' thupha mundang ah kizeelsak thei takpi hi.

1 Peter 3:8,9 sim in. Peter in thupha ngahna leh midangte aading thupha hihna thu bang hong gen hiam?

Sawm-a-khat piakna panin thupha zahnih hong pai hi. Thupha ngah beklo in midangte aadingin thupha ihi pah hi. Ei hong kipiata i piakhia thei hi. "Pia un, no zong hong kipia ding hi...note zat tehna tawh no aading hong kitehsak ding hi." (*Luke 6:38, ZIV*).

Sawltak 20:35 sim in. Hih kammal in sawm-a-khat piakna tawh kibangci sai hiam?

Sawm-a-khat piakna in a lianpen hong hilh thu in Pasion muanna hi (*Jer. 17:7*). "Pasion' thukham kipputna thugui a kip mahbangan sawm-a-khat piakna ngeina thugui zong kip hi. Sawm-a-khat piakna ngeina in Jewste aading thupha hi keileh Pasion in pialo ding hi. Hunbei ciangdong hih ngeina azangte aadingin zong thupha hi ding hi. Vantung aa i Pa in Amahmah phattuum nadingin hih piakkhiatna ngeina a bawl hilo in, mite aading thupha ahi ding in a bawl hizaw hi. Hih piakkhiat huhna ngeina in mihingte kisap liantak ahihna Amah in mu hi." – **Ellen G. White, Testimonies for the Church, vol. 3, pp. 404, 405.**

Midang khat ii nasepna tawh Pasion in thupha hong piakna ngaihsun in. Tua bangmahin midang khat tungah bangci bangin pai-in thupha hi thei ding na hiam?

NITHUMNI

February 20

SAWM-A-KHAT II NGIMNA

Timothy tungah Paul in, "Bawngtal in buh a cil laitakin a muk hencip kei-in" leh "nasempa in a thaman a ngah ding kilawm hi" (*1 Tim. 5:18, ZIV*) ci-in laikhak hi.

Thuhilhikna 25:4 sung a bawngtal thu Moses lai at leh Luke 10:7 sung a nasem thu Jesu gen a gelhkik hi. Paunak bang a kingaihsun kammal khat hiaa, buhcil bawngtal in buh a nek ding adik thu ahi hi. Tua bangmahin, a citak lungdamna thupuaktu zong thaman tawh pahtawi huai hi.

Pasion in thukhun ngeina bawl in tua tawh nasem hi. Amah in ni innkuan (solar system), gilpi angawi innkuan (digestive system), thagui innkuan (nervous system) leh a dang tampi bawl hi. Levi te zat sawm-a-khat ngeina (*Gam. 18:26*) in biakbuuk kepcing nading leh amau panpih nading hi. Tuhun hileh, amau nuntakna lungdamthu tangkona dingaa ki-apte tawh kibang hi. Pasion' geel sawm-a-khat ngeina in nasep panpih nading Ama' teel lampi hiaa, tatkhiatna khang tawntungah kimu thei hi. Pasion nasemte sawm-a-khat tawh panpihna in Pasion nasepna panpihna bulpi leh tawphah hi.

Paul in "lungdamnathu ahihna in lungdamnathu panin kivakna a ngah ding" cih in bang deihna nei hiam? (1 Cor. 9:14, ZIV). Lungdamna thupuakte panpih a kisapna 2 Cor. 11:7-10 ah hong bangci hilh hiam?

Paul in, "Note na ka sep nadingin pawlpi dangte pan huhna ngahin amaute aa ka sut hi" (*2 Cor. 11:8, ZIV*) a cih ciangin, ahau Corinth pawlpite kiang nasep nadingin a zawng Mecedonia pawlpite kiangpan thaman a ngahna a gen nuam ahi hi. Corinth pawlpite kiang a gennop bulpi in lungdamnathu tangkote piakding kilawm cih thu hi.

Sawm-a-khat tua bang ngimna aading kizang hiaa, tuamah hi suak ding hi. "Sawm-a-khat pen a tuam vilvel a zat ding kisekhia hi. Mizawng huhna bangaa ngaihsut ding hilo hi. Leitungah Pasion thutak tangkote panpih nadingin a tuam vilvel zat ding hiaa, tua ngimna lo a dangah zat ding hi peuhmah lo hi." – **Ellen G. White, Counsels on Stewardship, p. 103.**

Siam. 27:30 sim in. Tuhun aadingin hih thugil bang ciang zatttheih hi ding hiam?

NILINI

February 21

VANKHOLNA-INN

Pasian in huih(*Jer. 10:13*), tui(*Late 33:7*), leh vuk leh gial(*Job 38:22*)kholna cihte nei hi. Amanphapen in sawm-a-khat kholna hi. “Keimah in Levi te tungah Kikhopna Puanbukaa a nasepna uh thukna in Israelte sawm-a-khat khempueh a luah dingun ka pia hi” (*Gam. 18:21, ZIV*). Hih in “vankholna thugui” a kici sawm-a-khat kikholna a lak masapen mun hi. Sawm-a-khat Ama teelna munah a puak nading un Pasian in Israelte hilh hi (*Thkn. 12:5,6*). Solomon hun lai-in, Jerusalem biakinn ah sawm-a-khat kipaipih hi. Kamsang Malakhi in “Sawm-a-khat a buppi in ansal sungah hong puak un” (*Mal. 3:10, ZIV*) cih a gen laitakin Israelte in koi ah puak ding cih tel uh hi. Vankholna in biakna nasep kispna mun leh Levi te kipanpihna mun limla hi.

Vankholna cih i theih nadingin bang mindang Lai Siangtho ah kizang hiam? 1 Khang. 26:20, 2 Khang. 31:11-13, Neh. 10:38.

A siangtho sawm-a-khat puak nading vankholna bek aihna Lai Siangtho ah kimu hi. Sawm-a-khatte zeek na ding Pasian in vankholna phual nei hi. Seventh-day Adventist in hih vankholna thugui saang leh zang in leitungbup tuam pawlpi in ki om hi. Pawlpi mite in amau innphual pawlpi tawn in conference/mission ah sawm-a-khat puak ding hi. Conference/mission sumkepna panin pastorte in khasum ngah uh hi.

“Pasian nasep a zai semsemna zui-in, sapna hong om mun zawdeuh ding hi. Tuate i huh theih nadingin, ‘Ka

inn sungah an a om theih nadingin ansal sungah sawm-a-khat a buppi in hong puak un’(*Mal. 3:10*) cih sawlna i thupi sim kul hi. Christian a kicite in thumaan takin sawm-a-khat leh sumpite Pasian pia le uh, vankholna dim ding hi. Tua hileh lungdamnathu tangkona panpih nadingin sumdonna tuamtuamte kisas hetlo ding hi.” – **Ellen G. White, *The Acts of the Apostles*, p. 338.**

Mite in a utna tek vuah sawm-a-khat puak leh bang a piang diam? Mi khatsim in tua cihleh Pasian’ nasep bangci ding hiam? Tua hiaa, i sawm-a-khatte i puakna ding mun a puakna banghangin thupi hiam?

NINGANI

February 22

SAWM-A-KHAT LEH UPNA TAWH TATKHATNA

Rom. 3:19-24 sim in. I upna thukhun aading thutak bang hong kihilh hiam? Hih hilhna eimau upna tawphah hihsak den ding banghang thupi hiam?

Lai Siangtho thupuak thupipen in eite khempueh tatkhiatna ngah dingaa i kilawmlohna thu hi (*Rom. 3:23*). A kilawm hile hang, eimau sepna leh hoihna tawh a ngah ihi dingaa, Lai Siangtho hilhna tawh kilehbulh hi.

Rom. 4:1-5 sim in. Hih kammal in hoihna hilo hehpihna thu bang hong gen hiam?

Tuahiaa, hotkhiatna pen akilawmlote tungah piakkhong hi (*Eph. 2:8, 9*). A kicing Christ hoihna pen eima hoihna in kingaihsun ahihmanin hotkhiatna a om thei hi. Sawm-a-khat thu ah zong, Pasian i apkik manin hoihna a ngah hilo hi hang. Sawm-a-khat in Pasian a hikhin ahih leh i apkikna ah zong hoihna bang om thei tuan ding hiam?

Na hoih sepna dangte bangmahin sawm-a-khat piakna zong hotkhiatna ngahna hilo hi. “Ahang in, eite sep

dinga Pasion geelkholh, nasep hoih sem dingaa Christ Jesu sunga kipiangsak Pasion khutsiam ihi hi” (*Eph. 2:10, ZIV*).

Bangbanghileh, Sawm-a-khat apkikna in Pasion in eite hong ngetna ah kiniamkhiatna leh ki-aapna ahikheileh kipimuhna leh kiliatsakna hong kilangsak hi. Pasion i it leh a thu i man ding hi. Sawm-a-khat in eite neihsakem-zeektu hi-in, Pasion tungah na khempeuh baa ihihna kiphawkna lahkhiatna hi. Sabbath in Pasion pen Piangsakpa leh Tanpa ahihna hong phawksak bangin, sawm-a-khat piakna in zong i nuntakna leh i ngah hotkhiatna in Pasion piakkhong ahihna hong phawksak hi. Tua bangin, sawm-a-khat apkikna in upna nuntakna hong taksuak sakin, i upna muhtheih in lahkhiatna taktak ahihna hong theisak hi.

Luke 21:1-4 ah upna tawh nuntakna cih bang a deihna hiam?

KIGINNI

February 23

NGAIHSUT BEH DING: Eite husante, lungtang sai sim, leh i hunte in Topa kiangbek pan hong pai cih ki mangngilh pahpah thei hi. Sawltak 17 ah Athen khua mite kiang a maan Pasion thu Paul in a genna ah, Piangsakpa bek hilo in hong Thahatsakpa zong hi ci hi. Athen khua mite in Pasion maan kua cih theilo uh hi. Ei Christiante in thei i hihmanin tua in i nuntakna laigil ahik ding kism hi. Pasion in eite tungpan hong kalh tampi omaa, tuate tawh kituakin i nuntak kul hi.

“Pasion in eite hong kalh om hi. Ama’ neihsate mihingte khut sungah piaaa, ahizongin Ama’ nasepna dingin sawm-a-khat ngen hi. Tuate Ama’ sumkholna ah koih dingin ngen hi. Ama’ aa bangin Amah piak ding ahi hi. Siangtho ahihmanin a siangthoaa zat ding ahi hi. Leitung

mun khempeuh ah tatkhiatna thutak puak nasep panpih nading ahi hi. A nai a gamla aa omte tungah khuavak a kipuak theih nadingin hih sawm-a-khat Ama’ sumkholna inn ah a tawntungin luang den ding hi. Citaktaka Ama’ hong sawlbang manna tawh na khempeuh Pasion’ neihsa ahihna eite in i pulaak hi.” – **Ellen G. White, *Testimonies for the Church*, vol. 6, p. 386.**

KIKUPDING DOTNATE:

1. “Hun nawhsa takin tawntung lam manawh hi. Pasion neihsate iksik kei ni. Lungsim bup hong ngen hi, Amah pia in, piansakna leh tatkhiatna tawh Ama’ aa ahi hi. Ama’ aa ahi na pilna, hong ngen hi, Amah pia in. Ama’ aa ahi na sum, hong ngen hi, pia in” – **Ellen G. White, *The Acts of the Apostel*, p. 566.** Ellen G. White in “Pasion aa ahite iksik kei ni” a cih bang a deihna hiam? Sawm-a-khat i piakloh ciang ei le ei bang i kigu hiam?
2. Vankholna ah hilo, amau utna ciatah pawlpi mite in sawm-a-khat pia leh cih dotna ngaihsun pha in. Banghang hibang ngaihsutna sia hiam? Pawlpi ah bangsiatna om theiaa, banghang siahuai hiam?
3. Luke 21 ah, nekgukna tampi om mahleh meigongnu sumpi piak Jesu in phat hi. Hih in sawm-a-khat ki koici zat cih tawh buaina hangin a piakna munah alaih sawm mite bang hong hilh hiam?

SINNA 9**February 24 - March 2****LUNG DAMNA (BIAKPIAKNA) SUMPI****NIPI (SABBATH) NITAAK****Feb 24**

Tukal sinna ah simding: *Matt. 6:19-21; Eph. 2:8; 1 Pet. 4:10; Luke 7:37-47; 2 Cor. 8:8-15; 2 Cor. 9:6-7.*

Lai Siangtho Bulphuh: “Pasian in leitung it lua ahihmanin, a Tapa a um khempeuh mangthang loa nuntak tawntungna a neih nadingin a Tapa khat neihsun a pia hi.” (John 3:16, ZIV)

Eite Pasian in a piakhia Pasian hi; hih a lian thutak Jesu hong kipiakna ah kimu thei hi. Pasian in leitung it lua ahihmanin, a Tapa a um khempeuh mangthang loa, nuntak tawntungna a neih nadingin a Tapa khat neihsun a pia hi (*John 3:16, ZIV*). A mundang khat ah, “Note migilo hinapi, tua ci-in na tate uh na hoih mawkpiak ding thei nahih uhleh, vantungaa om na Pa un Ama’ kiangaa Kha Siangtho a ngen te pia nuam zawsem lo ding ahi hiam.” (*Luke 11:13, ZIV*).

Pasian in pia in pia kikkik hi. Tuain Ama’ nunzia hi. Tua nunzia a lenghkik ding eite in zong i piak ding kism hi. “Angsungthei Christian” cih sangin hih nunzia tawh kilehbulh zaw omlo mai ding hi.

Ei hong kipiaste sumpi piakna tawh ki piakik thei hi. I piak sumpite in i lungdamna leh itna lahtheih nading hunpha khat suak hi. Jesu in tatsa mite vantungah hong dawn ni ciangin Ama’ hehpihna a sang mi tampi i mu dingaa,

* *Tukal sinna na simna tawh March 3 Nipi aading kiginghol in.*

tuata in eimau piak biakpiakna sumpite in Jesu a sanna dingun lampi honsak ahihna thu i phawk ding hi.

Biakpiak sumpite ii thupi-na tukaal sung i sinkhawm ding hi. Sum, hun leh siamna hitaleh phaltakaa piakkhiatna in i upna nuntakpih ihihna leh ana i sepsak Pasian nunzia muibuntaka lahna ahi hi.

NIK HATNI**February 25****“NA GOU (SUM) OMNA MUN AH”**

Matt. 6:19-21 sim in. Hih kammalte i theihtheih-sa himahtaleh koicibangin a thahat leitung neihsate; hencipna pan suakta thei ding i hiam? *Col. 3:1-2 zong en in.*

Jesu in hong nget inah, “ ‘Ahang in, na gou-te uh omna munah na lungsim uh zong om ding hi” (*Matt. 6:21, ZIV*). Gou-te leitung ah kholna leh vantungah kholna thu kimu thei hi. Leitung genna kammal thum ahi: nget, kekseu, leh gutate (*Matt. 6:19*) in leitung gou-te in a beipak thei themvei bek a kimanzia hong lak hi. Leitung nate a beipak theihzia a tello kua a om diam? “Leitung ah na khempeuh kiplo, kicianlo, leh muanhuailo hi. A muat-thei, a sia-thei, kigu-thei, leh kisumthei nate hi. Vantung in a kilehbulh hiaa, na khempeuh tawntung, sawt kimang, muanhuai, leh sia theilo hi. Vantung ah supna omlo hi.:- C. Adelina Alexe, “Where Your Heart Belongs,” in *Beyond Blessings, edited by Nikolaus Satelmajer*, (Nampa, Idaho: Pacific Press Publishing Association, 2013), p. 22.

Na neihsate en in. Tam tasekeileh, a manlang leh a zekai hibekaa, a tamzaw paih ding vive hi. Gamh bel a tuamkhat hi. Ahizongin, a pil neihsakem-zeektu in a neihsa te vantung kepcingna ah khol ding ngaihsun ding hi. Leitung banglo in, tua laiah mankiam ding, guta, leh buluh te na lunghimawh kullo hi.

Matt. 6:16-21 ah neihsakep-zeekna tawh kisai thupi mahmah khat kihel hi. Na gou-te in na lungtang hong huup, kai, zawhthawh, zolin hong uk hi. Hih leitungzia ah na lungtang in na gou-te zuiaa, na gou-te omna thupi ngaihsut pen hiteh. Leitung kisapna leh ngah nadingte ngaihsun semsem leng, vantung thute ngaihsut ding haksa semsem hi.

Pasian um ci-in i gou-te leitungah khol leng kinehtawm vai lua hi. I gamtatna leh i kampau a kihual kul hi. Leitungaa i gou-te a kilatzah i mu-aa, ahizongin vantungaa i gou-te upna tawh i muh theih kul hi (2 Cor. 5:7). Eite kisapna (teekzawh nasep nawnloh aading) te aa ding a thu bek hilo a takin kigin kul tham hi, ahizongin, a lianzaw muhna, tawntung aading mitsuan detding nakpi takin thupi hi.

Hebru 10:34 sim in. Paul in leitung gou-te leh vantung gou-te tehkaakna ah a thupi a gen bang om hiam?

**NINIHNI February 26
PASIAN' HEPIHNA A KEEM-ZEEKTUTE**

Eph. 2:8 ah Pasian hong piak bangdang omlai hiam?

Hehpihna in “akilawmlopi maipha piakna” hi. Ngah ding kilawmlopi na ngah letsong hi. Pasian in a hehpihna leitungah hong bua-sukaa, i nial kei nakleh tua Ama' hehpihna in i nuntakna tu leh a tawntung aading hong khel ding hi. Vantung hauhna leh vangliatna khempeuh tua hehpihna letsong tawh kihualkhawm hi (2 Cor. 8:9). Vansawltakte nangawn in hih a lian letsong lamdangsa uh hi (1 Pet. 1:12).

Pasian' hong piak khempeuh lakah Jesu Christ sung a hong piak hehpihna sangin a lianzaw a omlohna

T-6

kitelcian mahmah hi. Hehpihna lo tawh lametna i nei thei kei ding hi. Mihingte amau le amau suakta zolo ding zahin a dahhuai mawhna huzaap lian lua hi. Pasian' thukham zuihna nangawn in nuntakna hong tunzo tuanlo hi. “Tua ahihmanin thukham in Pasian thuciamte a langpan hiam? Langpan peuhmah lo hi. Ahangin, nuntakna a pia thei thukham kipia hileh thukham hangin thumaanna hong tung khin takpi ding hi.” (Gal. 3:21, ZIV). Thukham khat peuh in hong hon zo ding hileh, Pasian thukham om hi. Ahizongin, Paul in thukham in nuntakna hong pia zolo ci hi. Hong ki honkhia ding hileh, hehpihna bek tawh hi thei hi.

1 Pet. 4:10 sim in. Hehpihna leh neihsakep-zeekna ki koici zop hiam? Pasian leh midangte piakna in hehpihna koici lah hiam?

Peter in hong genna ah, eite Pasian hehpihna sang ihih leh, “Pasian' hehpihna namtuamtuam a kem-zeekte” ihih kul hi (1 Pet. 4:10). Pasian in siamna tampi hong pia hi, tua hong kipiante sungpan i piakkik ding kisam hi. Hehpihna tawh hong kipia i ngahte, eimau nopsakna leh hamphatna ding bek hilo in, lungdamnathu tangzai nading ahi hi. Hong ki piakhong hiaa, (hehpihna in tua hiven), ei zong man-ngenloaa ihih theihbang piakkik ding kisam hi.

Pasian hong piak khempeuh ngaihsun in. Bang lampi te tawh a khong a hong kipia hehpihna a kem-zeektu na hi thei ding hiam?

**NITHUMNI February 27
I BIAKPIAKNA (SUMPI) HOIHPEN**

Luke 7:37-47 sim in. Hih tangthu in Pasian i piak nading lungsim tawsawn hoih diktak in banghi ci hiam?

Mary inndeitungah lut-in Jesu tutphah ah kingam mu hi. A manpha paaknamtui bung sukhamin Amah hong zut hi. Ngeina tawh kituakin nungta lo ahihmanin tua numei gamtatna pawlkhat in kilawm salo hi.

Ahizongin, dawiveina pan Mary kisuaktasak zo hi (*Luke 8:2*). Tua banah, Lazarus thawhkikna a muhna in zong lungdamna tawh kidimsak hi. Tua paaknamtui in a manphapen a neihgil hiaa, Jesu tungah lungdam a lah theihnaphen hipah hi.

Hih tangthu in i biakpiakna khempeuh hong tawsawn lungsim in lungdamna hang ahih ding hong hih hi. Tehpih omlo Pasion hehpihna letsong thuhkik theih nading bang lamdang neimawk i hiam? Ama' citna in hong pianuamsakaa, lungdamna tawh a kigawm ciangin i biakpiakna ahi hun, siamna, neihsa, leh pumpi in mannei hong suak hi.

Pai. 34:26, Siam. 22:19-24 leh Gam. 18:29 te sim in. Ahun leh mun kibanglo hiphial mahleh, hih thute ah i biakpiakna tawh kisai bang thupi zuih ding om hiam?

Eima piak biakpiakna hoihpen zong i mitmuh in kicing hetlo kha ding, ahizongin Pasion aading thupi hi. Pasion ahoihpen i piakna in i nuntakna ah Amah i masakpenna hipah hi. Maipha ngah nopman a pia hilo zaw in, Jesu Christ ah i ngah hehpihna hangaa lungdamna hangin a pia ihi zaw hi.

“Itna hangaa lungdamna tawh a phulkhia kipiakna leh citna in tawm taseleh, lungkimhuai biakna, a namtui biakna suakin, i piakkhiatnate leizawhloh man neisak hi. Ahi zongin Honpa i piak theihzah lungkim taka i piakte, ei aading manpha i sakte, Pasion tungah i lungdamna zah tawh i ngaihsut ciangin cihtaak loin, tawmsa kha ding hi

hang. Ahizongin, vansawltakte in a hoihlo banga imuh i biakpiaknate na tawito-in, tokhom mai- ah a namtui biakna in na piaksakaa, hong kisansak hi.” – **Ellen G. White, *Testimonies for the Church, vol. 3, p. 397.***

NILINI LUNGTANG II TUPNA

February 28

Sinna masa lai-in, meigongnu' sumpiak i sinkha hi. Sumpi dangte tawh tehkaak ciangin a tawm mahmah hangin a lungsim leh upna takpi lak ahihmanin tam mahmahaa, Jesu in, “hih a zawng numei nu in midang khempeuh sangin tam khiazaw hi” (*Luke 21:3, ZIV*) cih dong hong suak hi.

Pasion bekin (*James 4:12*) eite tupna taktak thei hi (*Pau. 16:2; 1 Cor. 4:5*). Tupna diklo tawh nasep diktak kitem thei hi. Tampi piak nading upna kism khol loa, ahizongin biakpiakvai takin midangte' hoih nading piakna ah i lungsim tawng kilang hi.

2 Cor. 8:8-15 sim in. Hih laiah Paul in piakna leh piaknopna lungsim tawh kisai bang a gen om hiam? Hih thu ah neihsakep-zeek tawh kisai bang lak theih ding thuhoih om hiam?

Bangcibang lungsim tawh na pia phial zongin, angung ngaihsutna pan midang khualna kikal kizopna sung hi hamtang hi. Tua kizopna sungah angungkhualna leh piakna kidona in khalam kidona dangte sangin piang mun denzaw hi. Pasion aading a lawp ngei lungsim angungkhualna in mitsak hi. Christian nuntakna ah angungkhualna i lutsak ciangin buaina hong om hi. Eimau angung ngaihsutnate kidiksak tawm nadingin Christ min suang liangin lampi kizong hi.

Kammal khat tawh a khum hileng, itna mah hi. Pumpi nialna omlo leh midangte' hoih nading kipumpiakna a omloh in itna kilang theilo hi.

Pasian itna i nuntakna ah a kilat kei ngalleh, i piakkhiatnate in Pasian' itna langsak lo ding hi. Angsungkhual lungtang in amah bek ki-it hi. Pasian kiangah, “[ka] lungsim vun uh hong at in” (*Thkna. 10:16, ZIV*) ci-in nget kulaa, tua hileh ei hong ki-it bangin en zong it ding i kisin thei ta ding hi.

Piakkhiatna leh huhna dik khempeuh i bulpi in itna hi. A hong tung Pasian itna in Amah itkik ding hong vei sakaa, tua in piakkhiatna bulpi hong suak hi.

Itna sangin piakkul ahihna tawh i piakna banghang diklo hiam?

NINGANI

March 1

PIAKKHIATNA II TUAHKHAKTHUTE

Christ in Pasian zia-le-tong lak ding hong pai ahih leh, Pasian hong itna leh eite aading a hoihpen hong deihsakna thu siangtak telhuai ta hi. Ama' hong sawlte eite phattuam nading bek hiaa, i siat nading om ngeilo hi. Tua lakah, eite hong kipiata ah phalna leh lungkimtakin a piate ihih ding hongsapna kihel hi. Lungkim leh cinghtak in i piakte angahte mahbangin a piakhia eimau hamphatna ding mah ahi hi. Hih bang a piakhiate bekin ngahna sangin piakna ah thupha a om zawkna tel ding uh hi.

2 Cor. 9:6, 7 sim in. Hih mun ah piakkhiatna in koibangdan ding cih a thupi bang hong gen hiam?

Cinghtaka piakkhiatna in mimal leh kha vai nasep ahih kul hi. Upna nasep hi-in, Christ sungah i ngahte hanga lungdam lahna hi.

Upna nasep dangte mahbangin, piakkhiatna in upna khangsak hi, “gamtatna omlo upna a si hi” (*James 2:26*) ci hi. Upna nuntakpih ding sangin upna khansak nading ahoih zaw lampi omlo hi. Suaktatak leh cinghtakin i piak ciangin Christ zia-le-tong a lenghkhia ihi hi. Eimau' sepna tawh Pasian koibangdan hiam cih a sin toto ihi hi. Hih bang piakna bekin Pasian muanna lamto in, Topa' hoihna muhna hi. “Topa hoih hi, ciam unla mu dih un, amah beel mi thupha ngah ahi hi” (*Late 34:8, ZIV*).

“Jesu' maitang a taang vangliatna in kipumpiak itna vangliatna ahihna kimu ding hi. Calvary a khuavak sungah pumpi-nialna itna thukham kimu dingaa, tuain leitung leh vantung aading itna thukham hi ding hi; tua itna in “ama' aituam ding zonglo” in Pasian lungtang ah zungkha hi; kuamah in aneh theihloh khuavak sungah a dik leh kiniamkhiat Ama' zia-le-tong kilangh ding hi.” – **Ellen G. White, *Khangcin Lungdeih*, p. 20.**

Nang hong kipia lak panin suaktatak leh cinghtak in na piakna hangin na upna a khan takpizia koicibangin naki thei hiam?

KIGINNI

March 2

NGAIHSUT BEH DING: Suahtakna lungsim in Vantung' lungsim hi. Angsungkhualna lungsim in Satan' lungsim hi. Christ kipumpiak itna in singlamteh tungah kilangzo hi. A neih khempeuh piain, mihing in hotna a ngah theih nadingin Amahmah zong hong kipia hi. Thupha Tanpa in nungzui khempeuh tungah Christ singlamteh in cit ding hong kun hi. Singlamteh ah kilak thugui-in pia ding cih bek hi. Citna leh nasep hoih in Christian nuntakna ii gah diktak ahi hi. Leitung thugui in ngah ding, ngah ding bek

hial, lungnopna ngah ding bek sawm uh hi. Ahizongin a gah in lungkhamna leh sihna ahi hi.” - **Ellen G. White, *Advent Review and Sabbath Herald, Oct. 17, 1882.***

KIKUPDING DOTNATE:

1. Christ lungsim tawh a kilehbulh hih angung-khualna in bang hiam? Mimawh khat ii puak hih pianngai lungsim pan bangte in hong kemcing thei ding hiam?
2. “Mi khempeuh in piak dinga a lungsimaa a khensatsa bangin pia uh hen; lungsitpipi ahikeh piakloh phamawh cihna in pia kei uh hen, ahangin, Pasion in lungtaitak a plate a it hi” (2 Cor. 9:7, ZIV). Hih thu in i piak ciangin i lungsim puakzia ding bang hong gen hiam?
3. Christ sungah hong kipia khempeuh gualsuk in. Hih na gelh thute in hong kipiata hangin banghang piakhuai cih hong hilh hiam? Na piakkikte na ngah te tawh na tehkaak ciang genthamlo a hihzia na gelh te in hong hilh hiam?
4. Banghangin angungkhualna in mangbatna hong tun thei hiam?
5. Na pawlpi sungah panpih kisam mi khat ngaihsun in. Tua mi, mite aading tu laitak lianin bang panpihna na pia thei ding hiam? Nang lampan kipiakna a kisap phial leh zong bang na hihsak thei ding hiam?

SINNA 10

March 3 - 9

NEIHPAKEP-ZEEKNA II PANLAAK

NIPI (SABBATH) NITAAK

March 3

Tukal sinna ah simding: Col. 1:16-18; Heb. 4:14-16; 3 John 3; Pian. 6:13-18; Mang. 14:6-12; 1 Pet. 1:15, 16.

Lai Siangtho Bulphuh: Ahangin, Pasion in a nin a nungta dingin hong sam loa, a siangtho a nungta dingin hong samzaw hi. (1 Thess.4:7, ZIV)

Neihsakep-zeekna in thuk-in zai lua mahmah ahih manin, a zaina zia in i lung hong mangsak thei hi. Neihsakep-zeekna in ol (bah) napi telhak theizel ahih manin kitelkhial thei pahpah hi. Bangbang hitaleh, Christian a hial, pawlpi ahizongin neihsakep-zeekna loin hi theilo hi. Christian khat hihna in adik neihsakem-zeektu khat hihna hipah hi.

“Hih in ngaihsutna leh theihna hi loin sepkhiatna hi. Hih in a tak aa Christian nunzia thukhun hi. Hih in nuntakzia akilawm khat ciang tel ding leh a dik khalam kalsuanna ah pelmawh a kisam khat ahi hi. Tuain lungsim theihna bek hilo nuntakna bup tawh utna leh khensat gamtatna ahi hi.” -Leroy E. Froom, *Stewardship in Its Larger Aspects (Mountain View: Calif., Pacific Press Publishing Association, 1929)*, p. 5.

Chritian neihsakem-zeektu khat hihding bang thupi upsannate kisam hiam? Tu kaal sung Christian nuntakna

* *Tukal sinna na sinna tawh March 10Nipi aading kigingchol in.*

ah neihsakep-zeekna in panlaak a cingzaw in i sin ding hi. Tehkaakna tuamtuamte tawh i sinto ding hi.

NIKHATNI A LAIGIL AHI CHRIST

March 4

Lai Siangtho bup ii laigil in Jesu hi (*John 5:39*) aa, eimau mah Amah tawh kizopna i neih kul hi. Amah in mawhna gawtdaan hong piaksak zo in “mi tampi tatna” pia khin zo hi (*Mark 10:45*). Jesu in vantung leh leitung a thuneihna khempeuh nei (*Matt. 28:18*) a, na khempeuh Ama’ khutsung ah om hi (*John 13:3*). Mindangte khempeuh sangin Ama’ min sangzawaa, ni khat ni ciangin Amah ah khuk khempeuh khukdin ding uh hi (*Phil. 2:9-11*). “Na khempeuh ii a nungta laigil in Jesu hi” – **Ellen G. White, *Evangelism*, p. 186.**

Eimau neihsakep-zeekna bulpi in Jesu hiaa, i thahatna naak ahi hi. Ama’ hangin, nuntak taakcing nunna i langkhiasaka, i nuntakna laigil in Amah hi cih i lakkhia hi. Haksatna tampi Paul in thuakkha mai ding hi, ahi zongin, koikoi ah om taleh, a tungah bangbang piang taleh, hinna ding masuat khat bek neia, “Kei aadingin nuntak, Christ hiaa, sih lah metna ahi hi. (*Phil. 1:21, ZIV*).

Col. 1:16-18, Rom. 8:21, leh 2 Cor. 5:17 sim in. Eite hihna khempeuh ah koi bangin Jesu a laigil ahihna thu hong gen hiam?

Christ ii nunna laigil ahih keileh neihsakep-zeekna dik om theilo hi (*Gal. 2:20*). Amah in eite “lametna thupha” (*Titu 2:13*) laigil hi. “Na khempeuh a kibawl ma-in Amah omaa, Ama’ sungah na khempeuh om hi” (*Col. 1:17, ZIV*). Lengzawlpi in lengpei ii laizang hi-in, lengbuppi a puak mah bangin Christ in neihsakem-zeektu khat ii nuntakna

laigil ahi hi. A kip lengzawlpi in lengpei diktak a kipeina ding a kipsak banin, Jesu zong Christian nuntakna hong kipkhosak nun laigil ahi hi (*Heb. 13:8*). I ngaihsut leh i sep khempeuh Ama’ huzaap ahih kul hi. Neihsakep-zeekna in Jesu tungah kinga in phualsa ding hi.

“Kei loin bangmah na hih theikei uh hi” (*John 15:5, ZIV*). Neihsakep-zeekna laigil in a hawmpi hi loin tu leh a tawntung dong i gamtatzia hong puahzuun a nungta taktak Christ ahi hi.

Jesu in i nuntak laigil hi ciao gen leh ahi bangkeeka a nungta ki om thei hi. A hong kamciam ahi, Amah na lutsak leh na sungah hong nungta ding a cih bangin na sungah Jesu nungta takpi cih naki bangci kitel theih ding hiam?

NINIHNI BIAKBUUK UPNA THUKHUN

March 5

Mite in biakbuuk leh neihsakep-zeekna a kizom in ngaihsun ngei khollo hi. Biakbuuk-thu in upna thukhun thupi khat ahihbangin neihsakep-zeekna zong upna thukhun thupi khat ahihna tawh kizopna om hi. “Van biak-buuk a (Christ ii) thoihdam nasepna diktak telna in i upmuanna ii tawphah ahi hi.” – **Ellen G. White, *Evangelism*, p. 221.** Pasion deih bangin neihsakep-zeekna i panlaak i tel ding kizam pha mahmah hi.

1 Kum. 7:33 ah sakol lengpei thu gen hi. Biakbuuk upna thukhun thu lengpei tawh i tellah ding hi. Lengpei a a kipei ciangin kiptak akipei theih nading lengzawlpi in len hi. Sihna a thuakna leh a thawhkikna in (*2 Tim. 1:10*) biakbuuk ah Christ a nasep ii tawphah bulpi hi (*Heb. 6:19-20*) hiaa, i upna hong kipkho sak hi. Tua biakbuuk panin eite tang-in thoihdamna hong bawlsak hi (*Heb. 8:1-2*).

“Lai Siangtho bekmah cih thugui lenkawm in Adventistte in a upna thukhunte biakbuuk upna thukhun tungah lamto uh hi.” – Fernando Canale, *Secular Adventism? Exploring the Link Between Lifestyle and Salvation* (Lima: Peru, Peruvian Union University, 2013), pp. 104, 105.

1 John 2:1; Heb. 4:14-16, leh Mang. 14:7 sim in. Hih munte in biakbuuk a Jesu nasepna bang hong gen hiam?

Biakbuuk upna thukhun in Christian theology ii laigil ahi tatkhiatna leh gupkhiatna thutak hong lak hi. Biakbuuk ah Jesu sihna thu bek hilo, vantung biakbuuk ah thoihdamna sep zong kimu hi. Siangtho Pen Mun ah Pasion thukham a thupi-na leh atawpna thukhenna omtakpi ahihna zong i mu thei hi. A bulpipen ah, a luangkhaia Jesu sisan hangin gupkhiatna ngah theihna kamciam ahi hi.

Biakbuuk upna-thukhun ah i muh bangin neihsakep-zeekna ii panlaak in tatkhiatna thutak lak hi. Jesu hong sepsaksa leh sepsak laitakte i thuk tel sem ciangin Christ, a nasepna, a thuhilhna tawh i kinaizaw aa, neihsakepzeekna thugil nuntakpih ding hong deihna i telzaw sem hi.

Heb. 4:14-16 sim in. Mawhna leh angkunghualna tawh i buai hun ciang, bang lametna leh thahatna lak ding kamciam om hiam?

NITHUMNI

CHRIST-BULPHUH UPNA THUKHUN

March 6

Singlamteh ii nasep leh tatkhiatna thutak vanglian tak a kilahtelna ahihmanin biakbuuk thu thupi mahmah hi.

I upna thukhun khempeuh, lam khat teitei in, lung-damna leh tatkhiatna kamciam tawh a kizom hamtang hi. Lengpei kannate sikte bangin upna thukhun dangte zong Jesu sunga upna tawh tatkhiatna thutak panin hong kipan hi.

“Mawhsawp nadingin Christ kipiakna thutak lian in thutak dang khempeuh kituahbomna ahi hi . . . A lamdang Tanpa kipiakna a sinte in hehpihna leh thutheihna ah khang ding uh hi.” - **Ellen G. White Comments, The SDA Bible Commentary, Vol. 5, p. 1137.**

John 14:6 sungah Jesu in Amahmah “thutak” a kicihna bang khiatna nei hiam? John 17:7 tawh etkaak in. Tua thutak tawh bang hih ding i hiam? 3 John 3.

I upna thukhunte in i hihna leh i paina masuan huzaap hi. Upna thukhunte in Pasion-thu ngaihdan bek hilo hi. A dik upna thukhun in Christ sungah bulkip nga aa, i nuntakzia hong huzaap hi. A taktakin, ei Seventh-day Adventist i hihna ngiat in na dang sangin i upna thukhun hilhnate ah kilang deuh hi. Hih Lai Siangtho bulphuh thuhilhnate in Seventh-day Adventistte hong hisak phadeuh hi.

Neihsakep-zeekna panlaak in Jesu sungah i nuntak bangmah thutak upna thukhun bang nuntakna hi aa, tua in i nunzia ahoih lam in huzaap ding hi. “Jesu sunga om thutak tawh kizui-in ama sungah hong kihilh zo ahih ciangin note in amah thu na zaksa uh hi takpi hi. Tuma lai aa na nuntakna uh tawh kisai-in khemhat lunggulhna in a siatsaksa na milui uh suakhia ding, na lungsim puakzia uh kibawl thak ding, amaan thumaanna

le sianthona taktak sungah Pasion tawh kibang dinga kipiangsak mithak na silh ding uh note hong kihilh hi.” (*Eph. 4:21-24, ZIV*).

Hihlai mun ah thutak theihna bek hi loin nuntakpihna in bangdan hiam cih i mu hi. Neihsakem-zeektu hihna in upna thukhun um bek loin tua thutakte i nuntakna leh midang tawh kizopna ah nuntaksakna ahi hi.

NILINI

March 7

VANSAWLTAK THUMTE’ THUPUAK

Siatna lianpi tun ding tawh kisai Pasion in leitung nihvei bek vauhilh hi: Noah tungah khatvei (*Pian. 6:13-18, Matt. 24:37*) leh vansawltak thumte thupuak tungtawn khatvei (*Mang. 14:6-12*). Hih thupuakte in leitung ah hong piang ding thute hong lak hi. Hih thupuakte i telzia khangsemsem aa, ahizongin a thupuak leh nasep in Christ sungah upna tawh diktansakna mah ahi hi, “adiakin vansawltak thumna’ thupuak.” – Ellen G. White, *Evangelism*, p. 190. Kammal dangin gen leng, leitung ah i tangko ding a hong kisawl thupuak, tulai thutak thupuak ii laigil in, Jesu leh eite aading a lian hong kipumpiakna thu ahi hi.

Mang. 14:6-12 sim in. Hih thupuakte ii laigil bang hiam? Leitung aading bang gen hiam? Hih thupuak tawh kisai bang vaipuak eite in nei a, neihsakep-zeekna tawh bangci kisai hiam?

Seventh-day Adventist i hihna tawh, thutak ahi vansawltak thumte thupuak tangkona tawh Christ nihvei hong pai ding kiginkholsak ding eimau nasep ahi hi. Tawntung thu tawh kisai khensatna mite in a bawltheih uh kul hi. Neihsakep-zeekna panlak in Pasion tawh hih nasep ah khut kilen a sepkhop ding ahi hi (*2 Cor. 5:20, 6:1-4*).

“Leitung aading galvil leh khuavak puakte ahi dingin a tuam vilvel in Seventh-day Adventistte hong kikoih hi. Amau’ tungah a si ding leitung aading a nunung pen vauhilhna ki-ap hi. Ahoih Pasion’ kammal vangtang amau tung om hi. Amaute zahtakkaai a lianpen nasep ahi vansawltak thumte’ thupuak kipia hi. Tua zahin a thupi nasep dang omlo hi.” – **Ellen G. White, *Testinomies for the Church*, vol. 9, p. 19.**

Vansawltak thumte’ thupuak nasep in lei tawh a kimat kha lengpei mongte limla hi. Amau nasep in thupuna ah lampial loh nading leh ni-nunung thupiangte ah vaipuak neihna tellah ding ahi hi. Eite hih thupuak a kem-zeektute ihi aa, leitung ah a tangko dingte ihi hi.

Ni-nunung thupiangte i ngaihsut ciangin lim leh nite i thupisak den hi. Tuat thupi mah hi, ahizongin, i thupuaknate ah Jesu leh hong kipiakna thu masakpen leh laigilpen i hihsak ding kisam hi.

NINGANI

March 8

NEIHSAKEP-ZEEKNA

A siangtho a nuntak ding Christ in hong deih hi. Neihsakem-zeektu nuntakzia ding a “siangthona” Ama’ nuntakna in hong lak hi (*Heb. 9:14*). I nuntakna leh ei hong ki-apte Pasion’ lungdam nadingin i zuunkep kul hi. Neihsakep-zeekna in tua sianthona lahna ahi hi.

1 Pet. 1:15, 16 leh Heb. 12:14 etkaak in. “Siangtho ding” leh “siangthona” in bang khatna nei hiam? Neihsakep-zeekna tawh ki bangci memmat hiam?

Lengpei mongah siktuanma tosakzaw ahihna Zawmah (Roman) te in mukhia uh hi. Lengpei kiim kibelh

sik in neihsakep-zeekna limla hi. I nisim nuntakna leh khalam nuntakna a kinawkna thutak hong lak hi. Tua in nuntakna ah i phutkhak suk leh to, gualzawhna leh guallehnate ah i upmuanna hong lak hi. Neihsakep-zeekna in i sepna leh i hihna a kilangsak a pualam siktuum ahi hi. Diktak ki-zuun gamtat leh nuntak i teci ahi hi. Christ a langsak i nisim gamtatna in lengpei mong atuam lampi tawh kitaat den sik tawh kibang hi.

Gamatna vanglian ahimanin Christ tungah i ki-apna tawh kepcing kul hi. “Kei thahatna hong pia Christ tungtawnin na khempeuh kahih thei hi” (*Phil. 4:13*) cih lungmuanna leh kamciam tawh i nungta ding hi.

“Kha Siangtho nasepna tawh kha siangthosakna in mihingte sungah Christ pianngai tuhna hi. Lungdamna thu biakna in gamtatna ah Christ nuntakpihna hi. Hih in gamtatna leh nasep hoih a pokhiasak Christ hehpihna ahi hi. Lungdamnathu in sepkhiat nuntakna tawh kikhen theilo hi. Christian nunzia leh nasep khatsim in Christ nuntakna limla ding ahi hi.” – **Ellen G. White, *Christ's Object Lessons*, p. 384.**

Na nisim nuntak, pianzia ki-en in. Na sungah Christ a omna, na a sepna, mithak in hong bawlina a kilang hiam? Ama' siangthona na sungah a kilat theih nading bang teelnate na bawl ding kiasm hiam?

KIGIN NI

March 9

NGAIHSUT BEH DING: Lampi tawh a kitaatna hangin sakol lengpei kiim a sikbulhte lepthak a kul hun om hi. Tua lemthak dingin tua sik mahmah nakpitak sekna leh khetna kiasm hi. Tua sik lepthakna in neihsakep-zeekna limla siangthosakna nuntak ahi hi. Nuntakna ahaksa leh a nathei thulian ahi a thuneu hitaleh i tuah ciangin Christ

lungsim tawh thuhkikna ahi hi. Hih siangthosakna ah i sum, innkuan kizopna, ahi-keileh neekzon nasepte ah Christ deihbang a sep ding ahi hi. I theihsa bangmahin, khat veivei a haksa lam tawh hih thute i sinkha zel hi.

Sik lepthak ding baihlo hi. Mihingte gamtat lepthak ding zong baih tuanlo hi. Peter nuntakna ngaihsun in. Mun khempeuh ah Jesu tawh kithuah hi mahleh, Jesu kampan in hih kammal, “na upna a lawhsap loh nading thu ka ngen zo hi. Na kiheikik ciangin na sanggamte na thahatsak in” (*Luke 22:23, ZIV*) a za ding Peter ki lamen lo ding hi. Jesu a nial zawh a sawtlo in Peter nunna hong kikhel hi, ahizongin a haksa mahmah thuakna leh nasaknate khitciang hipan hi. Thu khatah, ama' neihsakep-zeekna ki lemthak hi. Khauhtak seekna khit ciangbekin Peter piangthak aa, masuan thak ah a nuntakna kihei hi.

KIKUPDING DOTNATE:

1. “Amah le amah kinial in, nisim in ama' singlamteh kisuan ding” (*Luke 9:23*) Jesu hilhna in siangthosakna nuntakna tawh bang kisai hiam? Bang kikilh khin hiam? *Gal. 6:14*. Hih in siangthosakna hong koici laktel hiam? Koi bangin Pasion bang thei ding i hiam? *1 Cor. 2:16*.
2. Christian nuntakna leh Topa na zuihna ah ahaksa thute in thu hong hilhna na tuak thu bang om hiam? Midangte thuakna pan in mimal sim in bang hilhlak la thei ding i hiam?
3. Midangte upna tawh a kibanglote ngaihsun in – gentehna – Sabbath, misite omzia, Piansakna, Nihvei Kumkikna, a dangdangte. Tua upna thugilte in i nuntakna a huampi in hong bangci huzaap ding kilawm hiam?

SINNA 11**March 10-16****LEIBA - NISIM KHENSATNA****NIPI (SABBATH) NITAAK****March 10**

Tukal sinna ah simding: *Late 37:21; Matt. 4:3-10; Matt. 6:33; Thkna. 28:12; Pau. 13:11; Pau. 21:5; 2 Cor. 4:18.*

Lai Siangtho Bulphuh: Mi khempeuh tungah na bat bangun na pia un. Siahpiak dingte siah na pia un; mangmu piak dingte mangmu na pia un; zahtak dingte na zahtak un; pahtawi dingte na pahtawi un. Khat le khat ki-it den ding leiba pen longal kuamah na kibasak kei un, ahangin, ama' mipih a it mi in thukham tangtun ahi hi. (Rom. 13:7-8, ZIV)

Kamphatna tawh, khat vevei sum hong leitawisak ding mi mu thei ding hi teh. Tua mi in lungsim hoihtak tawh hong huh nuam hithei kha ding hi. Ahizongin a tamzaw, mite in lungsim hoih hang tawh sum leitawi kipia khollo hi. A tamzaw a ngah nop manun leitawi hong pia hi theizaw hi.

I hih theihzah in leiba neih pelhhuai hi. Himah leh, khat vevei, inn lei, motor lei, biakinn lam, pilna sin cih bang hunte ah sum i leitawi kul thei hi. Ahizongin, i pilvang mahmah sa-in hih ding leh a manlang theipen a leiba lohkek ding kisam hi.

I kidop mahmah kul hi. I neihloh sum zatna in "Pasian mite a ding deihgawhna leh leitung nate itluatna

* *Tukal sinna na simna tawh March 17 Nipi aading kigingkhoh in.*

in gamtatna hong uk thei nunzia a lutna kongpi suak thei hi. Tua bang nunzia in a uk laiteng, tatkhiatna leh hehpihna nungkim hi." - **Ellen G White, *Early Writings*, p. 267.**

I siamna leh hihtheihna te hoihzaw sak semsem leng kikkhalna siam semsem in leiba tawh kipelh thei ding hi hang. Tu kaal sung leiba tawh kisai Lai Siangtho hong gen te i sin ding hi.

NIKHATNI**March 11****LEITAWINA LEH ZATNA**

Elisha leh kamsangte Jordan gungei ah singtom in a om laitak "tui sungah heitang a kiat ciangin" kamsangte khat in, "O ka topa, a kikawm hi ven" ci-in awng hi (*2 Kum. 6:5, ZIV*). "Kawm/leitawi" cih kammal in midang khat neihsa phalna tawh zang cihna hi. Hih phalna ah vaipuak leh a sia piantheih ding lauhuai zong ompah hi. I zat khialh leh supna tamzaw cih simloh, sum leitawi zong hei kawm tawh kilamdang lo hi.

Zat ding bekin sum i leitawi hi. Lohkek zo in mailam ah buaina omlo ding geelna tawh sumvai suptheih lauhuai-na a la ihi hi. Himaleh, mailam thu ding i theikei hi (*Thuhilhna 8:7*), tua hiaa, sum leitawi pen lauhuai tawntung hi.

Hih a nuai a Lai Siangtho munte in leiba tawh kisai bang gen hiam?

Late 37:21 _____

Thuhilhna 5:5 _____

Thuhilhna 28:44, 45 _____

Pilvang tak zat ding geelna tawh sum leitawi kha mah ni, ahizongin, i khut sung a sum, i leitawi ahi phial

zongin i kidop mahmah kul hi. I neihloh sum zatna in “Pasian mite aading deihgawhna leh leitung nate itluatna zongin, i khut sung aa sum, i leitawi ahi phial zong, zat ding ze-etna in a lauhuai buaina ah hong tun thei hi. Leitawi sum zatna tawh i leizawh loh ding vante kinei zo takpi hi. Leitawi in zang ding cih ze-etna in a zanghtu mihau leh mizawngte ngeina khat himawk hi. Ze-etna i tuah ciang, Pasian lamlahna nget ding kisam hi (1 Cor. 10:13), ahang in, leitawina in samsiatna hi thei hi (Thuhilhikikna 28:43-45).

Ahoihlo ngeina ahi sum leitawi ding pan kha kei in. Na leitawi khith khak leh, a manlang theipen in lohki in. Pilvangtak zat ding leh Pasian’ sum tote hi-in, leitung sum tungah tokaai i hihloh ding i kisin kul hi.

Genkik leng, sum i leitawi kul hun omtham mah hi. Ahizongin kidawmtak in sep kul aa, a manlang aa lohki theih ding ngimna tawh hih kul hi.

Leiba a haulua mikhat aading khalam lauhuaina bangte om thei hiam?

NINIHNI **March 12**
NEIHSAKEP-ZEEKNA LEH GONGHPHA PAKNA

“Tua ciangin Jacob in Esau anlum pawlkhat leh be meh pawlkhat a pia hi. Amah in ne in dawn a, tua khith ciangin dingin a paisan hi. Tua ci-in Esau in a innluah za a thusim kei hi” (Pian. 25:34, ZIV). Esau pen a lunggulhna a zui thukhin khatlo khat hi. A sanggampa mehgin a diik ciangin, puuksi pah ding hi samlo napi tua be meh thakhat in nenuam pah hi. A lungsim thuakna leh deihna a kiuksak manin, tua hun aa a deihna in a ngaihsut khensatna zo in a gongphat pakna leh innluah za kheng hi. A innluah za a deihkik ciangin, “khitui luangin zongkik” aa (Heb. 12:17, ZIV) ngah nawnlo hi.

Alang ah, Jesu etteh ding i nei hi. Ni 40 antang puuksi dek khith ah, Satan in Jesu thumvei ze-et hi (Matt. 4:3-10). Ahizongin Jesu in tua ze-etnate banghi cih tel aa, a thaneem pen hun nangawn in gonghphat pakna kizosak lo hi. Jesu in a nunsung tawntung mawhna nopsakna leh gonghphatna nial den in, tua bang mah in eite zong mawhna tungah gualzo thei cih hong lak hi. A innluahza sumhlo zuaklo bek loin, tua gamhluahna ah eite zong amah tawh lungdam khawm dingin hong sam hi (Rom. 8;17, Titu 3:7).

Leitung in hong piak theih ahoihpen in hihlai leh tu a nuntakna hi aa, nuntak khith aading hong pia theilo hi. Nang aading bek nuntakna in Pasian aading nuntakna tawh ki kelki hi.

A muanhuai citak mite aading nangawn gongphat pakna ii a lauhuai zia hih Lai Siangtho munte in bang hong gen hiam?

2 Sam. 11:2-4; Pian. 3:6, Phil. 3:19, 1 John 2:16, Rom. 8:8.

Gonghphat pakna lunggulhna in a kikemcinglo lungsim kilatna khat hi aa, lungduaina ii gal hi. Gonghphatna ding ngakzawhna in sintheih thugil khat hi aa, sum leitawina dan leitung zol ze-etna do theihna siamna khat hi. Gonghphat pakna thuak khin phot leng, a baihlam a ngahpak hamphatna ki lunggulh kikkik thei hi. Pasian letsong kem-zeektute in hih thangzaak ah awk hetloh ding ahi hi.

NITHUMNI **March 13**
NEIHZAH TAWH KITUAKIN NUNGTA

“Mipilte inn sungah an lim le sathau kikhoh a, mi haipa in ahileh a neih zahzah valhtum pahpah hi” (Pau. 21:20, ZIV). Hih kammal in, cilzeek neihsakep-zeekna

vaipuak leh nopzat, thaangtatzia hong lak-kaak hi. Mihai te in amau neihzah tawh nuntak ding geelna neilo uh hi. A leitawi sumte nangawn thaangzat uh hi. I kisap mahmah na ah sum i leitawi phial zongin i zawh zah ding ciang kidawm in ngaihsuthuai hi.

Mihaute ahauhna zah uh tawh nungta thei uh hi. Amau' buaina in ahauhna uh bangci kep ding lunghimawh tawntung uh hi. Bangmah neilo nektawm zongte in hauh ding hilo nuntak khom ding lunghimawh hi. Bangzah neita seleng, Lai Siangtho in i neihzah tawh kituak nuntak ding hong hilh hi. Paul in nuntakzia ding hong genna ah, "Ahi hangin annek ding le puansilh ding i neih nakleh tua tawh i lungkim ding ahi hi." (1 Tim. 6:8, ZIV). Christ sungah nuntak kicing sa khinzo ahihmanin (Phil. 2:21), Paul in leitung hauhnate ama aading thupi ngaihsut lo hi.

Thudangte sangin i phawk masakzawk ding bang hiam? Matt. 6:33. Hih bang nuntak koi bangin nei thei ding i hiam?

I neihzah pen sumlut zah tawh tehlo in neihsa zuun-uk ding vaipuak i neihzah hizaw hi. Sumsehkhohlna (budget) bawlina in tuabang i hih theihna hoih khat hi. Budget geel theihna in diktak a sinhuai siamna khat hi. Diktak a kileek-kim sum-vai geel nadingin ki-ukzawhna leh kikhalna kisam hi (Pau. 14:15). Sumvai kep-zeekna ah gualzawh nading i kipiak leh, sumvai khialhna ah maizumna pel thei ding hi hang.

Sum zeekna ah buaina na neih leh, budget bawl in. Tampi geel zeizai kullo hi. Kha pawlkhat sung zat ding sumbei ding gawmna leh na khasim sumlut etkaakna bawl tampi phasak hi. A thupi-in, na neihzah zeek ding leh, ahieh theih laiteng leiba pelh ding ahi hi.

Luke 14:27-30 sim in. Innlampa in a lam nading beizah a tuat masakna, zo keileh bangpiang ding cihthu

tawh nungzuihna ii man (cost) Jesu in hong lak hi. Neih-sakep-zeek tawh kisai sin ding bang om hiam?

NILINI

March 14

LEIBA DEIHLOHNA

Thkna 28:12 sim in. Leiba tam neihluatna thu bang hong gen hiam? Zattheih ding bang thu om hiam?

A hih theihzah leiba neihloh ding hoih kisa ciat hi. Midangte leiba lohsak ding kiciamna zong Lai Siangtho in hong awi-lo hi (Pau. 17:18, 22:26). Leiba in i mailam hong nei khina, sumtha nemna hangin a sawlna bang zui-in hong mangsak hi. Mitphial zatui bang phialin Christiante in nolh ding leh saan ding haksa sa uh hi. Leiba in gamtat hoihlo sak samloa, ahizongin i kha nuntakna na hatsak hetlo hi.

"Sumzeekdan ciantak kihilh kul hi, tua hikeileh leiba lianpi piang thei hi. Neihzah bek zeek in. Phaaknatna na pelh ding bangin leiba neih ding pel in." – **Ellen G. White, Counsels on Stewardship, p. 272.**

Leiba in sumvai saltangte, "leitawi plate' sila" hong suaksak thei hi (Pau. 22:7). Tulai leitung sumvai paizia tawh kihualkhawm lua ahihmanin leiba neih ahi ding mah kisa kha hi. Gam khempeuh zong leiba vive tawh a om hi zela, banghang ei mimal in zong leiba neilo mawk ding? Hih in a khial lungsim puakzia hi.

"Pasian thupha tawh, buhcim leh moh bek na ne zongin na leiba teng loh khin in kuama tungah leiba na neihloh ding Pasian tawh thukimna pha bawl in. Pia-nengno (sumtang neuno) dong na kepsiam leh sum tampi hong pha ding hi. Hia lai, hua lai a kizang sumnen tengin sum tampi phasak hi. Leiba na neih sung beek na deihna kinial Leiba na neihsung beek na deihna kinial phot in... thanem, lungkia kei in. Na gong tang inla, na duhna nial in, sumnen

khol inla na leiba loh in. A manlang theipen in lohkhin in. Piak ding leiba neilo mi suakta khat in na om kik ciangin, gualzawhna lian khat a ngah na hi ding hi.” – **Ellen G. White, *Counsels on Stewardship*, p. 257.**

Leiba in Christiante kilamna ding taw-phah muanhuai hilo hi. I kha tha hong susia theia, Pasion nasepna i panpihna kiamsak hi. Midangte piak ding hong sut a, Pasion thupha ngah dingte hong guuksak hi.

Akisam lo leiba pelhna ding bang teelna bawl thei na hiam? Leiba neihloh nadingin nial ding kisam bang khawng a om diam?

NINGANI

March 15

SUMKHOLNA LEH SUM PUNSAKNA

Phalbi sung a nek ding uh an miksite in khol uh hi (*Pau. 6:6-8*). Ngimna kician tawh sumkholzia ah amauzia etteh ding ahi hi. I kholna a hangin, i ngah bang zangmang keileng, nuntak nading zatkisamaa i om ciang neihsa om ding cihna hi. Sum zeekna ah pilna, tuatkholhna, leh kikhalna kisam hi. Eimau aading bek i khol leh, Pasion neihsate a kem-zeek hilo in a guu suakzaw ding hi hang.

“A kisamlopi sumzatna in a zahnih supna hi. A sum bei bek hilo in, ngah theih nading zong a bei hilai hi. A tuamkoih khia kha hileng, leitung ah ahi aa, vantung ah kholna tawh ahizongin a meet a pung om ding hi... Sumkholna in sumtungah thuneihzawhna kikhalna khat hi. I deihna in hong kutsim sum ki zosak loin sum uk thei ding hi hang.” – Randy C. Alcorn, *Money, Possessions and Eternity* (Carol Stream: Illinois, Tyndale House Publishers, 2003), p. 328.

Paunak 13:11, Paunak 21:5 leh Paunak 13:18 sim in. Sum tawh kisai ahoihzaw in sep nading zatpah theih bang thute om hiam?

Neihsakem-zeektute in innkuan kisapna aading khol uh a, Pasion neihsa zeekna tawh vantungah a pung dingin khol uh hi. Sumvai ah a thupi in bangzah nei cih hilo aa, Lai Siangtho gen bangin bangci zeek cih hi. Innkuan kisapna a zat ding kholna ah pilvang ding kisam hi. Supna a tawmpen dingin, lauhuaaina khenzaak ding hi (*Thuhilhna 11:1,2*). Tua bang hihna ah kisappen masakna (*Paunak 24:27*) leh a siamte tungpan ngaihsutpiak lakna (*Paunak 15:22*) in a gualzo sepzia te hi. Kisapnate kidim in hauhna hong khan ciang, i phawk den dingin, “na hauh theihna uh hong pia Topa note Pasion ahih lam phawk un” (*Thkna. 8:18, ZIV*).

Pasion neihsakem-zeektu aading sumkholna muanhuai in “Vantung gam” ah kholna hi (*Matt. 13:44*). Lauhuaina, mankiamna, guta cihte omlo hi. Tua in a paatvang, abei theilo sumbawm bang hi (*Luke 12:33*). Christ i sanna tawh bank ahong ihi a, sehsuah leh sumpi piakna tawh sumthun ihi hi. Leitungah bill tuamtuam piak ding i hanciam bangin tawntung thutak zong i mitsuan ding kisam hi.

KIGINNI

March 16

NGAIHSUT BEH DING: Pianngei hihtheihna, siamnate i suaupih ahi a, kiim le paam pan muh le sin tawh ahizongin, siamna khempeuh Pasion kiang pan ahi hi. A thupipen in tua siamnate tawh bang sem cih ahi hi. Pasion in neihsakem-zeektute tua siamnate zatpahna leh sintohna tawh siam semsem ding hong lamen hi (*Thuhilhna 10:10*).

Bazalel in “Pasion kha in khutsiamna namkim, siamna, hihtheihna leh theihna tawh kidim hi” (*Pai. 35:31, ZIV*). Amah leh Holiab (*Pai. 35:34*) te in midangte hilh theihna ding siamna nei hi.

Neih leh lam a ki thupisehna leitungah neihsakem-zeektu hoih i hihna ding kisin theia, leiba neihloh zong kisin thei hi. Laisimna, thusinna, sanglai sinna, leh i sinthu te zatpahna tawh siamnate kipungsak thei hi. I siamna khansakna tawh a hoihpen Pasian pia thei ihihmanin, neihsakem-zeektu hoihzaw kisuak thei hi.

Talent gentehna ah nasem khat ciat tungah, “ahih theihzah ciat uh tawh kizui” kipia hi (*Matt. 25:15*). Nasem nihte in a zah nih apkik a, a thumna pa in leisung ah phum hi. I neih bang pungsak ding i hanciam ding hia, i siamnate phumcipna in kimanna omlo hi. Sumzeekna, leiba neihlohna, ki-uk kikhahnate in Pasian’ thupha siamnate hi. Na khat peuh i siammel theih nadingin sep kikkik kul hi. “Lai Siangtho hilhlakte ii nuntakna ah i zat ciangin, i gamtat-luheek ah huzaap lianpi nei hi. Hih thu Timothy in sin in nuntakpih hi. Siamna tuamdiak nei tuanlo napi, Pasian piak siamnate siammel sawm ahihmanin a nasep in mannei diak hi.” – **Ellen G. White, *The Acts of the Apostles*, p. 205.**

KIKUPDING DOTNATE:

1. Pumpi ki-ukna thupi a, a diakin kikeplahna in sum haksatna hong tun thei hi. Hih bang haksatna neite pawlpi in bangci i huh thei diam?
2. Rom. 13:7,8 sim in. Hih kammalte i nuntakna leh midang tawh kizopna ah koi bangin i zang thei ding hiam?
3. Jesu hong kum baih tading aih ciang leiba neih lungnimawhhuai kei a ci om thei hi. Tua bang a cite na bangci dawn ding hiam?

SINNA 12

March 17- 23

NEIHSAKEEM-ZEEKTU II ZONGSATNATE (HABITS)

NIPI (SABBATH) NITAAK

March 17

Tukal sinna ah simding: *Eph. 5:15-17; Col. 3:23; Luke 12:35-48; James 4:14; Sawl. 3:21; 1 Cor. 9:24-27.*

Lai Siangtho Bulpuh: Tangvalno khat in a gamtatna a siangtho in bangci kep thei ding hiam? Na thu banga nuntakna in a siangthosak thei ding hi. Ka lungsim neihzahin nang kong zong hi, na thupiakte panin kei hong pialsak kei in. Nang tungah ka mawh khak loh nadingin ka lungsim sungah na thu ka seel hi.
(Late 119:9-11, ZIV)

Na zongsatna in na nuntakna ahang leh zuatmun hong lak hi. Zongsatna hoih a nei neihsakeem-zeektute a citakpente hi. Daniel in nisim thunget zongsatna nei hi (*Dan. 6:10*). Kikhopna mun a om Paul ngeina hi (*Sawl. 17:1,2*). Paul in, “Mi khemsa in om kei un. Kikhohpih hoihlo in tatzia hoih siasak hi” (*1 Cor. 15:33, ZIV*). Zongsatna hoihlo te zongsatna hoih tawh a khek dingte hihang.

“I zongsatnate hong bawl bangin, tuhun leh tawntung in, mimal kim i hihna hipah hi. Vaipuak khempeuh ah cihtakna a nei a dik zongsatna neite in midangte aading khuavak bangin dingaa, taang pempam ding hi.” – **Ellen G. White, *Testimonies for the Church*, vol. 4, p. 452.**

* *Tukal sinna na sinna tawh March 24 Nipi aading kigingkhol in.*

Zongsatna bawl lampi in a manlangpen na zon lawhman ngah theihna hi. Zongsatna in khelpakloh ding khensatna hi. Thukhat in genleng, na ngaihsut zong kullo in hih kha hita mai hi. Na sep banghiam cih tungtawn in zongsatna hoih leh hoihlo om hi. Tukaal Pasion' nasepna ah neihsakeem-zeektu gamtatzia ding a thahat zongsatnate i sin ding hi.

NIKHATNI

March 18

ZONGSATNA: PASIAN ZONG MASA

I vekin zongsatna nei ciat hi hang. Bangdan zongsatnate hiam? Hoih maw sia? Christiante neih theih zongsatna hoih khempeuh lakah, nisim aa Pasion zon masakna in a thupipen ahi hi.

“Zingsang simin nang mahmah, na kha, na pumpi, leh na ngaihsutna Pasion tungah ap den in. Na Honpa tungah ki-apna leh muan semsem ding zongsatna phuangkha in.” – **Ellen G. White, *Mind, Character, and Personality*, vol. 1, p. 15.** Tua bang zongsatna tawh, eite in nuntakna hong tun “kong kawcik” (*Matt. 7:14*) ah lutthei ding hi hang.

Pasion in, “Ka mai ah pasian dang na nei kei ding uh hi” (*Pai. 20:3, ZIV*) ci hi. Jesu in, i kisap pipen in “Pasion kumpigam leh Ama' thumaanna zong masa un” (*Matt. 6:33, ZIV*) hong ci aa, eite hong kigena ah, “nong zong ding uhaa, na lungsim khempeuh uh tawh nong zon uh ciangin nong mu ding uh hi” (*Jer. 29:13, ZIV*).

Matt. 22:37,38; Sawl. 17:28; Eph. 5:15-17; leh Col. 3:23 sim in. Pasion koici masak ding cih hihmunte in hong bangci hilh hiam?

Topa zon masak ding etteh ding khempeuh lak ah, Jesu ettehna sangin a hoihzaw omlo hi. Jesu in na khempeuh ah a Pa masak den hi. Hih thu naupangno ahih lai-in Jerusalem ah Paisan Pawi a simna thu ah kimu thei hi. A nu in “biakinn sungah om mu in,” a taai ciangin, “Ka Pa inn ah om ding mah ka hiam theilo nahi uh hiam” ci in dawng hi (*Luke 2:46, 49, ZIV*).

A nuntak tawntung, Jesu in a Pa tawh kizopna lunggulh thu a zongsat thungetna ah kimu hi. Nungzuite in tua zongsatna telsiang zolo uh hi. Khuamial vangliatna khempeuh in a Pa kiangpan in Jesu khenkhia zolo hi, ahangin Jesu in a Pa tawh kizopna zongsatna in nei hi.

I lungsim khempeuh, hinna khempeuh, leh ngaihsutna khempeuh tawh Pasion it (*Matt. 22:37*) ding i khensatna tawh Jesu limlakna a zui thei ihi hi. Thungetna, Pasion kammal sinna, leh i sepna khempeuh ah Jesu tatzia ciinna tawh i nuntakna ah Pasion masak zongsatna i nei thei hi. Christian khat aading, tua sang zongsatna hoihzaw a om thei diam?

Nang le nang kidong in: Ka nuntakna ah Pasion a masa in ka koih takpi hiam? Koicibangin na kithei hiam?

NINIHNI

March 19

ZONGSATNA: JESU HONG KUMKIK DING NGAK

Luke 12:35-48 sim in. Hih genkaakna tangthu in Jesu nihvei hong pai nading tawh kisai bang hong hilh hiam? Banghangin i sepna khempeuh nihvei kumkikna tawh kizom in sep kul hiam?

Neihsakeem-zeekna in Jesu kumkikna tawh kisai gamtatna ahih kul hi. A citak bangin a om a citaklo neihsakeem-zeektute amau' gamtatna tawh kithei pah ding

hi. A citak neihsakeem-zeektu in a topa om bangmahin a vaipuak diktak sem ding hi. Nisim citak takin sepna tawh hong tung ding hun aading nungta hi. “Ahihhangin eite gammi ihihna vantung ahi hi. Eite in tua mun panin Honpa Khat – Topa Jesu Christ lawptakin i ngak hi” (*Phil. 3:20, ZIV*).

Abraham in tawntung khuapi lamen hi (*Heb. 11:10*), Paul in Christ kumkikna lamen hi (*Heb. 10:25*). Amaute Jesu mu ding lawpin, geelin, kigingsa-in a om mailam ngaihsunte ahi uh hi. Eite in zong hih lungdamthu ii tawpna lungdamna pen ciantak in gal-et dinga, zongsatna i khansuah kul hi (*Titu. 2:13*). Genkholnate en kiau, ensim kiau zel sangin, kizom paisuak in en, ngak, leh sem in Christ hong kumkik ding lawptakaa a ngakte ihih ding kisas hi. Tua mahbangin, hunbei kuan thupiang dingte tawh kisai genzaakna leh a maanlo thute pelh ding ahi hi. Nihvei kumkik nading kamciam in i nuntakna zuatmun hong lak in, tulai hunzia hong musak a, nuntakna ah a thupite hong phawksak hi.

Singlamteh in Tanpa tawh maitang kimuh ding lampi hong sialsak zo hi. Vansawltakte leh Pa vangliatna tawh Christ hong kumkik nading Lai Siangtho ah hilhna i mu hi. “Tua hia, a kimu theite mitsuan loin a kimu thei lote ka mitsuanzaw uh hi. Ahang in, a kimu theite tomkha kalsung bek oma, a kimu theilo pen a om tawntung ahi hi.” (*2 Cor. 4:18, ZIV*).

Sihna in hih i nuntakna tawmvei leh ciangtan nei a hihzia hong lak hi. Nihvei kumkikna in zong sihna in tawmvei sungbek ahihna hong musak hi. Christ kumkikna in neihsakeem-zeektu khat nuntakna hong huzap kul hi. Christ kumkikna lametna i zongsatna hi sak ni. I min mahmah ah tua lametna kilang hi.

NITHUMNI
ZONGSATNA: HUN ZANGSIAM

March 20

“ ‘Ahangin, eite zandiaka suak hi hanga bangmah i thei kei hi; tuateh i leitung hun lah nilim bang bek ahi hi.’ “(*Job 8:9, ZIV*).

Nai i khawlsak theiaa, ahizongin hun i khawlsak theikei hi. Hun in hong ngaklo hi. Bangmah semlo in i om zong hun pai veve hi.

Hih a nuaiate in hih leitung nuntakna hun tawh kisai bang hong hilh hiam? *James 4:14; Late 90:10, 12; Late 39:4, 5; Thuhilhna 3:6-8. I hun neihte bangzah thupi ci hih munte in hong hilh hiam?*

A kithaksuaksak theilo ciangtan nei hun, bangzah takin Christiante in diktak kep-zeek ding thupi hiam. Tua hiaa, hih nuntakna leh nuntakkik nading, a thupipen mitsuanna tawh hunzeeksiam zongsatna i khansuah kul hi. Pasion kammal in thupi a cihte tungtawn in hun diktak zeek kul hi; ahangin, hun a bei ciangin kithaksuakkik sak theilo hi. Hun tawmcik i sup in tua hun a sum paisuak ihi hi. A beisa hun lakkik ding sangin aktui kitam a hawngsung ah koihkik baihzaw lai hi. Pasion hong piak zattheihte sungah hun in amanpha pen lakah khat ahi hi. Tua hiaa, hong kipia hun tomno zatsiam ding zongsatna bangzah in thupi mawk hiam.

“I hunte Pasion’ aa hi. Hunsim Ama’ aa hiaa, Ama’ minthanna aa zat ding vaipuak lian i nei hi. Hong piak hun zah in ahi sitset in hong ngetkik ding talent dang khat beek omlo hi.

“Hun ii manphatna in tuatzawhloh ahi hi. Christ in hun sim a manpha in ngaihsunaa, eite in zong tua bangaa i ngaihsut ding ahi hi. Thaangzat dingin nuntak hun tom lua hi. Tawntung aading kiginkholh nadingin ni tawmno

bek i nei hi. Mawkzat ding, pumpi nopsak nading, leh mawhna bawl nadingin hun i nei kei hi.” –**Ellen G. White, *Christ’s Object Lessons*, p. 342.**

“Tua hia, na nuntakzia uh a pil lote bang hi loin a pilte bangin limtakin kidawm unla, nite hoihlo ahihmanin hun hoih na neih peuhpeuh uh a hoih penin na zang un “ (Eph. 5:15,16, ZIV). Hih laiah Paul in eite bang hong gen hiam, tuhunin hih kammalte koi bangin zang thei ding i hiam?”

NILINI

March 21

ZONGSATNA: LUNGSIM, PUMPI LEH KHA CIDAMSAK

Lungsim ngaihsutna, taksa pumpi, leh khalam ah genbaang loin hong kipiangsak hi. Mawhna in siasak mangkhin hi. Lungdamnathu in, a dangdang lakah, Pasion in hong piansakcil laiaa bangin hong bawlkik laitak cih thu ahi hi.

Sawl. 3:21 leh Mang. 21:1-5 sim in. Bang lametna kimu thei aa, a nunung bawlphatkikna i ngak kawm koici nuntak huai hiam?

Nitawpni bawlphatkikna banglian in Christ in mihingte khalam, lungsim ngaihsutna, leh taksa pumpilapsang nading tawl hetlo in sem hi. Jesu’ damsak nasepna in hunbei dong i cidam sitset ding Pasion in hong deihzia kitelsak hi. Tua hiaa, neihsakem-zeektute in a cidam nunzia thapia lungsim, pumpi leh kha aading zongsatnate a neih kul hi.

Khatna ah, ngaihsutna tamzat leng hat semsem hi. Zongsat nadingin, ngaihsutna, “a maan peuhmah, a zahtakhuai peuhmah, a dik peuhmah, a siang peuhmah, a ithuai peuhmah, a pahtakhuai peuhmah” (*Phil. 4:8, ZIV*) tawh kidimsak ding hi. Tua bang ngaihsutnate in

lungnopna hong tun (*Isa. 26:3*), a “lungnopna in pumpi aading nuntakna hi” (*Pau. 14:30, ZIV*). Lungsim cidam zongsatna in hihtheihna sangpen piangsak hi.

Nihna ah, cidam nading zongsatna hoih ahi kimawlana (exercise) leh nekdawn hoihte in pumpi kep i kin lam lak hi. Kimawlana in lungzinna leh sikhang tawmsak a, om nuamsak ahihmanin sai ah kizuak khangno nading zatui dange sangin mel nosuak sakzaw hi.

Thumna ah, neihsakem-zeektu in kha thadimsak zongsatna a khansak kul hi. Na kha (soul) Pasion kiang lamto (*Late 86:4,5*) inla ngak in (*Late 62:5*). “Thutakah lam pai na hihmanin” (*3 John 3*) na kha daupai dingaa, “Topa Jesu Christ hong pai ciangin kawkbanna omlo dingin kong kepsak” (*1 Thess. 5:23*) ding hi.

Na zongsatnate in na khalam, pumpi, leh lungsim damna bangci huzaap hiam? Puahphat ding kisam a om hiam? A nunung bawlphatkikna na ngak kawm in na nunzia bangci na hoihsak theizaw diam?

NINGANI

March 22

ZONGSATNA: EI LE EI KI-UKZAWHNA

Ei le ei ki-ukzawhna in neihsakem-zeektu khat ii neih ding nunzia thupi pen khat hi. “Ahang in, Pasion in eite, zahkaina kha hong pia loin, vangliatna, itna leh ei le ei ki-ukzawhna kha hong piawaw hi” (*2 Tim. 1:7, ZIV*). Greek kammal ahi, *sophronismos*, ki-ukzawhna in Thuciam Thak bup khatvei bek hih munah kidawk a, kileekkim, Pasion deih nunzia pan a piallo ngaihsut maan a gamtat theihna ahi hi. Ei le ei ki-ukzawhna in “sia le pha khentel thei” (*Heb. 5:14*) sakaa, omdan telsiamin, bangbang piangta leh lunghei neih nadingte thuakzosak hi. Pumpi deihna zui-in khensatna diklo a bawl Samson bang hilo in Daniel in

humpite lak mahah a dik mah pomzaw hi. Pasion dangte a bia Solomon bang hilo in, Joseph in Potiphar inn ah a dik pomzaw hi.

1 Cor. 9:24-27 sim in. Paul in ei le ei ki-ukzawhna tawh kisai bang hong gen hiam?

“Leitung in pumpi-deihzui khin hi. Khialhna leh puahtawm tawh kidim hi. Kha a susia ding Satan thangzak te pung semsem hi. Pasion zahtak a siangtho dingte in kikhahna leh ei le ei ki-ukzawhna sinkul hi. Duhgawl leh lunggulhnate ngaihsutna sangzaw ukna ah kepcing ding ahi hi. Pasion kammal thutak siangthote nuntakpih na ding leh theihitel nadingin khamit leh lungsim a thahatsak ki-ukzawhna thupi mahmah hi.” – **Ellen G. White, *Khangcin Lungdeih*, p. 101.**

Ei le ei ki-ukzawhna in zongsat sepmunna tawh kisek thei hi. Pasion in “hihna khempeuh ah a siangtho ding” (1 Pet. 1:15, ZIV) hong samaa, “Pasion’ min aadingin nang le nang kisin in” (1 Tim. 4:7, ZIV) ci-in hong sam khin zo hi. Kimawlsiam le tunging tumsiamte bangin neihsakem-zeektute in zong ki-ukzawhna kisin kisek kul hi. Pasion vangliatna leh eimau citak hanciamna tawh, i pumpi ki-ukzo dingin hanciam kul hi.

A mawh le a sia leitungah, citak le Pasion-mi ahi pumpi ki-ukzo neihsakem-zeektute ihih theih nading hong huh thei Pasion vangliatna ah ki-ap theih nading koibangin sin thei ding i hiam?

KIGINNI

March 23

NGAIHSUT BEH DING: Gitlohna a hat mahmah hun mi tawmno cikbek citak in a om hun-in Enoch leh Noahte in Pasion tawh lampai khop ding zongsang uh hi (Pian. 5:24,

T-8

6:9). Pasion hehpihna tel-in, sang uh ahihmanin amau a ki-ap neihsa leh nasepte diktak a kemzeekte ahi uh hi.

Enoch leh Noah bangin Pasion tawh lamton mi om to zel hi. Daniel leh a lawmte in “dawibia lakah biakna maan a lak dingun, khuakcim leh gamtat siangtho neih akul lam tel uh hi. Pasion mahmah amaute a hilhtu ahi hi. Thungen den uhaa, diktak sinna tawh Muhtheihlohpa tawh kizom den uhaa, Enoch bangin Pasion tawh lampai khawm uh hi.” – **Ellen G. White, *Prophets and Kings*, p. 486.**

“Pasion tawh lampai khawm” cih in neihsakem-zeektu hihna, leh leitungah Pasion tawh nuntak khopna hong lak hi. Siatna dim leitungah a pil neihsakem-zeektuin a thahat siatna panin hong huzo Pasion tawh tonkhop zongsatna nei ding hi.

A citak neihsakem-zeektu nuntakna in Pasion tawh thukimna pan kipan (Amos 3:3) in Christ sungah lam i pai kul (Col. 2:6), nuntakna thak ah lampai kul (Rom. 6:4), itna sungah lampai (Eph. 5:2), pilna tawh lampai (Col. 4:5), thutak ah lampai (Late 86:11), khuavak ah lampai (1 John 1:7), citakna ah lampai (Pau. 19:1), Ama’ thukham sungah lampai (Pai. 16:4), nasep hoih ah lampai (Eph. 2:10), leh lamtang ah pai (Pau. 4:26) hi.

KIKUPDING DOTNATE:

1. Kiniamkhiatna bang hiaa, neihsakep-zeekna ah bang panlaak nei hiam? *Matt. 11:29, Eph. 4:2, Phil. 2:3, James 4:10.* Pasion tawh lam paikhop nading kiniamkhiatna banghang thupise hiam?
2. Zongsatna hoihlo a kidiahcipite koici huh ding cih class ah kikum un. Tuabangte i pawlpi in koici huh thei ding i hiam?

3. Christian neihsakem-zeektu ii neihhuai zongsatna hoih bangte hiam? *Titu. 2:7, Late 119:172, Matt. 5:8.*
4. Hun le hun ii lamdang zia kikum un. Banghang manlang deuh tawh kibang hiam? Banghangin hun kepzeek siamhuai hiam?

SINNA 13**March 24- 30****NEIHPAKEP-ZEEKNA II GAH**

NIPI (SABBATH) NITAAK**March 24**

Tukal sinna ah simding: *2 Tim. 3:1-9; Ezek. 14:14; Phil. 4:4-13; Pau. 3:5; 1 Pet. 2:11,12; Matt. 7:23; 25:21.*

Lai Siangtho Bulphuh: Lawkite lakah tua bang nuntakna hoih na nungta un. Amaute in a khial a hong ngawh uh hangin, na gamtatna hoihte uh mu thei ding uh a, Pasion in eite hong veh ni ciangin amah a minthangsak ding uh hi. (1 Peter 2:12, ZIV)

Neihsakem-zeektute i hihna tawh, a na i sepsak i Pasion tecite bangin nuntakna ahi i kiim le paam a om mite aading ahoih huzaap hi ding kism hi.

Leitung panin i tuam om ding hilo hi. Eite hong kipia thuhoih a theilote tungah nuntak hoizaw i lengsak ding hunpha a ngah hizaw hi hang. Neihsakep-zeekna in Pasion-zia nuntak ding i hanciam kawmin khantoh ding hanciam nasep khat hi. Leitung a nundan dangte tawh a kibanglo in nuntak theihna Pasion in hong piak hiaa, (*2 Cor. 6:17*) mite in tua thu phawk in hong kan ding uh hi. Tua hi-in, eite kiangah, "Ahihangin note' lungsim sungah Christ Topa in tuam koih un. Tua na neih uh lametna a hang hong dong peuhpeuh tungah migitna le zahtakna tawh na hilh theih nadingun kigingna in om gige un" (*1 Pet. 3:15, ZIV*).

* *Tukal sinna na simna tawh March 31 Nipi aading kigingkhoh in.*

Hih a nunung sinna ah mimal hamphatna, khalam hamphatna, gualzawhna gahte, eimau huzaap, leh neihsakem-zeektu nuntakna ah lungkimna ahi “note sunga om Christ pen tua thuthuk a minthang lametna ahi hi” (*Col. 1:27, ZIV*) cih thu i sin ding hi.

NIKHATNI **March 25**
NEIHSAKEP-ZEEKNA LEH PASIAN’ MITE

Pasian’ mite cihpen zai mahmah hi. Pasian a zahtak mite in a siangtho in nungta (*Titu 1:1*), Christ tawh kibang in Pasian ki-ap aa, Amah a lungkimsak nuntakna (*Late 4:3, Titu 2:12*) nei hi. Pasian’ mite in biakna maan leh nuntak tawntungna kamciam ngahna lak hi. Pilna, hauhna, minthanna, leh vangliatnate tua bang kamciam a pia omlo hi.

2 Tim. 3:1-9 sim in. Hih laiah Paul hong gen thu in a citak neihsakem-zeektu ii nuntakna tawh ki koici zop hiam?

Job thubu in Job nuntakzia leh gamtatna hong pulaak hi. Thuaksia taleh Pasian’ mite ii nunzia koidan hiam cih hong lak hi. Tua bang nunzia Satan in bangzah in mudah cih zong hong lak lai hi. Pasian mahmah in upna leh nunzia dik ah Job tawh kibang a omlohna pulaak hi (*Job 2:3*).

“Uz gamah Job min nei mi khat a teng hi. Hih mipa thutangin a pau baang kei hi; amah in Pasian kihta aa, gamtat hoihlo a pel hi.” (*Job 1:1, ZIV*). Tua hiaa, a upmuanna thu kammal leh biakna ngeinate bek tawh a lak lo mipa i mu hi. Sittelna haksa lak nangawn ah Pasian a zahtakna in a Pasian’ mi hihna kilangsak hi. Pasian’ mite

icih in eite hoihkim cihna hi loa, eimau munah a kicing nuntakna langsak cihna hi.

Ezekiel 14:14 sim in. Hih Lai Siangtho mun in hih mite nunzia teci bang pang hiam? Eite sungah muh ding kilawm akibang [nunzia] aneih uh bang om hiam?

Neihsakep-zeekna in Pasian’ mite nuntakna lahna hi. A citak neihsakem-zeektu in Pasian’ mite lim a nei bek hilo hi. Amaute Pasian zia nei-in, hih Pasian’ mite in amau nuntakzia ah kilang hi. Muanna tawh Pasian apnate akepcing ziate un a Pasian’ mi hihna kilangsak hi. Amau upna in a sepna bek uh tawh lakkhia hilo in, a seplohte uh tawh zong kilangkiasak hi.

NINIHNI **March 26**
LUNGKIMNA

“A piang bangbang ka lungkim nadingin a kisin khinsa ka hihmanin, kisapna nei ahih thu a gen kahi kei hi.” (*Phil. 4:11, ZIV*). **A piang bangbang ah a lungkim ding hilehang, tua lungkimna koi laipan hong pai pipen ding hiam?**

Timothy a laikhak laitakin, a nopmawh mi pawl khat omaa, tuate in, “Pasian’ mite’ summet bawl nading bek a ngaihsun hi” (*1 Tim. 6:5, ZIV*). Tuabang mite in thungai te a cihtak (tua “cihtakna” ah nasepna panpihna zong kihel) uh leh hau ding uh ci-in gen hi. Hauhna pen cihtakna tawh kikimsak in neih leh lam thupi ngaihsut luatna hiaa, Christian kineih zuau-na hi.

A taktakin, Pasion' mite leh hauhna kisai lo hi. Kisai hileh, leitung ah mi ninpente pawlkhat a haupen ahihna hangun Pasion' mite a neite in kingaihsun ding hi. Tua sangsik in, Paul hong genna ah, "lungkim taka Pasion' mite hihna in metna ahi hi" (1 Tim. 6:6, ZIV). A piang bangbang ah lungkim taka Pasion' mite hihna in hauhna nam lianpen hi, ahangin, Pasion' hehpihna in sum le paai ngahnate te sangin manpha zaw pek hi. Tua hi a, "annek ding leh puansilh ding i neih nakleh tua tawh lungkim ding" (1 Tim. 6:8, ZIV) ahi hi. A tawpna ah, bangzah i nei zongin, tua bangin i ngaihsut leh a dang ngah ding om tawntung ding hi.

"A piang bangbang ah lungkimna in a khalam thusim, siamna lian khat hi. Sin ding hiaa, thusim bangin sin ding ahi hi... Christian lungkimna in a khum, dai-didee, hehpihna dim lungsim hiaa, suakta takin Pasion' pilna leh a piang bangbang ah apzawhna hi...A manpha zatui bung hi aa, haksat hun ah a lungbuai lungtang aading hehnepna leh damna hi." – Jeremiah Burroughs, *The Rare Jewel of Christian Contentment*, pp. 1, 3.

Rom. 8:28, Heb. 13:5, leh Phil. 4:4-13 sim in.
Hih munah lungkimna kidim nuntakna neih nading hong huh thei bang kammalte kimu thei hiam?

NITHUMNI
MUANNA

March 27

Paunak 3:5 sim in. Ei theihna tungah "kinga" lo ding cih thu eite aading bang thupuak om hiam? (Isa. 55:9, 1 Cor. 4:5, 13:12)

Pasion neihsakem-zeektute ii ngimna leh tupna in "na lungsim khempeuh in Topa muang inla, nang theihtelna tungah kinga kei in" (Paunak 3:5, ZIV) ahi hi.

Asep sangin a gen baih zawtham mah hi. I theihna bek tawh Pasion itna leh hong kepna um napi, i thuak khak nate ah bangzah vei lung himawh thei zel i hiam? Khat veivei, i ngaihsutna ah, mailam ding lauhuai suah kha mah ding hi.

Tua leh, koi bangin Pasion muan ding ei neihsakem-zeektu te in siin thei ding i hiam? Tu laitak i sep khempeuh ah upna leh Topa thu thumanna tawh. Muanna in zatna tawh kiamlo a, Topa i muan sem leh i muanna khanglian semsem ding hi. A citak neihsakem-zeekna i tawphah leh a tawsawn pi hi a, i sepna ah muhtheih hong suak hi.

Na lungsim khempeuh tawh Topa muangin." "Na lungsim" cih kammal in Lai Siangtho sungah tehkaakna kam in kizang den hi. Tua in i thukhensatna te i sungtawng mihing hihna ahi i nunzia pan hong pai khia hi cihna hi (Matt 22:37). Tua sungah mihing hihna i laigil ahi-tatzia, tupna leh sawmna te kihel hi. I sai theihloh nate ah Pasion muan ding baihzaw hi. Tel ding dang omlo muankul cihdan pian te. Tua sangin, muanna taktak in i sai theih nate ah teel ding a bawlkul ciang "lungsim pan" hong pai teelkhakna thu ahi hi.

Nungzuite in amau lungsim khempeuh tawh Pasion amuanzia uh hong lak hi. "Tu a nasepna ah kihel te mah bangin amau zong thanem in huhsam uh hi, ahi zongin, Topa muang ngiat uh hi. Hauhna nei uh a, ahi zongin lungsim leh ngaihsutna kihel, mi khatsim in na khempeuh ah Pasion a masa, nunung, ahoih pen ah koih ding maw cih om ciat hi.

I sai theihloh nate ah Pasion muan ding baihzaw cih dik hi. I sai/uk theih nate ah Pasion koi bang in muan ding teelna bawl thei ding i hiam?

**NILINI
EITE' HUZAAP**

March 28

“Ahang in, hun khat lai-in note khuamial nahi uh aa, ahizongin tu-in Topa sungah khuavak nahi uh hi. Khuavak Tate Bangin na nungta un.” (*Eph. 5:8, ZIV*). Paul in lungsim kikhelna in mipi muh theih ahihna hong gen hi. “Khuavak ah lam i pai ciangin” (*1 John 1:7, Isa. 30:21*), a kilekkim neihsakep-zeekna in leitung huzaapna a nei khuavak teci ahi hi.

Jesu in, “Keimah leitung khuavak kahi hi” (*John 8:12, ZIV*) ci hi. A kipkho i nisim tatziat tawh Pasion khuavak a lenghsawnte ihi hi.

I lahkhiat neihsakep-zeekna in koibangin Pasion’ min thangsak hiam? I gamtatna in midang tungah bang huzaap nei hiam? *Matt. 5:16, Titu 2:7, 1 Pet. 2:11, 12.*

Neihsakep-zeekna in Pasion neihsate kepzuunna sangin a lianzawlai vaipuak hong lak hi. I neihsakep-zeekna in i innkuan, i kiim leh paam, leitung, leh khuavannuai mai ah kilak (*1 Cor. 4:9*) ahi hi. I nasepnate ah kilang in kumpi gam thu in i nuntakna ah bang huzaap nei cih lak hi. Tua hiaa, midangte i huzaap thei hi. Pasion thukimpah ahi, migitna leh nunhoih tawh Christ i lak thei hi.

I nasepzia hoihte in i neihsakep-zeekna tawh akihual kul hi. I nasepna in midik khat ii neihsakep-zeekzia kimuhna khat ahi hi. “Amah in na thumaanna zingsang khuavak bangin tangsak dingaa, na thutangna sun nitang bangsak ding hi” (*Late 37:6, ZIV*). Nasepna ah neihsakem-zeektu khat ii huzaap in “mun simtham leh lawh nuai ah khuh” (*Luke 11:33*) hilo aa, mualtung ah kilam khuapi (*Matt.5:4*) bang hi. Inn leh nasepna ah tua

bang nuntakna tawh, na kiim aa omte ngaihsutna leh lungsim na huzaap ding hi.

“Piansak na khempeuh amau sep ding ciat kiseh a, amau panmun ciat ah phunlo ding hi. Khalam nate ah pasal leh numei khatsim in sepna ding mun i nei ciat hi. Christ silpiak i ngah zah tawh kizui-in Pasion’ nasepna hong kihawm dimdiam hi... nang aadingin tatzia hoih lah nading hunpha ngah nahi hi. Nasepna ah thunei Christ tungah lungsim khempeuh tawh ki-ap in.” – **Ellen G. White, *This Day With God*, p. 243.**

NINGANI

March 29

I ZAKNOP (LEH ZAKNOP LOH) KAMMALTE

Leitungah peemta leh khualzinte ihi aa, a kicing, ahoih, a lungnophuai vantung manawh ihi hi (*Heb. 11:13,14*). I tun mateng hih leitungah i nuntak kul hi. Kidona lianpi ah hong gen bangin Christiante panna neilo in a laizang ah om kingah lo hi. Pasion aading ahikeileh galpa aading i nungta hi. “Kei hong koppih lote kei lang a pang ahi hi. Kei hong kaihkhoppih lote a thehthang ahi hi.” (*Matt. 12:30, ZIV*). Amah hong kumkik ciangin eite koi lam ah pang cih siangtak leh teltak in kilang ding hi.

Christ hong kumkik ciang, nungzui kicite in kammal nih lakah khatzaw za ding uh hi. Tua kammalte bang hiaa, deihna bang hiam?

Matt. 25:21 _____

Matt. 7:23 _____

Christ' kammal "pha hi" cih in neihsakem-zeektu khat aading a zaknop pen leh a lungkimhuai pen hi ding I septheihzah tawh Ama' neihsate diktak zeekzuun ding hanciamna ah a kicing pen Pasion thukimpihna i zak ciangin a kigen zolo nuamna om ding hi, ahangin eima tatkhiatna in sepna hang hilo Christ in ei aading hong sepsakna ah zungkha cih i theihna ahi hi (*Rom. 3:21; Rom. 4:6*).

A citak neihsakem-zeektu nutakna in a neihsa upna lengkhiatna hi. Pasion mai ah amau sepna tawh a kidiksak tawm te kammal i mu hi (*Matt. 7:21,22*). *Matt. 7:23* ah eimau kidiksak tawmna in man a neihloh zia hong lak hi. "Christ nunzuite in Topa neihsa te a piakkik ciangun, amaute in "pha hi, a hoih leh a citak nasem aw, . . na Topa lungdamna ah hong lut in" cih kammal azak ciangun a ngah dinguh goute a khol uh ahi hi."- **Ellen G. White, *Khangcin Lungdeih*, p. 523.**

Atawpna ah, neihsakep-zeekna in a thupiak lianpen nihte ahi, Pasion itna leh i vente itna hi a, tua in sepna khempeuh ah hong tawsawn hi.

Na nuntakna leh na neihsakep-zeekzia in tua thupiak lian nih te ki bangci latsak hiam?

KIGIN NI

March 30

NGAIHSUT BEH DING: "Pasion itna a lak dingin hih leitungah Christ hong pai ahi hi. A nungzuite in ama patsa nasep zop ding ahi hi. Khat le khat ki huh leh ki thakhauh-sak ding hanciam ni. Midangte a ding ahoih sepna ah lung-nopna dik kimu thei hi. Mihing in Pasion leh a mihing-pihte a itna tawh ama deihna lang ah nasem ngeilo hi. Angsungkhual kei semsem leh a lungnop semsem hi, ahang in ama a ding Pasion ngimna taksuak sak ahi man hi" - **Ellen G. White, *Counsels on Stewardship*, pp. 24,25.**

Pawlpi khat ah nuntakna a om leh, khanna leh pungna om hi. Topa a laakna leh piakna, ngahna leh apkikna ahi kikheekna zong om tawntung hi. Thu-um diktak khatciat tungah Pasion in khuavak leh thupha pia a, tua thu-um mi in Topa a ding a sepna in midang tungah hawmsawn hi. Angah nate a piak ciangin a ngah theih zah ding khang semsem hi. A thak hehpihna leh thutak aading mun kibawl pah hi. Khuavak siangzaw, a khang theihna te ama' aa hi. Hih piakna leh ngahna tungah pawlpi nuntakna leh khanna kinga hi. Ngah napi a pia ngeilote ngahna kangg (pai nawnlo) ding hi. Ama' tung pan midang tungah thutak a luan nawn keileh, a ngah theihzah dingtaan (sumh) ding hi." - **Ellen G. White, *Counsels on Stewardship*, p. 36.**

KIKUPDING DOTNATE:

1. Pasion muanna in koi bangin lungkimna ah hong tun hiam? Banghang "na khempeuh ahoih dinga bawl" (*Rom. 8:28*) cih ding baih napi, up ding haksa hiam?
2. Class ah dong in. Kammal 25 sang a tawmzaw in, neihsakep-zeekna a khiatna gen in. Kammal 25 sang tawmzaw mahin, banghangin neihsakep-zeekna Christian nuntakna ah a thupi khat hi thei hiam?
3. *Matt. 7:21-23* sim in. Bang thu om hiam? Banghang in hih mite in a septe uh gen ding uh hiam? Amau kammal in amauthu bang gen hiam? Ei zong koi bangin, ei le ei kikhemna ah i puklo thei diam?
4. Christian huzaap mimal dinmun ciang bek in i ngaihsun kha zel hi. Innphual pawlpi dinmun in ee? Na pawlpi in na kiim le paam ah bang huzaap nei hiam?

Morning Watch
January, 2018

1.	Ninini	Galati	4:4, 5
2.	Nithumni	Hebru	9:28
3.	Nilini	Matthai	2:1, 2
4.	Ningani	Mangmuhna	22:20, 21
5.	Kiginni	Job	19:25
6.	Sabbath	Korin Masa	15:26
7.	Nimasani	Isaiah	20:11, 12
8.	Ninini	James	5:11
9.	Nithumni	Peter Nihna	1:19
10.	Nilini	Mangmuhna	10:5-7
11.	Ningani	Rom	9:28
12.	Kiginni	Mangmuhna	18:1
13.	Sabbath	Mangmuhna	11:15
14.	Nimasani	Malakhi	4:5, 6
15.	Ninini	Mangmuhna	22:16
16.	Nithumni	Matthai	28:19
17.	Nilini	Luka	21:26
18.	Ningani	Isaiah	1:16, 17
19.	Kiginni	Rom	13:11, 12
20.	Sabbath	Mangmuhna	14:12
21.	Nimasani	Luka	15:4
22.	Ninini	Mangmuhna	1:3
23.	Nithumni	Johan	15:20
24.	Nilini	Mantthai	16:18
25.	Ningani	Timoti Nihna	3:1, 2, 5
26.	Kiginni	Mangmuhna	16:16
27.	Sabbath	Luka	21:36
28.	Nimasani	Luka	12:37
29.	Ninini	Zefaniah	2:3
30.	Nithumni	Matthai	18:19
31.	Nilini	Jeremiah	8:20

Morning Watch
February, 2018

1.	Ningani	Malakhi	3:2
2.	Kiginni	Siampi Laibu	20:26
3.	Sabbath	Samuel Masa	2:3
4.	Nimasani	Thu Hilhkikna	8:2
5.	Ninini	James	1:22
6.	Nithumni	Peter Masa	3:15
7.	Nilini	Matthai	5:16
8.	Ningani	Korin Nihna	6:17, 18
9.	Kiginni	Johan Masa	5:21
10.	Sabbath	Korin Nihna	13:5
11.	Nimasani	Late	24:3, 4
12.	Ninini	Peter Masa	2:9
13.	Nithumni	Hebru	10:35-39
14.	Nilini	Korin Nihna	7:1
15.	Ningani	Matthai	25:1, 2
16.	Kiginni	Matthai	25:13
17.	Sabbath	Maku	13:35, 36
18.	Nimasani	Matthai	26:41
19.	Ninini	Peter Masa	4:7
20.	Nithumni	Timoti Masa	4:1, 2
21.	Nilini	Sawltaak	20:29, 30
22.	Ningani	Korin Masa	7:29
23.	Kiginni	Thess Masa	5:23
24.	Sabbath	Peter Nihna	3:11, 12
25.	Nimasani	Johan Masa	2:18
26.	Ninini	Hebru	11:5
27.	Nithumni	Habakkuk	2:3
28.	Nilini	Isaiah	26:21

Morning Watch
March, 2018

1.	Ningani	Joel	1:15
2.	Kiginni	Isaiah	1:5, 6
3.	Sabbath	Johan	3:5-7
4.	Nimasani	Matthai	6:33
5.	Ninihni	Matthai	13:45, 46
6.	Nithumni	Kolose	1:13, 14
7.	Nilini	Late	34:8
8.	Ningani	Ephesa	2:19
9.	Kiginni	Johan	17:3
10.	Sabbath	Johan Masa	3:1
11.	Nimasani	Matthai	22:11, 12
12.	Ninihni	Late	119:174
13.	Nithumni	Korin Masa	6:19, 20
14.	Nilini	Peter Masa	2:11
15.	Ningani	Timoti Nihna	2:22
16.	Kiginni	Timoti Masa	4:12
17.	Sabbath	Peter Nihna	1:5-7
18.	Nimasani	Thess Masa	5:17
19.	Ninihni	Late	62:8
20.	Nithumni	James	1:6
21.	Nilini	Mantthai	5:8
22.	Ningani	Johan	17:17
23.	Kiginni	Peter Masa	5:8, 9
24.	Sabbath	Rom	6:13, 14
25.	Nimasani	Peter Nihna	3:9
26.	Ninihni	Mangmuhna	14:7
27.	Nithumni	Efesa	6:11
28.	Nilini	Hebru	1:14
29.	Ningani	Peter Nihna	2:9, 10
30.	Kiginni	Hebru	2:3
31.	Sabbath	Am̄s	4:12