

UPA SABAT SKUL ZIRLAI

Sabbath School Lesson

ဖလမ်းချင်းဘာသာ

ပုံနှိပ်သူ

ဦးဖုန်းနိုင် (၀၀၃၅၄)

မန်နေဂျာ

ကင်းစောင့်ပုံနှိပ်တိုက်

၂၀၆ ရွှေသစ္စာလမ်း၊ ရန်ကင်းမြို့နယ်

ရန်ကုန်မြို့

Johan Thuthangtha

ထုတ်ဝေသူ

ဦးဖိုးဖိုးလှ (၀၁၉၈၇)

ဥက္ကဋ္ဌ

မြန်မာပြည်သတ္တမနေ့ဥပုသ်အသင်းတော်

၆၈ ဦးဝိစာရလမ်း၊

ရန်ကုန်မြို့

E. Edward Zinke and Thomas Shepherd

အုပ်ချုပ် - ၃၅၀

October, November, December

2024

ဓမ္မဒါန

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Thuthangtha Johan cabu thuhram

Iran ram, Tehran ih um dawr pakhat ah to in, Persian rug(perian pawl ih tuahmi puanphah) ih hlansan tupi pakhat a lang. Mawi zetih tuah mi a si ih, cumi cun Switzerland ih thil a thlengmi pakhat tuarthar: Tlangmual, tidai tla, Turquoise tili, tupi tlangzim a pawl rong van boruak ih khuh thluh mi tivek pawl an si. Cutawkw dawr ih a totu pawl cun an tikcu caan cu zianghman lo men in an hman lo. Ziangkim cipciar in an hminsin : killi nei letmah pakhat ih hrisih mi umzat, karpet puanthan, rug (pahmi puanthan) pawl ih an hmanmi ziangkim an zoh thluh. Asilole mi pakhat cun karpet (puanphah) ih thubul hram le danglam zetin mawitertu bik cu a hmuitin in a rak zoh men thei: tili ih a langmi van boruak, tlangmual pawl run khuh thluh mi vur le thinghnah hring tamzet ih a khiih thluh mi tupi tivek pawl an si. Karpet ih thupi dangdang pawl cu an pehzom aw thluh ih, thiamnak pawl thawn milaw zetin Alps tlang ih mawinak le ropit zia a run tarlang a si.

Tui kuata thil thupi zet a dang kan zir ding a si. Himi hnatuannak cu savun thawn tuahcop puansah zet, asilole zuk lem retnak ding hmun thiltha zet le thiam zetih karpet an tuahmi tivek ihsin ra suah mi a si. Himi cu Pathian tongkam suak, Johan thuthangtha ih thiam zetih a tarlang mi pawl an si.

Tongkam pawl cun an thuhram ahhin sullam an nei. Cathianghlim in ziang mi a sim duh timi theihthiam dingin mikip cun a thu bulhram an zir a tul: catlang tluan, bung le thuhlawm then, cule amah Bible ih thucuh pumhlum tivek pawl an theihthiam a tul. A netnak ahcun Bible pumhlum ih Thiang Thlarau ih thawkkhum mi a si ruangah thuhlawm tin a thupi pawl thawn zir thluh a tul.

Himi Kuata ih a ngai thupi mi cu Thuthangtha Johan theihfiang ding hi a si. Himi cu thuthangtha pali lakih danglam hleice a si. Jesuh le bulpak thusuhawknak mi pakhat simaw, pahnih simaw tivek hi a hmuitin deuh theu: Nathaniel, nikodemas, tikhur ih nunau nu, Bethesda tili ih zeng natnei, suahkeh mit caw, Lazarus le a unau nu pawl, pilate, piter le Thomas tivek pawl an si. Hivek thuhla tam zet cu Johan cabu sungah a um.

Thuthangtha Johan hi Tirhthlah ihsin kan hnen ih ra thleng Pathian tongkam a si. Bible pumplum vun zoh thim in, Thuthangtha cu minung duhdan siloin Pathian duhdan ihsin a ra mi a si. Johan cu Thiang thlarau in thu harsa tampi rel suahnak ding hrangih a hmanmi bungrua pakhat fang a si : Thu (logo), eng, sang, tidai, Thiang Thlarau, pumkhat, hmuhsaknak, thuhla simnak le simcianak tivek pawl tla an si. Himi thupi pawl cun thuthangtha pumpi pawl pakhat le pakhat a peh zomawakter ih, cule tleunak a pe.

Bible zirnak cun Thukam mal pakhat simaw, lole Ca thianghlim cahmai fate pakhat simaw ngunngaih zetih a ruat theu. Bible diksonari ah tongkam ih sullam pawl kan hawl. Grammar le a thupi pawl, a thuanthu pawl kan zoh, cule karpit ih thuhla pawl thaten kan zir – killi ih puan um zat pawl, puanthan le a dunglam tivek pawl khal kan zohfel thluh. Hivek thuhla cipciar pawl hi an thupi thluh.

A cipciar ih zirh a si lai ah zianghman zir ngah loin um hlah. A ngaingai te cun Persian puanphah in mi pakhat cu Alpine mawizetih a hruai thei vekin Thuthangtha Johan khal in Jesuh ih nun le hnatuannak lamah mi a hruai, anih cu kumkhaw nunnak tiih theih a si. A cipciar zetmi thuhla cun thil tum sawn ah mi a hruai ih, Johan

cabu sungih thuhla thupi zet cu in rundam tu le ka Bawipa Jesuh ih thuphuan Pathian ih thawkkhum mi a si.

E. Edward Zinke hi General Conference of Seventh-day Adventist ih Biblical Research Institute ih Director hlun a si ih, anih hi kawhhran cangvaihnak a phunphun ah ah a tel ih, board meeting, Ellen G. White Estate Board ih vice Chiarman le Adventist Review Ministries ih Senior Advisor khal a si. Seventh-day Adventist phunsang tlawng pawl ihsin Dr. phun 3 rori a ngah. Anih hi Maryland ih ummi a si.

Thomas Shepherd, PhD, DrPH hi kum 2008 ihsin ca a rak zirhnak Andrews University Seventh-day Adventist Theological Seminary ih thukam thar lam zirhtu senior zet a si. A nupi Sherry Shepherd, MD, thawn Malawi, Africa le Brazil ti pawl ah Pathian hnatuan in an um rero zo. Fanau pahnih an nei ih, tu paruk an nei.

ZIRLAI 1**September 28–October 4****LAM HMUHTU HMUHSAKNAK****SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Johan 2:1–11; Johan 4:46–54; Johan 5:1–16; Marka 3:22, 23; Matt. 12:9–14; Johan 5:16–47.

Bible cangken: “Cun hi cabu sungih ngan lomi, a dang hmuhsaknak tampi tla Jesuh in a dungthluntu pawlih mit hmuh ah a buah: Asinain hi pawl hi, Jesuh cu Khrih, Pathian ih Fapa a si ti nan zum theinak dingah, le nan zum ih a hmin ruangah nunnak nan neih theinak dingih nganmi a si (Johan 20:30, 31)

Johan in ziangahsaw amai bulpak in thuthangtha a ngan? Jesuh ih mangbangza buah mi thupi zetih a ret duh ruangah si kem maw? Asilole Jesuh thuzirh mi hrekkhat uar zetih a rel duh ruangah si pei maw? A thil buah mi ih a duhsan mi hi ziangsaw a si?

Thiang Thlarau ih umpinak le huham hnuai ah Johan cun ziangruangah saw timi thu a sim fiang. Anih cun Jesuh ih nun thuhla ngan ding tampi a um lai (Johan 21:25) ti phah cingin, A thuanthu pawl cu, “Jesuh cu Khrih, Pathian ih Fapa a si ti nan zum theinak dingah le nan zum ih a hmin ruangah nunnak nan neih theinak ding ih ngan mi a si” (Johan 20:31) a ti.

Tuizarh ahcun Johan thuthangtha cabu sungih Jesuh in mangbangza a buah hmaisami hrekkhat pawl: Neihawknak ih tidai Sabitti ih a canternak ihsin dam lo

zet mi pakhat ih fa a damternak le Bethesda tili ih damlo a damter pawl kan zoh ding.

Himi mangbangza pawl cu Johan cun, “Hmuhsaknak” tiah a ti. Lamzin ih hmuhsaknak thil ziangmaw lam a rel tum mi a si lo, thuk sawn ih thudik khiihmuhnak lam a si sawn : Jesuh cu Messiah a si. Himi thuhla pawl ahhin zumnak thawngih rak cohlangtu zohthim ding tamzet kan hmu thei. Cule zohthimtlak an sinak cun cuvek ih buah ve dingin in sawm a si.

NIKHAT NI**September 29****Kanaan ih mopuai**

Siar ding. Johan 2:1-11. **Kanaan ahkhan Jesuh in ziangvek hmuhsaknak saw a buah, cule himi in ziangtin saw dungthluntu pawl in Amah zum dingih a bawm thei dan?**

Jesuh in tidai sabitti ih a canternak mangbangza hmuhsaknak cu dungthluntu pawl in Jesuh thlun dingih thutluknak an buah mi cu a lawmpi a si timi hmnsinak a si. Ziangtin saw Pathian hnen ihsin a ra mi a si zia langter tu hmuhsaknak a si lo thiam ding? (Anih cu Pathian a si timi theithiam dingin an man hrih lo tla si men thei)

Moses cu Israel hruaitu le Izipt ram ihsin “hmuhsaknak le mangbangza” (Daan 6:22, Daan 26:8) tampi thawn Israel pawl hruai suak tu a si. Izipt mi pawl hnen ihsin Israel pawl zalen dingih Pathian ih a hman mi pa a si (Anih cu an “rundamtu” a rak si).

Pathian cun Moses feh tlangin Moses vek profet a rat ding thu a simcia. Pathian in cumi Pa ih thu ngai dingin Israel pawl a sim (Daan 18:15, Matt 17:5, Tirh 7:37). Cui “Profet” cu Jesuh a si. Johan 2 ahkhan Jesuh in hmuhsaknak hmaisabik a buah, cumi cun Izipt ram ihsin Israel fate pawl a hruaisuaknak kha a va khiihmuh.

Nile tiva cu Izipt mi pawl hrangih pathian le thil thupi zet tawhfung pakhat a si. Hremnak lakih pakhat cu tiva ah a um – cumi cu tidai thisen ih canternak kha a si. Kanan ahkhan a bangaw deuh nawn mi mangbangza a tuah, asinan tidai thisen ah cangter loin sabbitti ah a cangter sawn.

Tidai hi Judah pawl thianghlim awkternak ding hrangih hmanmi Lungtibel paruk ihsin ra suak mi an si. Cumi cun mangbangza cu rundamnak thulu Bible sungih um pawl thawn an mil aw so vivo timi a langter. Tidai sabitti ih canterdan le Suahlannak lam ih thil umtudam vun thlirsal in, Johan cun Jesuh cu in rundamtu (hruaisuaktu) a si timi a khihhmuh a si.

Jesuh ih pekmi thilnu tel lo sabitti thuhla kha ruaipu in ziangtin a ruat? A ngaingai te cun a thawt tuk ruangah a mangbang zet, cutawk hmun ah Jesuh in mangbangza a tuah ti mi thei riailo in, a netabik tiang a tha bik an rak nei lai si hi tin a ruat men.

Grik tong ih *oinos* timi cu sabitti tharhlan le thilnu telh mi ah hman kop a si (zoh aw, The Seventh-day Adventist Bible Dictionary, p. 1177). Ellen G White cun tidai ihsin a suak mi theiti (Sabitti- Juice) kha cu zu (rittheih) a si lo tiah a ti (zoh aw, “Thitumnak hmun ah, “ The Desire of Ages, p- 149). Rinhmai ding zianghman um loin, thil thlengmi theitu pawl cun thil a thlengmi ahkhan an mangbang thluh.

Jesuh thlunnak ding ziangvek san le vang saw na neih? (thil tampi pek kan si zo, a si lo sawm?)

NIHNIH NI

Galili ih hmuhsaknak pahnihnak

September 30

Leitlun ih Pathian hna a tuannak hmuahhmuah ah Jesuh cun amah an zum theinak dingih bawmtu ding

mangbangza a tuah theu. Johan cun himi mangbangza pawl hi a ngan, cuticun midang khal in Jesuh an rak zum ve theinak dingah a si.

Siar ding: Johan 4:46-54. Evangelist cun ziangah saw neihawknak ih mangbangza um mi thawn a pehzom awk ter?

Jesuh in Galili peng ih veihnihnak hmuhsaknak a tuah mi ahkhan Johan cun hmuhsaknak hmaisai, kanaan mopuai ih a cangmi thawn an vun rel kop. Johan cun, Jesuh ih hmuhsaknak a tuah mi cun Jesuh cu zo a si timi na hmuhtiam theinak dingah a lo bawm ding tin a lo sim vekin a lang. Cule Johan cun a rel bet ih, “hihi Judea ihsin Galilee ih a rat hnu ih Jesuh ih tuahmi hmuhsaknak (thilmak) pahnihnak a si” (Johan 4:54)

A hmaisai ah Jesuh in bawi pakhat ih dilnak a letnak cu thil harsa zet ding vek a bang. Asinan himi pa cun Jesuh ih zumnak a neih ruangah a fapa in damnak a co phah. Jesuh cun a thinlung a zo ih, a fapa ih dam lonak ai hnakin thlarau lam dam lonak a tihnung um sawn timi a khihhmuh. Van boruak ihsin tek tla vek ciah in, himi pa cun a thlarau nun in a fapa ih nunnak a hum thei timi a theithiam.

Cui mangbangza cun Jesuh cu Messiah asinak a langter hran cuanglo timi theih thiam ding hi a thupi zet. Midang khalin mangbang za cu an tuah ve ko. A hrekkhat pawl cu profet ngaingai an si ih, a hrekkhat pawl cu a deu pawl an si. Maangbangza cu thilti theinak (supernatural)a umnak hmun lawngah a lang : Pathian ih tuah mi rori a si tivek khal a um lem cuang lo (“Mangbangza” cu thilti theinak(supernatural) a si kan ti ahcun Satan hman in “mangbangza” a tuah thei a si)

Cutawk hmun ih bawi pakhat cun a fapa dam dingin Jesuh hnenah a dil ih, a va pumpe aw. Jesuh ih letnak cu

thupekna a si. Anih cun, “Feh aw; na fapa a nung ding” (Johan 4:50 ESV) tiah a ti. Tuahtuannak “nung ding” timi cu a ngaingai te cun Grik calai ahcun a tui dinhmun a relnak a si. Hivek hi “A tu ih hmailam thu (Futuristic)” relnak tiih kawh a si. Hmailam tikcu caan cu thil a thleng rero zo mi vekih rel mi a si. Himi pa cu manhlap zetin inn a tlung lo, asinan Jesuh a zum ruangah a thaizing ah a tlung ih, Jesuh ih a rel vek ciah in a fapa ih natnak khal a hlo thluh a si timi a va hmu suak.

Jesuh ah zumnak nei dingah ziangtluk ih san le vang tha thiltitheinak saw a si!

Mangbangza rak hmu bangta khal sehla, Pathian hnen ihsin a ra mi a si kan ti hngal hlanah ziangvek tahfung dang saw kan hman ding?

NITHUM NI

October 1

Bethesda tili ih mangbangza

Johan ih hmuhsaknak ngan mi a dang cu Bethesda tili ih thil cangmi a si (Johan 5:1-9). Cumi cu vancungmi in tidai a cang ter ih, cui tidai cang mi ih a lut hmaisabik tu dam lo cu damter in a um timi an zum. Cuvek a si ruangah damnak beisei in mipi tamzet cu tili kap ah an um. Jesuh cu Jerusalem ah a feh ih, cutin tili lam ih a feh tikah tidai cang laifang rak hngak tu mibur pi a hmu.

Ziangtlukih zoh har saw a si ding! Hi minung pawl hi a hrekkhat cu dam lo ngaingai mi an si, a ra thleng dah lo dingmi tidai ih damnak ngah dingin an hngak ih an hngak cuahco rero. Jesuh hrangah caan remcang zet a si!

Siar ding: Johan 5:1-9. Tili kiang ih um pawl cu damnak ngah duh hliir an si. Ziangah saw Jesuh in zengnat neitu hnenah damter a duh le duh lo thusuhnak a neih (Johan 5:6)?

Mi pakhat cu caan rei zet dam lo ih a um ahcun damlonak cu a kelte vek ah a cang ih, a langdan ahcun thil danglam tla a bangzet, khuimaw caan ahcun rualbanlo dunglam ih fehsan men cun hnaihnonak a suahter theu. Cumi pa ih letnak ahcun damnak a duh timi a langter. Buainak ummi cu ke tuahtu a hmai ih a din lai ah, anih cu damnak duh ah hmun dik lo ah damnak a hawl. Cumi pa cun a biakmi pa cu zo a si ti a thei lo, damter a si hnuah Jesuh cu mi pakhat, mi cungcuang a si timi a thei thok tla si men thei.

“Jesuh cun harsatnak tuar pai’ hnenah Amah ah zumnak nei dingin a ngen lo. Anih cun, “Tho aw, na itphah la awla, feh aw” tiah a ti men. Asinan cumi pa ih zumnak cun cui thu cu a pawm a si. A thahri zungzam pawl cu an rung tuar thar aw thluh, cule a ke cangthei lo ih zeng pawl ah harhdam cangvaihnak a rung thleng. Zianghman thusuhnak nei loin Khrih ih thupek ngai dingin duh hrilnak a tuah, cule a tha zungzam pawl hmuahhmuah cun a duh hrilnak cu an pawmpi thluh. A ke in a ding ih, amahten mi cakvak in a hmu aw... Jesuh cun Pathian bomnak a si timi zianghman theihternak a pe hran lo. Cupa cun rinhlelnak nei in a cawl dukti thei, cuti a si ahcun damnak a ngah ding voikhat a hloh tla si men thei. Asinan Khrih ih tongkam a zum ih, cutin a tuah ruangah thazang cahnak a dong a si”—Ellen G. White, *The Desire of Ages*, pp. 202, 203.

Jesuh in cupa cu Biakinn ah a tongsal ih, “Na dam tha tuk zo. Sual nawn hlah, culole na parah thil tha lo sinsin a ra thleng pang ding’ “ (Johan 5:14, NKJV) tiah a ti. Sual le natnak ih laicin awknak ziangsaw a si? Ziang

ruangah saw natnak hmuahhmuah hi kan nunih soal rahsua mi an si thluh lo timi kan theihthiam a tul?

**NILI NI
Thinlung hak**

October 2

Hmuhsaknak, mangbangza, thilmak tivek pawl hi anmahten cun Pathian ihsin a si timi kihhmuhnak zianghman a um lo. Asinan lehlam ahcun Pathian hnen ihsin a si phawt cun hnung ding cu thil tihnung um zet a si.

Siar ding: Johan 5:10-16. **Jesuh le a mangbangza tuah mi thuhla ah biaknak hruaitu pawl ih thinlung hakzia mangbangza ihsin ziangmi zirlai kan la thei ding?**

Damnak ngah zo mi pakhat hnen ih Jesuh a phuangaw k hnuah, cupa cun biaknak hruaitu pawl hnenah Jesuh a si thu zamrang zetin a sim thei. Mi pakhat cun hi caan hi Pathian thangthatnak ding caan a si tin a ruat men thei, asinan biaknak hruaitu pawl cun, “Jesuh an hrem ih, thah an tum, ziangah tile hivek thil pawl hi Sabbath ih a tuahteh ruangah a si” (Johan 5:16).

Manhlap thil a um lawngah Sabbath ni ih natnak damter hi sian a rak si. Hipa cu kum 38 sung rori dam lo in a um; damnak a ngah ding khal manhlap thil a si tuk lo. Cule a ihphah lak ding teh thil tul lutuk a si cuang maw si? Mi pakhat cun khativiek ih mangbangza tuahtehi dingih Pathian hnen ihsin huham neitu cun Sabbath ni ah inn lam ih ihphah keng hi a siang keimaw timi khal a thei rori ding tin a ruat ding. Fiangfel zetin Jesuh cun minung ih serh le sang daan tuahmi, a hrekkhat cu zumnak dik ihsin pengter theitu lenglam ih um pawl cu Bible thudik thuk deuh sawn ah a hruai tum a si timi a fiang zet.

Himi bungcang dangdang pawl in ziangvek thu an va neih hmanah thlarau lam ih lunghak an sidan

ziangsaw in zirh? (Johan 9:1–16; Marka 3:22, 23; Matt. 12:9–14).

Ziangtin saw hi biaknak hruaitu pawl hi an mit a cawt thei? A simfiangnak cu an thinlung a borhbah tuk ruangah timi hi a si bik ko ding. Messiah cun a tu ah Rom uknak ihsin a rundam ding timi an zumnak dik lo ruangah le thuneihnak neih an duh tuk ih Pathian ih an thumawk lo ruangah a si. Hivek pawl hmuahhmuah cun an hmai ih thudik a ding hngget mi hnung dingin a tuah a si.

Siar ding: Johan 5:38-42. **Jesuh ih ralrinnak pekmi kha ziangsaw a si? Himi tongkam pawl ihsin ziang kan zir thei ding? Kan nunnak ih hman ding le thudik thei dingih kan mit in caw tertu hi ziangsaw a si thei ding?**

**NINGA NI
Jesuh thurelmi**

October 3

Bethesda tili ih mangbangza cun Johan hrangah Jesuh cu zo saw a si timi uar zet ih rel theinak caan tha zet a pe a si. Johan in mangbangza relfiangnak ah cang 9 a hmang ih, mangbangza tuahtu relfiangnak ah cang 40 hrawng a hmang (a hnuaiah zoh aw).

Siar ding: Johan 5:16-18. **Ziang ruangah saw Jesuh cu Sabbath ni a cangvaihnak ruangih hremnak a tong?**

Johan 5:18 hi a buaithlak deuh ding, ziangah tile Jesuh in Sabbath ni a buar thu rel vekih a um ruangah a si. Ziangkhal sehla fiangzetin Johan 5:16-18 kan zir cun Sabbath ni ih A “hnatuan” cu A Pa thawn sihcih awknak a si zia a lang. Pathian cun Sabbath ni ah van dumkulh(Pathian ih thil tuahmi hmauhhmuah) a kilkhawi ringring a si. Curuangah Sabbath ni ih a cangvaihnak cu a Pathian sinak langternak lakih pakhat a si. Biaknak

lam hruaitu pawl cun Sabbath ni buar le Pathian tlukih a retawknak ah thum aw in an hrem.

Siar ding: Johan 5:19 - 47. Hruaitu pawl in A sinak ngaingai an hmuh theinak dingih bawmtu dingah Jesuh in ziangsaw a rel ih, a mangbangza tuahmi ihsin a nemhnet mi ziangsaw a si?

Jesuh in a hnatuannak cu karbak pathum in a humhim : Pakhatnak, Pathian thawn an laicin awknak pawl a rel (Johan 5:19 - 30). Jesuh cu a Pa thawn rualrem zetin an cangvai ih, cumi ruangah Jesuh cun thuthen theinak le mithi kaihtawh theinak huham a neih phah a si (Johan 5:25-30)

Pahnihnak ah, Jesuh cun a humhim awknak dingah zamrang zetin “theihpi tu” a ko hngal – tipil petu Johan (Johan 5:31-35), Jesuh tuah mi mangbangza (Johan 5:36), Pa Pathian (Johan 5:37,38), cule Ca thianghlim (Johan 5:39). Himi “theihpitu” pawl cun Jesuh lam tangin thu an rel.

Netabik ahcun Johan 5:40-47 ah soal a puhtu pawl hmaiah anmai dik lo zia a langter ih, A hnatuannak le anmai hmaikhaw sialnak karlak ih bangawknak lonak pawl a langter. Thiam lo an coternak cu anmah ih beiseinak an neih mi Moses ihsin a ra ding a si timi a sim (Johan 5:45-47)

Pathian ah zumnak nei ih, thurin dikzet nei cingin Khrih ah famkim zetih pumpek awk duhlonak thang sungah tla lo dingin ziangtin saw kan ralring thei ding? Na thuletnek cu Sabbath sikul zirnak ah run thawh aw.

NIRUK NI

October 4

Ruahbet ding: “Jesuh cun a hnenah (rualban lo dam zo pa) Pathian bomnak zianghman thu a sim lo. Cupa cun a

ringhlel cun damnak a ngahnak ding caan tha a hloh men thei. Asinan Khrih ih tongkam a zum hnget tuk, cui’ a tuahnak cun thazang cahnak a pe a si.

“Cuvek zumnak thawngin Pathian lam ah damnak kan dong thei a si. Soal ruangah Pathian nun ihsin thenhran in kan um. Kan thlarau cun zengnat a nei a si. Kanmah te cun mi cak lo zet vak theisal vekin nun thianghlim in kan nung thei lo ... beidonnak le harsatnak nei pawl cun thei suak hram seh. Jesuh cun a thisen ih leicia mi parah relfiang theih loh khawp in velneihnak le zangfahnak thawn, “Dam tha zetin na um thei kem?” a ti ih, dam cak zet le hrisel zet ih um ding in a lo kai hrah a si. Na dam fel thluh zo timi theihawknak cu hngak duh lem hlah. A thu zum awla, a famkim mai ding a si. Na duhdan cu Khrih lamah thum aw. Amah rian dingah duhnak nei awla, a tongkam vekin na cangvai dingih, thazang cahnak na ngah ding a si. Ziangvek sualnak a va um hmanah thlarau le taksa pehzom tertu cu Khrih cun pek suah a duh zet ih, a tuah thei fawn. Anih cun, “Daan buar sualnak ih thi” thlarau cu nunnak a pe ding a si(Efesa 2:1). Sualnak thir cikcin ih tawn bet mi cak lonak le vansiatnak sal ihsin luatnak a tuahsak ding a si “—Ellen G. White, The Desire of Ages, p. 203.

“Jesuh cun Pathian thangsiatnak thubuai cu a la duh lo. Soal in puhnak hna va tuan dingih ka thuneihnak ah kei cu Pathian fapa ka si, amah thawn um tlang ih, a duhzawng le a tumtah vekih hnatan tu ka si” tiah a ti”—The Desire of Ages, p. 208.

RELKHAWM DING THUSUHNAK PAWL

1. Tui zarh zirlai zohsal aw. Zumnak cu hivek pawl dam theinak tawfung a si. Cumi kalh ciah in hruaitu pawl

in rinhlelnak le zum lonak ih tihnung umzia an langter. Ziangah saw rinhlelnak thawn thusuhnak neih hi kan buainak a si ce lo ding (kan zaten kan si thluh)? Ziang ruangah saw thu bangaw an si lo ih, ziangruangah saw an danglam awknak theih hi a thupit emem?

2. Ninga ni zirlai ih thusuhnak netabik kha zoh aw. Ziangruangah saw Seventh-day Adventist kan si veki himi tihnung um thuhla ahhin kan ralrin sinsin a tul? Ziangkhal sehla Sabbath ni dik hman ding ti theinak le thih hnu umdan theihfiang ih thupitdan pawl thei cingin – Ziangah saw hivek thudik pawl cun in runhim thei lo? Ziangin saw in rundam thei, ziangtin?

3. Johan 5:7 khi ralring zetin zoh aw. Thim ah leitlun pum huap tilik asilole niruk sung sersiamnak eltu tulai minung pawl hnenah ziangtin saw hitawk ah Jesuh in ralringnak a pek?

ZIRLAI 2

October 5–11

PATHIAN SINAK IH HMUHSAKNAK

SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: Johan 6:1–15, Isa. 53:4–6, 1 Kor. 5:7, Johan 6:26–36, Johan 9:1–41, 1 Kor. 1:26–29, Johan 11.

Bible cangken: “Jesuh in a hnenah, Keimah hi thawhsalnak le nunnak ka si: keimah i zumtu cu thi hmansehla a nung sal ding: Cun zokhal nung cung ih i zumtu cu a thi dah lo ding. Hihi na zum maw? a ti’ ” (Johan 11:25, 26, NKJV).

Bible cun Jesuh Khrih cu sersiam cop le tuahcop mi siloin Pathian thawn um tlang mi kumkhaw fapa a si timi a fiangter. Jesuh cu ziangkim sersiamtu a si (Johan 1:1-3). Cule Jesuh cu a um ringring: a um lo caan hrimhrim a um lo. Hi leitlun ah Jesuh ra in, kan minung sinak cu Amah ten la khal sehla, a Pathian sinak cu a um ringring thotho. A tikcu te ahcun Jesuh cun a Pathian sinak langter in thu a rel theu.

Himi thudik cu Johan hrangih thil thupi zet a si. Curuangah Jesuh in mangbangza ziangmaw a tuah tikah Johan cun Khrih ih Pathian sinak a hmuitin theu. Jesuh cun a Pathian sinak a langtertu thu a rel men lo ih, a Pathian sinak phuanglangtu hnatuannak thawn a thurel mi pawl cu a nemhnet a si.

Tuizarh zirlai ahcun Jesuh Pathian sinak hmuhsaknak maksak pathum kan thlir ding. Thil larzet

cu ziangvek a si hmanah mi hrekkhat pawl cun mangbangza hi an zum lo ih, cumi ih thupitnak khal an theithiam cuang lo. Hrekkhat hrang ahcun Jesuh hnen ihsin an pialnak ding tikcu caan a rak si ih, a hrekkhat hrang ahcun mitcawtnak khur thuk ih an tlaknak ding caan a si. A hrekkhat hrangah Jesuh thihnak ding ih khawkhannak tuah tikcu caan a si ve thung ih, cule a hrekkhat hrangah cun Jesuh cu Messiah rori a si timi an zum theinak ding caan a rak si.

NIKHAT NI

October 6

Mipum 5,000 rawldar

Johan 6:4,5 ah dungthluntu cun mipum 5,000 rawldar tikcu caan cu lantakpuai thawn an nai aw tuk timi a rel tel. Lantakpuai cu Izipt ram ihsin Israel pawl runsuah an si timi theih ringringnak a si. Lantakpuai tuu fano cun fatir thihnak hmunram a luah. Himi raithawinak cun kan ai-awh ih Jesuh thihnak a rak khihhmuh. Thinglamtah parah kan sualnak ruangih kan phutawh hremnak cu Jesuh parah a tla thluh. Khrih, kan lantakpuai cu kan hrangah thah in a um (1 Korin 5:7)

“Anih cun kan daan buar sualnak a phur ih, a thinlung kekkuai in a nunnak a cem tiang a Pai hmel cu thup in a um. Himi raithawinak hmuahhmuah hi misual pawl tlen an si theinak dingih tuah mi a si”—Ellen G. White, *The Great Controversy*, p. 540.

Siar ding: Johan 6:1-14. **Hitawh ah Jesuh le Moses ih bangawknak hmuh theih ih ummi cu ziangsaw a si? Moses in Pathian hna a tuannak ihsin an pi le pu pawl in runsuahnak an rak dong thu va theihter salnak dingah Jesuh in hitawh ah ziangthil saw a tuah?**

Himi thuanthu cipciar zet pawl cun Jesuh cu Suahlannak sungih Moses thawn an milaw zet in a ret a

si. Lantakpuai tikcu caan (Johan 6:4) cun Izipt ram ihsin runsuahnak sunglawi a va khihhmuh. Sinai tlang parih Moses a kai vekkhan Jesuh cu tlang parah a kai (Johan 6:3). Israel pawl kha nelrawn ih hniksak an si veki Jesuh cun Filip a hniksak ve (Johan 6:5, 6). Sang tampi (Johan 6:11) cun Mana sang tamzet a va theihter a si. Rawl hlei an khonkhawm (Johan 6:12) mi khan Israel pawl in Mana an khonkhawm laikha a va theihter sal. A tang lai mi bawm 12 an la khawm (Johan 6:13), cumi zat ciah cu Israel hnam 12 thawn an bangaw. Cule mipi pawl cun Jesuh cu leitlun ih a ra ding profet rori a si tiah an ti (Johan 6:14), Daan 18:15 ih simcia mi, “Moses vek profet” a timi thawn an mil aw zet. Hi pawl hmuahhmuah cun Jesuh cu a miphun pawl runsuak tu ding Moses thar a si zia a khihhmuh thluh a si.

Johan cun Jesuh in hmuhsaknak le khawruah harsa lawng a tuah lo, asinan Judah mipi pawl hrangih sullam nei hleice hmuhsaknak le khawruah harza an si timi a langter. A thupi bik ahcun a Pathian sinak kha an hnenah a langter tinak a si.

Siar ding: Isaiah 53:4-7 le 1 Peter 2:24. **Himi bungcang in Jesuh cu Pathian tuu fano asinak thuhla ih thudik ziangsaw a sim? A Pathiannak kha himi thudik ah ziangtin a phum aw, ziangah saw himi thudik cu kan theihmi thudik ih thupibik a si theinak ding san?**

NIHNIH NI

October 7

“Amah cu Profet a si”

Siar ding: Johan 6:14,15,26-36. **A mangbangza tuahmi ah ziangtin saw dungthluntu pawl in an cohlang, cule himi thuanthu hmangin amah cu zo a si timi an hnen ah ziangtin saw a sim?**

Judah mi pawl cun Rom ramuknak ih hremnak ihsin runsuak tu ding lei messiah an rak beisei. Raldo awknak ih thil harsa zet pahnih um mi cu ralkap pawl rawl dar le hriamhma tuar le mithi tivek ngaihsak ih kilkhawi hi a si. Mangbangza a tuahnak ihsin Jesuh cun a pahnih in a tuah thei timi a langter.

Asinan cumi cu Jesuh ih ratnak san a si lo, cule cui thil cu mangbangza a tuahmi ih tumtahnak a si cuang lo. Mi thawngga rawldarnak cun Jesuh cu nunnak sang, Amah Pathian rori cu van ihsin a rungtum a si timi phuangsua knak ding caan remcang zet a tuah a si. “Keimah hi nunnak sang ka si, ka hnen ih a ra tu cu a ril a rawng dah lo ding” tiah a ti (Johan 6:35).

Himi cu thuthangtha Johan cabu sungah “keimah” timi vei 7 um mi lakih hmaisabik a si. “Keimah” timi ahhin ziangmaw thil nemngetnak a um theu (“Nunnak sang,” Johan 6:35; “Leitlun tleunak” Johan 8:12; “Sangka,” Johan 10:7, 9; “Tuu khaltu tha,” Johan 10:11, 14; “Thawhsalnak le nunnak,” Johan 11:25; “Lamzin, thutak, le nunnak,” Johan 14:6; “Sabit hri diktak,” Johan 15:1, 5). Himi pawl cun Jesuh thuhla thudik thupi zet pawl an tarlang thluh a si. “Keimah” timi cun Suahlannak 3 lam a hoi kir ter, cumi ahcun Moses hnenah Pathian Amah rori in Keimah cu mi ropi ka si a ti aw (Johan 8:58 thawn zoh kop aw). Cui’ Keimah Mi ropi titu cu Jesuh hi a si.

Asinan mipi pawl cun hivek pawl hmuahhmuah an thei thiam thei lo. “An thin lungawi thei lo cun Ziangah saw an hmuh vekin Jesuh in khawruahhar za hnatanu tampi a langter a si ahcun harhdamnak, thazang cahnak, a mipi pawl neinung zetih tuah theinak, anmah hremtu pawl hnen ihsin zalen theinak le anmah cawisang in thuneihnak le upatnak tivek a pek lo? tiin thusuhnak an nei theu. Pathian fapa a ti aw timi cu thudik a si, cumi

cingin Israel siangpahrang si dingih a rak hnong cu an theihthiam thei lo mi thuthup cu a si. A hnonnak cun an simfiangnak a dik lo timi a langter. Mi tampi cun a hnatuannak ih Pathian mizia cu amah rori in rinhlelnak a neih ruangah a thurel mi khal a rel ngam tuk lo tin an sim. Curuangah zum duhlonak lamah an thinlung sangka an ong ih, Satan ih a tuhmi thlaici cun cuvek ih theihsuallnak le tlansannak rah a suahter a si” —Ellen G. White, *The Desire of Ages*, p. 385.

Annih cun kumkhaw daih nunnak thudik hnakin thilri lamah hlawknak an hawl sawn. Hivek thang hi kan ralring lo pang ahcun kan tong thei thluh mi thil a si.

Thlarau lam thil siatsuah thei ding khawp ih neihsiah thilri lam ih tuh luh aw lo dingin ziangtin kan hrial thei ding?

NITHUM NI

October 8

Mitcaw pa damternak :Then 1 nak

Siar ding: Johan 9:1-16. Himi pa ih mitcawtnak san kha dungthluntu pawl in ziangtin an ruat, an ruahdan dik lo kha ziangtin Jesuh in a remtha?

Dungthluntu pawl cun suallnak le natnak kha an pehzomaw ter. Cuvek lam cu Thukam hlun hmun tamzet ah an rak khihhmuh (*Zoh kop aw*, Suah. 20:5, 2 Siang 5:15-27, 2 Siang 15:5, 2 San. 26:16-21), Asinan cuvek in pehzom awknak a um ngaingai maw timi thu ah Job ih thuanthu cun hmai a hruai a si. Cui thil cu Jesuh cun dikzetin a tuah, suallnak le tuarnak ih an pehzom awknak zianghman a hnong lo, asinan himi thuhla ahcun tumtahnak sangsawn, damternak hmangin Pathian sunloih a si ding thu a khihhmuh. Himi thuhla cu sersiamnak thuanthu thawn pehzom awknak an nei, cumi cu Pathian in leidip

ih minung hmaisabik a buah kha a si (Seem 2:27), cuvek ciah in Jesuh in mitcaw pa cu a nui' pum sung ihsin a hlohmi pe kirsal dingin leilung a hmang.

Mathai, Marka, le Luka sungih mangbangza thuanthu pawl cu an bangaw deuh thluh : buainak tarlangnak, bulpak in Jesuh hnenih hruaiawknak, damternak le damnak theithiam ih Pathian thangthatnak tivek pawl an si.

Johan 9 ih ummi thuanthu cun himi thu cu Johan 9:7 ah a kimter thluh. Asinan Johan cabu ahcun mangbangza ih thupitnak cu thurel khawmnak kau zeta a hung cang ih, damter mi le biaknak hruaitu pawl karlak ah pehzom awknak reizet um dingin a hruai a si. Himi thurel khawmnak ngainuam zet hi, ngaihdan pahnih zom khawm aw mi – Sual / Pathian hnaturan le mitcawtnak/ mit vannak tivek pawl an si.

Thurel tu cun Johan 9:14 a thlen hlan cu ca siartu pawl hnenah, himi Jesuh in a damter hi Sabbath ni ah a si timi a rel lang lo. Hi thil cu Bible siloin nunphung dan ah Sabbath borhbah ternak a si. Cutin Farasi pawl in Anih cu Sabbath daan buartu ah an puh. A thunetnak cu “Sabbath ni a hman lo” ruangah Pathian hnen ihsin a ra mi a si lo ti hi a si. Asinan midang cun misual in cuvek ih hmainsintlak hmuhsaknak a tuahtei ti mi chu ruah har an ti zet la la (Johan 9:16).

Thu relkhawmnak cu theh hrih lo khal sehla then thekawknak a rung um. Mitcaw pa cun Jesuh cu zo a si a theifiang deuhdeuh, asinan biaknak hruaitu pawl cu an lung hnok deuhdeuh, asilole Jesuh in a sinak a langter ruangah an mit caw deuhdeuh.

Himi thuanthu in kanmai bulpak zumnak le nunphun ruangih kan hmai rori ih a ummi thudik thupit zia khal thei lo phah in mitcaw ih um hi a tihnung umdan ziangsaw in sim?

NILI NI

October 9

Mitcaw pa damtenak :Then 2 nak

Siar ding: Johan 9:17-34. Ziangvek thusuhnak saw hruaitu pawl in an sut, ziangtin mitcaw pa in a let?

Himi Johan 9 thuhlawm sauzet lawng hi Johan cabu sungih cangvai tu bik ih Jesuh a um lonak hmun a si. Asinan an thubuai cu amai thuhla a si thotho. Sual thusuhnak thuanthu a thok vek ciah in (Johan 9:2), Farasi pawl cun Jesuh cu misual ah an ruat, zianghahtile Sabbath ni ih mi a damter ruangah a si(Johan 9:16, 24). Damter zo mi cu, “sual punhlum ih suak” tiah an relsia(Johan 9:34 ESV).

Thuhla dang a rung thleng aw. Mitcaw pa cu Jesuh ngainatnak le Amah ih zumnak a neihmi ah a thangso vivo ih, taksa lam lawng siloin thlarau lam tiangin damnak a ngah deuhdeuh. Cumi kalh ciah in Farasi pawl cun an thu theihthiamnak ah an mit a caw deuhdeuh ih, a hmais a ah Jesuh ruangah thenawknak a um (Johan 9:16), cule Khuitawk ihsin a ra ti khal an thei lo (Johan 9:29)

Cumi laiah himi mangbangza thu mitcaw pa ih a simsal mi cun Jesuh hi zo a si timi Johan ih in sim theinak ding ah caan tha remcang a pe a si. Johan 9 ih a um hmuhsaknak thulu pawl cu Thuthangtha cabu dang ih a ummi pawl thawn pehzom awknak an nei. Johan cun Jesuh cu leitlun ih Eng a si zia a nemnget sal (Johan 9:5; *Zoh tlang ding* Johan 8:12). Thuanthu cu Jesuh rung um thoknak pawl thawn an pehtlai aw thluh. Amah cu zo saw, khuitawk ihsin ra mi saw a si, A hnaturan ziangmi a si? (Johan 9:12, 29; *Zoh tlang ding* Johan 1:14). A hlan ih mangbangza hnatuannak ih a langmi Moses ih thuhla khal himi ah a lang ve (Johan 9:28, 29; *Zoh tlang ding* Johan 5:45, 46 le Johan 6:32). A netabik ahcun, mipi pawl in an letnak ih thulu pawl a um. Hrekkhat cun Eng hnakin thim

an duh deuh, cumi laiah a hrekhat pawl cun zumnak in an rak let (Johan 9:16–18, 35–41; *Zoh tlang ding* Johan 1:9–16, Johan 3:16–21, Johan 6:60–71).

Hitawk ih um tihnung umzet cu thlarau lam mitcaw biaknak hruaitu pawl an si. A mit rak caw dah pa cun a simfiang ih, “ Leilung semtir ihsin zohman in suahkeh mitcaw ih mit an vangter ti theih a si dah lo. Hi pa hi Pathian hnen ihsin a rami a si lo ahcun, zianghman a tuah thei lo ding, a ti” (Johan 9:32, 33, NKJV). Cule cuti cing khal in biaknak hruaitu, thlarau lam ih mipun kaihruai tu, Jesuh rak theithiam ih, Messiah ih rak pawm tu ding pawl cun a langfiangmi thiltitheinak pawl um khal sehla, an hmu thei lo. Asilole a ngaingai in hmuh an duh lo ruangah a si. Kan thinlung ih in bum theizia thuhla ah ralrin peknak thilti thei zet a va si em!

Siar ding: 1 Korin 1:26-29. **Paul ih cangan mi cu ziangtin saw himi thuhla thawn an milawk thei, cuvek thupi pawl cu tu ah ziangtin hman a theih ding?**

NINGA NI

Lazarus thawhsalnak

October 10

Johan 11 cu riahsiatnak hlirin a khat thluh – A rualpa dam lo timi thuthang ah riahsiatnak (Johan 11:1-3), A thihnak ih tahnak (Johan 11:19, 31,33); Jesuh um bangta sehla Lazarus a thih lo ding thu ah a unau nu ih tahnak (Johan 11:21,32); le Jesuh ih mitthli tlaknak (Johan 11:35) timi pawl an si.

Asinan Jesuh cu Lazarus hnen ah feh dingni ni 2 sung a tlai (Johan 11:6), tuan deuh ih cumi cun a hlan khan ih a rak feh lo ruangah a lung a awi ti a langter (Johan 11:14, 15). Hivek ih a umnak hi zangfahnak A neih loh ruang a si lo. Pathian sunglawinak langternak ding sawn a si.

Johan 11:17-27 kan va thleng tikah Lazarus cu a thihnak ni 4 lai a rak kim zo. Ni 4 hnuah a taksa cu a rak siat thluh zo ding, Martha cun, “ Bawipa, tu ahcun a thu zo ding, zianghman a thihnak ni 4 a rei zo a si” (Johan 11:39, NKJV). Rinhllel ding zianghman um loin, Jesuh ih a tlainak cun lehnu ih mangbangza a tuahmi ah khawruah har sinsin dingin a bawm thei a si. A sia zo mi ruak kaih thawh ding maw? Jesuh in Amah cu Pathian a si zia langternak dang ziangsaw a pek hrih ding?

Cule Pathian cu a hramthok ihsin nunnak tuahtu a si vekin – Jesuh cun thihnak tlun ah huham a nei a si. Jesuh cun Lazarus ih thihnak cu thil remcang ah la tahrat in Amah thuhla ih a thupi zetmi a langter. “Keimah cu thawhsalnak le nunnak ka si. Zokhal in zum tu cu thi khal sehla, a nung leh sal ding. Cule zokhal nung cung ih i zumtu pohpoh cu an thi dah lo ding” (Johan 11:25, 26, ESV).

Siar ding: Johan 11:38-44. **A thurelmi nemhngot tu dingah Jesuh in ziangsaw a tuah?**

Jesuh in mitcaw pa khaw hmuh theinak (Johan 9:7) a peknak ihsin Amah cu leitlun ih Eng (Johan 8:12, Johan 9:5) a si zia a langter. Curuangah hitawk ah Jesuh cun thihnak ihsin Lazarus a kai tho (Johan 11:43,44), himi cun Anih cu thawhsalnak le nunnak a si zia a langter a si (Johan 11:25).

Himi mangbangza cun a dang pawl hnakin Jesuh cu Pathian a si vekin nunnak petu a sinak a khihmu hleice a si. Himi cun Jesuh hi Pathian fapa a sinak thu Johan ih a relnak ah nasa zetini a rak bawm a si. cumi kan va zumnak ihsin Amah fehtlang in nunnak kan nei ve thei ding a si (Johan 20:30, 31).

Ziangkhal sehla himi thuanthu lungawi um netnak lamah kan um (Johan 11:45-54), a hmutu mi tampi pawl cun an zum (Johan 11:45), huham nasazet sihman sehla

riahsiaza thil a si. Jesuh cun mithi kai tho theisal timi a hmuh, asinan hi minung pawl cun Amah an thahnak ihsin an cawl ter thluh thei tin an ruat kem maw? Pathian ih fimnak le huham hi minung ih zoh thim ding tlak a va si ve!

NIRUK NI

October 11

Ruah bet ding: Siar ding- Ellen G. White, “The Crisis in Galilee,” pp. 383–394; “Lazarus, Ra suak aw,” pp. 524–536; le “Puithiam pawl khawkhannak,” pp. 537–542, *The Desire of Ages* sungta...

“Khrih ih nun, leitlun nunnak a petu cu a Thu ah a um. A thu in Jesuh cun natnak a damter, khawsia a dawisuak; a thu in tiffinriat a daiter ih, mithi a thoter, A thu ah huham a um timi mipi pawl cun an sim. Anih cun Thukam hlun ih thu zirhtu le profet pawl fehtlang ih a sim theu vekin Pathian kamsuak thu a phuang. Bible pumhlum hi Khrih tarlangnak a si, Cule rundamtu cun Pathian thu ah a dungthluntu pawl ih zumnak remthat sak a duh. Hmuh theih ih a umnak lakhloh a si hnuah a tongkam pawl cu an huham suaknak hrampi a si ding. An zirhtu vekin annih pawl cu ‘Pathian ih kaa ihsin a suakmi thu kipin an nung sawn a si’ Matt. 4:4.

“Kan taksa nunnak hi rawl ih cawm a si vekin kan thlarau nun khal Pathian tongkam ih cawm mi a si. Nunnak (thlarau) kip cu amah hrang ah Pathian tongkam ihsin nunnak a dong ding a si. Rawl kan ngah theinak dingah kan ei tengteng a tul vek ciah ih kanmah ten Pathian kamsuak thu kan dong ding a si. Thinlung thalo dang putnak ihsin ka la suak ding a si lo. Ralring zetin Bible zirin A thu kan theihfiang theinak dingah Pathian hnenah Thiang Thlarau bomnak kan dil ding a si”—Ellen G. White, *The Desire of Ages*, p. 390.

RELKHAWM DINGMI THUSUHNAK PAWL

1. Tuizarh ahcun Jesuh in mi thawngnga rawl a darnak, suahkeh mitcaw a damternak, le thihnak ihsin Lazarus a kaih thawhnak pawl kan zoh fel zo. An thu tinkim ah Jesuh cun A Pathian sinak hrangih hmuhsaknak huham a tuah. Asinan himi mangbangza pawl cu mangbangza a si tluk in thentheak awknak khal a tuah cih. A hrekkhat cun zumnak thawn an cohlang, a hrekkhat pawl cun an ringhlel thung. Himi cun ziangtin saw thilti theinak huham hmai ah mipi pawl in Pathian hnong dingih thutluknak an tuah thei tho tho dan thuhla in zirh?

2. Hivek thuanthu pawl cun Khrih cu Pathian fapa a si timi an khihmuh thluh. Ziang ruangah saw Rundamtu Jesuh ih zumnak neihnak ah A Pathian sinak hi a thupit emem?

3. 1 Korin 1:26-29 kha zoh sal aw. Ziangvek lamzin in saw kum zabi 21 ahhin hi a bangaw mi ih hnatuandan kan hmuh thei? Khristian pawl ih zum mi, “Atnak” hrekkhat, “taksa daan ih fimnak” a si mi an hnong le hmuhsuam mi ziangsaw a si? Ziangtin saw “thil a cakmi pawl” hi “Mualpho” nak a si ding tiih kan zumdan?

ZIRLAI 3**October 12–18****THUANTHU: THUHMAI HRUAI****SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Johan 1:1–5, Seem. 1:1, Johan 1:9–13, Johan 3:16–21, Johan 9:35–41, Matt. 7:21–23, Johan 17:1–5.

Bible cangkan: “**A tir in Thu a um, cun Thu cu Pathian thawn a um ih, Thu cu Pathian a si**” (Johan 1:1)

Zarh khat nak ah khan Johan in thunetnak thuhla a rel, cumi cun Thuthangtha a ngannak san a run simfiang. Tuizarh zirlai cu Thuthangtha a thok tir lam ah a kirsal, cutawak ahcun Johan cun Thiang thlarau thawtkhumnak thawngin ca siartu pawl cu lamzin dik ih hruai a tum a si. Thukam thar ngantu pawl cun an cangan mi tongkam hmaisai bik lole thuhlawm then hmaisabik ah an rel tum mi thupi pawl an tarlang theu. Curuangah Johan khal in a tarlang ve ih, cui a thupi pawl cu Jesuh khrih ih thuhla – Leitlun semsua a si hlan ihsin a rak um zo dan thudik pawl leitlun van kulh tiang fehtlang thei pawl an si.

Himi cabu onnak ahhin casiar tu pawl in Jesuh cu Messiah a si lam an theih hngalnak ding a tuah a si. Cumi cu hlawnak nasa zet a si, ziangatile a cabu sungih um pawl ih cui thil cu an thei hngal ve lo. Johan in Jesuh thuanthu a rel tikah a hlan thu ah a kirsal a si timi cu casiar tu cun fiang zetin a hmu thei hngal a si. Himi a sunglawi zetmi thupi pawl cu leitlun ih Jesuh nun thuanthu ah a um thluh a si.

Tuizarh zirlai cu thuhmai hruai in thok a si ding (Johan 1:1-18) cule Thupi thulu pawl cu a tawi zawngin

tuah a si ding. Himi thupi pawl cu Thuthangtha Johan sungih hmundang khalah zoh kual a si ding.

NIKHAT NI**October 13****A hramthok ah - Pathian Thu**

Siar ding: Johan 1:1-5. **Himi tongkam pawl in THU, Jesuh Khrih thuhla ziangsaw an tarlang?**

Johan Thuthangtha cu himi mangbangza in hram a thok : “A tir in Thu a um, cule Thu cu Pathian thawn a um, Thu cu Pathian a si”(Johan 1:1). Himi catlang tuan mawi zet ahhin kan theihthiam theih lomi ruahnak thuk zetzet a um a si.

A hmaisai ahcun, Thuthang ngantu cun sersiamnak thuanthu, “A tir in” (Seemtir 1:1) timi a run hmang. Leitlun vandap pi a um hlan hmanah Thu cu a rak um zo. Curuangah Johan cun Jesuh cu kumkhaw mi a si lam a nemhngat.

Neta ahcun, “Thu cu Pathian thawn an um tlang” timi hi a si. Johan 1:18 ah Johan in Anih cu Pai’ tang ih ummi” a sinak a run tarlang. Himi ih sullam diktak hi ziangti vekih rel kan tum ciamco khalah thil pakhat a fiang zetmi a um : Jesuh le A Pa cu nai aw zetih ummi an si timi hi a si.

Cule, “Cun Thu cu Pathian a si” tiah a run ti. Asinan ziangtin saw Thu cu Pathian thawn an um tlang thei ding, cule cui tikcu caan bangaw ahkhan Pathian a si ding fawn si? Thuletnak cu Grik ah hmuh a theih, Grik cun thufiang fukfi relnak Article (thuhram) an nei, cumi cu *The* timi a si, asinan thuhla fiang lem lo relnak ahcun *a/an* timi an hmang. Kan hrangih a thupi zet mi cu Grik tongih thufiang relnak Article “The” timi hi a si. Cumi cun minung simaw, thilri tivek simaw khihhmuh duh hleice mi a nei a si.

Catlang tlun ih, “Thu cu Pathian thawn an um tlang” timi ih “Pathian” timi hmanmi ahhin Article a um ruangah bulpak- Pa Pathian a khihmuhnak a si. Cule Thu cu Pathian thawn an um tlang. Catlang tlun ah, “Cule Thu cu Pathian a si” tin a um. Pathian timi cun article a nei ve lo, curuangah himi cun Pathian sinak mizia a run tarlang a si. Jesuh cu Pathian a si – Pa a si lo. Asinan Pathian sinak ih a pahnihnak, Pathian fapa a si lai thotho.

Dungthluntu cun himi theihthiamnak hi a nemhnget ih, Johan 1:3,4 ahcun Jesuh cu sersiam mi pawl hmuahhmuah zaten sersiamtu a si tiah a ti.

“Kumkhua ihsin Bawipa Jesuh Khrih cu Pa thawn pumkhat an si. Anih cu ‘Pathian hmuihmel kengtu,’ a ropitnak le a sunlawinak, “a sunlawinak eng langsuaknak” hmuihmel kengtu a si’ “—Ellen G. White, The Desire of Ages, p. 19.

Ziang ruangah saw kan Pathian thu zirnak ahhin Khrih ih Pathian sinak famkim theihthiam hi a thupit? Ziangvek zawng khal in Jesuh cu sersiammi men si bang sehlah ziangsaw kan hloh ding? Sabbath ni ah na thuletnak run keng aw, cule kan zumnak ahhin ziangah Khrih ih kumkhua Pathian sinak hi a thupit timi relkhawm tlang dingin tiam uh si.

NIHNIH NI

Thu cu minung ah a hung cang

October 14

Siar ding: Johan 1:1-3, 14. **Himi bungcang in Jesuh, Amah Pathian rori ih tuahmi ziangsaw in sim – Ziangahsaw himi thudik hi kan theih ding ih thudik thupi zet a si?**

Johan cun a thuthangtha nganmi hi “Jesuh” timi hmin in asilole Messiah/ Khrih a sinak in hram a thok lo.

Asinan logos (Thu) timi in hram a thok. Johan ih ca a ngan lai hrawng ahhin khawruat thiam mifim tam zet cun logos timi cu vandap kulh pi umdan tivek relnak ah simaw, lole asidan ding vekih thil a hung ummi relnak tivek ah an hmang theu.

Cule hlanlai ih khawruat thiam fimnak nei lakih hmin thang zet Plato ih thuzirhnak cun a ngaingai ih thil ummi cu hmun hnih ah a rak then. Pakhat cu vanram le danglam thei lo ram a si. Cumi ahcun a tha zetmi famkimnak a um. A dang pakhat cu hitawk kan umnak ram hi a si – siatral thei, danglam thei, a tlun ih ram famkim, a umnak ding hmun ih a ummi ai-awh tu famkim lo zet a si (Plato cun cui thusuhnak cu a let dah lo). A hrekkhat mifim pawl cun logos cu thil sullam zianghman nei lem lo kumkhaw ummi le hitawk lei ih thil um, a hloral thei karlak ih a um mi men a si tiin an ti.

Johan in himi tongkam a hmandan cu a danglam zet. Thudik, logos (Thu) cu lei le van karlak ih zianghman lo ih a um ve menmen mi ziangsi maw asilo timi hi a pawm hnget zet. Logos (Thu) cu minung : Jesuh Khrih, minung ih rungchang, kan lakih um mi a si(Johan 1:14)

Johan hrang ahcun logos cu Pathian Thu a si. A thupi zet cu Pathian thawn pehtlaih awknak hi a si: cumi cu Amah ten minung hnenah lamzin danglam zet in a ra tarlang aw: Pathian cu kanmah vek ah a rung cang.

Johan thuthangtha ah logos timi cun kumkhaw Pathian, tikcu le caan ih um, thusim, cangvai, le bulpak in minung thawn pehlaihawknak neimi a si zia a rak zohter. Kumkhaw Pathian cu kanmah vek minung ah a rung cang.

Johan 1:14 ahkhan dungthluntu cun logos “cu minung ah a rung cang, kan lakah a ceng” tiah a ti (NKJV). Grik tongfang hnuai ih a um mi ‘ceng’ timi sullam cu puanthlam tinak a si. Johan cun Suahlannak 25:8 ta a

relnak a si. Cumi ahcun Pathian cun Israel fale pawl cu hmun thianghlim, puanthlam tuah dingin a fial. Cuti cun an lakah a ceng thei ding a si. Cuvek ciah in minung ih a ra suahnak ah Jesuh, Pathian fapa cu minung taksa lamah a ke a kar, mipi in an pehtlaih theinak dingah A sunglawinak pawl a khuh thluh.

Hitawk ih Johan ih a nganmi thil umtudan hi ruat lawk aw. Pathian Amah rori, sersiamtu cu kanmah vek minung ah a rung cang, cule kan lakah a um. (Ka hrangih a thihnak hman kan va thleng hrih lo). Himi hin Pathian in minung a duhdawt ngaingai dan ziangsaw in sim? Ziangruangah saw himi thudik bangmangza ihsin thlangamnak nasa zet kan ngah thei?

NITHUM NI

October 15

Thu theih le theih lo

Siar ding: Johan 1:9-13. Hitawk ahhin mipi in Jesuh an letdan thuhla ziang tin saw Johan in a rel?

Johan 1:1-18 ih um thuhmai hruai cun Jesuh Khrih, Thu (logos) hi zo saw a si timi lawng a simfiang lo ih, leitlun ih um mi pawl thawn an pehtlaidan khal a relfiang. Johan 1:9 ahkhan Anih cu A dikmi Eng, leitlun ih a ra pawl rak engter tu tiih kawh a si. Cui Eng cun leitlun a tleuter ih, cumi theithiam dingin a tuah. As C. S. Lewis cun, “Ni a suak timi ka zum vek ciah in Khristiannak ah zumnak ka nei a si. Ka hmuh ruang men ah si loin, cumi ihsin ziangkim khal ka hmuh thluh thei ruangah a si” tiah a ti.”—“Is Theology Poetry?” (n. p.: Samizdat University Press, 2014), p. 15, nam hmaisabik, kum 1944.

Cule Johan 1:9 ih a relmi khal zoh aw. Eng cu mikip hnenah a ra, asinan mikip cun Eng an rak lawm lo. Thaizing zirlai ih kan hmuh ding vek ciah in, Johan F-3

Thuthangtha thupi tumzet cu mipi pawl in Jesuh an cohlang le an hnongdan hi a si. Cui’ thupi cu hitawk ah a thok. Riahsiat thlak za cu Messiah cu a miphun, Israel mipi pawl hnenah a ra, mi tampi cun Messiah ah an rak pawm thei lo.

Rom 9-11 ah Paul cun cuvek ih riahsiatza thupi a rel, cumi cu Judah mi tamzet in Jesuh an hnong thu hi a si. Asinan hivek riahsiatthlak thu ahhin Paul cun a net a khar duh hrih lo, a ngaingai te cun Judah mi tamzet pawl cu Zentel pawl thawn Jesuh hi an Messiah ah an pawm leh ding timi thu a sim. Ngaingai te cun Zentel pawl hnenah Judah dokalh in puar thau lo dingin ralringnak a pek. “Ziangahtile nang cu pianphung ihsi hramlak ih a khomi olif kung ihsin sah thlakih um in, na pianphung sinak dokalh in a hman mi olif kung ah pehzom na si ahcun, hi a hngetek ngai pawl hi anmai’ olif kung ah ziangtlukin saw pehzom a olsam sinsin ding? (Rom. 11:24, NKJV).

Cuvek thawn bangaw ciah in Johan cun anmah rundamtu ih Jesuh a pawmtu pawl hmuahhmuah cu Pathian fate ah an cang ding tiah a ti. Himi cu A hmin ih zumnak neihnak ihsin a cangsuak mi a si. (Zoh aw Johan 1:12, 13.)

Hitawk ahhin Thuthangtha thuhmai hruai le netkharnak pehzom awknak a um. Johan 20:31 ahkhan dungthluntu cun ca a ngannak san a rel – Jesuh cu Khrih, Pathian fapa timi na zum theinak dingah le na zumnak ihsin A hmin in nunnak na neih theinak dingah a si. Cuvek ciah in thuhmai hruai le thu net kharnak cun pumkhat awknak, an karlak ih thil a cang suak mi pawl pehzom aw thluh in a tuah a si. Himi pehzom awknak cun Johan Thuthangtha ih hmuitin bik mi – mipi in Jesuh Khrih cu anmah rundamtu ih an zumnak ihsin rundam an si theinak ding a khiihmuh a si.

Pathian fapa lole fanu na si ruangah na nun ah ziangin na nun a danglamter?

NILI NI

October 16

Thupi rung langsal – Zum/zumlo

Siar ding: Johan 3:16-21, Johan 9:35-41, le Johan 12:36-46. **Ziangtin saw himi bungcang pawl in thuhmaihruai sungih hmuh mi zumnak/zumlonak ih thupi pawl a rel kirsal rero?**

Johan ih Thuthangtha ahhin minung cu pawlkom pahnih in an thenaw vekin a lang: 1) Jesuh zum in, Amah cu Messiah ih pawmtu le 2)zum theinak ding tikcu caan remcang nei cing khal ih zum lo dingih thutlunak tuahtu pawl tla an si.

Jesuh dungthluntu pawl cu pawlkom hmaisa sawn ah an um, a rak um ve mi midang pawl tla cu Nikodemas(Nuamnai teten zumnak a nei tu), tikhur ih nunau nu, le suahkeh mitcaw pawl an si. Pawlkom pahnihnak ahcun Farasi le puithiam sang, mi thawng nga rawldarnak hmun ih mipi pawl le dungthluntu lakih pakhat Judas tiang khal a tel.

Johan Thuthangtha ahhin tongkam zumnak/rinnak (Grik *pistis*) ti hi noun(*thil hmin relnak*) in veikhat te hman a lang dah lo, himi cu a danglam zet. Ziangkhal sehla Verb(*tuahnak relnak tongfang*) ih zumnak (Grik *pisteuo*) timi cu vei 98 a lang, thukam thar pumpi ahhin vei 241 a lang. Himi verb hi Johan Thuthangtha cabu ih thupi zet mi a si. Himi ah noun hmang loin verb sawn a hmanna cun Khristian sinak cangvaihnak pawl a khhimuh thei a si. Jesuh zumtu sinak cu thil ziang simaw kan tuahmi a si, cule himi cun kan zumnak men lawng siloin kan nundan ding khal a tarlang a si. Kan theih vekin

khawsia hman in Jesuh a zum ve a si (Zoh aw, James 2:19).

Johan cabu ah pawlkom tum pahnih karlak ih bangawk lonak cu Jesuh an pehtlaih dan hi a si. Zumtu lole a zumtu ding pawl cu Jesuh in hmaiton in nun a sim khalah A hnen lam an pan thotho. Jesuh hnenah an ra ih, an tlan hlo ve lo. Anih cu an parih tleunak Eng a si. Zumnak thawng an rinsannak in annih cu Pathian fale ah an cang.

Khatlam ah zumlotu pawl cu Jesuh dokalh duhah A hnenah an ra. Annih cu Eng hnakih thim ngaina tu pawl an si. A thurel mi cu pawm ding harsa zet tin an hmu, lole pupa daan hlun pawl buar in an beiseinak a famkim ter thei lo tin an hmu. A tleunak in a tah ih, thu a thensak hai ding hnakin A parah thuthennak an dingpi riangri. Himi lungput hi biaknak hruaitu pawl ah hmuh leuhleuh mi a si ko ding, thlarau lam ih rampi kai hruaitu an si vekin annih pawl cu Jesuh pawm hmaisa bik tu ding pawl an si.

Jesuh ah zumnak nei ih, Amah cu Messiah ih na pawm tikah ziangvek lamzin in saw nun na hman? Ziangruangah saw bangawk lonak theih hi a thupit? (Zoh aw Matt. 7:21-23.)

NINGA NI

October 17

Thupi rung langsal – sunlawinak

Siar ding: Johan 17:1-5. **Jesuh in, “Ka pa, a caan a thleng zo; na fapa in a lo sunloih theinak dingah na fapa hi run sunloih ve aw” a ti tikah ziangsaw a sim duh mi?**

Mani sun zirlai cun Leitlun thu, Johan thuthangtha ih minung thuanthu hrihram thu a zoh fel. Cumi cu minung karlak elawknak pawl an si. Cumi ah Jesuh zo a si, ziang a tuah timi a tel ringring. Tuini zirlai cun vanlam thuhla, vanlam thuanthu hrihram, Johan cabu sungih um mi a hmuitin a si.

Thuhmaihruai ah van lam hrihram thawn a thok hngal. Jesuh cu Pathian fapa, ziangkim tuahtu a si. Thil a rak um dah lomi, a tu ih hung um mi pawl khal Jesuh fehtlang lawngih ummi an si. “Thil hmuahhmuah hi amah in a tuah ih, sersiammi hmuahhmuah ah amah tel loih sersiammi ziang hman a um lo” (Johan 1:3, NKJV). Asinan minung ih a rung cannak ih sunlawizia cu a rel peh vivo (Johan 1:14). Johan cun minung hnen ihsin ngah mi tihzahnak le Pathian hnen ihsin dawn mi sunlawinak lole upatnak thuhla relnak ah sunlawinak (*doxsa, Tleunak, ropitnak, hminthannak, upatnak*) le sunloihnak (*doxsazō, Thangthat, upat, cawimawi, sunloihnak*) timi a hman.

Johan cabu sung ih Jesuh sunloihnak cu Amah tikcu caan thawn pehawknak an nei. Cumi cu a thih ding tikcu caan a si (*Zoh tlang aw* Johan 2:4, Johan 7:30, Johan 8:20, Johan 12:23–27, Johan 13:1, Johan 16:32, Johan 17:1). Thinglamtah cu a sunlawinak tikcu caan a si. Himi ruahdan hi a milaw thei lo zetmi thil a si. Ziangahthile hlansan ih Rom leitlun ahcun Khenbet hi thahawknak ih zahthlak bik le mualphoternak bik a si. Himi zum um lo khawp ih danglam zetmi thil a si ih, thinglamtah parah Pathian cun minung thuanthu le Pathian lam pehtlahi awknak a langter a si.

Minung sihnakin Jesuh cu na tuar zetin a thi, hmuhsuam tuar in thazang cak lo zetin a au ih, “Ka Pathian, Ka Pathian, ziangruangah saw in tlansan?” tiah a ti. Hi minung sihnak ih thinglamtah harsatnak pawl cu Matthai le Marka ah a um (Matt. 27:46, Marka 15:34, NKJV). Asinan thinglamtah sir ih sunlawinak cu a hleice in Luka le Johan ah a um (Luka 23:32–47, Johan 19:25–30). Himi cu rundamnak, zangfahnak ra thlennak a si. Cutawk cu Pathian fapa in Amah ten A pa hnen ih a pekawknak hmun a si. Pathian sunlawinak cu a mualphonak ah a lang- Amah ah leitlun sualnak a phur.

Hivek lawmmam ih thil cang mi, sual ihsin in rundam theinak dingah thinglamtah parah Pathian Amah rori a pe aw timi sullam ruat tlang uh si. sual hi ziangtluk in a tha lo timi thuhla ah himi in ziangsaw in sim?

NIRUK NI

October 18

Ruahbet ding: Ellen G. White, “ ‘God with Us,’ “ in *The Desire of Ages*, pp. 19–26.

“Bawipa Jesuh Khrih, Pathian Fapa cu kumkhua in a rak um, mi danglam zet, sinan Pa thawn um tlang mi a si. Anih cu van ih sunlawinak ih sunglawi bik a si. Vanlam fimnak ih hruaitu bik a si. Vancungmi pawl ih cawimawinak cu A diknak vekin a rak cohlang a si. Pathian ih ta ruksaknak a si lo [Thuf. 8:22–27 lakmi].

“Leilung semsua hlan ihsin Khrih cu Pa thawn a um tlang mi pakhat a si timi thudik ah sunlawinak le Eng a um. Himi Eng cu thimnak ih tleu, a hramthok ih sunlawinak Pathian ih a tuah mi a si. Himi thudik, amah te hman ih thuthup net ti nei cuang lo hin a dang thuthup le relfiang theih lo thudik cu a simfiang a si. Cumi laiah himi cu vanaih theih lomi le theihthiam theih lo mi ih ummi a um”—Ellen G. White Comments, *The Seventh-day Adventist Bible Commentary*, vol. 5, p. 1126.

“Jesuh cun, ‘ Leilung ihsin khaikan ka si ahcun Mi hmuahhmuah kan hnenah ka hip ding’ tiah a ti (Johan 12:32). Khrih cu leitlun sualnak hrangih thi mi rundamtu a si vekin misual pawl hnenah a phuang awk a tul. Cule Kalvari thinglamtah ih Pathian Tuu Fano kan hmuh rual in tlannak thuthup cu kan thinlung ah a rung lang thok ih, Pathian thatnak cun sual sir dingin in kaihruai a si. Misual hrangih a thihnak ah Khrih cun theihthiam theih lo duhdawtnak a langter a si, cule misual in hi duhdawtnak

hi a hmuh cun a thinlung a nemter ih, thinlung a tangter ih, thlarau sualsirnak a thlenpi a si. Annih (minung) in tuahtah dingih an ti tikah thiltha tuah duhnak ngaingai an nei ih, cumi cu anmah a hip tu Khrih ih huham a si. Theihthiam lonak ih a ciahneh lutuk mi cun thlarau lam hna a tuan, Sia le that theinak cu a nungter ih, lenglam nun a tuah tha a si. Cutin Khrih ih an sualnak a ngaidam thluhmi pawl hnenah a Thinglamtah thlir ih Amah ih thum aw dingah a lam ih a hip tikah thupek pawl cu an run theithiam a si.”—Ellen G. White, Steps to Christ, pp. 26, 27.

RELKHAWM DING THUSUHNAC PAWL

1. Ziangahsaw Johan in Jesuh cu sersiamtu a si vekin a hnatuannak thuhla a sim thok? Himi cun Pathian thu zirnak hmuahhmuah ah sersiamnak ih thupit zia thuhla ziangsaw in sim?Cule ziangruangah saw Ca thianghlim ih a lang vekin Sersiamnak dikzet kan theih thiam ding hi a thupit?

2. Nikhatni zirlai netnak lam ah thusuhnak ummi ahkhan um lawk aw. Kumkhaw Pathian siloin sersiam cop mi kha rak thi bangta sehla thinglamtah ah ziangthil a thleng ding? Jesuh cu thil ziangkim siloin kumkhaw Pathian a si cun ziangsaw kan hloh ding?

ZIRLAI 4

October 19–25

KHRIH CU MESSIAH TI THEIHPITU

SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: Johan 1:19–23; Isa. 40:1–5; Johan 1:29–37; Rom. 5:6; Johan 1:35–39; Johan 1:43–51; Johan 3:1–21.

Bible cangkan: “Jesuh in a let ih a hnenah, Thungaiin, thungaiin, ka lo sim, Mi zokhal hrinsal a si lo ahcun, Pathian uknak ram cu a hmu thei lo ding, a ti.” (Johan 3:3, NKJV).

Thusuhnak zianghman um lo ding khawp in Jesuh cun mipi pawl hnenah Amah thuhla a rel theumi pawl nemhnet dingin huham neizet Cathianghlim a pe theu, cumi ahcun “Thungai in, Thungai in ka lo sim, keimah i zumtu cun kumkhaw nunnak a nei a si” (Johan 6:47) timi khal a tel.

Asinan tampi a um lai. Tidai sabitti ih canternak, sang malte hmangin mi thawngnga rawldarnak, bawi pakhat ih fapa damternak, Bethesda tili ih mina damter salnak, suahkeh mitcaw damternak, thihnak ihsin Lazarus kaihthawhna ti pawl khal an si. Thuthangtha ngantu cun thil a thleng mi dangdang a telh ih, cule Mipi- Judah, Zentel, milian, mi farah, nunau, mipa, thuthentu, mi zaran, cathiam mi, cathiam lo tivek pawl cu Jesuh hi zo saw a si timi theihpi tu dingah a ko hai a si.

Pa, Amah rori ih theihpinak khal Johan cun a khih hmuh, Cathianghlim khal a telh ih, himi pawl hmuahhmuah cun a sinak an langter thluh a si.

Tuizarh cu tipil petu Johan ih theihpinak huham nei zet in hramthok a si ding. A dang theihpi tu pawl khal an um thotho: Andrew le Simon Piter, Filip le Nathaniel, le beisei lo bikmi theihpitu Farasi mi, Nikodemas pawl an si. Asinan theihpitu a dang pakhat cu phenthlam dungah a um (Johan 1:35, 40 ih um Andrew thawn um tlang tu dungthluta a si) – cupa cu amah Johan a si.

NIKHAT NI

October 20

Tipil petu Johan ih theihpitnak

Dung zarh zirlai ih a tarlang vekin Johan Thuthangtha cun Jesuh Khrih cu Thu, sersiam hlanih kumkhua mi a rak sidan pawl in hram a thok. Asinan cui thuhmaihruai thotho ahcun tipil petu Johan cu Jesuh theihpi tu si dingah a runglang. Judah hrekkhat pawl cun Jesuh san lai ahkhan Messiah pahnih an rak beisei, pakhat cu puithiam a si ding ih, a dang pakhat cu Siangparhang a si ding. Johan cun fiang zetin tipil petu Johan cun himi pahnih lakih pakhat sangsang ih Messiah si a tum lo thu le anih cu Messiah ngaingai theihpitu a si thu a rel.

Siar ding: Johan 1:19-23. **Ziangtin saw tipil petu Johan in Pathian hna a tuandan le a tumtah mi a simfiang?**

Johan cu zosaw a si timi thusut dingah bianak lam hruaitu pawl cun puithiam pawl le Levi mi pawl an thlah. Judah ram ih Messiah beiseinak a sang tuk ruangah cuvek ih beiseinak nei pawl hnen ih tipil petu ih a simfiangnak cu thil thupi zet a si. Anih cu Eng a si lo, asinan Pathian Eng theihpi tu ding le Messiah ratnak ding hrangih timlam tu dingah Pathian ih a thlah mi a si (Johan 1:6-8). Curuangah an hnenah a simfiang theitawk in: “Khrih ka si lo” (Johan 1:34) tiah a rak sim.

Cule Johan cun tidai thawn tihnimnak a pe, asinan Khrih cun Thiang Thlarau thawn tihnimnak a pe ding (Johan 1:26, 33). Johan cu Jesuh ih kedam hri phoih tu ding hmanah a tlak lo (Johan 1:27). Johan hlanah Khrih cu duhsak hleice a si, ziangatile Anih cu Johan hlan ih ummi a si (Johan 1:30). Jesuh cu Pathian fapa a si, cule Johan in Anih cu a khihmuh men a si (Johan 1:34).

Siar ding: Isaiah 40:1-5 le Johan 1:23. **Himi bungcang pawl Johan in ziangtin a hmang?**

Lamzin ih lungpi le leikuar tivek pawl an tam lai san ahkhan siahhlawh pawl cu siangpahrang hmaiah an feh ter ih, siangpahrang ih lamzin thianfai thluh ding ih fial an si theu. Curuangah simcianak a thlen famkim theinak dingah Johan cu Jesuh hrangah mipi pawl in an thinlung an timlam theinak dingih ra mi a si.

Seventh-day Adventist kan si vekin tipil petu Johan ih Pathian hna a tuan vekin ziangmi lam zin in saw kan tuan ve thei ding? An bangawknak pawl ziangsaw a si ding?

NIHNIH NI

October 21

Pathian Tu fano

Hebru miphun pawl cun Rom uknak ihsin anmah runsuak tu ding Messiah an beisei. Thuthangtha Johan ih hmuitin mi cu Messiah an theihthiamnak thleng danglamter ding hi a si. Cuticun Siangpahrang a rat ding thuhla thawn pehpar aw in simcianak ih famkimnak cu Jesuh ah a um timi an theithiam ding a si. Messiah cu leitlun ih thuthentu ding a si lo. Thukam hlun ih Amai thuhla ih thutiam famkimter dingah a ra a si. Cumi ahcun leitlun ai-awih ih A pekawknak le Pathian le A minung karlak laicin awknak tuah thatsalnak khal a tel.

Siar ding: Johan 1: 29-37. **Tipil petu Johan in Jesuh thuhla ziangmi a phuang? Amah (Jesuh) theihnak dingah ziangsaw a hman, cule Jesuh cu zosaw a si timi le a hnatuan cu ziangsaw a si ding timi theih hi ziangruangah saw a thupit?**

Jesuh cu Pathian Tuu fano vek ih tipil petu ih a relmi cun Johan thuthangtha ih hmuitin mi ah nasa zetin a bawm. Cumi cun Messiah sinak le hnatuan theihthiam tharnak a thlen a si. Ngaingai te cun Jesuh cu raithawinak ih thutiam famkimnak a si ding, tlennak ding thutiam, Seemtirnak 3:15 ih pek hmaisabik mi famkim tertu ding a si.

“Jesuh tihnimnak ahkhan Johan cun Amah cu Pathian Tuu fano a si thu a khihmuh ih, Messiah ih hnatuannak ah tleunak thar a rung um a si. Profet ih thinlung ahcun Isaiah ih tongkam a rung um, “Anih cu thah dingih hruaimi tuu fano vek a si” Isa. 53:7.”—Ellen G. White, *The Desire of Ages*, p. 136.

Siar ding: Marka 10:45, Rom 5:6, le 1 Piter 2:24. **Jesuh hi “Pathian Tuu fano” asinak theithiam dingih himi bungcang pawl in ziangtin in bawm thei ding?**

Tipil petu Johan in Jesuh hnatuannak thuhla theih bet sinsin a duh khal le anih cun Jesuh cu tiamcia mi Messiah, simcianak famkim ter dingih a ra tu a si timi a theifiang zet.

Jesuh hrangih, “Pathian Tuu fano” timi hmin hi ngunngaih zetin ruat aw. Ziangmi saw na thinlung ih runglut, Thukam hlun ih raithawinak thawn peh zom aw, ziangtin saw kan rundamnak ih man neihzia ahhin lungawinak nei dingih in bawm thei?

NITHUM NI
Johan ih dungthluntu pahnih

October 22

Tipil petu Johan cu a dungthluntu pahnih thawn an ding laiah Jesuh a feh rero lai an hmu ih, Johan cun, “zoh hnik uh, Pathian ih Tuu fano khi” (Johan 1:36)tiah a simfiang. Dungthluntu pahnih cun Khrih thuhla Johan ih a rak simmi an rak thei dah zo. Anih cu thukam hlun simcianak ih a ra ding mi Messiah thuhla famkimter tu ding a si. Dungthluntu pawl cun Jesuh thlun dingih Johan an fehsan, Jesuh cu tipil petu Johan hnakin a nasa sawn timi an thei, Anih cu Johan ih thucuh famkimnak a si.

Siar ding: Johan 1:35-39. **Jesuh thuhla Johan ih theihpitnak an theih thluh hnuah himi dungthluntu pahnih hi ziangsaw an tuah?**

Jesuh hnenih um ding an duh ih, nikhat cu Amai hnenah tikcu caan an hmang. Cumi ih an hmuhton mi le an thil zirmi pawl cu zo in saw thei ding?

Thil sunglawi zet cu a si rori ding, ziangah tile reilote hnu ih an thil duh zet mi cu an hmuhton mi pawl midang hnenih phuang suah ding hi a si. Dungthluntu pahnih lakih pakhat Andrew cun zamrang zetin a unau pa Simon a hawl hmu ih, a hnen ah, “ ‘Messiah kan hmu ngah zo’ (Cumi cu **Khrih** tinak a si) tiah a ti(Johan 1:41). Andrew in a unau pa Simon cu Jesuh hnenih a hruai tikah Jesuh cun zamrang zetih amah a theih zia a langter ih, “Nang cu Jonah ih fapa Simon na si. Cephas tiih kawh na si ding’ “ tiah a rak ti (Johan 1:42 NKJV). Jesuh cun Piter cu a theifiang zetih, a theithiam zet fawn. Jesuh ih mi a theihnak cu Thuthangtha Johan sungih thil thupi zet a si (thimnak ah zoh awla Johan 2:24, 25).

“Johan le Andrew khalin puithiam le thuthentu pawl ih zumlonak thlarau vek kha rak nei ve bangta sehla,

Jesuh kehram ah thuzir tu vekih hmuh an si zik lo. Relsiatu le A tongkam ah thuthentu vekin a hnenah an ra ding a si. Asinan annih cun cuvek in an tuah ve lo. Tipil petu Johan ih Thuthangtha simnak ah Thiang thlarau ih kawhna an rak cohlang. Tu ahcun vanlam thuzirhtu ih aw cu an thei – Pathian tleunak cu Thukam hlun ca thianghlim zirhna parah a run um a si. Thupi thudik tamzet cu tleunak thar ah an ding hnget a si”—Ellen G. White, *The Desire of Ages*, p. 139.

Thuthangtha Johan ih a ngai thupi bik mi cu Jesuh cu zosaw a si timi tleunak langter hi a si. Cuticun himi thuthangtha cu leitlun pumhuap ah phuangdarh a si ding a si.

Khrih na zumnak ah ziangvek lamzin in saw Khrih in na nun a thleng danglam? Ziangvek thlengawknak dang cu na hmuh duh hrih lai?

NILINI

Filip le Nathaniel

October 23

Siar ding: Johan 1:43-46. Filip ih thucah mi ahkhan Jesuh ah zumnak a rak neih zo dan thuhla a langmi ziangsaw a si?

Filip hi Andrew le Piter vekin Bethsaida khawmi a si. A rualpa Nathaniel a hmu ih, Jesuh thuhla a sim. Tipil petu Johan cun Jesuh cu, “Pathian ih Tuu fano” tiah a ko. Andrew cun Piter hnenah, “Messiah” a hmuh thu a rel. Asinan Filip cun Jesuh cu Moses le Profet pawl ih a thuhla an ngan mi a si a tiih, a hmin a bet ih, “Nazareth mi Jesuh” tiah a ti. Nazareth timi a vun telh tikah a rualpa cun ngaihdan tampi a neih phah a si.

A langdan ahcun Nathaniel cun Nazareth khua tenau zet cu a nautat zet a bang. Cuvek ih lamzin kerkawm

umnak hmun ihsin siangpahrang a ra lo ding ti a theifiang tuk. Minung ih hmuhniamnak cun olsam zet in mit a cawter ih, midang ih manneih zat khal a hmuh theih lo phah theu. Filip cun Nathaniel thawn an biakawk hmaisai lam ihsin a theifiang zet in a lang, hmuhniam thleidan awknak tivek rehter dan lamzin cu thu elawknak lole Pathian thu ih elawk ciamconak tivek lam a si lo ih, anmah ten rori in bulpak zetih thudik an hmuhton theinak ding tuahsak hi a si sawn. Filip cun, “Ra awla, ra zoh aw” tiah a ti men. A ti vek ciah in a feh ih a va hmu.

Siar ding: Johan 1:47-51. Ziangtin saw Jesuh in zo a si timi thei fiang dingin Nathaniel a sim, cule ziangtin Nathaniel in a rak let?

Cang 46 le 47 kar lak ih a langlomi cu Nathaniel in Filip ih sawmnak a rak letdan cipciar zet hi a si. Ziangkhal sehla, a tho ih, va hmu dingin a feh. Filip thawn an rualpi thatawknak cu thleidannak (thuruahdan diklo) a neihmi hnakin a nasa sawn, cui tikcu caan ihsin a nun a thleng danglam thluh ding a si.

Jesuh cun Nathaniel thuhla mawi zet in a rel ih, Israel midik, a sungih bumnak um lomi tiah a ko (Johan 1:47), Nathaniel in Jesuh thuhla a reldan thawn cun an danglam aw zet (Johan 1:46). Nathaniel cun Jesuh a hmuhdah lo ruangah mak ti zet in a rak let.

Cule Jesuh cun theikung hnuai ih a hmuh thu a rel. Himi thil fate zet cun Nathaniel ih thinlung a neh zet. Jesuh cun a Pathian sinak in thingkung hnuai ih thudik hawl ih thlacamnak rak nei rero Nathaniel cu a hmu a si (zoh aw Ellen G. White, *The Desire of Ages*, pp. 140, 141). Cule Nathaniel cun phuangawknak nei in, a thangthat ih, Jesuh cu Rabi, Pathian fapa, Israel Siangpahrang tiah a ko. Phuanawknak tenau zet vekih langmi cun zumnak ih phuansuahnak sunglawi zetih a hruai theizia hi hmnsin aw.

NINGA NI**Nikodemas ih theihpinak****October 24****Siar ding: Johan 3:1-21. Ziangtin saw Nikodemas ih theihpitnak cu Johan Thuthangtha bawmtu a si thei?**

Nikodemas cu Israel sungih tihzah kaizet mi zirhtu le Sanhedrin sungtel milian zet a si. A thu rel mi cu Johan Thuthangtha ahhin san le vang dangdang ruangah hmunram thupi zet a luah a si. Jesuh cu “Rabbi” tiah a ti ih, Jesuh ih a tuahmi hmuhsaknak pawl cu A Pathian sinak ih hnatuannak langternak a si tin a hmu. Nikodemas in ziang a tuah ti hman a theihawk hlanah Jesuh ih Messiah sinak a rak pawmpi zo timi langternak a rak nei a si.

Nikodemas cun hmuhsaknak cu Jesuh ih Pathian sinak kosuaktu an si ti hmu khal sehla, Messiah thuhla thawn pehpar aw in Thukam hlun ih simciam famkimnak cu Jesuh a si timi khihhmuh tu vek in a hmu hai lo. Curuangah Nikodemas cun rinhlelnak ziangmaw a nei ; himi lai ahhin Jesuh cu Khrih a si ti a thei hrih lo.

Siar ding: Johan 3:3-21. Jesuh in Nikodemas hnenah amah ihsin thildik a hmuh mi kha ziangtin saw a langter?

Jesuh cun mikip thinlung a thei. Nikodemas a letdan khal a zamrang zet, asinan thubuai ahcun a lut pi hngal. Judah pawl cun Zentel pawl an pianthar a tul timi zumnak an nei ko nan, mi tampi cun anmah, hrilmi miphun pawl khal piantharnak tonnun an neih a tul ve timi hi an thei thiam lo. Zohman hi phunhnam zawngin simaw, an pitlinnak kawhhran zawngin simaw rundamcia ih suak an um lo.

Judah pawl cun mangbangza roco mi an nei, Abraham san vun thlir sehla, an hrangah hlawknak nasa

zet pek an si(zoh aw, Rom 3:1,2), himi thu ahcun zianghman thusuh ding a um lo. Asinan cumi cu a ngaingai te cun a tawk hrih lo. Jesuh cun Nikodemas hnenah ruatban lo thu a sim, anih, zirhtu le Israel thuthentu hman in tlunlam ihsin a piangthar tengteng a tul timi a sim.

Cule Jesuh cun Nikodemas cu a thlaraulam hnongnak pawl thawn a kawm ih, “ Israel zirhtu na si ih, hi pawl hi na thei lo maw si’ “ (Johan 3:10) tiah a ti. Ziangtin saw nang, cawisan mi zirhtu in himi na theih lo? A nun simnak cu a danglam zet ding.

Cule Jesuh thuhla ah Nikodemas in ziangvek thusuhnak khal nei khal sehla, lehnu ah Nikodemas cu Jesuh dungthluntu pawl hnen lamah a tang (Johan 19:39).

“Hrinsalnak (piantharnak)” timi sullam ziangsaw a si, cule ziangah Jesuh in cumi cu a ngai thupi?**NIRUK NI****October 25**

Ruahbet ding: Siar dingmi - Ellen G. White, “Nicodemus,” pp. 167–177, in *The Desire of Ages*.

Nikodemas cun lamzin thar in Bible sungah a hawl, ngaihndan relkhawmnak men ding hrangah a si lo, thlarau hrang nunnak a don theinak ding hrangah a si. Thiang thlarau ih hruainak ah a pumpek awk tikah vancung uknak cu a hmu thok ve thlang...

“Zumnak thawngin Pathian zangfahnak kan dong, asinan zumnak cu in rundamtu a si lo. Zianghman hlawhsuah mi khal a nei lo. Cumi cu Kih parih kan thumawknak kut a si sawn. A thatnak cu kan dinmun ih zir cio in kan sualnak hrang damnak a si...Sual sirnak cu ngaithiamnak vek thocho in Khrih ihsin a ra mi a si.

Asicun, ziangtin rundam kan si thei ding? ‘Moses in nelrawn ih rul a khai vek bangtuk’ in milai fapa khal kai a si ding, rul ih a keu mi le a bummi pawl cun an zoh ih an nung. ‘Zoh hnik uh, leitlun ih sualnak a la hlo tu

Pathian ih Tuu fano khi' (Johan 1:29). Thinglamtah ihsin a suak mi tleunak cun Pathian duhdawtnak a langter. A duhdawtnak cun Amah ah in hip a si. Himi kan dokalh lo phawt cun Rundamtu va khenbetu sualsirnak lam thinglamtah kehram ah hruai in kan um ding. Cule Pathian ih Thlarau cun zumnak thawngin thlarau nunthar a tuah ding a si. Ngaihruatnak le duhnak pawl cu Khrih ih duhdan lam ah hruai a si ding. Thinlung, ruahnak ziangkim kan sungih hna a tuantu Amah ah tuah thar in a um. Cule Pathian thukam cu thinlung, ruahnak ah ngan in a um, cun, Khrih thawng, 'Na duhzawng tuah hi ka lungawinak a si, Aw, Ka Pathian' kan ti tlang ding.' Ps. 40:8.—Ellen G. White, *The Desire of Ages*, pp. 175, 176.

RELKHAWM DING THUSUHNAC PAWL:

1. Tipil petu Johan cu Jesuh hrang lamzin timlam tu dingah a ra. A hnatuannak cu minung thlirnak men hman in ziangtluk in a hlawhtling tin na hmu? Cutin a letnak na ruah lai ah thil thupi zet sut aw : Thlarau lam ah “hlawhtlinnak” ziangtin na hawl hmu ding?

2. Leh hnuaah tipil petu Johan rinhlelnak hrekhat a neih thu a relsuak (Matt. 11:2, 3; Luka 7:19). A thusuhnak hi ziangin saw suah pi, Kan zumnak ah fek zetih kan umdan ding thuhla ah cui thil ihsin ziangsaw kan zir thei ding?

3. Sabbath zirlai zirnak ahkhan Nikodemas vek mi pakhat, kawhhran dikih hruaitu, theihkauhnak tampi nei tu cun thlarau lam ih thil thupi zetzet theih lo a rak neih theidan pawl relkhawm uh. A dinhmun ihsin ziangmi zirlai kan zir thei ding?

ZIRLAI 5

October 26–November 1

SAMARI MI PAWL IH THUSIMNAK

SABBATH AFTERNOON

Tuizarh zirlai hrang siar ding: Johan 4:1–42; Johan 3:26–30; Jer. 2:13; Zekh. 14:8; Ezek. 36:25–27.

Bible cangken: “Cule nunau nu ih hnenah, Tu ah kan zum, na thu simmi ruangah a si lo: kanmah rori in a thu simmi kan thei ih, hihi leitlun Rundamtu taktak Khrih a si ti kan thei, tiah an ti’ “ (Johan 4:42, NKJV).

Samari pawl hi zosaw an si? Israel saklam ram pawl cu BC 722 ahkhan Assiria ih sal ah an hruai ih, ramkhelh an duh ruangah Assiria mi pawl cun an sal kaihmi pawl cu an rampi ah an thehdarh ciamco. Cuvek ciah in ramdang ihsin an kaihmi pawl khal saklam ramah an run hruai ih, cule Samari ah an hung cang. Annih pawl hi Judah pawl vekin anmah ten an um ve.

Ziangkhalsehla anmah le Judah pawl karlak ih laicinawknak cu a tha lo zet. Tahthimnak ah, Samari pawl cun Babylon ihsin Judah pawl an kirsal tikah Biakinn an sak that sal cu an rak dokalh. Cu laiah anmah Samari pawl cun Gerizim tlangah anmai Biakinn ding an sak. Asinan himi Biakinn cu BC 128 ahkhan Judah mipun kaihruaitu John Hyrcanus in a siatsuah thluh.

Leitlun ih Khrih a um lai ahkhan, himi huatawnak hi a um ringring lai. Judah pawl cun a cang theitawk in Samari pawl an hrial. An pursum leidawnnak lam cu a rak fehtluang tla si men thei, thildang ahcun an khap aw thluh.

Judah pawl cun Samari pawl hnen ihsin zianghman an la duh lo ih, An hnen ihsin bomnak khal an dong duh fawn lo. Himi nunphung karlak ah Johan cun tikhur ih Jesuh le Samari nunau tonawkdan le Samari khawpi Sikhar ih mipi pawl thawn an hmuhawknak a rel.

**NIKHAT NI
Tonawknak**

October 27

Siar ding: Johan 4:1-4. **Samari ram ih Jesuh hruaithleng tu buainak kha ziangsaw a si?**

Farasi pawl cun tipil petu Johan ih tihnimnak a pek mi hnakin Jesuh dungthluntu pawl ih tihimnak pekmi an tam deuh ti an hmu suak. Himi dinhmun ihsin Johan ih dungthluntu le Jesuh ih dungthluntu karlakah buainak a um thei. Ngaingai te cun Johan ih dungthluntu pawl in an bawipa ih dinmun le hminthatnak hrangah an thikthu a rak sia (*Zoh awla*, Johan 3:26-30). Johan ih a rak letnak cu a fiah felfai zet, anih cu a tumsuk ding thu le Jesuh cu a thanglian ding thu a rak sim (Johan 3:30). Hivek ih hmuhthiam awk lonak hrial dingah Jesuh cun Judea ram a suahsan ih Galilee lam ah a feh. Hi ram pahnih karlak ih lamzin thabik cu Samaria ram pal ding hi a si. Asinan cumi cu lamzin umsun a si lo. Judah mi rinum zet pawl cun lamzin hla deuh in an hel ih, nisuaknak lam Perea an va thleng. Asinan Jesuh cun Samaria ah hnaturan ding a nei.

Siar ding: Johan 4:5-9. **Hivek ih tikcu caan tha hi ziangtin saw Jesuh in tikhur ih Samaria nunau nu thawn an biakawk thoknak ding ih a hman?**

Jakob tikhur umnak cu Sekhem kiangah a si. Cui nunau nu ih umnak Sikhar cu pengkhat hrawng (1.5 km) ih hla a si. A dungthluntu pawl in ei ding lei in khawpi ih

an feh laiah Jesuh cu tikhur kiangah a rak to. Tikhur ih tidai dai tiamti te khainak ding a nei lo. Tidai khai dingih nunau nu a rat tikah in ding tidai a rak dil.

Johan 3 ahkhan Judah pawl thuthentu le Rabbi a si mi Nikodemas cu Jesuh hnen ra dingin a phah niam awk cu a mak zetmi thil a si. Miih an hmuh ding phang ah zan ah a ra. Asinan Johan 4 ahcun nunau nu cu sun laifang ah a thup aw ve thung, khawdaih laifang zinglam lole simlam ih a ra theutu nunau pawl a hrial duh ruangah tla a si men thei. Ziangkhal sehla, ziangahsaw tidai khai dingin hmunhla in a rat ih, nisat laifang ih a ratnak san? Cutawk ih a umnak san cu ziang a va si khalah, Jesuh a hmuh in a nun a danglam ding a si.

Ziangtin saw a si hrih lai ding? Judah zirhtu pakhat cu samari nunau hminsia zet thawn an danawknak tahthim a si. An va danglam aw lawmmam ve! Cumi cing khal in himi thuhla ahhin mangbangza thil a thleng a si.

Midang pawl hnenih thu na sim ding a lo donkhawm theitu nan nunphung ih ulhmi ziangmaw thil cu ziangsaw a si? Cumi pawl neh thei dingin ziangtin kan zir ding? Sabbath sikul zirnak ah na thuletnak run keng aw.

NIHNIH NI

October 28

Tikhur ih um Nunau nu

Siar ding: Johan 4:7-15. **Himi tonawknak hi ziangtin saw Jesuh in himi nunau nu thawn biakawk thoknak ih a hman dan?**

“Judah le Samari pawl ih huatawknak ruangah ngilnei zetin nunau nu cun Jesuh a bia thei lo; asinan Rundamtu cun himi thinlung ih laimu bik tawhfung hi hawl a tum, Pathian duhdawtnak ihsin a hungsuak mi fimnak

thawngin zangfah a dil. Ngilnei zetin thil ziangmaw pe bang sehla a rak hngong tla si men thei, asinan zumnak cun zumnak a harh ter a si”—Ellen G. White, *The Desire of Ages*, p. 184.

Nikodemas thawn an tonawk vek ciah in Jesuh cun midang pawl ih thinlung a thei. Judah mi pakhat in Samari hnen ih bomnak a dil tikah mak a ti zet, Jesuh cun a vun sim hngal ih, “Pathian ih thilpek” le “in ding i pe aw” tiih a lo titu hi thei awla cu a hnen ihsin na dil sawn ding ih, Anih cun tinung a lo pe ding” tiah a ti’ “ (Johan 4:10, NKJV).

Nunau nu ih letnak cu piantharnak thuhla ih Nikodemas ih thusuhnak, “Ziangtin saw hi thil pawl hi a can thei ding?”(Johan 3:9) a timi vek ciah a si. Nunau nu cun, “A khainak ding zianghman na nei lo ih, tikhur le a thuk fawn. Asicun cui tinung cu khuitawk in saw na neih ding?” (Johan 4:11, NKJV) tiah a ti. Himi an pahnih ih thuhla ah Jesuh cun an hnenah (pakhat cu Judah pawl zirhtu a si, a dang pakhat cu Samaria nunau, rinhlel um zet a si) thlarau lam thudik an theithiam veve theinak dingin a khihmuh a si. An thuhla ah Jesuh cun an pahnih in thu bangaw a sim: An pahnih in piantharnak an tul a si.

Tinung thuhla Jesuh ih a relmi ah thukam hlun ih a ummi ziangsaw a si? (Jer. 2:13, Zekh. 14:8).

Tidai cu nunnak hrang ih thupi zetmi thil a si; minung hi tidai loh um a theih lo, curuangah tidai cu kumkhaw nunnak hrangih thil mawi bik le huham neibik a si ve thei a si. Curuangah Jesuh cun, “Asinain zokhal ka pek dingmi tidai a in tu cu a ti a halsal nawn lo ding; a hnenih ka pek dingmi tidai cu a sungah kumkhaw nunnak a putsuakmi tihna ah a cang ding a si, a ti’ “ (Johan 4:14, NKJV).

Siar ding: Johan 7:37, 38. **Himi bungcang ah Jesuh in ziangsaw in sim, hitawk ih thutiam mi ah ziangtin saw hmuhton mi kan neih thei ding?**

NITHUM NI

October 29

“ ‘Bawipa, cui tidai cu i pe aw’ ”

“ ‘Cun nan parah tidai thiag ka theh ding ih, nan thianghlim ding: nan borhbahnak hmuahhmuah ihsin, le nan milem hmuahhmuah ihsin ka lo thianghlimter ding. Thinlung thar ka lo pe hai ding ih, nan sungah thlarau thar ka ret ding: cule nan taksa sungih um lungto vekih hak thinlung cu ka la hlo ding ih, taksa vekih nem thinlung ka lo pe ding. Cun nan sungah ka thlarau ka ret ding ih, ka daan pawl ka lo zawhter ding, cule ka thuthennak nan thlun ding ih, nan tuah ding’ “ (Ezek. 36:25–27, NKJV).

Ziangatin saw Ezekhiel 36:25-27 ahhin Jesuh in Nikodemas le tikhur kiangih nunau nu hnen ih a pek a tummi thudik cu a langter?

Himi pahnih ahhin Jesuh cun leitlun ih thil ummi ihsin tahthimnak la khal sehla, mipi pawl hnenah thlarau lam thudik a thlen ding hi a duh a si.

A zo deuh khal sisehla, an pahnih in a hmaisai lam ahcun Jesuh ih thurel mi an theithiam lo ti a fiang zet. Nikodemas cun ziangtin saw minung hi hrinsal a si thei ding? Ziangtin saw a nui pumsung ih a luhsal thei ding? tiah a sut. Jesuh in thlarau lam thudik khihmuh khal sehla Nikodemas cun leitlun ih thil a thleng mi hmangah a neih thotho. Cuvek ciah in hi nunau nu khal Jesuh in thlarau lam thil ziangmaw fiangzetih a sim tikah tidai thuhla Jesuh ih a rel mi cu a ngaingai in a lak ngai.

Jesuh in tinung a pek ding thuhla a rel ahkhan hinu cun, “ ka ti a halsal nawn lonak dingah, le tidai khai

dingin hitawkih ka rat nawn lonak dingah cui tidai cu i pe aw, a ti' "(Johan 4:15, NKJV). Jesuh in tidai in ding a dilnak ihsin nunau nu cun in ding tidai a dilnak ahhin zamrang zetin an biakawknak cu a hung danglam thluh.

Siar ding: Johan 4:16. **Nunau nu ih a dilmi cu Jesuh in ziangtin a let?**

Jesuh cun an thurel mi thupi cu a thleng ih, nunau nui' hnenah a pasal ko ih ra kirsal dingin a ti. Ziangah saw zamrang zetih thurel laimi thupi a thleng? Nunau nu ih a cangvaihnak cun Jesuh tongmi a hrial timi a langter. Jesuh cun a thinlung a theithiam hngal. Damnak ngah dingin amai dinhmun a beih phawt a tul. "Thil a pek duh zetmi himi thlarau in a rak don hlanah, Cunu cun a sualnak le amah rundamtu thei dingih a tuahawk ta a tul" —Ellen G. White, *The Desire of Ages*, p. 187.

NILI NI

October 30

Jesuh ih phuanawknak

Siar ding: Johan 4:16-24. **Himi nu ih thuthup thukbik tiang Jesuh in a theihdan pawl a langternak ah ziangsaw a tuah, cule cunu in ziangtin a let?**

Eng cu hmunnai deuh ih zoh cun mit a caw ter thei. Jesuh cu profet tiih a theih lai ah nunau nu cun hrial theidan ding lamzin a dap. Jesuh hnen ahcun Judah le Samari mipi pawl karlak biaknak thuhla ih el-awknak pawl thu a sut –Cumi cu Pathian biaknak ding hmun dik thuhla a si.

Cui thu letnak ah Jesuh cun Samari pawl cun an theih lomi an biak thu a langter. An biakmi cu Judah pawl le pathian nung bia lo pawl ih biaknak cawkrawi mi a si. Judah pawl cun Amah ten a phuangaw tu Pathian an bia –

cumi cu Samari hrangih an pawm ding a thupi zetmi thildang a si.

Pathian dik biaknak cu hmun pakhat lawngah a thum aw lo. Curuangah Pathian biaknak ding hmun thuhla retlangnak cu an rak biakawknak thawn pehzom aw lem lo mi thil a si. Ziangah tile Pathian cu Thlarau a si, Amah a biatu cun thlarau le thutak in an bia ding a si. Jesuh ih a relmi thudik tlaitluang zet cu nunau nu cun a pawm ih, a dang tamzet khal pawm dingin a man cia.

Siar ding: Johan 4:25, 26. **Jesuh in nunau nui' hnenah a sinak kha ziangtin a langter?**

Thuthangtha pali sung ah Jesuh in hniksaknak a ton hlan ih mi pakhat hnen ih Meesiah a si thu a simnak umsun cu himi bungcang lawng hi a si. Cule himi hi mi tampi hnenah simaw, mi thupi zet hnenah si maw siloin Jakob tikhur ih amah te lawng rak um hmin tarlang lo nunau hnenah a phuang aw a si. Anih cu riangvai zet le thenhran vekih a thei aw tu, riahsia zet riangvai thlarau lam ahhin a lunglut cuang.

Cule nunphung dang nei mi lawng hman siloin dinhmun dang zet khal zianghman nei cuang lo himi nunau nui' hnen ahcun Jesuh cun zo a si timi fiangzetin a langter. Cule Anih cun nunau nu ih thuthup thim zet a langter ih, Amah a zum theinak ding san thupi zet khal Jesuh cun a pe a si.

Himi thuanthu in ziangah saw pakhat le pakhat karlak ah minung ih a tuah mi dokham tu siatbal a tul timi thuhla ziangmi saw in sim?

NINGA NI

October 31

Samari pawl ih thusimnak

Siar ding: Johan 4:27-29. **Nunau cun ziangmi thil danglam zet saw a tuah?**

Nunau nu le Jesuh an biakawknak cu a dungthluntu pawl an ra thlennak cun a cawlder. Nunau nu thawn an biakawk ruangah an mangbangzet, asinan ziang thu hman an sut lo. Rawl ei dingin an fial.

Hi nu khal a tibel tanta in Jesuh thawn an hmuhawkdan pawl midang hnen ih sim dingin khawpi sungah a tlan hngal.

Siar ding: Johan 4:30-42. **Himi peh ah ziang thil saw thleng, cumi cun thuthangtha phuangdarh a sidan ding thuhla ziangsaw a zirh?**

Jesuh ih rawlkhawm thuhla a relnak cun khawsung ih mi tampi piangtharnak thuanthu a va hnokter thluh ih a danglam zet. Asinan Johan cun ziangthil ciah a thleng timi Jesuh ih a theihfiang zia hmu thiam dingah in duh. Samari nunau nui' hnen ih rundam khawkhannak thuhla a simmi cu rawlei hnakin A hrangah a thupi sawn. Rundamnakh ih mi hruai ding hi A tumtah mi a si, himi thuhla hi A dungthluntu pawl hnenah, mikip hnenah, an duh lomi pawl hnen khalah zamrang zetih thuthangtha phuang a tul zia a zirhnakh ah a hmang.

Johan thuthangtha ahhin thil thupi zet tampi a um. Cumi pawl lakah Johan 4:39-42 khal a tel. Samari mi tam zet cu “Ka tuahmi ziangkim i sim thluh” (Johan 4:39) tih a reltu nunau ih thusimmi ruangah Jesuh cu an zum.

Samari mi pawl cun Jesuh cu an hnen ih um hrih dingin an ngen. Cumi ih a rahsuah mi cu Jesuh ih tongkam ruangah mi tamsin in an zum. “Cule nunau nu ih hnenah, Tu ah kan zum, na thu simmi ruangah a si lo: kanmah rori in A thu simmi kan thei ih, hihi leitlun Rundamtu taktak Khrih a si ti kan thei, tiah an ti’ “ (Johan 4:42, NKJV).

Himi thuanthu cun mi pakhat lawng hman hi thilti theizet theihpitu a si theizia thuhla ziangsaw in sim? Jesuh in na nun ih thil a tuah zo mi pawlah ziangtin saw theipitu thil ti theizet na si thei ding?

NIRUK NI

November 1

Ruahbet ding: Siar ding: Ellen G. White, “Jakob tikhur ah,” pp. 183–195, *The Desire of Ages* sungta.

“Rundamtu a hmuh ngah veten Samari nunau nu cun Jesuh hnenah midang a run hruai. A dungthluntu pawl hnakin Missionary a tuannakh ah hmual a neihzia amah ten a tarlang aw. Dungthluntu pawl cun rawngbawl nak ding Samaria ah hmuhmi zianghman an nei lo. An ruahnakh cu hmailam caan ih hna ropi zet tuan theh ih a um ding hi a si. An kiangkakh ah leh a tu rori ah rawlkhawm ding a um timi an hmu lo. Asinan an hnongmi nunau nu hmang in khawpi pumpi in Rundamtu ih thu ngai dingin an run hruai a si. Nunau nu cun a rampi pawl hrangah Eng chu zamrang zet in a keng a si.

“Hi nunau nu cun Khrih zumnakh ah a takram ih hnatuannakh a rak zohter. Dungthluntu diktakh cu missionary si dingin Pathian uknakh sungih suakh an si. Nunnakh tidai a in tu pawl cu nunnakh tihna ah an cang ding. Dongtu cu Petu ah a cang ding. Thlarau sungih Khrih zangfahnakh cu nelrawn ih cerhti put vek a si, mi hmuaahmuah damter dingin a rung luang suakh ih, hloral dingih mancia pawl in nunnakh tidai an in duhnakh dingin a tuah a si”—Ellen G. White, *The Desire of Ages*, p. 195.

RELKHAWM DING THUSUHNNAK PAWL

1. Sabbah sikul zirnak ah Nikhat ni zirlai ih thusuhnna netabik a phi kha va hawl aw. Cumi thuhla ahcun dik zetin um aw. Midang hnenih thuthangtha na sim ding lo khawtlai ter theitu nan nunphung ih thleidannak le khammi thil pawl cu ziangmi saw an si?

2. Ziangahsaw Jesuh in a miphun hrekkhat pawl hnen ai hnakin Samari mi pawl lakah hivek lawmmam ih lom a hlauh tin na ruat?

3. Nangmah ten Samari nunau nu dinhmun ah vun ret aw aw. Hmel thei lo betbet mi pakhat ra in, anih cu na thuthup thuk bik tiang theitu a si zia a run lang ter ding. Ziangtin saw hmel theih lo mi pakhat hman in hivek pawl a theih thluhnak ding san? Jesuh a ngaisang cu thil danglam khal a si lo. Himi thuanthu in Jesuh in kan thuhla ziangkim, thuthup thuk le thimzet, midang theih dingih kan duh lomi tiangin a theihthluhdan pawl ziangmi saw in sim?Cucing khal in kan thuthup theicing khal in, Jesuh in Samaria nu a biakdan vekin in biak duhdan thuhla ah kan hnenah ziangsaw in sim? Himi thudik ihsin ziangmi hnemawknak saw na lak suah thei ding?

4. Tutiang ih Johan thuthangtha thulu kan zir zo mi ah ziangmi pawl saw Jesuh in tikhur kiangih Samari nunau hnenih Pathian hnatuahnak ih kan hmuh mi?

ZIRLAI 6**November 2-8****JESUH THU THEIHPITU TAM VIVO****SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Johan 3:25-36, Johan 1:32-36, Dan. 7:18, Johan 6:51-71, Johan 5:36-38, Johan 7:37-53.

Bible cangken: “ ‘ Cun leitlun ihsin khaikan ka si ahcun mi hmuahhmuah ka hnen ah ka hiip ding tiah a ti’ ” (Johan 12:32, NKJV).

Jesuh in Amai thuhla ah Zo a si, Zo ih thlah mi a si, khuitawk ihsin a ra tivek pawl hi a rel menmen dah lo. Hmuhsaknak le mangbangza a tuahnak ihsin in a langter thluh. Mi hrekkhat cun langngan zetin Jesuh thu an rel ih, “Khrih a rat tikah teh hipa ih tuahmi hnakih tamsawn thilmak a tuah cuang ding sawm?” tiah an ti’ “ (Johan 7:31, NKJV).

A tongkam dik cu a kamsuak thu ih cangvaihnak in a tarlang a si. Asinan thubuui cu a um vivo hrih lai, mipi lakah thendarh awknak a um. Bethesda tili ih mina damtermi cun hruaitu hrekkhat pawl ih thinhengnak a kai tho. Mipum 5,000 rawldarnak ah Kapernuam khua ih thu relkhawmnak ihsin mipi pawl cun Jesuh an hnong. Lazaras ih thawhsalnak cun mi hrekkhat pawl zumnak a neihter ih, asinan midang pawl cu Jesuh thahduhnak le hniksak duhnak lam ah a hruai.

Tuizarh ahcun Jesuh thuhla theihpitu le relfiangtu mi hrekkhat pawl ih thu kan zoh ding. Himi thil a thlengmi pawl ahhin a hrekkhat cu Jesuh ih sinak ngaingai

langtertu an si ih, cumi pawl komkhawm mi cun Jesuh, Messiah ih sinak cu thuk deuhdeuh in a tuah a si.

NIKHAT NI

November 3

Thlarau hnuaidor : Tipil petu Johan cun a theihpi sal

Zirlai 2 ahkhan tipil petu Johan ih thu theihternak zarah dungthluntu hmaisabik – Andrew le Johan, Piter, Filip le Nathaniel pawl cu Jesuh hnenih a hruai thlendan in sim. Mi hrekkhat cun tipil petu Johan khan thutheihpitu a si hnu ah a feh hlo men dingah an ruat men thei. Asinan Thuthangtha Johan ahhin vei ziangmaw zat lai si maw a lang a si.

Siar ding: Johan 3:25-36. Ziangtin s aw tipil petu Johan cun Jesuh thawn a tahthim awk?

Tipil petu Johan ih dungthluntu pawl le hmin theih lo Judah mi pakhat karlak ah thianghlimnak thuhla lam ah thu relawknak a suak, a langdan ahcun tihnimnak lam thuhla thusuhnak tla a bang (zoh kop aw Marka 1:4,5). Lunglut zet thil a um. Johan dungthluntu pawl cu Johan hnenih an rat tikah rinhlelnak zianghman um lo in thusuhnak relfel dingin Jesuh thuhla an rel ih, “Anih cun tihnimnak a nei, mi hmuahhmuah a hnenah an feh” tiah a ti (Johan 3:26 ESV). An thubuai karlak hi theihthiam lo ding zianghman a um lo: Jesuh an iksik ruangah a si – an pu (Johan) le anmai hrang khalah an iksik.

Johan hrangah iksinak ih um ding hi thil harsa a si lem lo ding, asinan cuvek ah a um ve lo. Ziangahtile a hnaturan dingmi a theifiang zet. Cule a dungthluntu pawl hnenah cun Khrih vekih a salawk dah lo thu a theihter sal. Cuvek ai hnakin : A hrangih lamzin sialtu ding le a thuhla theihpitu si dingah amah sawn in a va pan lam a si (Johan 1:6-8).

Thitumnak cu tahthimnak ah hmangin amah le mah cu mo neitu ih rualpi vek ah a tuah aw ih, Jesuh cu mo neitu a si. Monu cu Pathian minung pawl an si (Zoh tlang aw: Hos. 2:16–23, Isa. 62:1–5). Cule Johan in A sunglawizia langtertu tongkam hmangin, “Anih cu a thangso ding ih, kei cu ka tumsuk ding” tiah a ti (Johan 3:30)

Johan 3:31-36 ahhin Jesuh le Johan karlak tahthimnak a um vivo mi ahcun Messiah cu a A hmaihruaitu hnakh a thupit sawn zia a langter. Johan ih thu theihpinak cun Jesuh lam a khihhmuh ih, curuangah thu theihpitu ih ruahnak cu a langfiang zet. Cui thu theihpinak dongtu le Jesuh zumtu cun kumkhaw nunnak a nei ding. Zokhal Amah a cohlang lotu cu Pathian thinhengnak hnuaiyah an um ringring ding. Cumi cu thungan mi ih relmi a si. Pathian in leitlun a duhdawt zet ih, leilung tlen dingin a fapa a run thlah (Johan 3:16, 17). Asinan an hnen ih pekmi laksawng a hnongtu pawl cun anmai sualman cu anmah in a pe ding – Kumkhaw thihnak cu!

Ziangtin saw Pathian hmai le minung hmaiah hnuaidornak zirlai hi kan zir thei ding? Hitawk ih thlarau hnuaidor thuhla Johan ih zohthim ding a tuahmi ihsin ziangsaw kan zir thei?

NIHNIH NI

November 4

Messiah theithiamnak thar

Siar ding: Johan 1:32-36. Hitawk ahhin reizet hngah mi Messiah thuhla mipi ih beisei lo veki tipil petu Johan in Jesuh thuhla ziangtin saw a rel?

Judah pawl cun Rom uknak ihsin anmah runsuak tu ding Messiah a rat ding an rak hngak. Nekrawknak

hnuai ah caan reizet an um zo ruangah Judah pawl cun Messiah in Rom a nuai thluh lawngman siloin ropi le thil ti theizet rampi a din ding timi an rak zum. Ziangkhal sehla Johan cun Jesuh cu, “Pathian ih Tuu Fano” tiah a ko. Himi in Jesuh ih remnak raithawinak lam khihhmuh khal sehla mipi tam zet cun an theisual a si. Johan ih a rel tummi an rak thei lo ngaingai tla a si men thei.

Johan cun a thuthangtha nganmi ah Missiah thuhla an theisualnak thinlung thleng ding hi a duh zet, cuticun Siangpahrang a rat ding thuhla le a thil tuahdan ding thuhla ih simcianak pawl famkimnak cu Jesuh ah a um timi an theihthiam ding a si. Anih cu ramkhelnak lam lole raldo ralkap hruaitu vekin a ra lo, asinan leitlun sualnak hrangah Amah le mah pumpe aw dingin a ra a si. Cumi cu a tumtah mi a si. Cumi thluh hnu lawngah ziangkim a theh thluh hnuah Lalram netabik a rung um ding a si (Zoh aw Dan. 7:18).

“Jesuh tihnimnak ahkhan Johan cun Amah cu Pathian Tuu fano a si thu a khihhmuh ih, Messiah ih hnatuannak ah tleunak thar a rung um a si. Profet ih thinlung ahcun Isaiah ih tongkam a rung um, “Anih cu thah dingih hruaimi tuu fano vek a si’ Isa. 53:7.”—Ellen G. White, *The Desire of Ages*, p. 136.

Johan 1:31 ah Johan in, “ ‘Amah ka thei lo’ ” (NKJV) tiah a ti. Asile ziangtin saw Johan in Jesuh cu Messiah a si lam a run theih? A letnak cu Johan thlahtu Bawipa in a hnenah, “ ‘A parah Thlarau a rung tum ih, a parih a fut lai na hmuh mi pa, cupa cu a si Thlarau Thianghlim ih baptisma petu ding cu, i ti. Cun ka hmu ih, hihi Pathian Fapa a si, ti ka theiher a si’ ” (Johan 1:34,35). Phundang in kan sim ding asile, Pathian in Johan hnenah Jesuh cu Messiah a si timi a phuang a si.

“Khrih hi Pathian ih huham le Pathian ih fimnak a si” (1 Kor. 1:24, NKJV). Jesuh cu Amah Pathian hnenah ihsin

a ra mi Khrih a si timi theihnak cu A thlarau thianghlim thilti theinak ihsin a ra suak mi a si. Himi thulu pawl cu Johan cabu sungah hmuh ding a um phahpah. Rundamnak cu leitlun ih fimnak, khawruah thiamnak le zirsangnak tivek ihsin ra suak mi a si lo. Cumi cu Jesuh ih thu awihnak le zumnak ih a pumpe aw tu thinlung ah Pathian ihsin a ra mi a si.

Kan hnenah Jesuh cu kan remawknak raithawinak a si timi thudik phuang ih a um lo cun ziangtin saw kan theihthiam ding? Cule zianghsaw Bible theih le Jesuh thuhla ih thuzirhmi pawl theih hi a thupit?

**NITHUM NI
Pomnak le hnongnak**

November 5

Zirlai 2 ahkhan Johan 6 ih mipum 5,000 rawldar thu a rel. Asinan thuanthu netnak lam cu a sim lo. Cumi cu tuini ah hitawk ih kan zir dingmi a si.

Siar ding: Johan 6:51-71. Jesuh in mipi ih an pom harsat mi ziangsaw a rel?

Jesuh in mangbangza in rawl a dar tikah mipi pawl cun Jesuh cu siangpahrang lukhuh khum ter dingin an ralring cia zo (Johan 6:1-15). Asinan lehnu ih Kapernuam sinakok khawmnak hmun ih thu simnak ah mangbangza ih sullam thlarau lam in simfiang in, “Keimah cu nunnak sang ka si” (Johan 6:35) tiah a ti. A cipciar in a sim deuhdeuh ih, himi sang cu Amah taksa, leitlun nunnak hrang ih a pekmi a si thu a sim (Johan 6:51).

Himi thusimmi ihsin mipi pawl ih mit a vangter ih, Jesuh cu leitlun siangpahrang a si lo ding timi an theihthiam. Leilam ih ruatnak pawl thawn khal A mil thei lo. Annih pawl cun pianthar ding an hnong ih, cumi cun Jesuh cu Messiah vekih an theih le pawm an duhnak

ruahnak a thleng danglam thluh. Himi ciahah a dungthluntu mi tampi cun an tlansan (Johan 6:66)

Hithil cu minung lam ruatnak cun Jesuh hrangah thil harsa zet a si ding. Mipi ih duhsaknak cun lungawinak a thlen theu. Zosaw duhsak mi si a duh lo tu um ding? Asinan mipi an dungtolhsal hmuh le thusuhnak thupi zet pakhat a um mi cun riah a sia ter. Cutin mipi tamzet an tlan a hmuh tikah Jesuh cun a sunglam deuh ih um, dungthluntu hleihnih pawl hnenah tlansuah ve an duh le duh lo a sut ve hai.

Himi ciah hi Piter ih mangbangza phuangawknak cu a si. Jesuh in ziangmi a nei, zo a si timi theihternak dang pakhat a si. “Nangmah in kumkhaw nunnak thu cu na nei a si, kannih cun nang cu Pathian mi thianghlim na si timi kan zum ih kan thei a si” tiah a ti (Johan 6:68,69 ESV).

Dungthluntu pawl cu Jesuh thawn kum ziangmaw zat an um tlang ih, a hnen ah khual tlawng tlang in, A mangbangza tuahmi pawl an hmuh ih a thuthangtha simmi khal an ngai. Cui hmuhtonnak ihsin Amah thawn tahthim ding zodang hman an um lo ti an theithiam. Thil umdan hrekkhat pawl cu ziangtluk in danglam khal sehla, himi pa cu Messiah a si timi zumnak cu an parah a um zo – A ratnaksan thuhla ah zianghman theithiam hrih lo khal sehla an zum thotho. A thi ih, a thawhsal hnu lawngah ziangah Jesuh a ra timi hi an theithiam thok fang.

A dik lo cu mi tam sawn an si timi thudik ah himi thuanthu ihsin ziangsaw kan zir thei? Ziangahsaw a hleice in midang tam zet thawn an bangaw lem lomi kan zumnak – Khristian tamzet thawn bangaw lem lo mi kan zumnak pawl hi kan theih ringring a tulnak san?

NILI NI Pa ih theihternak

November 6

Johan thuthangtha hramthoknak ah Thu (logos) cu Pathian thawn um tlang vekin a rel lang. Cumi cu Pa Pathian thawn um tlangmi a si (Johan 1:1). Thu cu minung ih a hung cang tikah Thlarau cun Jesuh thuhla cu tihnimnak a neihnak ahcun a run theihter a si (Johan 1:32-34). Asinan Pa Pathian cun Jesuh thuhla hi leitlun ih hna a tuan kulhsung ah a theihter a si.

Siar ding: Johan 5:36-38. **Hitawk ah Jesuh in Pa Pathian ih thuhla ziangsaw a rel?**

Jesuh cun a tuahmi mangbangza le hnaturan mi cu Pa Pathian thawn a pehzom awkter. Amah cu Pa in a thlah ih, a thuhla khal a theihter timi a fiang zet.

Siar ding: Mathai 3:17, Mathai 17:5, Marka 1:11, le Luka 3:22 (zoh aw 2 Pet. 1:17, 18). **Pa in Jesuh thuhla ziangsaw a rel?**

Jesuh tihnimnak a neihnak ahkhan Pa le Thlarau cun Fapa cu himi tikcu caan thupi zet: Jesuh Pathian hnaturan hramthoknak ah an umpi a si. Pa cun Jesuh cu a duhdawt mi a fapa, a parih a lungawi emem thu a run sim. Asinan Khrih ih hnatuannak tikcu caan thupi zet ah Pa cun thu a run sim sal ih, cumi cu Johan Thuthangtha cabu sungah ngankhum in a um.

Pathian hnatuannak ni netabik lam ahcun thil cu a netnak a thleng thlang. Biaknak hruaitu pawl cun Amah cu an kham thei nawn lo (zoh aw, Johan 12:19), a hlan hnakin a thih ding an duh sinsin. Mipi pawl cu A parah an lungawi tuk, a hleice in thihnak ihsin Lazaras a kaih thawh lai (Johan 12:17,18) hmutu pawl ih thusimmi rak theitu mipi tamzet cun Jesuh cu an thlun thok. Grik mi pawl khal Jesuh hmuh duh ah puai ah an ra ve.

Himi ciah ah, Johan tongkam Johan 12:28 ih um “Ka pa, na hmin sunlawih aw” (NKJV) timi let in Pa cun van ihsin a run tong ih, “Ka sunlawih zo ih, ka sunlawih sal ding’ “ tiah a ti (Johan 12:28).

Kan hmuh zo vekin, Jesuh ih sunlawihnak cu thinglamtah hi a si. Curuangah Pa in Jesuh thuhla a theihter mi cun leitlun sualnak hrangih Pathian Tuu Fano ih thawiawknak ropi zet a tarlang a si. Cumi cu lei ih a hnaturan netnak bik a si. Kan ai-awih ih a thihnak cun kan soal cawhkuannak a pe, Amah ah, zumnak thawngin kanmah ten cawhkuannak kan tong dah lo ding a si.

NINGA NI
Mipi pawl ih theihpinak

November 7

“Ni netabik, kuut nipi ahcun Jesuh cu a ding ih, Zokhal a ti a hal asile, ka hnenah ra sehla, ra in seh. Cathianghlim in a sim bangin, keimah i zumtu cu a pum sungin ti nung a luang suak ding a si, a ti’ “ (Johan 7:37, 38, NKJV).

Jesuh in amah le mah cu zo a si, tile ziang tuah ding in a ra timi thuhla ah ngam huai zetih a rel thu vei ziangzat lai simaw Johan cun a ngan. A tlun ih lakmi Johan 7:37, 38 cu Jesuh in Amah thuhla le a hnen ih ra pawl tlun ih a tuah dingmi a sim. Cuvek ciah in himi thurel khal hi thil mak zet a si.

Biakbuk puai ah Jesuh in Judah pawl hnen ih thu a sim tikah mipi lakah tampi ih an letnak kha ziangsaw a si? Johan 7:37–53.

Hrekhat cun Anih cu hlanlai ih Moses ih a rel cia vekin Profet a si ding tiah an ti (Daan 18:15-19). A hrekhat cun Jesuh cu Khrih a si tiah an ruat. Asinan himi cun Messiah cu Galilee ihsin ra suak dingmi a si lo

timi thu-el buainak a suak ter, Anih cu David cithlah a si a tul ih, cule Bethlehem ah a suak ding a si – hivek pawl hmuahhmuah hi Jesuh thuhla ah a dik thluh (zohthim aw Mathai 1-2). Cucing in mi tampi cun himi hi an thei lo vek tla a bang.

Amah kai tu ding ralbawi pawl khal a thusim thiamnak ruangah an muangcang thluh. Farasi pawl cun ralbawi pawl cu thusuhnak dang hmangin an let ih, “Uktu pawl le Farasi pawl lakah Amah zumtu an um hrih maw si?” (Johan 7:48) tiah an ti. Himi Farasi hnen ihsin a um mi cun Johan cu Nikodemas hruailut thei dingin caan tha a pe a si. Nikodemas cu Jesuh thawn an hmuhawk thluh hnu cun hektu pawl ih remruatnak ihsin humhim a tum. “Kan daan in mi pakhat cu a thu ngaita lo le, a tuah rero mi theita loin thu a thendah maw si?” (Johan 7: 51 NKJV) tiah a ti.

Nikodemas in Jesuh cu Messiah a si lam a pawm dah maw si? Hitawak ahcun a pawm thuhla zianghman rel lo khal sehla hitawak hmun ih a cangvaihnak le Jesuh a thih hnu ih a thiltuah mi (Johan 19:39, 40) karlak ahhin Bible cun a ngaingai te cun Nikodemas in Amah cu a zum a si timi theihternak fiangzet in pe a si.

Cule an thusuhnak ih letnak cu, Si e, a ngaingai te cun Farasi lakih mi pakhat cun Amah cu a zum a si.

Siar ding: Johan 7: 49. **Jesuh dungthluntu pawl hmuhsuamnak tongkam hruaitu pawl ih an relmi kha ziangsaw a si? Hitawak ah kan hrang ziangmi zirlai saw um thei ding?**

NIRUK NI

November 8

Ruahbet ding: Siar aw : Ellen G. White, “The Crisis in Galilee,” pp. 383–394; “In the Outer Court,” pp. 621–626, in The Desire of Ages.

“ ‘Zoi hnen ahsaw kan feh ding?’ “ Israel zirhtu pawl cu daan thlun kim tumtuknak sal ah an tang. Farasi le Sadusi pawl cu an thu hmu aw lo in an el aw rero. Jesuh feh hlohsan timi cu midik lo pawl hnenih tluknak le mai sunlawinak lawng hawl dingih tumtahnak neitu pawl lakih va tel khi a si. Dungthluntu pawl cun Khrih an pawm thluh hnu ahhin an nunhlan hnakin lungawinak le hnangamnak an hmu tam deuhdeuh. Ziangruangah misual pawl ih rualpi hmuhsuam le thah a duhtu pawl hnenih an va kir theisal ding? Annih cun reizet Messiah an hngak rero zo, tu ah a ra ih, Amai hnen ihsin tlan in A nunnak laksak a duhtu le Amah thluntu pawl thah a duhtu pawl hnenah an kir thei nawn lo.

“ ‘Khuitawk ah kan feh ding?’ “ Khrih ih thuzirhnak, duhdawtnak le zangfahnak thu a zirhnak ihsin zumlonak khawvel sualnak thim sung ih feh ding cu a si lo. Rundamtu cu a hnatuan mangbangza hmutu tampi in an fehnan lai ah Piter cun dungthluntu pawl ih zumnak a phuang suak- ‘Nangmah cu Khrih na si’. An thlarau thumawknak hloh dingih ruahnak cun tihphannak le natnak in a silh khat thluh. Rundamtu hlawhsam cu tiffinriat thim le thlisia hrang lakah a um.”—Ellen G. White, *The Desire of Ages*, p. 393.

RELKHAWM DING THUSUHNAC PAWL:

1. Nan zirnak ah, thusuhnac harsa zet thuhla rel khawm tlang uh, ziangah Jesuh cu Messiah a sizia langternak le Khristian biaknak a dikzia langternak ah mi tampi cun lungawi zetin an pawm ih, ziangah mi hrekkhat cun an rak hnong?

2. Jesuh Khrih cu kan soal ruangah a thi a si timi ai hnaki thudik thupi zet ziangdang saw um ding? Cule

himi thudik thupi zet hi ziangtin saw kan run theihthei? Fimnak lam in, daan umcia in, Pathian thulam zirnak in, logic daan in maw, lole san le vang tivek in saw?A ngaingai te cun hivek pawl cun a hmaisabik ah Sersiamtu Pathian zumnak lamah in hruai thei ko. Zianghman danglam thei loin hivek ih thupi zet pawl cun, pakhat in simaw, lole komkhawm tlang khal in kan theihduh mi ngaingai cu in zirh thei cuang lo: Cumi cu Kan soal hrangah Khrih a thi timi hi a si. Hivek thudik zet – thuhram thupi zet pawl hmuahhmuah cun thil pakhat kan theih duh ngaingai mi ah in hruai thei lo – Hivek pawl in Bible cu kan zumnak ih thuneihnak netabik a si timi thupi zet hi ziangtin saw in zirh ding?

3. Ziangahsaw mi pakhat ih bulpak zumnak cu Pathian in a bulpak nun ih a thil tuahmi rel kirsalnak ih thil thupi zet a si?

ZIRLAI 7**November 9–15****A ZUMTU CU MI THLAWSUAH AN SI****SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Johan 8:54–58, Seem. 12:3, Rom. 4:1–5, Johan 12:1–8, Johan 19:4–22, Johan 20:19–31, Daniel 2, Daniel 7.

Bible cangken: “**Jesuh in a hnenah, ‘Thomas, nang cun i hmuh ruangah i zum: i hmu lo cing ih i zumtu pawl cu mithlawsuak an si, a ti’**” (Johan 20:29, NKJV).

A thuthangtha cabu sung hmuahhmuah ahhin Johan cun mi dangdang a nei – miphun dangdang, zumnak le nunphung le tontehnak bangaw lo pawl an si – an zaten in Jesuh cu zo a si timi an theihter thluh.

“‘Zoh hnikuh, Pathian ih Tuu Fano khi!’” (Johan 1:36, NKJV). “‘Messiah kan hmu ngah zo’” (Johan 1:41, NKJV). “‘Moses ih a rak nganmi kha...kan hmu ngah zo’” (Johan 1:45, NKJV). “‘Rabbi, Nangmah cu Pathian ih Fapa na si! Nangmah cu Israel Siangpahrang na si!’” (Johan 1:49, NKJV). “‘Khrih a si ko lo ding maw?’” (Johan 4:29, NKJV). “‘Kanmah rori in kan thei, himi leitlun rundamtu taktak Khrih a si ti kan thei’” (Johan 4:42, NKJV). “‘Bawipa, zo ih hnenah kan tlang cuang ding? Nangmah in kumkhaw nunnak thu cu na nei a si’” (Johan 6:68, NKJV). “‘Nang cu Khrih, Pathian Fapa, leitlun ih a rung dingmi cu na si ti ka thei’” (Johan 11:27, NKJV). “‘Ka mit a rak caw dah, tu cu khua ka hmu thei’” (Johan 9:25, NKJV). “‘Zoh hnik uh, Siangpahrang khi!’” (Johan 19:14, NKJV). “‘Amah

ah soal ka hmu lo’” (Johan 19:6, NKJV). “‘Ka Bawipa le ka Pathian!’” (Johan 20:28, NKJV).

Cumi pawl lakih hrekkhat cu zo le saw an si, cule ziangruangah saw Jesuh sinak an theihvek ih theihpitu an si?

NIKHAT NI**November 10****Abraham caan ih kirsalnak**

Jesuh cun Amah cu zo a si timi a relfiangnak ah a ningzah ve lo ih, zosaw a si timi thu theihter tu dingih theihpitu a ko khalah a ningzak lo, caan reizet liamzo ih Abraham hman Amah theihpitu ah a hmang. “‘Nan pa Abraham cu Ka ni hmu dingah a ai-puang zet, cule a hmu ngah ih a lung a awi zet’” (Johan 8:56, NKJV).

Ziangah Abraham ih theihpitu sinak hi Johan Thuthangtha cabu sungih telh dingih a thupit?

“Nunphung le thutiam hmangin Pathian cun, ‘Abraham hnenah thuthangtha a rak sim’. Galatia 3:8. Pipu pawl ih zumnak cu tlentu a ra ding timi ah an thum aw thluh. Khrih in Judah pawl hnenah, ‘Nan pa Abraham cun Ka ni a hmuh ding hi a ai-puang zet; cule a hmu ngah ih, a lungawi zet’ Johan 8:56, R.V., tiah a ti. Isak ai-awh in tuu cang raithawinak ih hman mi cun Pathian Fapa, kan ai-awh ih raithawinak a um dingmi a rak khihmuah a si. Minung cu Pathian daan buarnak ruangah thihnak ah thi dingih a um lai ahkhan Pa cun a Fapa cu a zoh ih, misual hnenah, ‘Nung aw: tlennak ka hmu ngah zo’” tiah a ti’— Ellen G. White, Patriarchs and Prophets, p. 154.

Abraham cu Judah hnam ih Pa a si. Amah hnenah ihsin miphun hmuahhmuah in thlawsuahnak an dong ding timi thutiam a dong. Himi thlawsuahnak a cithlah pawl in Messiah fehtlang in an dong a si. Abraham cu zumnak

thawngin Pathian a biatu pawl hmuahhmuah ih Pa khal a si thocho (Heb 11:8, 17-19). Raithawinak ih a fapa a hlan a duhnak (Seem 22) cun thutiam fapa cu zumnak ih langternak lawng men a si lo ih, rundam khawkhannak sangka a si.

Jesuh in, “ Nan pa Abraham cun Ka ni a hmuh ding hi a ai-puang zet’ “ (Johan 8:56 NKJV) a ti tikah hruaitu pawl cun, “ ‘ Kum 50 hman na kim hrih lo, Abraham cu na hmu zo maw si?’ “ (Johan 8:57, NKJV) tiah an let.

Jesuh cun Pathian in hrampur ih Moses a biaknak va theihter salnak tongkam a hmang. Himi cu a rak um cia zo pakhat, Pathian a si zia a relnak a si. Thusuhnak zianghman um nawn loin hruaitu pawl cun Jesuh ih a relmi an theihthiam ruangah, “Amah cu deng dingin lungto an sar”(Johan 8:59, NKJV).

Siar ding : Rom 4:1-5. Ziangtin saw Paul in himi Abraham thuanthu hi daan ih hnatuannak tel loin zumnak lawngin rundannak thudik ropi zet tarlangnak ih a run hman? Himi bungcang in zumnak thawngin a nungtu pawl ih pa cu Abraham a si zia theithiam dingin ziangtin saw in bom thei?

**NIHNIH NI
Mary ih theihpinak**

Lantak puai a thlen hlan niruk ahkhan Jesuh cu Mary, Martha le an unau pa, thihnak ihsin a kaihthawh mi Lazaras hnenah a leng. Pharnat ihsin a damtermi pa Simon cun a hrangih Jesuh ih a thil tuahmi ah lungawinak nei in puai ahcun rawlei ding a buai. Martha cun ei ding a rak buai, Lazaras cu mikhual pawl thawn cabuai ah a to (Johan 12:1-8).

Hitawh ah Mary ih cangvaihnak ih thupitnak kha ziangsaw a si? Ziangtin saw himi in Jesuh cu zo ciah saw a si timi theihternak a si thei? Johan 12:1-3.

Rimhmui (zi-hmui) hi a man khung zet, hnatuan tu pangai zetin kumkhat sung ih a hlawh man tluk a si. Mary cun himi thil pek hi a soal ngaidannak le a unaupa thihnak ihsin thawhter sal a si ruangih Rundamtui hnen ih a lungawinak langternak ih a run keng mi a si men thei. Ziangtik ni ah simaw, Jesuh vui liannak ding hrangih a tumtah mi a si. Asinan Anih cu Siangpahrang dingah hriakthih a si mai ding timi a thei. Cuvek a si cun Amah (Jesuh) upatnak petu hmaisabik a si ding a si.

Mary cun a kutih a tuahmi a rak theingah ciah lo tla si men thei, asinan Johan cun, “ Inn cu rimhmui rimthaw zetin a khat thluh” (Johan 12:3 ESV) tiah a rak ti. Judas cun zamrang zetin nunsimnak a nei hngal ih, rimhmui cu zuar in mi siatha pawl hnen ih pek sawn ding a si thu a rak sim. Jesuh cun Mary cu hngam zetin a rak dinpi ih, “Amah ten um ter aw...mi siatha pawl cu nan hnenah an um ringring ding, kei cu nan hnenah ka um ringring lo ding” (Johan 12:7, 8, NKJV) tiah a ti. Thuthangtha fehtlang in thupi thulu pawl cu an um sal rero. Jesuh cun minung sungah ziangmi a um ti a thei (Johan 2:24, 25; Johan 6:70, 71; Johan 13:11; Johan 16:19). Himi Simon inn ih rawlei puai ah Jesuh cun Judas thinlung ih a ummi a thei. Johan cun Judas hi zo a si timi fimkhur zet in a rak tarlang- mahte bawmaw tu rukru a si (Johan 12:6).

“Mary in Rundamtui’ taksa ruak parih thle dingih a ruatmi rimhmui thaw zet cu A (Jesuh) damlai rori ah a tuah a si. Cui rimthaw le a hlum zet mi cun an phumnak thlan a khuh thluh thei; tu ahcun Mary ih zumnak le duhdawnak ruangah A (Jesuh) thinlung cu lungawinak

in a khat ... cule hniksaknak nasa zet ih a feh khalah, cui theih ringringnak thiltuah mi cu a kengtel vivo ih, cumi cu a tlen cia mi pawl hnen ihsin kumkhaw hrangih Amai ta si dingih duhdawtnak cu a si”—Ellen G. White, *The Desire of Ages*, p. 560.

Jesuh cun Mary le Judas thinlung ih a ummi a thei. Anih cun na thinlung ih a ummi khal a thei. Himi thudik cun Jesuh cu kan dingfelnak, in danglamtertu le in kilhimtu a si timi ziangsaw in sim?

NITHUM NI

November 12

Pilate ih theihpitu sinak

Biaknak hruaitu pawl in Jesuh kaih an tumnak, hniksak dingih an hruainak le thah an tumdan pawl hi Johan cun a ngan leuhleuh theu. Johan Thuthangtha sungih thupi pakhat, Jesuh ih a rel theumi cu A tikcu le caan a thleng hrih lo timi hi a si. Cumi cu khenbet a si ding caan a relnak si (Johan 2:4; Johan 7:6, 8, 30; Johan 12:7, 23, 27; Johan 13:1; Johan 17:1).

Tu ahcun a tikcu le caan a thleng zo. Jesuh cu Gethsemane hmuandum ah an kai ih, Annas hnen ah an hruai, cumi theh ah Puithiam sang Kaiafas hnenah an hruai ih, cule Pilate hmaiah veihnih rori an fehpi.

Johan cun Jesuh cu Khrih a si timi theiter dingah hmun dangdang ih um minung pawl cu thu theihpi tu si dingah a ko khawm hai. Tu ahcun ramhruaitu Pilate, Jesuh thuthentu cu a ko. Pilate cu Rom miphun, ram hruaitu le thuthentu a si ruangah a theihpinak thu cu a thupi ngaingai. A dang thutheihpi tu pawl cu Judah hnam le mi pangai pawl an si.

Ziangtin saw Pilate ih thutluknak cu Johan Thuthangtha ih thulu thawn pehawknak an neih? Johan 18:38, Johan 19:4–22.

Jesuh cu tlawngkai ninga zingpit ah Pilate hnenah hruai a si (Johan 18:28). A khawkhan mi cu thawngtla mi hi rang zetin a canvo lam ih kuat zangzang hi a si. Asinan Jesuh ih ziaza cun Pilate ih ngaihven a hlawh zet. Ram uktu cun Jesuh cu fiang zetin thu a sut ih, cule Jesuh hnen ihsin, “Himi ruangah ka suak ih, himi ruangah leitlun ah – Thutak theihpitu si dingah ka ra. Zokhal thudik ih ta a si mi cun ka aw a ngai” (Johan 18:37 ESV) a timi a thei ngah.

A netnak ahcun ram uktu cun Jesuh cu thi dingin thiamlo coter khal sehla Jesuh cu mawhsualnak nei lo mi a si tin veithum rori a ti (Johan 18:38, Johan 19:4,6). Cule thinglamtah par ah, “Nazareth mi Jesuh, Judah pawl ih Siangpahrang” (Johan 19:19 ESV) tin a ngan. Jesuh hi zosaw a si timi a theihpinak netabik a si. Cule Khrih cu mawhsualnak zianghman a nei lo timi theihpi cing khal in Jesuh cu thi dingin thiamlo a coter thotho.

Pilate ih hmai ah Thutak a um, cucing khalin mipi pawl ih an hmuhsuam ding a siansak thotho- ziangkhal sehla Pilate cun Jesuh thi dingin thu a pe! Na sia le tha theihnak le na thinlung ih a lo simmi cu thudik a si timi thei cingih thlun duh lonak ih tihnun umzia zohthim ding a va si lawmmam ve!

A dik tiih kan zummi thil tuah dingah mitam sawn ih lunglut lole nornak a um ruangih tuah thei lo ih in tuahnak ih tihnung umzia hi Pilate zohthim in, ziangsaw kan zir thei ding?

NILI NI

November 13

Thomas ih theihpinak

Siar ding: Johan 20 :19-31. Zumnak le rinhlelnak thuhla ah Thomas thuanthu ihsin ziangsaw kan zir thei ding? Thomas in ziangmi thil thupi saw a tuah dik lo?

Jesuh a thawhsal hnuah a dungthluntu pawl hnenah a va lang, A dungthluntu pawl cun tihnak ruangah sangka an khar ih a sungah an rak um. Thomas cu an rualah a um ve lo. Cumi hnuah dungthluntu dang pawl hnen ihsin thawhsalnak thu a rak thei ih, asinan a zum thei lo. Cumi cu lalram a rak hmuh tum dan thawn an mil aw lo zet. Cule ziangruangah midang pawl hnenih a um lo lai caan ah Jesuh Amah rori cu an hnen ih a ra lang timi khalah a thinlung a buai zet ko ding.

Thomas cun, “A kut ah thirih khennak hmasi ka hmuh ih, thir ih khennak hmasi ah ka kut zung ka hruah ih, a hnak ka kut ih ka tham lo ahcun ka zum lo ding, a ti” (Johan 20:25, NKJV) tiah a ti.

Thomas cun a zumnak dinmun pawl a langter. Hi tivek zumnak Jesuh ih an neih khi Johan cabu sungah a lang phahphah theu. Nikodemas cun Jesuh cu, “Ziangtin saw mi pakhat cu a upat hnuah hrinsal a si thei ding?” (Johan 3:4) tin a let. Tikhur ih nunnau um mi cun, “ ‘Bawipa, tibel na nei lo ih, tikhur le a thuk fawn. Khuitawk in saw tinung cu na ngah thei ding?’ “ (Johan 4:11 NRSV) tiah a ti. Sang le nga ih rawldar mi mipi pawl cun, “ ‘Ziangmi hmuhsaknak saw in pek ding?’ “ (Johan 6:30 NRSV) tiah an ti.

Johan thuthangtha ahhin, “Zoh awla, cule zum aw” timi ruahnak hi a pawmdan a si lem lo. Jesuh a thawhsal hnu ih Thomas thawn an hmuhawk ahkhan Thomas cu a ko ih, thosal taksa zoh ih tham dingin a ti. Asinan hitin a rel, “ ‘I hmu lo cingih I zumtu pawl cu mi thlawsuak an si’ “ (Johan 20:29).

Pathian cun kan zumnak ah thum aw in theihfiangnak in peta lo in zummai dingah in ngen dah lo. A umnak, a ziaza, A thu rintlak an si zia pawl cu kan ruahnak ngen dingih phuanawknak ihsin dinmi pawl an

si : Cule himi phuanawknak cu tampi a si. Cucing in Pathian cun rinlelnak um thei mi cu a hlonhlo cuang lo. Kan zumnak cu thil langtermi ah siloin theihfiangnak ah a thum aw sawn ding a si” Ellen G. White, Steps to Christ, p. 105.

Pathian kamsuak ihsin, sersiamnak ihsin le bulpak hmuhtonnak ihsin Jesuh ih kan zumnak theihfiangnak ding mangbangza tamzet pek in kan um.

Mi pakhat in, Ziangah Jesuh na zum? tin lo sut bangta sehla, ziangtin saw na let ding?

NINGA NI

November 14

Jesuh kan theihpitnak

Johan cun Jesuh theihpinak thu hi a rel leuhleuh theu, a tumtah mi cu netkharnak mawizet lam ih in hruai hi a si: “Cun hi cabu sungih ngan lomi, a dang hmuhsaknak tampi tla Jesuh in a dungthluntu pawlih mit hmuh ah a tuah: Asinain hi pawl hi, Jesuh cu Khrih, Pathian ih Fapa a si ti nan zum theinak dingah, le nan zum ih a hmin ruangah nunnak nan neih theinak dingih nganmi a si” (Johan 20:30, 31, NKJV).

Cutawk hmun ah na um ve ih, Jesuh ih mangbangza tuahmi tampi hmu ve tlukin vun ruat aw. Ka zum rori ding, a si lo sawm? Cuvek cun kan ruat ko ding: Asinan lamzin hrekkhat dang ahcun a ngaingai ih mangbangza a tuahmi hmutu pawl ai hnakin Jesuh kan zumnak dingsan hi kan nei tam deuh.

Ziangruangah saw?

Jesuh san minung pawl ih an neih lomi, a tu ih kan neihmi kan zumnak in bawm theitu ding thil hrekkhat pawl cu ziangsaw an si? Thimnak ah : Matt. 24:2, Matt. 24:14, Matt. 24:6–8.

Thuthangtha Johan cabu ih thil ti thei zet thuhla tampi kan neih lawnghman siloin Jesuh le Bible ngantu pawl in thil a ra thleng dingmi an simcianak pawl kan hmuh mi thil ropi zetzet pawl khal kan nei. Cuvek pawl cu Temple siatnak ding thu (Matt. 24:2), Leitlun pumpi ih thuthangtha phuandarhna ding (Matt. 24:14), Tlunknak nasa zet um ding (2 Thess. 2:3), le leitlun hi sualna ah tlu vivo in, sual umnak ding hmunram (Matt. 24:6–8) a si ding thu pawl an si. Jesuh ih nunsung le hnatuannak a neih sung hmuahhmuah ahkhan a dungtluntu pawl cu minung tahnak ih thlir ahcun tikcu reizet liamzo thuanthu ihsin hloral mai ding mi hnaihok tu mipa le nunau malte ummi pawlkom fate an si. Ziangtin saw kanmah vekin hivek thil pawl hmuahhmuah a ra thleng ding timi an theih ve? Theihnak an nei a si. A ngaingai te cun, kan zumnak hman hi Jesuh in thuthangtha cu leitlun pumpi ah phuan a si ding tiih a simciam i famkimnak dinhmun ih ummi a si.

Kum 2,000 liam zo, tuini ah Jesuh dungthluntu kan si vekin Jesuh le kan hrangih a tuahmi pawl theihpitu si dingah caan tha kan nei ve a si. Cumi cu Nathaniel, Nikodemas le Samaria nunau nu lole Farasi pawl zirhna ruangah kanmah ten Jesuh cu Messiah a si timi kan thei a si lo. Himi cu Thiang Thlarau umpinak huham hnuai ih Bible Thianghlim siarnak ihsin Jesuh cu leitlun rundamtu a si tiin kan pawm a si.

Cule kan zaten kan lamzin cio ah, le Pathian thawn kan laicin awknak ihsin thuanthu rel ding kan nei ve thei a si. Kan thuanthu cu thihnak ihsin thosal hmutu pawl le suahkeh mitcaw pawl vek lawmam cu a si lo men thei, asinan a poinak zianghman a um lo. A thupi bikmi cu kanmah ten Jesuh kan theih ngah ih, Johan Thuthangtha cabu sungih Jesuh theihpitu pawl vekin kan lamzin cio ah Amah theihpitu kan si thei ve a si.

NIRUK NI

November 15

Ruahbet ding: Siar aw: Ellen G. White, “The Test of Faith,” pp. 145–155, in *Patriarchs and Prophets*; “In Pilate’s Judgment Hall,” pp. 723–740, in *The Desire of Ages*.

Thomas “Jesuh kehram ah a va um ih tappah in, ‘Ka Bawipa le Ka Pathian’ “ tiah a ti.

“ Jesuh cun a theihnak cu a pawm sak, asinan nuamnai ten a zum lo ruangih a duh lonak cu a langter: ‘Thomas I hmuh ruangah na zum, I hmu lo cingih I zumtu cu mi thlawsuak an si.’ A nau pawl ih an theiternak rak zum bangsehla Thomas ih zumnak ah Khrih cu a lungawi sinsin ding. Leitlun in Thomas ih zumnak hi zoththim dingah rak thlun bangta sehla, zohman rundamnak an zum dik lo; zianghatile Khrih a neitu cun midang ih theiternak thawngin a tuah ding a si.

“Rin hlel nei tamzet mi cun Thomas in a rualpi pawl hnen ihsin theihfiangnak a neih vek ciah nei ve sehla an zum ding thu anmah ten an hnemaw. Cuvek theihfiangnak ai hnakh tam an nei timi hi an thei lo. Thomas vek ih rinhlelnak hlo thluh dingih hngaktu pawl cun an duhmi an theingah dah zik lo. Annih pawl cu nuamnai teten zum lonak neitu ah an suak ding. Thimnak lam hoi dingih mahten zirhaw tu le phunnawi le phunzai peihzet pawl cun an thil tuahmi an thei lo. Annih cun rinhlelnak ci an tuh ih, rinhlelnak rawlkhawm ding an nei ding. Zumnak le rinsanngam awknak a thupit lai caan ah mi tampi cun zum dingin le beiseinak nei dingin thilti theinak zianghman nei loin an hmu aw ding”—Ellen G. White, *The Desire of Ages*, pp. 807, 808.

RELKHAWM DING THUSUHNAC PAWL:

1. Thomas le Abraham ihsin zumnak a langsuakmi ih danglamnak kha ziangsaw a si? An thuanthu in ziangsaw kan zir thei ding?

2. Sabbath sikul zirnak ah Johan Thuthangtha ih kan hmuh vekin Jesuh theihpinak neih a duhtu cun tuah ko haiseh. Thungan mi pawl cu bangaw lo khal sehla mipi in ziangsaw an rel, Ziangtin saw Bawipa pakhat ih thuhla theihternak an neih tlang thluh thei?

3. Pilate cun thuruah ding harsa zet thusuhnac a suut : “Thudik cu ziangsaw?” Johan cabu kan zirzo mi eng hnuai ah himi thusuhnac hi let aw.

4. Daniel 2 le 7 ih simcianak kha zoh aw. Jesuh san ih minung pawl khan himi bung 2 hi rak nei khal sehla culai can ih an rak neih lomi kannih ih kan neih mi, simciannak famkimnak le zum dingih san le vang tam sinsin ih kan neih mi thil ropi zet hlawknac cu ziangsaw a si?

ZIRLAI 8**November 16–22****THUKAM HLUN SIMCIANAK THLENG FAMKIM****SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Johan 5:17, 20, 36–40, 46, 47; Johan 13:18; Johan 17:12; Jer. 2:13; Zekh. 9:9; Johan 8:12–30.

Bible cangken: “ ‘Asinain Johan hnakih theihpitu tum sawn ka nei: ziangah tile Pa in tuan theh dingih i pekmi hnatan, cui hnatan ka tuanmi cun Pa in i thlah ti ka thu a theiher a si’ “ (Johan 5:36, NKJV).

Johan cabu ahhin Jesuh ih a relmi le a tuahmi pawl hmuahhmuah a tarlang rero timi kan hmu leuhleuh theu. A si, Messiah (hammashiach), Khrih, cu Israel ah a ra a si. A ra ih, ngaingai te cun anmai lakah a um, Ca thianghlim ih a rak simcia vek ciah in Judah hnam in Bethelhem ah a suak.

Asinan Johan cun, “ Leitlun ah a um ih, leitlun cu Amah ihsin sersiam mi a si, asinan leitlun cun Amah a thei lo” (Johan 1:10 NKJV) tiah a rak ti.

Amah cu leitlun ah a um, Amah ihsin leitlun sersiam a si, cumi cingin ziangah leitlun in Amah cu a thei lo? Himi cu thu mangbang thlak zet a si. Cule Johan cabu le Thuthangtha cabu dang pawl ih kan hmuh vekin mitampi cun Jesuh ih thusim mi le a thil tuahmi ruangah Amah cu thei ding an si ko nan, an rak thei riai lo. Cumi aiih nasa sawn cu Thukam hlun cathianghlim cun Amah

a khihhmuh ruangah mipi cun thei ding hrimhrim an si, hmanseh Amah cu an thei lo.

Tuizarh ahcun Johan in Jesuh hi Messiah a sinak a langternak tamsin in kan zoh ding, Cule ziangah mipi pawl in an hnong thotho – Khrih a si timi hngetternak thilti theinak um cingin ziangah an hnong thotho timi pawl kan zoh ding.

An diklonak ihsin ziangsaw kan zir thei ding?

NIKHAT NI

November 17

Hmuhsaknak, hnaturan le Mangbangza pawl

Johan in Jesuh cu Messiah a sinak a khihhmuhnak ih a hmanmi mangbangza tampi tlun ah Jesuh ih hmuhsaknak, hnatuannak, le mangbangza a tuahmi pawl thuhla rel khawmnak pawl khal a ngankhum thluh.

Hmuhsaknak le mangbangza timi hrimhrim cun A Messiah sinak zianghman an langter lem lo, ziangah tile profet tampi cun mangbangza an tuah thei ve ruangah a si, khuimaw caan ahcun profet deu khal in a tuah thei ve. Johan cun hmuhsaknak menmen a ngan lo, ziangah tile cumi pawl cun mangbangza ropi zet tuahtu pawl lawng an khihhmuh ruangah a si. Johan ih a nganmi hmuhsaknak cun Jesuh cu Messiah a si zia a tarlang ih, a ngaingai ahcun Anih cun Pa Pathian hnen ihsin a ra mi a si timi a hmuh a si.

Siar ding: Johan 5:17, 20, 36–38. **A hleice in hmuhsaknak thu ah himi bungcang pawl cun Pa Pathian le Jesuh karlak ih um laicin awknak cu ziangtin saw a simfiang?**

Jesuh cun hmuhsaknak pawl cu A hnatuannak ah Pa Pathian thawn pehtlaihawknak hngetzet an neihzia

tarlangnak ah a hmang. An pahnih in pakhat an si. Hnatuannak cun, “Pa cu Keimah ah a um ih, Kei cu Amah ah ka um” timi a langter a si (Johan 10:38, NKJV; *zoh ve aw*, Johan 14:10, 11.)

Jesuh a ratnak san cu Amah thlahtu ih hnaturan pawl tuah ding in a si, himi hnaturan pawl hi leitlun ih tarlang a si theinak dingah a si. Pa Pathian in a fialmi hnaturan dingin a ra tinak a si. Cumi hnatuannak ihsin Anih cu Pa Pathian hnen ihsin a ra mi a si timi fiangzetin a langter a si.

Kan hmuh zo vekin hmuhsaknak tamzet le mi tampi hnen ihsin theihternak um cing khal in mipi pawl cun Amah an zum thei cuang lo. Biaknak hruaitu pawl cun Jesuh hnenah, “Ziangtik tiang saw awloksong in in umter ding? Khrih na sile fiangte’n in sim lawlaw aw, an ti. Jesuh in an hnenah, Ka lo sim zo ih nan zum lo: ka Pai’ hmin ih ka tuahmi thil pawl hin ka thuhla cu a theihter a si” tiah a ti’ “ (Johan 10:24, 25, NKJV).

Jesuh cu hmai ah suak tahrat in, Messiah a si thu langngan in rel hngal sehla, biaknak hruaitu pawl cun – Amah dokalh theinak ding an hmuh theihtawk hawl in – Amah an bei (zuanhnawh) hngal men thei. Himi a theih ruangah Jesuh cun a hnaturan mi a khihhmuh sawn a si. Jesuh khan Khrih a si thu sim hngal sehla, cumi cu olsam zet in an hnong hngal ding a si. Asinan hmuhsaknak, hnaturan le mangbangza pawl cu an hnong thei lo. Himi pawl hi Amah cu zo a si, khuitawk in a ra timi theihternak thilti theizet a si.

Hi biaknak hruaitu pawl lakih kan hmuhmi thinlung hak nei pawl lak ihsin ziangtin saw kan kilhim awk thei ding? Kan nun ah Pathian hnaturan dokalh tu hi ziangvek lamzin in saw ka do let thei ding?

**NIHNIH NI
Cathianghlim ih thuneihnak**

November 18

Johan in Jesuh cu Messiah a si zia a rellangnak hmuhsaknak le thutheihter tamzet a hman ih tlun ah Thukam hlun ih thuneihnak le cumi sung ih um Khrih ih hnaturan ding relcia mi simcianak pawl khal a vun hmang. Thukam hlun ih thil thupi zet a si ih, Johan Thuthangtha lawngah siloin Thukam thar hmuahhmuah ah a thupi zet. Jesuh ih sinnak, a ratnak, a tuahmi le a tuah dingmi hrangih thiamcoternak pawl cu Ca thianghlim ah a thum aw thluh a si. Cumi cu Thukam hlun hi a si.

A hnuai ih bungcang hi siar aw: Johan 5:39, 40, 46, 47. **Himi cun Cathianghlim ih thuneihnak lam ah Jesuh ih a lunglut thuhla ziangsaw in sim?**

Thuthangtha cabu hmuahhmuah ah Jesuh cun Cathianghlim ih thuneihnak cu Amah theihpitu vekin a khihhmuh thluh. Thimnak ah Jesuh cun Thukam hlun ih thilthleng mi pawl cu Amah le A thil tuahmi pawl khihhmuh tu ah a hmang theu. Cumi lakih pakhat cu Mipumsiarnak 21:5-9 sung ih thil a thlengmi a run laksuak. “ ‘Cun Moses in thlaler ih rul a taar bangin, minung Fapa khal taar a si ve ding’ “ (Johan 3:14, NKJV). Hitawk ahhin Jesuh cun thuanthu a rel men lo ih, Amah le Mah khihhmuh awknak ah a hmang ih, thuanthu ih a reltum mi sullam cu thuneihnak ih simfiangnak hmangin kan hnenah in theihter a si.

Cule Jesuh lawng si loin midang khal in Thukam hlun hi Jesuh khihhmuh tu ah an rak hmang ve. Tahthimnak ah Johan cabu hmaisai lam ahkhan Filip ih tongkam kan hmu thei: “Moses in daan bu sungih a thu a rak rel mi le profet pawl khal in an ngan mi kan hmu zo” tiah a ti (Johan 1:45, NKJV).

A hnuai ih bungcang hi siar aw: Johan 13:18; Johan 17:12; Johan 19:24, 28, 36. **Jesuh le Johan in Cathianghlim thuneihnak an theihthiam mi thuhla in ziangsaw in zirh? Himi pawl cun kan zumnak ah Cathianghlim ih thupitnak pawl ziangsaw in sim?**

Tuisan ah Bible ih thuneihnak sungih kan zumnak langngan zetih siatsuah theitu ding pawl hi ziangsaw an si? Sabbath sikul zirnak ah na letnak kha run keng tel aw.

**NITHUM NI
Jesuh thuhla Thukam hlun ih simcianak: Then 1**

Jesuh ih sinak thuhla ah biaknak hruaitu pawl thawn thu rel khawmnak an neih tikah Jesuh cun Ca thianghlim thuneihnak cu a nemhngat. A hmaisabik ahcun biaknak hruaitu pawl cu Bible zumtu an si ruangah cuvek ih a tuah cu a hrangah thil tul lutuk lem lo tla a bang zet. Ziangkhal sehla, Jesuh cun an hnenah Ca thianghlim ih thuneihnak a thupi ter zet, Zo a si timi langternak ah cutivek cun a tuah a si – an thinlung cu ziangtluk in a hak hmanah zumnak dokalh tum in ziangtluk in zuam khal sehla Jesuh cun a langter thotho.

Cuti lai ah Johan cun Thukam hlun ih simmi le thulak mi tamzet pawl a rak ngan, cumi pawl cun Jesuh cu Thukam hlun ih Messiah thutiam hlawhtlinnak a si zia a tarlang.

Ziangtin saw a hnuai ih Thukam thar le Thukam hlun ih thu ummi an pehzom awk dan? Ziangtin saw Thukam thar in himi bungcang pawl hi Jesuh theihpitu ih a hmandan?

Johan1:23,Isa.40:3

Johan2:16,17; Saam. 69:9

Johan 7:38, Jer. 2:13

Johan 19:36, Mipum. 9:12

Johan lawnghman siloin Piter, Paul, Mathai, Marka, Luka le Thukam thar ngantu pawl hmuahmah cun Thlarau thianghlim ih thawkkhumnak hnuai ah Nazereth mi Jesuh ih nun, thihnak, thawhsalnak le Pathian Bawi tohkham ih khaisoh a sinak pawl an sim. Cumi cu Thukam hlun simcianak pawl ih famkimnak a si.

Jesuh cun dungthluntu pawl hnenah Pathian hna a tuan ding simcianak Cathianghlim pawl khihhmuh rero khal sehla- Ziangtik ahsaw dungthluntu pawl in Cathianghlim ih khihhmuh mi cu Amah a si timi an theihthiam? A thi ih a thawhsal hnuah le an hnen ih a lang hnu lawngah an theihtiam fang “Cuiruangah, thihnak ihsin a thawhsal tikah, a dungthluntu pawlin an hnenah hi thu a rak sim dah ti an mangsal; cun cathianghlim le Jesuh ih simmi thu cu an zum” (Johan 2:22, *himi ah tla zoh aw*> *Johan 20:9*).

NILI NI

November 20

Jesuh thuhla Thukam hlun ih simcianak: Then 2

Jesuh cun biaknak hruaitu pawl hnenah:
“Cathianghlim nan hawl; zianghah tile cumi in kumkhaw

nunnak nei ah nan ruat aw: cupawl cu ka thu simtu an si’
“ (Johan 5:39, NKJV) tiah a ti. Amai thuhla a relawk hi mangbangza a va si lawmmam ve!

Ruat (tuat)dan phunphun a um, asinan mi thiam hrekkhat pawl cun Nazareth mi Jesuh in Thukam hlun ih simcianak zaten a famkimter tin an rel. Zianghmuah a si khal le mi pakhat in a zaten hnaki mal, cumi lakih malte hman famkimter ding cu khawruah harsa thil a si. A tu rori hman ah mi hrekkhat cun hitivek in tahthimnak an la ko ding: Texas vek ih kau tha zet hmunram pakhat cu pi 2 tlukih sang thir paisa in luahkhat thluh sehla, cumi lakah paisa thir sendup (pink)rong hnih mi pakhat thawn cawkrawi aw thluh in a um ding timi vun ruat aw. Cule mit tuammi mi pakhat hnen ah cumi thir paisa sendup la suak ding in caan tha voikhat pe aw. Veikhat a dapnak ah thir paisa sendup a lak ngah thei dingah vanthatnak zateek zianghmuah a nei ding?

Thusuhnak zianghman um loin - Khrih ih suahnak, a nun le a thihnak pawl cu Thukam hlun cun a simcia thluh, cumi cu beisei mi Messiah a si vekih Amah a sinak tarlangnak mangbangza a si. Johan cun Jesuh cu zosaw a si timi thuhla khihhmuh tu ah Thukam hlun bungcang pawl hi a hmang sal rero theu. Cule ziangah Amah kan zum ding ih, in pekmi rundamnak kan cohlang ding timi khal a rel tel.

Johan thuthangtha ihsin a hnuai ih thu ummi tinkim in Jesuh cu Messiah thuhla ih simcianak famkimtertu a sinak ziangtin an langter?

Johan 12:13, Saam. 118:26

Johan 12:14, 15; Zekh. 9:9

 Johan 13:18, Saam. 41:9 Johan 19:37, Zekh. 12:10, Zekh. 13:6

Na zumnak ah ziangmi tluk in saw hnget zetih na phum awk? Mi pakhat in ziangahsaw Jesuh cu Messiah a si tiih na zum tin lo sut bangta sehla, ziangmi thuletak saw na pek ding, cule cui zumnak tan ngam dingin khuitawh ahsaw na hawl ding, ziangahsaw na hawlnak ding san?

**NINGA NI
 A hnuai mi**

November 21

Johan cabu ka zirzo mi ah Jesuh cu Judah mi pawl ih reizet an rak hngak mi ruahsannak ropi zet tiamcia Messiah a si zia Johan ih a langternak pawl kan hmu thluh zo.

Cucing in biaknak hruaitu tamzet, thlarau lamih mipi kaihruaitu pawl cu A doral tumbik ah an cang sawn riangri.

Ziangruangah saw?

Siar ding: Johan 8:12-30. Hitawh ahhin hi biaknak hruaitu pawl le Jesuh karlak ih thil ummi cu ziangsaw a si? Ziangah mi tampi in an hnong timi simfiang dingih bomtu thabik Bible bungcang cu ziangmi saw a si?

Jesuh cun Amah le Pa hman an theih lo thu a rel (Johan 8:19). A pahnih in thei ding an si, asinan hi minung pawl cu anmah ten an bum aw a si. An nunphung le an thutheih fimnak ah an thum aw tuk ih, an hmai rori ah

Jesuh um in, A tuahmi le a thurel mi pawl hmuahhmuah- Pa ih thuphuangnak thilti theizet pawl hmuahhmuah a tuah thluh cing khalin – Amah cu an hnong lai thotho.

Pahnihnak ah, Jesuh cun an hnenah, “ ‘ Nannih cu a hnuai mi nan si” (Johan 8:23, NKJV) tiah a ti. Phundang ih rel cun: biaknak lam ih mi taima zet khal siseh la thlarau mi zet, Pathian ngaihsak mi zet an si lo. Annih cu “Pathian ngaihsak hmelpu” (2 Timote 3:5) an si. Cumi lo cu zianghman an si lo. Lenglam ahcun Pathian ngaihsaknak an nei ih, asinan sunglam ahcun zum lonak an nei.

Himi hi thilthar a si hran lo: “ ‘Hi pawl hin an kaa in in naih ih, an hmur in in upat ko nan, an thinlung cu ka hnen ihsin hlapi ah an thawn ih, ka parih tihzahnak an neihmi khal hi minung daan ih zirhmi men a si’ “ (Isa. 29:13, NKJV). Himi ngaihndan hi kum zabi tamzet liamzo hnuah Jesuh in a run rel sal ih, “Milai thupek pawl cu thurin vekin an zirh ih, in biaknak cu a lak men a si’ “ (Marka 7:7) tiah a ti. Jesuh in “Kei cu hi leitlun ta ka si lo” (Johan 8:23) a ti vekin, an milai thuzirhnak, an thupek pawl cu “hi leitlun ta” (Johan 8:23) an ti. Hi minung pawl in anmah ten an bumawknak hi a biasia tuk; riahsiat thlakza cu midang khal lamzin diklo ih an hruai thluhnak cun a luar ter deuhdeuh, cuvek cing khal in ngai nuam zet thil a um. Johan cun a cangan mi bungcang pawl ih a tarlang mi thleng danglamnak ih a rahsuak mi ruangah, “Mi tampi in Amah an zum” (Johan 8:30) tiah a run ti.

Hruaiawknak sia zet um cing khal in Judah mi tamzet cun cubang pawl ih phen ah anmah ten Jesuh zo a si timi an hawl hmu suak.

Jesuh cu biaknak hruaitu pawl thawn an biakawknak ihsin laksuak mi ziang zirlai saw na neih? Kannih hi “Hnuailam ihsin” siloin “tlunlam ihsin” kan

si thei dan ding – a danglamnak ziangtin kan theithei ding?

NIRUK NI

November 2

Ruahbet ding: siar aw Ellen G. White, “ Let Not Your Heart Be Troubled, ’ “ pp. 662–680, in The Desire of Ages.

“Sui hlawnthil vekin Thudik cu Hebru mipun pawl hnenah a um. Judah pawl fimrelnak, Vanram hmingsinnak cu Khrih Amah rori in a rak din zo. Tlennak ih thudik ropi zet hmingsinnak cu khuh in a um. Cu mi cingin Khrih a rat tikah, himi hmingsinnak pawl hmuahhmuah ih khiihmuh mi cu Amah a si timi an thei lo. An kut pawl ah Pathian kamsuak thu an nei; asinan sankhat hnu sankhat ihsin an ken sawng vivo mi an nunphung le milai ih ca thianghlim simfiangnak pawl ruangah Jesuh ih a ummi thudik cu an hnen ihsin thuhhlo in a um. Thlarau lam thil, cangan mi thianghlim cu a hlo zo. Theihnak pawl hmuahhmuah umnak hlawnthil innpi cu an hrangah on in a um, asinan annih cun an rak thei lo.

“Pathian in minung lakah a thudik cu a thup hlo lo. Anmai cangvaihnak ihsin anmah ten theihhar zet dingin an buah. Khrih cun Judah pawl hnenah Messiah a sizia langternak tam zet a pe; asinan A thuzirhnak cun an nun thlengdanglam ding ih thutluknak buah dingin a ko a si. Khrih an pawm ahcun an thufim le nunphung daan, an hamtamnak le Pathian ngaihsak loin nuam zetih an umnak pawl an bansan thluh a tul timi an hmu thiam. Danglam thei lo, kumkhaw thudik dong ding cun pumpekawknak a tul a si. Curuangah Khrih ah zumnak din thar dingin Pathian ih a pek thei mi tarlangnak fiangzet cu an pawm thei lo. Thukam thlun cathianghlim pawm dingin an phuang, cucing khal in Khrih ih nun le ziaza

thawn pehpar aw ih thutheihternak pawl pawm dingin an hnong. Piangthar tahra in, an ruahcia mi ngaihdan pawl tanta ding cu an tih zet. Thuthangtha hlawnthil, lamzin, thutak, le nunnak timi cu an lakah a um, asinan Van ih a pek theimi thilpek ropi zet cu an hnong a si”—Ellen G. White, Christ’s Object Lessons, p. 105.

RELKHAWM DING THUSUHNAC PAWL

1. Jesuh nun ih simcianak famkim mi cun ziangtin saw zumnak a buah thei?

2. Biaknak hruaitu pawl in Jesuh an zumnak ding lamzin ih donkhamnak tumpi pa 3 lole 4 pawl kha ziangsaw an si?

3. Tuini ah bulpak zetih na rinsan ngamawknak hi khuitawk lamah a um timi ruat aw. Ziangmi karbak in na zumnak a cakter ding tin na ruat?

4. Nikhat ni zirlai ih Cathianghlim ih thuneihmi thuhla kan zirni a cemnetnak ih thusuhnak kha ziangtin saw na let, cule Ca thianghlim thuneihnak netnak le netabik ah rinhlelnak suahpi theitu ziangvek khal hi ziangahsaw kan hnong a tul?

ZIRLAI 9**November 23–29****NUNNAK BULHRAM****SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Johan 1:4; Johan 10:10; Johan 1:12, 13; Johan 6:61–68; mipum.13:23–33; Matt. 4:1–4.

Bible cangkan: “ ‘Keimah hi lamzin, thutak le nunnak ka si. Keimah ihsin lo cun zohman Pai’ hnen an thleng lo’ “ (Johan 14:6, NKJV).

Johan Thuthangtha ahhin Jesuh cu zosaw a si timi thusuhnak ah Jesuh cun Pathian relnak tongfang hmangin a let a si. “KEIMAH” timi cu Amah Bawipa, hrambur sungin Moses hnen ih a rung lang tu kha a si ti cu palhnak zianghman um loin a fiang tuk. “ ‘KEIMAH CU KEIMAH KA SI’ “tiah Moses hnenah a ti (Suah 3:14). Cun hi Pathian thotho “KEIMAH” titu cu, “minung ah a rung cang ih, kan lakah a ceng, (cule Pa ih fapa mal neihsun ih sunlawinak vekin, a sunlawinak cu kan hmu,) velneihnak le thutak in a khat” (Johan 1:14, NKJV).

“KEIMAH” timi thuhram cu Johan cabu sungih pehzom awknak a si. Tuizarh ahcun theih ringring dingmi bungcang hi cumi thuhram cun a tarlang: “ ‘Keimah hi lamzin, thutak le nunnak ka si’ “ (Johan 14:6 NKJV). “KEIMAH” timi cu leitlun ih eng, nunnak sang, tuu sangka lole kulhsangka, Tuu khal tha, le sabit kung diktak cu a si.

Tuizarh cu kan hnen ih Johan cabu pek ih a um vekin Pathian phuangawknak kan pehzom sal ding. A

lehlam ih thil umdan khal kan zir ding, Jesuh cu Messiah a si timi theihfiang ternak huham um cing khal in mi hrekkhat cun an hnong a si. Himi ruahdan hi san le vang pahnih ruangah kan zir ding : Cuvek thil tisual mi hrial dingah le cuvek ih thil rak tisual tu, tihphannak um pawl hnenah ziangtin Pathian thu kan va sim thei ding timi pawl kan zir ding.

NIKHAT NI**November 24****Amah ah nunnak a um**

Johan 1:1 ah tirthlah cun Jesuh cu Pathian, Pathian fapa a si timi fiangternak a nei. Curuangah Johan 1:4 ah, “Amah ahcun nunnak a um, cui nunnak cu minung pawl ih eng a si” tiah a ti – hitawk ih nunnak a timi cun Pathian nunnak, laksuah cop mi siloin, kumkhua ih umcia nunnak a rel mi a si. Amai’ sung ih nunnak a neih ruangah A nunnak cu a hlan thei ih, a la sal thei fawn (Johan 10:17). Cule a sungih nunnak a neih ruangah A duhmi poh hnenah nunnak a pe thei (Johan 5:21; *zoh kop aw*, Johan 14:19).

Nunnak (zoe) timi thuhram hi Johan Thuthangtha sungah tum 36 a lang, Thukam Thar sungih hman mi zateek 25 tluk hrawng a si. Johan 1:4, 5 ahhin kan leitlun ih ummi nunnak bulhram relmi lenglam ah, himi thu cu rundamnak thawn a pehzom aw thotho a si. Johan Thuthangtha cabu hmuahhmuah ahhin himi nunnak (zoe) timi ruahdan hi kumkhaw nunnak, rundamnak thutiam vek ih tarlang a si ringring (zoh aw, Johan 3:15, 16, 36; Johan 4:14, 36; Johan 6:27, 40, 47, 54, 68; Johan 10:27, 28). Curuangah sersiamnak ih nunnak a petu cu a hloral mi leitlun ih rundamnak, kumkhaw nunnak run keng tu kha a si.

Ziangah Jesuh leitlun ah a ra? Johan 1:29, Johan 3:16, Johan 6:40, Johan 10:10, Johan 12:27.

“ ‘Cun Moses in thlaler ih rul a taar bangin, minung Fapa khal taar a si ve ding: Cuticun zokhal amah a zumtu cu hloral lo ih catuan nunnak an neih sawn theinak dingah a si’ “ (Johan 3:14, 15, NKJV).

Dar rul cun rul ih a keu mi Israel fate pawl ih dinhmun a luah vek ciah in, soal ih vuak tlukmi kannih khal kan dinhmun Jesuh in a luah ve a si. A neih mi nunnak kan neih theinak dingah kan ai-awh in kan hrangih hremnak cu a la a si.

Khrih cun nunnak le nun vivo theinak kan neih ding hi a duh zet (Johan 10:10). Curuangah “Amah a pomtu a hmin a zumtu hmuahhmuah cu an hnenah Pathian fa si theinak a pe: Cupawl cu thisen ih hrin an si lo, tisa duhzawng ih hrin khal an si lo ih, minung duhzawng ih hrin khal an si fawn lo, Pathian ih hrin mi an si sawn” (Johan 1:12, 13, NKJV).

Pa in theiter dingin Khrih cu kan hnenah a ra. Ziangah tile “Zohman in ziangtik hmanah Pathian cu an hmu dah lo; Fapa mal neihsun, Pa ih taang sungih a um mi in amah cu a lang fiangter” (Johan 1:18, NKJV). Jesuh ih ziaza hmuhnak ihsin Pa ih ziaza khal kan hmu thei a si.

Pa ih ziaza thuhla ah Jesuh nun ihsin ziangsaw kan zir thei? Ziangah saw himi phuangawknak hi a tha zetmi thuthang a sinak san?

NIHNIH NI

November 25

Kumkhaw nunnak tongkam

Siar ding: Johan 6:61-68. **Jesuh in dungthluntu pawl hnenah Amah fehnsan ding le ding lo thu a suh caan ih Piter ih thuletnak sullam kha ziangsaw a si?**

Piter ih tongkam “Kumkhaw nunnak” timi thuhla cun Johan thuthangtha bu a luah khat thluh. Kumkhaw nunnak thuhla ih tongkam umkhawm mi cu Johan 6 ah a lang. Cumi cu Mipum 5,000 (Johan 6:27, 40, 47, 54, 68) rawldar thuhla ahkhan a si. Jesuh cun Amah cu nunnak sang (Johan 6:35) a si thu a rel. Cumi sullam cu A nunnak, thihnak, le thawhsalnak pawl cu kumkhaw rundamnak ih bulhram pawl an si tinak a si.

Kumkhaw nunnak timi catlang, lole cuvek deuh ih a ummi cu Johan thuthangtha sung ahhin tum 17 lai a lang. Himi thuhram cun thlarau umnak, kumkhaw nunnak ih tel dingmi simaw, lole thildang ziangmaw ruahnak men a rel tum mi a si lo. Hi thuhram cun rundamnak kengtu nunnak thil tithei zet le A tu ih kan nunnak, Kan Bawipa a rat kirsal tikih cemni nei lo ding nunnak lam a khihhmuh sawn a si. Jesuh cu minung ih a ra cang vekin Jesuh in thawhsalnak thuhla a rel mi cu a tikcu ah taksa in a cang ding a si. Cumi cu thihnak ihsin thawhsalnak, Eden hmuan ih kan rak neih dah zo mi nunnak thar a si.

Ziangtin saw kumkhaw nunnak kan neih thei?

Johan 3:15, 16; Johan 5:24; Johan 6:40, 47; Johan 8:31; Johan 12:46; Johan 20:31.

Zumnak thawng lawngin Jesuh Khrih cu kan ai-awh ih nung dingin le thi dingin a ra a si timi kan zum thei a si. Himi zumnak cu laksawng vekin kan hnenah a ra, asinan Jesuh hnenah kanmah ten kan pumpek awk ih, soal sir in, soal ngaidamnak le soal thenfainak hrangah A thisen a hlan mi hi fimvar zetih kan hril a tul.

Jesuh in Piter hnenah a tlansan ve ding le dinglo a sut tikah Piter cun, “ ‘Bawipa, zo hnenah saw kan tlan ding? Nangmah in kumkhaw nunnak thu cu na nei a si’ “ tiah a ti (Johan 6:68). Himi cun rundamnak thupi le cui

thil kan ngahsuaah dan pawl a funcih thluh a si. Cumi cu khawruah fimnak, thuanthu le fimnak – minung pawl ih kaihhruai awknak tivek men ihsin ra suak mi a si lo. Amah ah Kumkhaw nunnak a um ih – Thiang thlarau kawhnak rak cohlang ih a pawmtu ding pawl hnen ah man lo ih a petu ding Jesuh hnen ihsin a ra mi a si.

Kumkhaw nun neihnak ding thutiam cun hitaw ih nun kan hman mi ahhin ziangtin saw a dengawk? Cumi kan hmuhdan cu ziangtin saw a si ding?

NITHUM NI

November 26

Zumnak le hrin tharnak

Siar ding: Johan 1:12,13. **Khristian hung si ding thuhla ah hitaw ah ziangmi karbak tarlang mi saw um?**

Jesuh kan zum ih, a Hmin kan zumnak thawngin kumkhaw nunnak kan neih theihnak dingah Johan cun Thuthangtha a rak ngan (Johan 20:31). Himi fehsoh vivo dan ding hi Johan 1:12,13 ah karbak pahnih in a um: Pakhatnak ah, Amah cu kan pawm ih, cule Amah kan zum. A pahnihnak ah, cang 13 ih a relfiang vekin Pathian fahrin, Pathian fale kan si theinak dingah thiltitheinak lole thuneihnak in pe a si. Zumnak in kan cangvai dingih, Amah cu pawm in, eng cu dong thei dingin kan ongaw ding a si. Asinan kan thinlung tuahtar tu cu Amah hi a si.

A ngaingai te cun zumnak timi hrimhrim hi A thu kan ngainak ihsin a ra mi Pathian ih laksawng a si (Rom 10:17). “Khrih ah zumnak kai hnget in, thudik kan neih theinak dingah Anih cu thu sung ih a ummi ai-awh tu vekin kan thei ding a si”—Ellen G. White, *Fundamentals of Christian Education*, p. 433. “Thlarau cun minung ih thinlung ah hna a tuan ih, a tleu ter ih, Pathian ah zumnak a sersiam a si”—Ellen G. White *Comments, The Seventh-day Adventist Bible Commentary*, vol. 7, p. 940.

F-7

Fapa cu Messiah ih a pawmtu le a zumtu cun kumkhaw nunnak an dong ding. Johan khal in Jesuh ih Thu relmi pawl zum dingin le pawm dingin forhfialnak a nei (Johan 5:24, 38, 47). Zumnak hlensuaah ding hi Thiang thlarau ih hnatuan a si (Johan 16:7, 8; zoh kop aw Rom. 8:16).

Siar ding: Rom 8:16. **Jesuh ah rundamnak thuhla hitaw ih hmuhmi hi ziangsaw a si?**

Zumnak, Bible ih um zumnak, kan thinglung ih Thiang Thlarau hnatuannak ih thum aw mi cu kan zumnak lungphum a si. “Zumnak cu – thlawsuahnak ropi- mit ih a hmuh thei mi – hna ih a theih thei mi a si”—Ellen G. White, *In Heavenly Places*, p. 104. Zumnak thu ah minung lam ih rel mi cu zumnak va tahnak ah lungphum ding kan hawl hmuh a tul, cule kan zum ding tiah an ti. Cumi thawn kalh aw ciah in Bible cun Zumnak cu lungphum, Pathian thilpek a si tiah a ti (Efi. 2:8, 1 Kor. 1:17–24, 1 Kor. 2:1–6). Zumnak lungphum ihsin kan thok ih, cutawh ihsin theihthiamnak le zangfahnak ah kan thangso a si.

Mi pakhat in ziangmi ah na zumnak na thum tin lo sut bangta sehla, ziangtin na let ding?

NILI NI

November 27

Nunnak hram hnongnak

Cathianghlim hmuahhmauh ih riahsiat thlakza thu hrekkhat pawl cu Johan Thuthangtha cabu ah a um. “ Eng cu thim lakah a tleu, cule thim in cucu a thei lo ... [Eng] cu leitlun ah a um, cule leitlun hi Amah in a sersiam, cule leitlun cun Amah cu a thei lo. Amah ram ah a ra. A mi pawl cun an rak pom lo (Johan 1:5, 10, 11, NKJV). “KEIMAH” timi cu Amah miphun tamzet in an rak hnong.

Cumi hnuah Paul in, “Nan rinhgnetnak kha hlonhlo hlah uh” (Heb. 10:35, NKJV) tiih ralrinnak a pek khal hi

mangbangza a si lem lo. Kan hmu rero zo vekin mipi pawl in A thu an pawm lo ruangah Khrih cu an hnong a si.

“Tuisan minung ih ruahnak hi rinhlelnak in a thok theu. Thudik theifiang duh ah mi tampi cun ziangkim thu an sut theu. Thusuhnak mei-alh in a luatmi cu lungpi vekih a fekmi bangtuk in an pawm ih, zumnak a umnak ding ah an ret. Mi hrekkhat cun cuvek ciah in Bible khalah an hmang, Bible thudik theiduhnak ah thuhla fimzirnak (*scientific*), Santhuanthu lam zirnak (*historical*), thinlung lam zirnak (*psychological*), khawruah fimnak-ziangkim zirnak (*philosophical*), Khuahhlan thu zirnak (*archaeological*), lole leilungram thu zirnak (*geological*)pawl ih ngaihndan pawl an ron khawm. Hivek pawl cu Cathianghlim rinhlelnak ihsin a thokmi pawl an si. Khrih cun, “Milai fapa a rat tikah, leitlun ahhin zumnak a hmu kem maw?” tiah a ti (Luka 18:8)—E. Edward Zinke and Roland Hegstad, *The Certainty of the Second Coming*, (Hagerstown, MD: Review and Herald Publishing Association, 2000) p. 96.

Siar ding: Mipum 13:23-33. **Kanaan thuhla ih thlingthlatu thusimmi pahnih karlak ih bangawk lonak a tuahtu kha ziangsaw a si?**

Hebru mipun pawl Kadesh Barnes ih an um lai ih an sualnak cu Pathian kamsuak thu ah rinhlelnak an neihnak kha a si. Pathian cun hung so ih, ram va la dingin a fial. Thlingthlatu 12 cu Kanaan ram va thlingthla dingin an thlah. An rat sal tikah cun thuthannak pahnih an run nei. Mi tamsawn cu a tha lo lam in an sim. Kanaan ram ah mi tum zetzet, khawpi kulhnak tum zet, kan hmuh dah lo ralthuam, le tha zetih zirhmi ralkap pawl an um. Cumi vun ruat cun kannih cu ralkap indonak lamih tonteh mi nei minung malte thawn Ezipt sal ih rak um dah mi kan si. Minung ruahndan ihsin theihfiangnak tamzet thawn thlir

cun minung 10 cun do lo dingin an lungkim. Mi pahnih cun Pathian thu ih thiltitheinak ah an zumnak thum ngam in va do dingin an lungkim ve.

Hitawh ih thil tvisual mi vek ciahciah va tuahsual ve lo dingin ziangtin kan hrial thei ding? Cule ziangtin saw thil ziangmaw atthlak za tuah dingmi hrial in, kan thil tuahmi hi Pathian duhzawng a si ih, curuangah a hlawsam thei dah lo ding timi hi kan zum thei ding?

NILI NI

Thiamlo coternak

November 28

“Amah a zumtu cu thiam lo coter a si lo: asinain a zum lotu cu thiam lo coter in a um, Pathian ih Fapa neihsun hmin a zum lo ruangah...Ziangahtile thilthalo a tuahtu pohpoh cun eng a hua ih, eng khalah a ra lo, cuti locun a tuahtu pawl an lang ding a si. Asinain a dikmi a tuahtu cu eng ah a ra” (Johan 3:18–21 *zoh kop aw* Johan 1:10).

Ziangah saw thuthennak ah mipi pawl an rat?

Johan 3:18, 36; Johan 5:24, 38; Johan 8:24; Johan 12:47.

Leitlun ih Eng a si mi Jesuh Khrih hnonnak hin Khawsia ih thlemnak le rinhlelnak um dingmi lamah mi a hruai a si. Cumi cu eng ihsin thim ih umnak cu a si.

Evi cu hmandum laifang ih a ummi thingkung thawn pehtlai aw dingih eng pekin a um. Cui eng cu thusuhnak um dingin Satan cun a thlem. Duhdawttu Pathian in a sersiammi thilnung pawl cu a siatsuah duh lo ding timi ruahsannak thawngin Pathian ih kamsuak thu cu Evi in a hniksak a si. A thuttheihmi ah a rinsan ngam aw tawh zet. Rul cun thingrah a ei zo ih, tu ahcun a tong thei zo. Rul hi a rak dik tla si men thei. Himi theirah ka ei ve ahcun Pathian vek ka si men thei! tin Evi cun a ruat. Bum ih a um ngah zo ruangah Evi cun eng cu a pialsan zo. Cule a pasal khal in cumi lamzin cu a hril ve.

Siar ding: Mathai 4:1-4. **Thlemnak nelrawn ahkhan Satan ih bumnak donak ah Khrih in ziangmi thupi pawl saw a hman?**

Khrih cun Adam le Evi, Noah san tilik hlan ih minung pawl le Kadesh Barnea ih um Israel pawl ih an ruahnak lungput vek kha a nei ve. Duhdawttu Pathian cun ziangah a Fapa cu kilhimnak le rawlei ding hman a um lonak nelrawn lakih ni 40 sung a um ter tin thu a sut thei ve ko. Fapa a sinak langternak ah- himi lungto hi sang ah ka cangter ding tin a ti ve thei thotho. Asinan cuvek zianghman tong loin Pathan thu in a let thluh a si kha! Leitlun ih khawruahnak ai hngakin vanlam thuhla ruahnak ah a pumpe aw sawn. Mi tamzet, zumnak nei mi tampi ih an tuah vek thutluknak dik lo tuahve dingin a lamzin cu ziangtluk ih olsam so a si!

NIRUK NI

November 29

Ruahbet ding: Ellen G. White, “ ‘God With Us,’ ” pp. 19–26; “Controversy,” pp. 601–609, in *The Desire of Ages*.

“Minung sinak la dingih a phahniam awknak ahhin Khrih cun Satan ziaza dokalh zawng mizia a run pholang. Asinan hnuaidornak lam ahcun niam zetah a um. ‘Minung vek pianzia nei in hmuh a si, hnuai a dor ih, thihnak tiang zawnlung in a um, thinglamtah ih thihnak cu’ (Filipi 2:8). Puithiam sangbik cun a korfual tha zet a hlit ih, puithiam pangai zet ih hruh mi puan var ih a thum awk veki Khrih cun siahhlawh pianzia a la ih, raithawinak a tuah ih, Amah cu puithiam a si, Amah cu a tuartu a si. ‘Anih cu kan daanbuarnak pawl ruangah hriamhma baih in a um ih, kan diklonak pawl ruangah vuakdurh in a um. Kan hngamnak dingah nunsimnak cu a parah a thum a si’ Isa. 53:5.

“A ngah mawi taw in kan ngah ve theinak dingah kan ngahmi kan phutawc cu Khrih in a tuar. Kan sualnak ruangah thiamlo coter in a um, cumi ahcun Anih cun sual ah zianghman covo a nei lo. A dingfelnak zarah thiam coter in kan um, cumi ahcun kannih in zianghman covo kan nei lo. Amah ta nunnak kan dong theinak dingah kanmai ta thihnak a tuar’ —Ellen G. White, *The Desire of Ages*, p. 25.

RELKAWM DING THUSUHNAC PAWL

1. Jesuh cun leitlun rundam dingih thil tampi a pe. Himi mangbangza thudik hmu in Amah Jesuh ah zumnak nei ih an rat theinak ding ah bomawknak lamzin tha bik cu ziang a si tin na ruat?

2. Leitlun ih minung thutluknak tuah mi le Pathian phuangsuak awknak ah thum aw ih thutluknak tuah mi ih danglamnak tawfung cu ziangsaw a si?

3. Ziangtin saw thil thleng pangai le san le vang ummi thil tivek pawl hi Pathian kamsuak thu theihthiamnak thawn an bangawc thei ding? Zumnak lam ih ra dingah ziangmi thuruahnak dik le ruatnak saw kan neih? Ziangtin saw Simcianak ih famkimnak lole sersiammi leitlun ih mawinak le theihhar zet mi pawl in Pathian a um ti le rundam khawkhannak ih thudik cu a um rori a si timi theihtheiam dingin le ruat thiam dingih in khihhmuh?

4. Sabbath sikul zirnak ah Nithum ni zirlai cemnetnak ih thusuhnac ummi a thuletak kha rel aw. Ziangmi ahsaw na zumnak na thumawc? Mi pakhat in ziangah Jesuh ah zumnak na nei tiin thuthangtha hi lo sut bangta sehla, ziangtin saw na let ding?

ZIRLAI 10**November 30–December 6****LAMZIN, THUTAK LE NUNNAK****SABBATH SIIMLAM**

Tuizarh zirlai hrang siar ding: Johan 13:1–20; Johan 14:1–3; Dan. 7:27; Johan 14:5–11; Johan 1:14; Kol. 1:16, 17; Johan 5:38–40.

Bible cangken: Zohman in ziangtik hmanah Pathian cu an hmu dah lo; Fapa mal neihsun, Pa ih taang sungih a um mi in amah cu a lang fiangter” (Johan 1:18, NKJV).

Johan Thuthangtha hi thu hlawm then hmun 4 ih then a si: Thu hmaihruai (Johan 1:1-18), hmuhsaknak cabu (Johan 1:19-12:50), sunlawinak cabu (Johan 13:1-20:31), cule thunet kharnak (Johan 21:1-25). Kan zir zo mi pawl cun thuhmai hruai le hmuhsaknak cabu lawng a hmuitin hrih lai, biakawknak le thuzirhnak, le A mangbangza tuahnak ihsin Jesuh cu zo a si timi a tarlang a si. Tu ahcun zirlai cun Johan cabu ih thu hlawm then pathumnak ah, sunlawinak cabu timi lamah a thawn ding a si.

Lunglut thlak zet thil cu “KEIMAH” timi langsar zet pasarih cun hmuhsaknak cabu le sunlawinak cabu karlak ah leilawn a tuah a si. Hi pawl cu “Nunnak sang” (Johan 6:35, 41, 48, 51), “Leitlun ih eng” (Johan 8:12, Johan 9:5), “Sangka” (Johan 10:7, 9), “Tuu khal tu tha” (Johan 10:11, 14), “Thawhsalnak le nunnak” (Johan 11:25), “Lamzin, thutak le nunnak” (Johan 14:6), le “Sabit kung tak” (Johan 15:1, 5) timi pawl an si.

Tuizarh zirlai cu thlahawknak ih tumtahnak le Jesuh in dungthluntu pawl ih ke a kholhnak ih thil thupi zet pawl ih thuhmaihruai thawn kan thok ding. Cumi ihsin Bung 14 ih “KEIMAH” timi lamah kan kat ding (“Keimah hi lamzin, thutak, le nunnak ka si”)

NIKHAT NI**December 1****Zohthim ding ka lo pe zo**

Thlahawknak tongkam (Johan 13-17) cu Jesuh dungthluntu pawl hrangih hmailam tikcu ra um ding hrang thuhmaihruai a si. Himi cu Daan peksalnak sung ih Moses ih thlahawknak lole Jakob in a fale pawl thlawsuah a peknak (Seem 47-49) lole David in Solomon nun a zirhnak (1 San 28-29) tivek pawl thawn an bangaw deuh thluh. Jesuh cun a fehsuak ding thuhla thawn pehpar aw in a dungthluntu pawl a hnem. A mah ai-awh tu ding thutiarnak a nei (Thiang Thlarau; Johan 14-16). Riahsiatnak a um ding (Johan 15-16) thu a simcia, cule dungthluntu pawl cu rinum zetih um ringring dingin a forh hai(Johan 15).

Siar ding: Johan 13:1-20. **Hitawk ah ziangthil a cang, cule ziangah thuanthu hi a thupi tuk? Jesuh in ziang zirlai saw zirh a tum?**

Jesuh san lai ah leitlun hmun hrekkhat ih minung ummi pawl cun kedam an bun, lole ke lawng in an feh theu. An ke pawl ah leidip an kai ih a bal thei zet. Siahhlawh lole sal pawl in rawl ei dingih a ra tu pawl ih ke kholh sak ding hi an tidan theu a si. Asinan Jesuh a thihhlan te ih a dungthluntu pawl thawn zan riah netabik an ei zan ahcun zohman siahhlawh an um lo.

Midang pawl ih mak ti ding khawp in Jesuh cu zanriah einak ihsin a ding ih, an ke a kholh sak hai. Johan

13:4, 5 ah Jesuh ih cangvaihnak karbak pakhat hnu pakhat a um thu in sim. Bawipa in hnuaidor zetin zumngam ding um lo khawp ih a cangvaihnak cu uar zetin cipciar zetih rel a si.

Piter ih thuletnak thuhla sim in, Johan 13:8-11 ahhin Jesuh ih cangvaihnak ah dungthluntu pawl cu an-hai le theithiam thei loin an um thluh. Ziangtin saw Bawipa Jesuh Messiah cun hivek ih hna niambik a tuan thei? Piter cun Jesuh in a ke a kolhsak ding cu rem a rak ti lo. Ke kholhsak a duh lo ahcun Jesuh thawn zianghman covo a nei lo ding timi Jesuh in a sim phah rori. Cule Piter cun a vun dil bet ih, lamzin ziangkim ah Jesuh thawn pehtlaihawknak neih a duh thu a rel.

Jesuh cangvaihnak thupi zet cu A sinak thawn khal in an mil aw zet. Anih cun Johan 13:13 ah Zirhtu le Bawipa a si thu a rel. Cumi cu Amah an kawhdan a si, cule cuvek a si thu Anih khal in a langter. Himi thupi cun thuneihnak le huham a tarlang a si.

Cun Jesuh cun cui huham le thuneihnak cu mai hlawnak hrang ah siloin Pathian hnatuannak ih hman ding mi a si thu a zirh. Adventist kawhhran cun himi Jesuh ih zohthim ding a rel mi hi a pawm ih, hnuaidornak tiih kawhmi cu Bawipai' zanriah hrang timlamnak ah hman a si.

Hnuaidornak thupek timi cun Jesuh ih keneh le tangdor zetin midang pawl hnenih hnatuandan ding thuhla ziangsaw in zirh?

NIHNIH NI

Ka ra kirsal tengteng ding

December 2

Siar ding: Johan 14:1-3. **Ziangmi thuhla ahsaw Jesuh in himi pawl hi a rel?**

Johan 13 cemnetnak ah Jesuh cun a feh hlo ding thu a rel (Johan 13:33). Himi phuangawknak cu Piter in a fehnak ding thuhla a suhnak ihsin ra suak mi a si (Johan 13:36). Jesuh in A thihnak, thawhsalnak le laksoh a si ding thuhla pawl a simmi cu dungthluntu pawl in zianghman an theithiam lo. Piter cun A hrangih a nunnak liam dingin a mancia zo thu a sim (Johan 13:37). Himi hi Piter in a phatsan ding thu Jesuh ih a simcianak a si (Johan 13:38).

Himi thuhla ahhin Jesuh cun dungthluntu pawl hnen ah an thinlung mangbang in an um lonak dingah a sim (Johan 14:1). Mangbang timi hi Grik tong *tarasso* ihsin letlin mi a si ih, cumi sullam cu *tibuai, buaiter, um nuam lo, lunghnoknak ih retawknak* timi pawl an si. Jesuh ih tongkam ruangah dungthluntu pawl lunghnoknak ih an retawk cu mangbangza thil a si lem lo.

Asinan an tihphannak theithiam in, innkhan tampi umnak hmun a Pai' inn thuhla a rel (inn tumpi siloin, riahbuk inn vekih innkhan tampi umnak a si). Anih cu an hrang hmunram timlam dingin cutawk hmun ah a feh ding. A tongkam cu a ra dingmi thinglamtah thlipi a rel bakah A mi pawl tlen dingih a rung kirsal ding caan khal a tel thluh vek tla a bang. Himi sualnak thawn riahsiatnak pawl hmuahhmuah hi voikhat ih an cemral thluh ding caan a rak thlir (zoh aw. Dan. 7:27).

Jesuh cun “ ‘ Ka feh cun..., Ka ra kirsal ding ih, ka umnak ih nan um ve theinak dingah ka hnenah ka lo hruai ding’ “tiah a ti (Johan 14:3 NKJV). Cumi cu veihnih a ratsalnak ding thutiam a si timi a fiang zet.

Cui thutiamnak ih rinsan ngamnak thuhram ummi cu ziangsaw a si? Mi tampi cun Bible simcianak famkimnak a si kha an ti ko ding. Cumi cu a dik zet mi a si. Asinan Johan 14:3 ah cui thuhram cu danglam zet in a

tarlang. Himi cang ih, ka ra ding timi hi a ngaingai cun Grik tong ih present tense (A tu ih thil cangmi) timi hman a si. Himi Grik tong ih present tense hi futuristic present (hmailam thu relnak) tiah an ko. Hmailam caan ih thil a ra cang dingin fiangzet ih relnak a si ruangah a thleng rero zo mi vekih rel a si. Cuvek a si ruangah himi catlang hi, ka ra sal tengteng ding tin let sehla a fuh zet ding.

Kan Bawipa a rat kirsal ding beiseinak kan neih mi hi Bible simcianak famkimternak men lawng a si lo. Thutiamkamnak tuahtu mi pakhat (Jesuh) ah rinsan ngamnak kan neih mi khalah nasa zetin a thum aw a si. A fiang lutuk. Anih cun A mi pawl hrangih a rat sal tengteng ding thu a sim. Cumi thu cu zo in a tiamkam timi kan theih ruangah kan rinsan ngamnak khal kan thum thei a si.

Khrih a ratsalnak ding thuhla fiangzet ahhin thinnglamtah in ziangsaw in zirh? Veihnih ratsalnak um lo sehla, veikhat a ratnak ih Jesuh a thihnak ah kan hrang ziang thiltha saw um ding?

NITHUM NI

December 3

Keimah hi lamzin, Thutak le Nunnak ka si

Siar ding: Johan 14:5, 6. **Jesuh fehnak ding thuhla ah Thomas in ziangvek thusuhnak saw a tuah? Jesuh in ziangtin a let?**

Thomas ih thusuhnak cu a diktawk zetin a lang. Mi pakhat ih fehnak ding na theih lo ahcun, ziangtin saw cupa thlundan ding lamzin cu na theihthei ding? Thusuhnak cu Jesuh cun Amah rori cu lamzin a si thu a sim. Ziang lamzin saw? Pa hnen thlennak lamzin a si. Thuhmaihruai ahkhan (Johan 1:1-18) Thu (logos), Jesuh Khrih, le Pa Pathian karlak ih pehtlaih awknak hngetzet cu uar zetin a run tarlang.

Johan 1:18 cun fapa neihsun Pathian (hitawh ahhin *danglam hleice* tiih let a fuh deuh ding) cu Pa Pathian theiter tu a si. Himi bungcang theihfiangnak dingah Grik Verb (Tuahtu) *exegeomai* timi hman a si ih, cumi sullam cu *simfiangnak, relfiangnak, langternak* tivek ih hman a si. Himi ihsin tongfang simfiangnak kan hmu thei. Cumi cu a sullam langternak timi a si. Curuangah Jesuh cu Pa Pathian thawn an pehtlai aw ih, Anih cu soal ih tlu zo leitlun ih Pa Pathian theiter tu, lole simfiangtu a si. Curuangah, Anih Pa hnen thlen theinak lamzin a si. A tel lo cun kan theihthiamnak cun ramri a nei a si.

Siar ding: Johan 14:7-11. **Ziangtin saw Filip ih theihthiam thei lomi cu Jesuh in a fiangter dan?**

Filip cun Pa hmu ding in a ngen, himi cu soal ih um minung zohman ih an tuah thei lomi le nan nunpi thei lo dingmi thil a si (zoh kop aw, Suah. 33:17-34:9, Johan 1:18). Jesuh cun theihthiam lonak cu nun a sim ih, Amah(Jesuh) na hmuh cun Pa hmu zo na si tin a sim fiang (Johan 14:9). Curuangah himi in Jesuh cu Pathian hnen thlennak lamzin a si timi a fiang ter. Amah tel lo cun lamzin cu thimnak le fiang lo zet ah a cang ding. Anih cu Pathian hnen thlennak lamzin langternak dingih Eng a si.

Jesuh cun tongkam pathum a pehawk ter: Lamzin, thutak, le nunnak timi a si. Lamzin timi hi Johan 1:23 ih um tipil petu Johan in Jesuh hrangih lamzin a timlamsaknak lawng ih hman a si. Cule hitawh ih Johan 14:6 ahhin a run hman. Asinan thutak le nunnak timi cu Thuthangtha cabu sung ih thulu thupi zet an si. Nili ni le ninga ni kan zirlai ah Thutak timi thulu thupi zet cu uar zetin kan zoh ding ih, a hleice in “thutak(thudik)” timi ngaihndan cu thusuhnak ih a rungchang suaknak leitlun ahhin a thupi zet.

Ziangruangah saw Pa Pathian cu ziangvek mi saw a si timi kan theihnak dingah Jesuh cu phuangawknak thabik a si timi theih hi a hnangam thlak emem?

NILI NI

December 4

KEIMAH hi Thutak ka si

Siar ding: Johan 1:14, 17; Johan 8:32, Johan 14:6, le Johan 15:26. **Ziangtin saw Johan in thutak hi Jesuh thawn an pehawk ter?**

Johan thuthangtha cabu ahhin thutak cu Jesuh, a Pa le, Thiang thlarau thawn an pehtlai aw timi a rel leuhleuh theu. Thutak cu Jesuh, Thu (logos) thawn pehawkknak an nei, cule thim thawn kalh aw in Eng thawn pehawkknak an nei (Johan 1:1–14, Johan 3:19–21). Cun thudik lo cu khawsia le sualnak thawn pehawkknak an nei (Johan 8:44–46). Curuangah Johan cabu ih um thutak cu thudik le thil um mi ngaingai tivek men a si lo. Cuvek cu an tel ve ko, asinan cumi ai hnakin a nasa sawn. Thutak timi ruahnak ahcun Pathian ih rinumnak le A duhzawng ih rinumnak pawl khal a kengtel thluh.

“Pathian umpinak ngaina emem ih, Pathian hnenih au tu mi tampi an um. Khawruahnak le cathiamnak cu ziangtluk in fim khal sehla thinlung a thawidam thei cuang lo. Minung ih thusimnak le thil tuahsuak mi pawl cun zianghman man an nei lo. Pathian thu cun mipi hnenah thu sim seh. Hnamdaan le minung ruahdan le ngai thupi hleice mi tivek pawl lawng a rak theitu cun A thu in thlarau cu kumkhaw nunnak tiangin a tuah thar theitu ih aw cu ngai seh.”—Ellen G. White, *Christ’s Object Lessons*, p. 40.

Jesuh cu thutak a si timi sullam ruat aw. Jesuh cu logos, a hramthok ihsin Pathian thawn a um tlangtu le ziangkim sersiamtu THU a si (Johan 1:1–4). Kum khua

ihsin kumkhua tiang Pa thawn a um tlangmi Jesuh cun Pathan ih ziaza a nei ih, curuangah “KEIMAH” timi kha a si ve. A sinak cu thil ziang simaw thuneihnak hnuai ih um mi a si lo. Thil ummi ziangkhal, theihnak khal tel in Amai hnen lo ahcun a um lo. Ziangkim a um mi, sersiammi cu Jesuh ihsin sersiammi lawng an si ih, Amah ih um thluh an si. “ Ziangtahtile thil ziangkim hi amah ihsin sersiam an si, van ih um siseh, leitlun ih um siseh, hmuh theih le hmuh theih lo siseh, laltohkham, asilole uknak, asilole lalnak, asilole thuneihnak pawl tla, thil ziangkim hi amai’ sersiammi an si ih amai’ hrangah an si: Cun anih cu thil ziangkim an um hlanah a um zo ih, amai’ ruangah thil ziangkim an ra um” (Kol. 1:16, 17).

Jesuh hi thutak langtertu men a si lo. Amah hi Thutak a si. Thutak cu thuruah lole tuahnak a si lo. Minung a si.

Thutak, Jesuh Khrih cu leitlun engter tu ni thawn tahthim theih a si (Johan 8:12). Khritiannak thuhla ah C.S Lewis ih relmi thawn an mil aw zet, “Ni a suak timi ka zum vek ciah in Khritiannak khal hi ka zum a si. Ka hmuh ruangah siloin cumi ihsin ziangkim ka hmuh thei ruangah a si” tiah a ti -.”—“Is Theology Poetry?” (n. p.: Samizdat University Press, 2014), p. 15, originally presented 1944.

Thutak, Jesuh ruangah Kan kiangkap um leitlun ah dik zet in thu kan sim thei a si.

NINGA NI

December 5

Cathianglim le Thutak

Thuthangtha cabu hmuahhmuah ahhin Cathianglim cun Lamzin, thutak le nunnak cu zosaw a si timi kan hnen ih in sim dingah tuanvo thupi zet a nei.

Thuthangtha cabu zaten, Bible pumhlu, Thukam thar le hlun ahhin Cathianghlim cun thudik(thutak) langternak ah tuanvo a nei a si. A hleice in Jesuh zosaw a si ih, ziangtuah dingin a ra timi thuhla ih in zirhnak ahhin a dik hleice cuang.

Siar ding: Johan 5:38-40. **Hitawak ah Cathianghlim thuhla Jesuh in ziangsaw a rel?**

Jesuh le a dungthluntu pawl cun Amah cu messiah a si timi nemhnetnak ah Ca thianghlim an khihhmuh leuhleuh. Khrih cun, “Moses nan zum ih, kei khal i zum ding nan si: ziangatile anih cun ka thu a ngan. Asinain a rak nganmi pawl nan zum lo ahcun, ziangtin saw ka thu cu nan zum thei ding? a ti’ “ (Johan 5:46, 47, NKJV).

Siar ding: Luka 24:27. **Ziangruangah saw Jesuh in a hnatuannak ih thupitzia langternak ih Cathianghlim a khihhmuh hmaisat hi a thupit?**

Hmundang ahcun Suahlannak cabu sungih a ummi la phah in Khrih cun, “Pathian in nan hnenih a simmi kha nan siar dah lo maw si...?” (Mat 22:31) tiah a ti. Zakariah cun Pathian ih thutiamkam mi a rel ih, “Amah Pathian cun a profet thianghlim, leitlun um thok ihsin a rak sim zo” (Luka 1:70, NKJV) tiah ati. Penticos ni ih thuthangtha simnak a neihnak ah Piter cun, “David Kaa ihsin Thiang thlarau ih a sim zo mi, hi Cathianghlim hi a famkim hrimhrim ding a si” (Tirhthlah 1:16) tiah a ti.

Bible hi science (tikpan- thiamnak) zirnak cabu a si lo. Thil fate thenfeldan lole thluak khuaidan tivek lam relfiangnak a si lo. Asinan cuvek ai hnakih thil thupi zet a si. Kan umnak hmun pawl ih sullam an neihzia pawl khal a tel. Cumi cu sangka onnak tawhfung a si ih, hmuh theihnak a tuahmi Eng a si. Cumi tel lo cun Pathian umzia, kan leitlun a kilkhawi zia, kanmah rori kan suakkehnak le nun timi ih sullam le hmailam caan thuhla ah thim sungah kan um ding a si.

Science, thuruahnak tivek khal ih in zirh thei lomi Bible ih in zirhmi thudik hrekkhat pawl kha ziangsaw an si?

NIRUK NI

December 6

Ruahbet ding: Siar aw: Ellen G. White, “The Light of Life,” pp. 463–475, in *The Desire of Ages*; E. Edward Zinke, “The Authority of the Bible and the Certainty of the Second Coming,” *The Certainty of the Second Coming*, pp. 23–36.

“Jesuh in, “Keimah cu leitlun ih eng ka si,” a ti tikah Anih cu “Puanthlam puai ih khawmnak thawn pehzom aw hleice mi Biakinn sungah a um. Himi inn laifang ahhin puanzar sang zet pahnih a um, cumi cu meifar vannak ko tumzet lam a hoi. Simlam raithawinak thehfel hnuah meifar hmuahhmuah cu an vang ih, Jerusalem tlun ah eng a run suah a si. Himi khawmnak hi nelrawn ih Israel pawl kai hruaitu eng thuamban theih ringringnak dingah a si ih, Messiah ratnak ding rak khihhmuh tu vek khal ih ruah mi a si. Siim lam ih meifar an van tikah biakinn sung cu lungawinak hlirin a khat thluh....

“Jerusalem ih eng sungah mipi pawl cun Israel tlun ih A engnak pe suak tu ding a ra dingmi Messiah ih an beiseinak pawl cu an langter. Asinan Jesuh hrangah himi pawl cun sullam thuk zet a nei. Biakinn ih meifar tleu nasa zet in a kiangkap um pawl hmuahhmuah a tleu thluh vek ciah in thlarau lam ih eng suahnak a si mi Khrih cun leitlun ih thimnak cu a engter thluh ding a si. Cucing khal in duhsannei hmuhsaknak hi a famkim hrih lo. A kut rori in van ih a retmi eng ropi zet cu A hnatuannak sunlawinak khihhmuhtu diktak a si sawn a si.

“Zinglam a si zo; Olive tlang tlun ah ni a hung suak, cule siangpahrang inn sailungvar cu eng mawi zetin a run kap ih, Biakinn kulhnaq sui cu a run kap eng ih, cumi cu Jesuh in khihmuh in, “Keimah cu leitlun ih Eng ka si” tiah a ti’ —Ellen G. White, *The Desire of Ages*, pp. 463, 464.

RELKHAWM DING THUSUHNAC PAWL:

1. Nan sabbath sikul zirnak ah Ninga ni zirlai netabik ih thusuhnac na letnak kha rel aw. Science ihsin kan zir thei lo, le thupi kan zirh ngah dah lomi Bible ih a zirhmi thudik thupi zet kha ziangsaw a si? Thimnak ah Thinglamtah? teh a si kem, lole thawhsalnak? teh a si thei kem, lole voihnih run tumnak teh a si thei kem? Kan hnenah a dang Bible thudik phuang suak tul tengteng mi- phuang suah lo ahcun kan theih dah riailo dingmi kha ziangsaw a si?

2. Pathian hi zovek a si timi le Pathian theihnak nei ngah zettu, sersiam mi famkim Lucifer ih tluknak thuhla vun ruat aw. Cuvek fimnak nei cing khal in Pathian a dokalh. Himi in a tu ih kan neih vek duhhril theinak ih a takram thuhla ziangsaw in sim - cule ziangahsaw Pathian duhnac ah pumpe aw dingih duhhrilnak kan tuah leuhleuh hi a tulnak san?

ZIRLAI 11

December 7-13

PA, FAPA, LE THIANG THLARAU

SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: Johan 14:10, 24; Seem. 3:7-9; Johan 16:27, 28; Johan 16:7-11; Johan 17:1-26.

Bible cangken: “Asinain Pa in ka hminih a run thlah ding mi Hnemtu Thlarau Thianglim in thil hmuahhmuah a lo zirh ding ih, nan hnenih ka rak lo simmi pohpoh cu a zatein a lo mangtersal ding a si’ “ (Johan 14:26, NKJV).

Johan Thuthangtha cun thupi thulu dangdang a nei. Johan cun Jesuh cu profet pawl ih rak simmi tiamcia Messiah a si timi langternak ah hmuhsaknak (mangbangza) pawl hmangin in sim. Johan cun Jesuh cu Khrih a si timi phuangnak ah theihpitu dangdang a hmang. A Pathian sinak khihmuhtu ah “KEIMAH” timi thu khal a hmang.

Pathian ih mi pathum cu an zaten Johan 1 ahhin tarlang in a um thluh (Johan 1:1-4, 14, 18, 32-34). Kum zabi tam zet cu minung in Pathian sinak theihthiam thluh tum in an rak bei theu, asinan theihthiam theih a si lo ruangah mi tampi cun an hnon pah theu. Asinan thil pakhat kan theih famkim thei lo ruangah le minung ruahnac malte thawn an milawk thei lo ruangih kan hnong hi a va athlak lawmmam ve!

Johan cun Pathian theihthiam na duh asile Jesuh le A thu sung ih tarlang zo mi cu na zoh tengteng a tul tiah a ti. Himi cun Pathian ih um sungtel pathum lakah, Pathian

sinak ih sungtel pawl le minung pawl karlak ah, le minung le minung kar lakah – laicin awknak leitlun thar in on sak a si. Tuizarh ahcun Johan ih Thuthangtha in Pa, Fapa, le Thiang Thlarau a tarlangdan kan zoh ding, asinan tu ahcun thlahawknak thusim mi thuhla sung lawngah a um hrih lai (Johan 13-17)

NIKHAT NI

December 8

Van ih um Pa Pathian

Johan Thuthangtha cu Bible ih thuanthu pawl hmuahhmuah ih hramthoknak ihsin ngan mi a si ih, kan suahkehnak ihsin hram a thok: “A hramthok ah Pathian in lei le van pawl tla a sersiam” (Seem. 1:1). Asilole : A hramthok ah Pa, Fapa, le Thiang Thlarau in lei le van tla a semsuah. Annih cu thil um mi hmuahhmuah ih bulhram an si. Annih cun leitlun vandap le a sungih um pawl hmuahhmuah khal tel in an sersiam thluh. Kan leitlun ahhin a hleice ih sersiammi nunnak a um. Cui sersiammi lakih thupi hleice cu minung hi a si. Pathian in minung a tuahnak san cu Amah thawn pakhat le pakhat remaw in duhdawtnak thawn kan nun ding hi a si.

Vansiatthlak zetin, Lucifer cun leitlun ah soal a run keng lut. Thil dangdang lakah Soal cu Pathian thawn kan laicinawknak siatsuahtu a si. Cui thil cun Pathian sinak a rel dik lo a si. Curuangah Pathian theihnak tuathar sal dingin le minung hnenah rundamnak a run keng theinak dingah Jesuh cun minung sinak cu Amah ten a la.

Hitawk ih a um laiah Jesuh cun a nunnak cu Pathian hnenah a ap ih, A kaihhruaidan vekin nun a hmang. Anih cun, “ ‘ Keimah le Ka Pa cu Pakhat kan si’ “ (Johan 10:30). “ ‘Pa cu Keimah ah a um ih, Kei cu Amah ah

ka um’ “ (Johan 10:38). “ ‘Ka pa ih hna ka tuan lo ahcun in zum hlah uh’ “ (Johan 10:37) tiah a ti.

A hnuai ih tarlang mi vekin Pa ih tuanvo hrekkhat pawl cu ziangsaw an si?

Johan 3:16, 17; Johan 6:57

Johan 5:22, 30

Johan 6:32; Johan 14:10, 24

Johan 6:45

Johan 15:16, Johan 16:23

Himi bungcang pawl ah Pa cu A Fapa Jesuh Khrih thawn an pehtlaihnak hngetzet a tarlang. Pa cun kan leitlun thawn pehtlaih awknak hnget zet a nei ih, kan rundamnak ah thuk zetin a phum aw. Himi Thudik cun Pathian ih in duhdawtnak thuhla ziangsaw in zirh?

NIHNIH NI

December 9

Jesuh le Pa Pathian

Kannah cu Pathian in Amah thawn bulpak zetih laicin awknak nei dingih sersiam mi kan si (Seem 1:26,27). Cucing in soal ruangah cui laicinawknak cu siatsuah in a um. Himi siatsuahnak cu Eden hmuan thuanthu ahkhan kan hmu thei.

Siar ding: Seemtirnak 3:7-9. **Himi sual ih a thlenmi siatsuahnak cu ziangtin saw langter a si, cule lehrulnak tel riailoin Pathian in anmah a hawlsal a si timi ih sullam ziangsaw a si?**

Pathian ih a tuahtummi cu sual in a thlenpi mi siatsuahnak ruangah minung pawl hmuahhmuah hnenih damnak pek hi a si. Minung pawl hmuahhmuah in a pek mi an rak cohlang lo a si hmanah pek suah ding a duh thotho.

Himi laicinawkw tuahtar salnak hlawhtling dingin Pathian sinak ih sungtel pakhat cu minung ih a can a tul. Curuangah Thu cu minung ah a cang ih, kan lakah um in, Pathian sunglawinak a langter (Johan 1:14-18). Cumi ih rahsuak mi cu Minung in A famkimnak le zangfahnak cu a dong a si. Khrih Jesuh ah pek ih a ummi zumnak ih rak cohlang duhtu pawl hnenah sual ih a kekkuai termi laicinawknak tuahtatsal a si theinak dingah Pathian sunlawinak langter dingin Jesuh a ra a si.

Himi bungcang ahhin kan hrang ziang beiseinak mangbangza saw hmuh a si? Johan 1:1, 2; Johan 5:16-18; Johan 6:69; Johan 10:10, 30; Johan 20:28.

“Khrih ahcun sancop lomi, tuahcop lomi nunnak, hramthoknak a um”—Ellen G. White, *The Desire of Ages*, p. 530. Cucing in, minung ih rungchang Fapa, Mahte lawng ih neih a theih mi huham hmanna ih, “Mah le mah kawlang awter” (Fil. 2:7, RSV) tu Khrih cun leitlun minung lakih a um vekin A nunnak cu Pathian thilpek a si thu a rel. “Khrih ih Pathian sinak cu zumtu pawl in kumkhaw nunnak an neihnak ding tiamkannak a si”—*The Desire of Ages*, p. 530.

Pathian cu minung ih theithiam rual a si lo (Johan 17:25). Curuangah Amah Pa Pathian kan theihnak dingah Anih cun A fapa neihsun a run thlah a si (Johan 9:4, Johan 16:5)

Vanlam thuthawn pehpar aw in Pathian zumlo mi pakhat cun, “Kan umnak thim kauzet ahhin kanmah ihsin in rundamtu ding khuitawkw ihsin simaw bomnak a ra ding timi theihnak pakhatte hman a um lo” tiah a ti. Himi pai’ a diklo zia langtertu Bible in ziangsaw a zirh?

NITHUM NI

December 10

Fapa theih cu Pa theihnak a si

Johan Thuthangtha pumpi ahhin tirththlah cun Fapa Jesuh in Pa lam khihhmuh ih a cangvaihdan pawl a rel thluh. Jesuh cun Pa hi zo a si ti a simfiang ih, kan leitlun thawn laicinawknak an neihmi pawl khal a langter. Himi cu Johan 1:18 ah Anih cun Pa a theihter (Grik- *exegeomai: simfiang, langter, theihter*) timi thawn khal an mil aw thluh. Hihi Jesuh cun a hmang leuhleuh theu. Pa (*pater*) timi hi Johan cabu ah vei 136 a lang ih, Johan 1-3 sungah vei 18 a um. Cumi cu Thukam thar ih an hmanna hmun 3 ih then hmunkhat ai hnakin a tam sawn a si. Thuthangtha ahhin Jesuh in Pa a theihternak hmun thabik pakhat cu Thlahawknak tongkam an neihnak hmun ah a si.

Jesuh cu leitlun ih Pa ai-awh tu a si, cule Pai’ duhzawng in minung tisa ih nun hmang dingin a ra. A ngaingai ahcun Jesuh cun ziangkim hi Amah’ duhdan siloin Pai’ duhzawng vekih tuah a tum thu a rel (Johan 5:30). Himi hi a thoknak ahcun thu danglam zet vek tla a si men thei, asinan himi cun Jesuh, minung vek rori in Pai’ hnenih a pumpekawkw dan pawl a tarlang thluh a si.

Jesuh khal in A hnantuan- Minung rundamnak-tuah theh dingah Pa ih thlah mi a si thu le cumi ah Pa cu a hnantuan theipitu a si thu a sim (Johan 5:36-38).

Jesuh cun Pa in Amah ten hnantuan dingin a thlah a si timi a phuang, cumi cu Pai’ hnen ih minung an feh theinak ding umsun a si (Johan 6:40,44). Pa cun mipi pawl

in Jesuh ah kumkhaw nunnak an neih ding a duh zet. Anih cu thawhsalnak ih anmah kaitho dingih thutiannak petu kha a si.

A hnuai ih um Bible cang pawl in Jesuh le Pa ih laicinawknak ziangsaw in zirh? Johan 7:16; Johan 8:38; Johan 14:10, 23; Johan 15:1, 9, 10; Johan 16:27, 28; Johan 17:3.

Jesuh in Pa thawn an laicinawknak thuhla a rel hi thil makzet a si. A thuzirhmi pawl hmuahhmuah cu Pa ih thuzirh mi an si ih, A relmi pawl hmuahhmuah cu bulpak zetin Pa hnen ihsin a theihmi pawl an si; Amah zum cu Pa zum thawn thu hmunkhat a si; A tongkam le a hnaturan pawl cu Pa ih ta lawnglawng an si; Amah le Pa cu minung rundamnak dingah duhdawtnak le hnatuannak ah pumkhat an si. Jesuh cu van ih um A Pa thawn an naihawk zia theihternak thiltithez zet a va si lawmmam ve!

Na ruahnak le cangvaihnak cu na nun ah Pathian duhzawng tarlangnak famkim si bangta sehla, ziangtin saw na nun a danglam ding? Cucu, Jesuh ihsin kan theihmi kan nun hi Pathian duhzawng in ziangtin tha deuh kan hmang thei ding?

**NILI NI
Thiang Thlarau**

December 11

Johan thuthangtha ah Pa le Fapa vekin Thiang Thlarau cu a lang tuk lem lo. Asinan a hnaturan cu Jesuh ih hnaturan hlawhtlinnak ih thil thupi zet a si.

Siar ding: Johan 1:10-13. **Himi bungcang ahhin piantharnak hrangah Thiang Thlarau ih thupitnak thula ziangsaw in zirh?**

Johan cabu bung 1-nak ah Thiang Thlarau ih tuanvo thupit zia kan hmu thei. Johan cun Thu a dongtu,

Amah a zumtu pawl hmuahhmuah cu Pathian fale ah an cang tiah a ti. Annih pawl cu, “thisen ih hrin an si lo, tisa duhzawng ih hrin khal an si lo ih, minung duhzawng ih hrin khal an si fawn lo, Pathian ih hrin mi an si sawn” (Johan 1:13, NKJV). Himi cu Thiang Thlarau hnatuannak lawng ih a ra ummi an si.

A hnuai ih Bible cang ummi pawl in Thiang Thlarau ih cangviahnak ziangsaw in sim? Johan 3:5-8, Johan 6:63, Johan 14:26, Johan 15:26, Johan 16:7-11.

“A dungthluntu pawl hnenah Thiang Thlarau ih hnaturan a simfiangnak ah Jesuh cun a thinlung rori hman cawk phurtu beiseinak le lungawinak thawn forhfialnak neih a tum. A kawhhran hrangah bomnak tamzet a pek ruangah a lungawi zet. Thiang Thlarau cu A mi pawl cawisannak ding hrangih A pai’ hnen ihsin a dil theihmi thilpek lakih sangbik a si. Thiang Thlarau cu thlahsawng hnen ih pek ding a si, cumi um lo sehla Khrih ih thawiawknak cu a lak men a si ding. Sual thilti theinak hi kum zabi tamzet cu cakzet in a um ringring, cule himi satan pai’ saltannak hnuai ih minung an barhluh awk cu mangbangza a si. Thazang thlentu thawn siloin Pathian huham ih famkimnak thawn a ra tu Pathian sinak ih sungtel pathumnak thawng lawng in Sual cu doneh theih le kham theih a si.”—Ellen G. White, *The Desire of Ages*, p. 671.

Curuangah Pathian cu a dik a si tiih a nemhgnet tu Thiang Thlarau don hi thlawsuahnak a si (Johan 3:33). Sual thu, dingfelnak thu, le thuthennak thu ih thuthentu cu Thlarau hi a si (Johan 16:8-11). Curuangah ziang a dik, ziang si thudik, ziangmi a tha timi kan theihnak ding tawhfung cu Thiang Thlarau ih huham zum le thuthennak hmang in Pathian thu ih kan thinlung le kan ton nun kan hlannak hi a si.

NINGA NI**Jesuh ih thlacamnak****December 12**

Johan 17 cu khuimaw caan ahcun Jesuh ih puithiam sang thlacamnak tiih kawh a si. Cumi ahcun thlahawknak thu khal netkhar a si. Minung pawl cu a netnak ah Pathian thawn bulpak leicin awknak an neih mi tuahtat sal a si theinak dingah Jesuh cu leitlun ah a ra a si. Pathian in tuah dingih a pekmi hmuhsaknak pawl cu rinum zetin a tuah. Tongkam le cangvaihnak in mipi pawl hnenah Pathian a theihter.

Jesuh cun hi leitlun a suahsan cing ding. A dungthluntu pawl hnen ah a duhdawtnak voikhat tal relsuah sal a duh. Amah, Pa, le Thiang Thlarau karlak ih pehtlaihawknak hnget a umdan pawl cu an theihthiam ding a duh zet. Amah rori ih a rak neih mi Pa Pathian le Thiang Thlarau thawn bulpak pehtlaihawknak ciahciah kha an neih ve theinak dingah a sungih hruailuh a duh hai.

Siar ding: Johan 17:1-26. **Amah Jesuh in, Pa le dungthluntu pawl karlak duhdawtnak ih pehtlaihnak hnget zet neih a duhzia himi bungcang in ziangmi tongkam hmangin a tarlang?**

Mi tampi cun Johan 17 an siar ih, a thupi bik cu pumkhatnak le duhdawtnak a si tiah an ti. Thusuhnak zianghman um loin, Pathian ih tumtah mi cu mi hmuahhmuah thawn bulpak pehtlaih awknak nei dingih in tuahthar sal ding hi a si. Asinan fimkhur zetin vun siar ahcun duhdawtnak le thutak karlak pehawknak hi a tam sawn a si.

“ Nang cu Pathian dik umsun na si ti an theih hi cu kumkhaw nunnak a si’ “ (Johan 17:3, NKJV), kan ruahvek menmen ih Pathian a si lo. “ I pekmi pawl hnenah na hmin ka theiter zo...Cule annih in Na thu an thlun...Na

hnen in ka ra ti thudik an thei’ “ (Johan 17:6, 8, NRSV). “ Na Thutak in run thianghlim ter hai aw. Na Thu cu thutak a si’ “ (Johan 17:17, NKJV).

Pa Pathian theiter dingah Khrih a ra. Himi phuangawknak cu a thupi tuk, ziangahtile mi tampi cun Pathian thuhla ah ngaihdan dik lo an nei a si. Johan Thuthangtha cun Jesuh in himi hnatuan a ngai thupit thu a tarlang. Pathian thu le hnatuan cu dik zetin a langter. Thutak cu thupi lo bangta sehla, ziangah hitluk lawmmam in a hna a tuan ding?

Jesuh cun nun harsazet a hmang ih, a netnak ahcun biaknak hruaitu pawl ih hnongin a um. Mipi pawl ihsin zianghman ih siar lonak a tuar ih, Amah dungthluntu pawl hnen khal in a tong theu. A dungthluntu lakih pakhat cun a zuarthlai ih, a dang pakhat cun voi 3 rori a phatsan. Cawl lo bang lo in hniksaknak a pahtlang ih, Rundam dingih a va panmi pawl ih kut in Thinglamtah parah a thi.

Jesuh le Pa Pathian karlak ih a um mi Pathian ih duhdawtnak cu nangmai nun ah ziangtin na langter thei ding?

NIRUK NI**December 13**

Ruahbet ding: siar aw :- Ellen G. White, “ Let Not Your Heart be Troubled,’ “ pp. 662-680, in The Desire of Ages; “Additional Note on [John] Chapter 1,” The SDA Bible Commentary, vol. 5, pp. 911-919.

Jesuh cu zo a si timi thu ah Amah dokalh tu pawl cun “ Tisa daan’ “ (Johan 8:15, NKJV) hmang in thu an then. Himi cu “a langdan ihsin”(Johan 7:24 NIV) thuthen ai hnakin a besia sawn tengteng ding. Hitawk ahhin annih cun Thlarau kaihhruihnak hnget zet tel ri ai loin(zoh aw, Johan 3:3-7) sual ih tlu zo ih a ummi sual ih um minung

cu tahfung ah an hman. A “taksa” an hmu ih, cutin an hmuh vekin an rel, asinan Anih cu tisa ih rungchang mi Thu (Johan 1:14) kha a si men thei timi zianghman an ruat lo. Cuvek ih Khrih thuhla ih tahfung rikham nei ih an tahnak cu leitlun hmuhdan ihsin an tahfung men a si (2 Kor. 5:16).

“Hnemtu cu “Thutak Thlarau” tiih kawh a si. A hna cu thutak simfiang le kilkhawi hi a si. Thutak Thlarau a si vekin thinlung ah a um hmai sa. Curuangah Anih cu hnemtu ah a rung chang. Thutak ahhin daihna le hnangamnak a um, asinan thu dik lo ahcun daihna le hnangamnak ngaingai hmuh a theih lo. Khawruahna dik lole hnam nunphung fehtlang in satan cun minung thinlung ah a huham a nei. Minung cun tahfung dik lo hmangin a ziaza a tuah khaw lo thluh. Cathianghlim fehtlang in Thiang Thlarau cun ruahna ah thu a sim ih, thinlung ah thutak a ret. Curuangah diklonak A tarlang ih, thlarau ihsin a hlonhlo a si. Thutak Thlarau in Pathian thu fehtlang in hna a tuan ih, Khrih cun a hril miphun cu Amai tangah a um ter”—Ellen G. White, *The Desire of Ages*, p. 671.

RELKHAWM DING THUSUHNAK PAWL:

1. Pathian theih cu kumkhaw nunnak a si (Johan 17:3). Pathian thei timi cu Amai thuhla dik theih menmen hi a si maw, lole Anih cu mi cakzet lole duhdawtnak lole diknak Pathian a si timi theih men hi a si maw? Mi pakhat in “Pathian na thei maw?” tin lo sut bangta sehla, ziangtin saw na let ding? Ziangtin saw na letnak le Jesuh cu an milawk thei ding?

2. A ngaingai in nitin hman mi tongkam ah Jesuh in, “Na Thu cu Thutak a si”(Johan 17:17) tiih a langtermi kha ziangsaw a si?

3. Jesuh cun, “Nang in annih cu leitlun ihsin la suak dingah si loin, misual lakah run kilkhawi sawn dingin ka lo dil a si” (Johan 17:15) tiah thlacamnak a nei. Kan duh hrilhnak in himi thlacamnak hi kan nun ah ziangtin saw thlacam letnak ih a suah thei ding?

ZIRLAI 12

December 14–20

**SUNLAWINAK CAAN: THINGLAMTAH LE
THAWHSALNAK**

SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: Johan 18:33–19:5; Johan 19:17–22; Johan 19:25–27; Luka 2:34, 35; Johan 20:1–18; 1 Kor. 15:12–20.

Bible cangkan: “Cuiruangah Pilat in a hnenah, Cuti asile siangpahrang maw na si? a ti. Jesuh in, Na sim vekin siangpahrang ka si. Himi ruangah ka suak ih, hi thu ruangah leitlun ah ka ra a si, thutak theihertu ka si theinak dingah. Zokhal thutak ih ta a simi cun ka aw a ngai, tiah a let’ “ (Johan 18:37).

Jesuh khengbetnak le thawhsalnak cu Johan cabu ih a thupi zet mi a si. A hmaisai bung 10 cun kum 3 le hrek sung hrawng a huap ih, hmansehla bung 11-20 cun zarhkhat ihsin zarh hnih hrawng a huap ve thung.

Thuthangtha pali cun Jesuh ih thihnak cu lamzin dangdang in an tarlang. An thuanthu cu bangaw zet khal sehla cangantu pawl cun an Thuthangtha thupi thawn milaw bik mi cu thupi zet in an ret. Matthai cun Cathianghlim ih famkimnak a thupiter deuh; Marka cun Jesuh ih tihnimnak le thinglamtah an bangawk thu a rel uar ih, Luka cun Thinglamtah cu damnak le rundamnak vekin a hmuitin ve thung(Thinglamtah parih rukru thuanthu).

Asinan Johan cun thinglamtah cu Jesuh ih Bawi tohkham vekin a run tarlang, a hleice in tikcu caan thawn a sihcih ih, cumi cu cabu pumhlum ah hmun tampi ah a lang a si (Johan 7:30, Johan 8:20, Johan 12:27). Hi bawi tohkham ih to timi hi Rom pawl ih an hman theu mi thihnak zahthlak le mualpho thlak zet a si ruangah thinglamtah ih khenbet awknak thawn banaw lo zet vekin a lang. Hmansehla Johan cun thuk zet in a run tarlang : Jesuh cu mualpho zet in a thi, asinan cumi rual in Rundamtu a si vekin sunglawi zet in Bawi tohkham ah a to theinak khal a si cih.

NIKHAT NI

December 15

Thutak cu ziangsaw a si?

Siar ding: **Johan 18:28-32**, Jesuh hnihsaknak cu cipciar in simfiang a si lo. A ngai thupi zet mi cu Pontius Pilate hmai ih Jesuh hruainak kha a si.

Siar ding: Johan 18:33-38. Pilate le Jesuh in ziangsaw an rel?

Ram uktu cun Jesuh cu Judah siangpahrang a si mawtin a sut (Johan 18:33). Himi hmin(sinak hmin) rel hmaisabiknak si khal sehla a netabiknak cu a si lo. Jesuh cun Pilate hnenah himi thu hi amai palung ih suak maw, lole midang in Amah an ti ruangih sut saw a si timi thu a sut. A thusuhnak cun ram uktu a buaiter thluh ih, a biak rero mi hi zo a si timi a theihthiam le thiam lo a sut. Ca siartu pawl cun Jesuh cu Siangpahrang a si ti an theicia zo. Ram uktu teh in a rak thei kem maw?

Pilate cun amai thusuhnak in a let ih, “ ‘ Kei hi Judah mi maw ka si? Nangmai’ miphun le puithiam hotu pawlin ka hnenah an lo thlen zo a si: ziang saw na rak tuah? tiin a let’ “ (Johan 18:35). Jesuh ih thusuhnak cem

zawng cun thinhengnak a suakter. Himi hi thutak ihsin ram uktu a tlan hmaisabiknak a si, thleidannak cun a ruahdan a fehpeng ter thluh.

Jesuh cun A lalram cu hi leitlun ih mi a si lo thu in a let (Johan 18: 36). Cule Pilate cun Jesuh cu Siangpahrang si a tum timi cu nuamnai teten a run theithiam (Johan 18:37). Himi cun Jesuh cu thutak theihpi tu dingih suak a si thu le “thutak ih” (Johsn 18:37) a ummi zo khal in A aw an thei timi simfiangnak thupi zet ah a hruai a si.

Cule Pilate cun, “Thutak cu ziangsaw a si” tiah a sut (Johan 18:38, NKJV). Asinan cumi letnak hman a hngak ta lo. Mipi pawl lak ihsin Jesuh runhim duh ah a lengah a suak.

Thutak hi Johan Thuthangtha ih thupi a si. Kumkhaw Thu(logos, Johan 1:1-5) a si vekin Jesuh cu Eng le Thutak a si. Himi pawl hmuahhmuah cu thimnak le diklonak thawncun an danglam aw tuk. Anih cu Thutak le zangfahnak ih khat a si (Johan 1:14). Zangfahnak le thutak cu Amah hnen ihsin an ra (Johan 1:17). Tipil petu Johan cun Thutak a theiher (Johan 5:33). Jesuh cun A Pa cu “thutak” a si timi a nem hngat (Johan 7:28). Jesuh Amah rori in thutak cu A Pai’ hnen ihsin a thei (Johan 8:40). Jesuh cun, “Keimah hi lamzin, thutak le nunnak ka si” tiah a ti (Johan 14:6). Pathian thu cu “thutak” a si (Johan 17:17). Thusuhnak nei cing khalin thleidannak a neih ruangah le a par ih nortu a neih ruangah Pilate cun thutak theihnak caan tha a hloh phah a si.

Jesuh cu Thutak a si timi ruahnak cu ziangtin saw na theihthiam?

NIHNIH NI

Zoh hnik uh, hi Pa hi!

December 16

Siar ding: Johan 18:38-19:5. Ziangtin saw Pilate in Jesuh thlah zalen dingih mipi thinlung neh a tum dan?

Pilate cun Thutak timi thuhla ah Jesuh ih letnak cu a hngak nawn lo. Cu ai ah lengah a suak ih, mipi thinlung neh a tum. Anmah pawl thawncun an biakawknak ihsin Jesuh cu suah zalen mai loin Pilate cun amah le mah cu dinhmun tha lo ah a ret aw. Biaknak hruaitu pawl cun mipi fehtlang in ram uktu an thunun thei timi an thei.

Pilate cun lantak puai tikcu caan ih thawngtla mi pakhat suah zalen a si theu thu relsuak in, mipi pawl hnenah “Judah siangpahrang” suah an duh le duh lo thu a sut. Mangbang thlak za in mawhsualnak zianghman nei lo Jesuh hnakin Barabbas timi hmin pu, misual zet cu suah zalen dingin mipi pawl cun an ngen.

Tu ahcun Jesuh hmuhsuamnak le nautatnak hram a thok thlang. Rom ralkap pawl cun hling lukhuh an khum ter ih, sendup hnipuan an hruk ter, cule Judah siangpahrang tin hmuhsuam zetin an ko zawk rero. Hivek hi ralkap pawl in ram uktu cibai an bukdan thawncun an tidan an bangaw a si, Asinan hitawcun ahcun hmuhsuamnak hmangin an ti ve thung.

Mipi zangfahnak hawnak ihsin Pilate cun Jesuh suah zalen theinak ding lamzin hrekkhat a hawl in a lang. Jesuh cu hling lukhuh khum in le puan sendup hruh phah in lengah a hruaisuak. Johan ih a ngan lomi ah Jesuh cu hmuhsuamnak siangpahrang puan thawncun a rung lang ih, ram uktu cun mipi pawl hnen ah, “Zoh hnik uh, hi pa hi!” tiah a ti (Johan 19:5 ESV). Himi cu ca siartu pawl cun tipil petu Johan in Johan 1:29 ih a tongkam, “zoh hnik uh, leitlun sualnak lahlo tu Pathian ih Tuu Fano khi” a timi kha an vun thei suak. Zum lotu ramuktu cun Israel pawl hmaiah Mesisah cu siangpahrang hnipuan a hruk ter hi mangbang thlak za thil a si.

Ziangkhal sehla Johan 19: 6-16 ih a lang vekin mi burpi cun Jesuh cu Pathian Fapa ih a sal awknak ah thum

aw in khengbet dingin an au. Himi cun Pilate a thlaphang ter ih, Jesuh suah zalen theinak ding lamzin nasa zetin a hawl. Asinan hruaitu pawl cun Amah suah zalen cu Sizar dokalhnak a si timi rel in Jesuh ih canvo cu an hmnsin a si. Sizar hnen ih Pilate rinumnak cun, khavék ih canvo neitu cu a suah zalen zik lo ti an thei thluh. Hruaitu pawl cun Sizar lo cu Siangpahrang dang an nei lo tin an rel. Curuangah Jesuh an huatnak thukzet cu an hnam ih an duhthusam hnakin a tum sawn. Hi Jesuh lakhloh theinak dingah cun mahte ukawk theinak zalennak an dil mi khal ap sal mai an duh.

Zumlotu thuthentu pakhat in Jesuh cu suah zalen a duh lai ah Amah rak theifiang tu ding miphun thlarau lam hruaitu pawl cun Khengbet dingin an duh riangri hi ziangtluk tihnungza saw a si! Himi ihsin kanmai hrangah ziangmi zirlai saw kan lak thei ding?

NITHUM NI

December 17

“ ‘ A famkim theh zo’ ”

Johan 19:17-22 ih a langter vekin Pilate cun catar mi cu Latin, Grik le Hebru tong in, “ ‘ Nazereth mi Jesuh, Judah pawl ih Siangpahrang’ ” (Johan 19:19, ESV) tin a ngan. Biaknak hruaitu pawl cun cui thil cu thleng an duh. Pilate cun cuvek thil cu a rak duh lo. Cangan mi cu a um ringring men. Cumi cu Jesuh thuhla ih thudik theihpitu tongawn lo a si ih, cule Jesuh cu Siangpahrang si dingah thinglamtah parah a to timi hmnsinnak lakih pakhat a si. Hitawk ah Jesuh, an Siangpahrang ngaingai, Judah pawl ih Siangpahrang cu mawh sualnak nei vekin thinglamtah ah khai that a si.

“Pilate asilole Judah pawl hnaki thuneihnak sang sawn neitu cun Jesuh ih lu tlun ah cui cangan cu ret dingin

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a ti a si. Pathian kilkhawinak ah cui thil ruahnak le Cathianghlim hliakhlai dingin a kai tho a si. “—Ellen G. White, *The Desire of Ages*, p. 745.

Siar ding: Johan 19:25-27. Thinglamtah ahkhan Jesuh ih a nui’ thuhla ih thil a thlengmi, thinlung tham zet kha ziangsaw a si?

Khami ni ih thanglamtah kehram ih a dingtu pawl lakah duhdawtmi Johan, Jesuh ih nu Marry le midang pawl an um. Cui thil a thlen hlan kum reizet ah himi hmuhtonak cu Josep le Marry in Jesuh ap dingin Biakinn ih an rat ahkhan Simeon cun a rak simcia a si (Luka 2:34,35 zoh kop aw). Tu ahcun A thizik zawng ah, Jesuh cun a nui hnenah, “ ‘Nunau, na fapa kha zoh hnik’ ” a ti. Cule Johan hnen ah, “ ‘Na nu kha zoh hnik’ ” tiah a ti (Johan 19:26,27)

Siar ding: Johan 19:28-30. Jesuh in, “A famkim theh zo” tiih a tongmi khan ziangmi thupitnak saw a neih?

Grik verb *teleo* (*Theh, famkim, tuahsuak*) timi cang Johan 19:28 (“*Tu ah ziangkim theh fel a si*” ESV) ih a um mi thocho kha cang 30 (“*A fakmkim theh zo*”)khal ah hman a si. Cui hlei ah cumi thawn sihcih awknak nei *teleioo* (“*Tuah theh ding, fam kim in*”) timi khal cang 28 ah ca thianghlim ih famkimnak (“Cathianghlim a famkim theinak dingah”) ah timi ahkhan hman a si. Ziangvek rapthlak zet a va si hmanah ziangkim cu famkim thluh, thehsuak thluh le thehfel thluh a si.

Jesuh in, “A famkim theh” a ti tikah Pa ih a pekmi hnatuan tuah dingmi a thehfel thluh, a famkim rero zo tinak a si.

Jesuh in, “A famkim theh” a ti tikah kan zate hrangah ziang sullam a nei? Ziangsaw thehfel mi cu a si ih, cumi cu kan nun ahhin ziangtin ka hmang thei ding?

NILI NI
Thlan kawlawng

December 18

Siar ding: Johan 20:1-7. **Himi bungcang ih tarlang mi thuhla ahhin kan hrangih thil thupi kha ziangsaw a si?**

Jesuh cu tlawngkai ninga tlailam ah a thi ih, Sunday zingpit ah a thosal. An phum ahkhan Sabbath ni a nai tuk zo(Johan 19:42) ruangah vuinak hmanhlap zetih tuah a si ih, thehfel a si hrih lo. Jesuh cu ziangtluk in duhdawt hai khal sehla, a dungthluntu pawl cun Sabbath ni an ul ih, thlan ah an feh lo (zoh kop aw Marka 16:1, Luka 23:56). Sabbath theh hnuah nunau ziangmaw tizat cun Sunday zing ahkhan thlan ih keng dingmi rimhmui an lei. An mangbang zetmi cu lungto cu hmun hla ih hrih in a rak um ih, thlan cu a kawlawng thluh.

Zingpit ten thlan ih a ra tu lakih pakhat cu Mary Magdalene a si. A hmuh mi cu Piter le Johan hnen ih sim dingin a tlan. Mipa pahnih cu an va tlan. Johan cun Piter cu a hleih ih a thleng hmais. A ding ih kun phah in a sung lam a vun zoh ih, Jesuh tuamnak puan a rak um mi cu a hmu. Asinan a sungah a lut lo.

Ziangkhal sehla Piter cu a sungah a lut ih, puan rak um mi cu a va hmu. Jesuh lu tuamnak puan rak ummi a hmu. Asinan thuamnaw dang pawl thawn an um tlang lo. Zual aw in a um ih, hmundang deuhah a rak um.

Siar ding: Johan 20:8-10. **Lu tuamnak puan zual (bil thlepthli) timi sullam ziangsaw a si?**

Thlan sungih Piter a luh hnuah Johan cu a lut ve. Johan 20:8 cun a sungah a lut ih, a hmu ih, cule a zum tiah a ti. Thlan puan le lu (hmai) tuamnak puan cu bil thlepthli in a hranten hmundang ve ve ah a um timi Johan in a hmuh veten Jesuh cu thihnak ihsin a thosal timi zianghsaw a zum thei hngal?

Himi thusuhnak let ding cun ziangruangah saw thlan kha kawlawng ih a rak um timi ruat phawt a tul. A letnak ding awmang bik cu thlan rukru pawl an si ko ding timi hi a si. Asinan himi simfiangnak cu thil pathum ruangah a hlawhsam a si: Pakhatnak, Matthai cun Thlan cu kilkhawi a si thu in sim (Matt. 27:62-66), cumi cun thlan rukru an um thei lo timi a langter. Pahnihnak ah, thlan rukru pawl cun thil mannei zet pawl an ru thei, milai ruak sia zo mi an la dah lo. Pathumnak ah, thlan rukru pawl cu an manhlap zet ih thlan puan khal an bil thlepthli man lamlam lo ding. Curuangah zianghman mangbang ding um lo in Johan in lu (hmai) tuamnak puan a hmuh tikah Jesuh cu thihnak ihsin a thosal a si timi a zum.

NINGA NI
Jesuh le Mary

December 19

Siar ding: Johan 20:11-13. **Mary Magdalene in thlan kawlawng ih sullam a theihthiam thei lonak san langtertu hitawk ah ziangsaw um?**

Himi hlan ih thu nganmi ah Mary ih tongmi netabik cu thlan kawlawng ih a um thu Piter le Johan hnen ih a va sim kha a si (Johan 20:2). Annih cu thlan lamah an va tlan, cumi hnuah reilote ah anih khal a ra fehsal ve a si. Piter le Johan in thlan an zoh thluh hnuah an fehsan sal. Asinan Mary cu a kirsal ih, cutawk ah tap phah in a um. Ni ziangzat lai liamzo ihsin nasa zet in a tap ti cu rin hlel ding zianghman a um lo. Cule tu ah- himi khalah a tap lo ding maw si? A kun ih thlan sung cu a vun zoh.

Jesuh ih ruak an retnak thlan ah korvar hruh vancungmi pahnih an rak to kha a vun hmu ih a lungawi tuk. Annih cun, “ ‘ Nunau, ziangah na tap rero’ “(Johan 20:13) tiah an ti. A Bawipa an hruai hlo ih, khuitawk ah an ret timi a theihlo thu tuar har tizet cingin a vun sim.

Siar ding: Johan 20:14-18. **Mary hrangah ziangkim danglamter tu kha ziangsaw a si?**

A mit ih mitthli luang rero phah in Mary cu a her ih, a dungih rak ding mi pakhat a hmu. Vancungmi pawl ih tongdan vek ciah in hmeltheih lo pa cun, “ ‘Nunau, ziangah na tap rero? Zosaw na hawl?’ “ (Johan 20:15) tiah a run ti. Hmuan kiltu a bia hmangah a neih ih, Jesuh ruak hawl pi dingah bomnak a dil.

Hmeltheih lo mikhual cun “Mary” timi kamkhat te a vun tong. Cumi cu leitlun thleng danglamtu tongkam khat ih puangawknak a si. Hmakhatte ah Mary cun thosal Jesuh cun a bia a si ti a theih ih, cule Amah a theifiang hngal ih a lungawi zet. Jesuh cun Pai’ nhen ih A kai soh a tul ruangah Amah kai bet lo dingin a ngen. Asinan A hnatuan ding mi cu va feh ih dungthluntu pawl hnenah, “Ka pa le nan Pa, Ka Pathian le nan Pathian hnenah’ “ A kaisoh ding tiih va sim ding hi a si (Johan 20:17). Mary cun a hnatuan dingmi cu a tuah famkim thluh. Dungthluntu pawl hnenah Bawipa a hmuh thu a sim ih, a hnen ih Jesuh ih thurel mi pawl hmuahhmuah khal cipciar zetin a sim thluh (Johan 20:18).

Siar ding: 1 Korin 15:12-20. **Paul ih ruahdan vek asile Khrih hi thihnak ihsin thosal lo bangta sehla kan Khristian zumnak ah ziangsaw thatnak um ding?**

NIRUK NI

December 20

Ruahbet ding: Siar aw- Ellen G. White, “ ‘It Is Finished,’ “ pp. 758–764; “ ‘The Lord Is Risen,’ “ pp. 779–787; and “ ‘Why Weepst Thou?’ “ pp. 788–794, in *The Desire of Ages*. See also, Clifford Goldstein, *Risen: Finding Hope in the Empty Tomb* (Nampa, ID: Pacific Press, 2020).

“Pilate cun Jesuh suah zalen a duh zet. Asinan a lalnak dinhmun le tihzah upatnak hloh lo cun a suah zalen

thei lo ding ti a thei. A leitlun thilti theinak hloh hnakin mawhsualnak nei lo nun hlan hi a hril sawn. Mi paziat in saw hlohna le tuarnak an pumpelh theinak dingah cuvek ih hlannak rak tuah theu ding. Sia le tha theihnak le hnatuan tuavo cun lamzin pakhat lawng an khihhmuh, mai tang hmai sialnak cun a dang a khihhmuh a si. A tui dinhmun tawrel cia mi cu lamzin dik lo ah nasa zetin a feh ih, sualnak thawn rualremnak tuahtu cu sualnak thim sahzet sungah hruai hloh a si.

“Khrih cun a hnatuan dingmi a theh famkim hlan cu a nunnak a thlah duh lo ih, a thaw netabik a suah zawngah, “A famkim theh zo” tiah a au. (Johan 19:30). Doawknak cu neh in a um. A kut vorhlam le a kut thianghlim cun netnak a coter a si. Ral nehtu vekin a puanzar cu kumkhaw hmunsang zetah a ret. Vancungmi pawl lakah lungawinak a um lo ding maw si le? Van mi pawl hmuahhmuah cu rundamtu ih nehnak ah an lungawi thluh. Satan cu neh in a um ih a lalram cu a hlo ti a thei.

“Vancungmi le sual ih tlu leitlun mi pawl hrangah “A famkim zo” tiih au aw cun thupitnak thuk zet a nei. Tlennak hnatuan ropi zet cu tuahsuak fel a si timi cu an hrang a si vek in kanmai hrang khalah a si. Khrih ih nehnak rah cu kan hnenah a um a si.”—Ellen G. White, *The Desire of Ages*, p. 758.

RELKHAWM DING THUSUHNAC PAWL:

1. Ziangmi thutluknak tuahnak in Pilate ih tuahsual mi vek tuah sual ve lo dingih hrial theinak ding bomtu tha bik cu a si?

2. Ziangruangah saw Jesuh cu kan ai awh ih a thih? Ziangah kan ai-awh ih a um a tul? Rundamnak nei thei

dingah ziangah a thihnak cu a thupi emem? Na letnak rak pompi tu Bible cang cu ziangsaw a si?

3. Jesuh thawhsalnak zumnak thuhla ah ca thianghlim theihnak le san thuanthu theihnak karlak ih laicin awknak ziangsaw a si? Cuti asile Jesuh thawhsalnak nemhngettu thil titheizet santhuanthu ihsin langternak cu ziangsaw a si?

4. 1 Korin 15:12-20 thuhla ruat aw. “Khrih ih itthat” pawl cu vanram ah an kai hngal a si ahcun Khrih thawhsalnak tel loin, “Khrih ih a itthat mi pawl khal an hloral tinak a si” (1 Korin 15:18) timi ruahnak cu ziangtin saw sullam a neih thei ding? Hitawk ih Pual ih tongkam ah ziangtin saw Khrih a rat ih thawhsalnak a um hlansung, mithi cu an itthat ding a si timi thudik hi a nemhnget thei ding?

ZIRLAI 13

December 21–27

**THUNET KHARNAK:
JESUH LE A THU THEIHNAK**

SABBATH SIIMLAM

Tuizarh zirlai hrang siar ding: Johan 21; Johan 11:9, 10; JohAn 8:42–44; Johan 4:46–54; 2 Tim. 3:16; JohAn 15:1–11.

Bible cangken: “ ‘Cathianghlim nan hawl; ziangah tile cumi in kumkhaw nunnak nei ah nan ruat aw: cupawl cu ka thu simtu an si.’ “ (Johan 5:39, NKJV).

Johan Thuthangtha hi Marka Thuthangtha vekin Galilee ih hmuhkhawm awknak in a netkhar a si. Johan cabu zirlai netabik cun cumi hmuhkhawmawknak cu a tarlang ih, asinan Jesuh le Pathian thu kan theihdan thupi pawl hmunkhat ah a kom thluh ih- cumi cu Thuthangtha pali pawl fehtlang ih pawmdan khal a si.

Kum 3 luan Jesuh thawn um tlang hai in, dungthlun pawl cu Jesuh in thil a ra thleng dingmi sim rero khal sehla khenbetnak le thawhsalnak hrangah timlamnak nasa zetin an nei thei hrih cuang lo. A thu ah an um thei hrih cuang lo.

Tuini ah kannih khal cuvek tuah in tihnungza ah kan um thei: Pathian thu kan siar in kan thei tla si men thei, asinan kan ngai duh lo thei, cumi ah kan um lo thei ih, cui thil cu thlun duh lo khal in kan um thei. Cuti a si cun kan ruahnak le cangvaihnak in kaihruaitu eng vekin kan pawm lo tinak a si. Himi hi theihlo karah Khristian tamzet tluknak tla a si men thei.

Johan cabu zarh netabik ahhin himi Thuthangtha ih hmuitin mi hrekkhat pawl kan zoh ding. Cumi cun

Jesuh theihnak menmen ai hnakin theih sinsinnak ah le Amah le A Thu ih um dingah in kaihruai ding a si.

NIKHAT NI
Galilee ih hmuhawknak

December 22

Siar ding: Johan 21:1-19. **Hitawk ahhin ziangmi thudik thupi zet saw tarlang ih a um, a hleice in Pathian zangfahnak le minung hnuaidornak thuhla ziangsaw tarlang a si?**

Johan 20 cu cabu ih tumtahmi thawn a cem, cu cu a netkharnak ding awm ang tak khal a si, asinan bung 1 a rak um hrih lai. Bung 21 cu dungthluntu hrekkhat pawl Galilee lam ih an kirsalnak ihsin hramthok a si. Piter cun zan ah tipi lam ih um ding sawmnak a nei. A langdan ahcun hlan nun ah an kirsal tum a bang, cule dungthluntu pawl cu an sumtuahnak ngan hawnak ah an kirsal. Asinan khami zan ah zianghman an kai lo.

Zinglam ahcun tipi kap ih um, mikhual mi pakhat cun long vorhlam kap ah an sur vorh dingin a run fial. Cule an sur hman la thei lo tiang in tampi an kai. Cumi cu Jesuh thawn Pathian hnatuannak an thok pek lai vek ciah kha a si (Luka 5:1-11). Johan cun Jesuh ti a theithiam hngal ih, Piter hnen ah a sim. Piter cu zamrang zetin tidai ah a bawp hngal ih Jesuh a pan.

Jesuh cun Piter hnenah thu pathum a sut, an zaten a Bawipa duhdawtnak lam a si. Khenbet a si hlanah Piter cun Jesuh hrangih a nunnak hman a hlan ding thu a rak sim dah (Johan 13:37). Cumi cu Jesuh in voithum a phatsan ding thu a simcianak kha a si (Johan 13:38). Himi Galilee ih an hmuhkhawm awknak ah Piter cun amah le mah a khihmuh aw nawn lo ih, Jesuh a va khih hmuh sawn riangri, “ Bawipa, ziangkim na thei; Ka lo duhdawt ti na thei’ “ tiah a ti (Johan 21:17, ESV).

Jesuh cun *agapao* timi a hmang tiah mi hrekkhat cun an ti. Cumi sullam cu duhdawtnak a si. Peter thusuhnak ih hman mi (netabik tel loin). Jesuh in Piter thu a suhnak ah (a netabik thusuhnak tel loin) Verb *agapeo* timi a hmang tiah mi hrekkhat cun an ti, cumi cu duhdawtnak tinak a si. Piter ve thung cun *phileo* in a rak sawn, cumi sullam cu duhdawtnak timi a si. Asinna Rualpi vek men ih duhdawtnak a si. A sullam cu Piter in duhdawtnak sang sawn a rak thlir lo tinak a si.

A ngaingai te cun Piter ih letnak cu hnuaidornak lam a si. A hlan ih a hlawhsam zo ruangah Piter cun amai hrang dingah zianghman rel ngam loin hnuaidor zetin, “tongkam niam sawn” a hmang vek tla in a lang. Himi cu hnuaidornak a si timi khal Jesuh cun a nemhngat, cumi ciah cu Pathian hnatuannak lamih Piter tuaatha dingin a hungcang mi thil thupi zet a si. Zianghman thusuh ding um lo khawp in hnuaidornak cu Pathian hnatuannak ding hrangih tlinnak ropi bik pakhat a si. Ziangahatile a hmuitin mi cu mah le mah siloin Jesuh Khrih a si ruangah a si.

Piter tuathat salnak le kawhhran hmaisai hruaitu a sinak cu thihnak ihsin Jesuh a thosal timi theihternak khohkhah zet pakhat a si. Jesuh in a dang dungthluntu pawl hmaiah Piter hi Pathian hnatan dingin tuaatha sal lo bangta sehla Piter ih hminthannak cu relfiang har zet thil a si ding.

Ziangahsaw Bawipa thei dingih a hawltu hrangah hnuaidornak hi a thupit emem? Thinglamtah ih eng sungah kanmah lakah zo khal in ziangmi saw porhawknak ding kan neih?

NIHNIH NI
Jesuh zoh ringring aw

December 23

Siar ding: Johan 21:20-22. **Ziangmi thusuhnak in saw Piter cu lamzin dik lo ih hruaitu? Ziangtin saw Jesuh in lamzin a tuahfel?**

Jesuh in Piter cu Pathian hnatuan dingah a tuahtsa sal ih a hnenah, “In thlun aw” tiah a ti (Johan 21:19). Himi cu taksa rori in tipi kap lam ih Jesuh a thlunnak a si ko ding. Ziangah tile Piter cu a her ih Johan in Jesuh a thlun ve kha a hmuh tikah Johan thuhla a sut ih, “ ‘Asinan Bawipa, hipa teh ziangsaw a tuahtsa ding?’ ” (Johan 21:21, NKJV) tiah ti.

Pathian hnatuan dingih Piter a tuahtarnak ah Jesuh cun Piter ih thihnak ding a rak simcia (Johan 21:18). A langdan ahcun Piter in Johan ih thihnak ding thuhla khal a theicak zet a bang. Jesuh cun dungthluntu dang pawl parih a thleng dingmi thuhla ah thinhar loin A dung a thlunnak ding lamah a thinlung pe sawn dingin a ti.

Siar ding: Johan 21:23-25. **Jesuh thusimmi cu ziangtin saw theihusual a si? Cui theihusualnak cu tirhthlah Johan in ziangtin saw a remsak?**

Jesuh in, “ ‘Anih hi ka rat sal tiang rak um dingih ka duh a si ahcun na hrangah ziang a pawl? I thlun aw,’ ” (Johan 21:22) a timi cu mi tampi in a rel duhsan an theithiam theu lo. Johan a thih hlanah Jesuh a ra ding tihi a reltum mi hmangah an neih. Tikcu a hung rei ih, Johan khal a ra upa ding ih thi sehla (a ngaingai in a thi), cule Jesuh a rat hrih cuang lo ahcun buaithlak za thil a si ding. Johan cun himi ruatdan dik lo hi thil a ra thleng dingmi simcianak lam siloin Jesuh ih duhthusam thil relnak a si timi a tarlang.

Midang ah siloin Jesuh ih thum awknak cu zarhkhat zirlai sungih mi a hruailut thluh tu huham nei zet a si. Jesuh, le Jesuh lawng hi kan rundannak a si. Midang cun beidongnak an lo thlen men thei, cuvek ciah in natnak khal an lo thlen men thei.

Nithum ni zirlai ihsin Ninga ni zirlai tiang a huapmi thutak cun Jesuh thlun le theihnak ih tumtahmi thawn

Pathian kamsuak thu theihthiamnak thupi zet a thursuak ding a si. midang pawl ih in pek theimi kaihrainak, nunsimnak le bomnak ruat buai loin - Jesuh lawng hi kan Bawipa le lamhmuh tu a si.

Midang pawl, na ngaisang zetmi pawl tiang hman in ziangmi tluk in saw beidong ih an lo tuahtsa theu? Harsa khal sehla cui na hmuhton mi ihsin ziangvek zirlai saw na zir thei?

NITHUM NI

Eng le thimnak

December 24

Siar ding: Johan 1:4–10; Johan 3:19–21; Johan 5:35; Johan 8:12; Johan 9:5; Johan 11:9, 10; le Johan 12:35. **Hitawak ah ziangmi tahthimnak a um, cule ziangah himi tahthim danglam awknak hi thutak theihthiamnak ding hrangih a thupit?**

Leitlun cu thimnak ah a um; eng cu a hrial ih, Tlentu le Thuphuangtu, sersiamtu Pathian, Pathian dik lam pannak lamzin cu amahten a hawl hmu thei lo. “Minung cun amahten Pathian theihnak a nei thei dah lo. ‘Cucu van tlukih sang a si; nang in ziang saw na ti thei? Hell hnakih thuk sawn a si; Nang in ziang saw na theih thei?’ Job 11:8. Pathian ih thil thukzet cu Thlarau lawngin kan hnenah a langter a si, Cumi cu ‘mit in a rak hmu lo, hna khal in a rak thei lo ih, minung thinlung khalah a rak lutdah nawn lo’. ‘Pathian cun hi pawl cu Thlarau hmangin kan hnenah a langter zo.’ –Ellen G. White, *The Desire of Ages*, p. 412.

Jesuh Khrih lawng in Pa cu “a lang fiangter” thei a si (Johan 1:18). Grik verb *exegeomai* timi hman a si ih, cumi sullam cu “sullam simnak,” “simfiangnak,” “relfiangnak” timi a si. Johan cun Jesuh cu van thuchah

kengtu, Pathian thei timi ih sullam simfiangtu mi pakhat vekin a langter. Jesuh thawng lawngin Pa cu kan thei ngaingai thei ding a si.

Siar ding: Johan 8:42-44. **Ziangtin saw Jesuh in Israel biaknak hruaitu pawl ih an zumnak ih an thumawknak a dik lo zi a simfiang?**

Thudik ih ding lotu pawl cun anmai khawruahnak in an tongsuak. Minung thlirnak lawng in cangan mi sullam cu an “hmu” thei. Cumi thawn bangaw lo zet in, Khrih cu leitlun eng a si ti kan pawm tengteng a tul, cule A thu simfiangnak ah Amah kan thlun a tul a si. Cumi thawn kalh aw ciah in sualnak cun “amai khawruahnak” sung ihsin a tongsuak (Johan 8:44 NKJV). Kan ralrin lo ih, Pathian hnenah zumnak le pumpek awknak kan neih lo ahcun cuvek ciah in tihnung um ah kan um ding a si: Cangan mi cu kan duhdan, tha kan tidan le kan thlirdan lawngah thum aw in kan siar, cumi cu kan theihlo sungih kan rak tuah olsam zet mi an rak si ding.

Cui thudik “Na ke parah kar aw” timi thudik cu ziangtin na let ding?

NILI NI

December 25

Pathian thuzirnak : “Tlunlam in” lole “Hnuailam in”

Siar ding: Johan 4:46-54. **Ziang buainak in saw bawi pakhat cu Jesuh hnen ih a hruai thlen, cule hitawk ih buainak bik cu ziangsaw a si?**

Hipa cu leitlun ih Eng a simi Jesuh hnenah a ra, asinan a fapa a damter lawngah Jesuh zum dingin a thinlung a ruat fel. Hi pa ih Pathian thu zirnak cu “Hnuailam ih Pathian thu zirnak” a si tin kan rel thei ko ding. Hnuailam ihsin Pathian thu zirnak cun Pathian le A Kamsuak thu ahhin tafung le daan le dun a nei. Minung

ngaihdan le thlirdan pawl cu minung in Pathian thu an simfiangnak ih thuneihnak netabik ah an hmang. Ziangtluk ih tlaksiatnak thang saw a si!

Cumi thawn kalhaw ciah in “Tlun lam ihsin” Pathian thu zirnak cun Pathian le A kamsuak thu ah zumnak a nei hmaisai ih, cutin zumnak in a rak cohlang (Johan 4:48; Johan 6:14, 15; 2 Tim. 3:16). Zumnak thawngin Bible cohlang a si ahcun Amah ten a simfiang aw theu. Cumi tikcu lai ih Philosophy (khawruah fimnak) ai hnakin leitlun thlirnak ih Pathian thu hi cathianghlim simfiannak le theihthiamnak kaihrulaitu a si. Minung thlirnak cu thil dang ah siloin Pathian kamsuak thu ah a phumawk ih a tuhlut awk a tul.

Jesuh thurel mi kan zum ding a si ahcun Cathianghlim hi kan zum tengteng a tul (Johan 5:46, 47). “ ‘Ka thu ih nan um ringring a sile, nangnih cu ka dungthluntu ngaingai nan si ding’ “ (Johan 8:31, NKJV). Pathian thu kan rinhmai a si ahcun A thu cu kanmah ah a um thei lo ding (Johan 5:38). “Keimah i hnongtu le ka thu a pom lotu cun thuthentu pakhat a nei: ka simmi thu cun ni netabik ah amah kha thu a then leh ding. Ziangatile keimah ih palung suak thu ka sim lo; asinain i thlah-tu Pa in ziang ka sim ding ih, ziang ka tong ding ti thupek i pe a si” (Johan 12:48, 49, NKJV).

Pathian thu ngai ding cu theihnak ai hnakin a tam sawn. Cumi umzia cu Pathian duhzawng tuah ding tinak a si. Himi cu Pathian thu theihmi letnak a si: “ ‘Zokhal in a duhzawng tuah a duh a si ahcun, hi thu zirhmi hi Pathian hnen ihsin maw, keimai’ palung in ka sim ti a theithiam mai ding’ “ (Johan 7:17, NKJV).

Himi Pathian thu theihnak le tuah tuannak cu Amah duhdawtnak langternak a si: “ ‘Mi pakhat in keimah i duhdaw a si ahcun, ka thu pawl a thlun ding: cuticun ka

Pa in anih cu a duhdaw ding ih, a hnenah kan ra ding, cutin a hnenah kan um ding a si’ “ (Johan 14:23).

Jesuh kan duhnak le thungainak karlak laicinawknak cu ziangsaw a si? Ziang ruanghsaw duhdawtnak ih thum aw mi “Thuawihnak” ziangvek khal hi daan vek ih fehpi tihnung a umnak san?

NINGA NI

December 26

Jesuh ah um ringringnak

Siar ding: Johan 12:32. **Himi thu in Jesuh Khrih ih thuneihnak ziangtin saw a rel?**

Tui kuatar fehtlang ih kan hmuh zo vekin Johan Thuthangtha cun Jesuh lamah in hruai, asinan Pathian le a duhzawng tuah duhnak kan neih lawngah a si ding. A thuthangtha hmuahhmuah ah Jesuh thawn a tongaw tu pawl in eng cu an pawm ih, an thangso, asilole eng cu an hnong ih, mitcaw in an um. Nikodemas, tikhur ih nunau nu, rinum ralbawi, Bethesda tili ih mi pakhat, sang le nga malte hmangih mipum 5,000 rawldar mi, Jesuh ih nunau pawl, biaknak hruaitu pawl, suahkeh mitcaw, Mary le Martha, Pilate – tivek pawl cu Jesuh thawn an hmu aw ih, thudik le eng a run kengmi thuhla ah thutluknak an tuah.

A hnuailam ihsin Pathian thu zirhnak cu Pathian sinak le a umzia hawl hmuh tumnak ah minung elawknak ihsin a thokmi a si. Minung thlirdan, tluknak, tlaksiatnak le thleidannak tivek pawl cu ziangkim theitu, mi famkim le thianghlim Pathian tlun ah an ret hmaisa theu. Hnuailam ihsin Pathian thu zirnak cun mipi a hruaisual ih, cumi cu a hlan ihsin a rak um zo ih, a ra lai dingmi khalah a um ding (zoh aw Thup. 14:1-12), Minung fimnak in Pathian sinak lonsak a tum caan ah leitlun ahhin biaknak dik lo thlun dingin hranhram in a fehpi ding

Siar ding: Johan 15:1-11. **Thlarau lam thansoh le hriselnak thuthup cu ziangsaw a si?**

Thuthup cu Jesuh thawn pehtlaihawknak an nei ringring. Anih cu Pathian kamsuak, nunnak sang, leitlun ih eng, tuu sangka, tuu khaltha, thawhsalnak le nunnak, lamzin, thutak, nunnak le Sabit kung ngaingai a si.

Pathian sinak ih sungtel pawl le an Thu le Bible cu tan-laih (hip awknak)vek an si. An dokalh lo ahcun anmai lamah an hiip ding. “Pathian aw cun a thu fehtlang in kan hnenah thu in sim, aw tamzet theih ding a um; asinan Khrih cun, hitawk ah khrih a um, lole khitawk ah Khrih a um tiih a reltu pawl hnen ihsin fimkhur zetih um dingah in sim. Cule Cathianghlim ah ziangkim kan hruai lo ahcun cubang pawl cu ziangtin saw thudik an sile si lo kan theih thei ding?”—Ellen G. White, *The Advent Review and Sabbath Herald*, April 3, 1888. Cule Pathian thu ih a ummi pawl hnenah kan thlirnak ah kan pumpe aw ding kan si.

NIRUK NI

December 27

Ruahbet ding: Pathian ih thlirnak cu minung thlirnak ihsin a danglam hleice. Pathian thlirdan cu Thiang Thlarau thiltitheinak hnuai ah A thu, Bible hmangin kan hnenah a langter. A thu ih a langvekin Khrih hnen ihsin a ra mi eng kan pawm ding maw, asilole thimnak ah kan feh ding timi cu kan duhhirlnak a si

Himi duhhirlnak ih thupi zet cu minung tlenntu le Pathian Fapa Jesuh Khrih ih kanmah ten kan pumpekawknak hi a si. Thiang Thlarau ih huham thawngin Pa Pathian cun Kan hnenah – nunnak, thihnak, Jesuh ih thawhsalnak – A duhdawtnak thukzet cu a langter a si. Cule Pathian kamsuak thu ah A nunnak, thihnak, le

thawhsalnak thuhla ngan khum ih a um ruangah Jesuh thuhla kan thei a si.

“Pathian ih vancungmi pawl cu lei ihsin vanah, van ihsin lei ah an sukso rero. Na tuar le harsatnak tuar pawl hrangah Khrih ih mangbangza cu vancungmi pawl hnatuannak fehtlang ih Pathian huham ih tuah tuan mi a si. Cule Khirh ruangah a vancungmi pawl ih hnatuannak hmangin thlawsuahnak hmuahhmuah cu Pathian ihsin kan hnenah a ra. Amah ten minung sinak a laknak ahhin Rundamtu ih duhmi cu a tlusia zo mi Adam ih fapa le fanu pawl thawn pumkhat ih um tlang hi a si. Cuti rual in A Pathian sinak in Pathian Bawi tohkham cu a kai hnget thocho. Curuangah Khrih cu Minung in Pathian biaknak le Pathian in minung a biaknak ih hman rau a si.”—Ellen G. White, *The Desire of Ages*, p. 143.

RELKHAWM DING THUSUHNNAK PAWL:

1. Johan cabu ih thuanthu um mi pawl hmuahhmah ah Pathian mizia le duhdawtnak thuhla ah na hnen ih au ring zetmi pakhat cu ziangsaw a si?

2. A ngaingai te cun ziangtin saw thudik hawl dingin mi pakhat cu a feh thei ding?

3. Ziangahsaw thudik thutluknak tuahtu vekih mah le mah phatsan awk hi a har cuangnak san? Minung kan sinak ah Ca thianghlim kan thlirdan ahhin kan theithiam famkim thluh thei kem? Ziangah himi thudik kan theih tengteng a tul, Thleidannak kan neih mi pawl hmuahhmuah cu Pathian kamsuak thu ah ap thluh dingih in bawm tu dingah ziangtin saw hnuaidornak hi a rat?

4. Nitlaknak lam ram ih um Khristian thuanthu ahhin Pathian thu cu minung thleidannak le ramkhehnak thuhla ah a cang thluh timi hliir in a khat thluh. Cumi pawl tahthimnak cu ziangsaw a si, Minung ruahdan cu Bible “simfiangnak” ih a luahkhat tu bikih a hung cang tikah zingtlukih tihnung um zet saw a si ding timi thuhla ah ziangmi zirlai saw tuini ih kan lak thei ding? Johan Thuthangtha ih thu ummi pawl cu vun khai khawm aw. Tuini ah kan hrang ih thucah laimu bik cu ziangsaw a si?

MORNING WATCH
(Nitin Bible siar ding)
OCTOBER

- | | |
|-----------------------|-------------------|
| 1. Nithum ni | Saam 51:7 |
| 2. Nili ni | 2 Korin 1:21,22 |
| 3. Ninga ni | Filipi 2:2 |
| 4. Niruk ni | Saam 139:23,24 |
| 5. Sabbath ni | Tirhthlah 2:1 |
| 6. Nikhat ni | Filipi 2:3 |
| 7. Nihnih ni | Luka 18:13 |
| 8. Nithum ni | Filipi 3:7 |
| 9. Nili ni | Johan 15:5 |
| 10. Ninga ni | Filipi 2:15,16 |
| 11. Niruk ni | Kolose 1:10,11 |
| 12. Sabbath ni | Kolose 1:12,13 |
| 13. Nikhat ni | Filipi 3:20 |
| 14. Nihnih ni | Isaiah 1:18 |
| 15. Nithum ni | Matthai 22:11,12 |
| 16. Nili ni | Filipi 2:13 |
| 17. Ninga ni | Thuphuan 3:18 |
| 18. Niruk ni | Efesa 3:16 |
| 19. Sabbath ni | I Korin 1:10 |
| 20. Nikhat ni | 2 Korin 7:1 |
| 21. Nihnih ni | 2 Korin 2:12 |
| 22. Nithum ni | Luka 18:7 |
| 23. Nili ni | Hebru 4:16 |
| 24. Ninga ni | Luka 18:1 |
| 25. Niruk ni | Tirhthlah 4:31 |
| 26. Sabbath ni | I Korin 2:13 |
| 27. Nikhat ni | I Korin 3:13 |
| 28. Nihnih ni | Tirhthlah 2:46,47 |
| 29. Nithum ni | Isaiah 58:9,10 |
| 30. Nili ni | Jerem. 14:20,21 |
| 31. Ninga ni | Daniel 9:19 |

MORNING WATCH
(Nitin Bible siar ding)
NOVEMBER

- | | |
|-----------------------|-------------------|
| 1. Niruk ni | Tirhthlah 5:12 |
| 2. Sabbath ni | Tirhthlah 5:14,15 |
| 3. Nikhat ni | Tirhthlah 6:7 |
| 4. Nihnih ni | Tirhthlah 2:41,42 |
| 5. Nithum ni | Tirhthlah 2:2 |
| 6. Nili ni | Marka 13:33 |
| 7. Ninga ni | Tirhthlah 1:6,7 |
| 8. Niruk ni | Tirhthlah 2:12 |
| 9. Sabbath ni | Tirhthlah 2:14,16 |
| 10. Nikhat ni | Johan 3:9-12 |
| 11. Nihnih ni | Tirhthlah 4:13 |
| 12. Nithum ni | Tirhthlah 4:18-20 |
| 13. Nili ni | Tirhthlah 4:18-20 |
| 14. Ninga ni | 2 Korin 4:1,2 |
| 15. Niruk ni | Titas 2:7,8 |
| 16. Sabbath ni | Titas 2:1 |
| 17. Nikhat ni | Titus 1:9 |
| 18. Nihnih ni | I Korin 14:40 |
| 19. Nithum ni | Filipi 3:7-10 |
| 20. Nili ni | Rom 15:13 |
| 21. Ninga ni | Filipi 4:4 |
| 22. Niruk ni | Tirhthlah 4:32 |
| 23. Sabbath ni | 2 Korin 8:3,4 |
| 24. Nikhat ni | Galati 3:27,28 |
| 25. Nihnih ni | Tirhthlah 2:43-45 |
| 26. Nithum ni | Tirhthlah 5:28,29 |
| 27. Nili ni | I Piter 5:7,8 |
| 28. Ninga ni | Thuphuan 18:4 |
| 29. Niruk ni | Daniel 12:1 |
| 30. Sabbath ni | Luka 21:36 |

MORNING WATCH
(Nitin Bible siar ding)
DEMCEMBER

- | | |
|-----------------------|------------------|
| 1. Nikhat ni | Efesa 6:12 |
| 2. Nihnih ni | Efesa 6:13-17 |
| 3. Nithum ni | I Timote 6:12 |
| 4. Nili ni | I Timote 4:12,13 |
| 5. Ninga ni | Thuphuan 12:12 |
| 6. Niruk ni | Efesa 6:10 |
| 7. Sabbath ni | Rom 8:15 |
|
 | |
| 8. Nikhat ni | I Johan 5:4 |
| 9. Nihnih ni | Thuphuan 3:8 |
| 10. Nithum ni | I Korin 9:24,25 |
| 11. Nili ni | Rom 8:37 |
| 12. Ninga ni | Rom 8:1 |
| 13. Niruk ni | Jeim 4:7,8 |
| 14. Sabbath ni | Luka 15:7 |
|
 | |
| 15. Nikhat ni | I Korin 15:57 |
| 16. Nihnih ni | Zekhariah 3:2 |
| 17. Nithum ni | Johan 17:14-15 |
| 18. Nili ni | Thuphuan 2:7 |
| 19. Ninga ni | Thuphuan 2:11 |
| 20. Niruk ni | Thuphuan 3:4 |
| 21. Sabbath ni | Thuphuan 3:5 |
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| 22. Nikhat ni | Thuphuan 3:10 |
| 23. Nihnih ni | Thuphuan 3:12 |
| 24. Nithum ni | Thuphuan 3:21 |
| 25. Nili ni | Hebru 2:14,15 |
| 26. Ninga ni | Thuphuan 12:11 |
| 27. Niruk ni | I Piter 2:21-24 |
| 28. Sabbath ni | Johan 16:33 |
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| 29. Nikhat ni | Thuphuan 1:7,8 |
| 30. Nihnih ni | Thuphuan 21:7 |
| 31. Nithum ni | Hebru 10:37,38 |