

**KHANGCING SABBATH SCHOOL
LAISIANGTHO SINNA**

***Lungdamthu John Sungpan
Thubulphuhte***

E. Edward Zinke and Thomas Shepherd

ရေးသားသော

Themes in the Gospel of John

စာအုပ်အား

သိက္ခာတော်ရမ္မဆရာ ဦးမိုးခိုင်ငိုခေါ်နန်မှ
တီးတိန်ချင်းပြန်ဆိုသည်။

**October, November, December
2024**

Sabbath School Lesson

တီးတိန်ချင်းဘာသာ

ပုံနှိပ်သူ
ဦးဖုန်းနိုင် (၀၀၃၅၄)

မန်နေဂျာ

ကင်းစောင့်ပုံနှိပ်တိုက်

၂၀၆ ရွှေသစ္စာလမ်း၊ ရန်ကင်းမြို့နယ်

ရန်ကုန်မြို့

ထုတ်ဝေသူ

ဦးဖိုးဖိုးလှ (၀၀၅၈၉)

ဥက္ကဋ္ဌ

မြန်မာပြည်သတ္တမနေ့ဥပုသ်အသင်းတော်

၆၈ ဦးဝိစာရလမ်း၊

ရန်ကုန်မြို့

အုပ်ရေ - ၁၂၀၀

ဓမ္မဒါန

ပထမအကြိမ်

ASUNG A OM THUTE

01	Lampi Hong Lak Limte (September 28-October 4)	6
02	Pasian Hihna Limte (October 5-11)	16
03	A Nung Tangthu: Thu Makai (October 12-18)	26
04	Christ in Messiah ahihna Tecite (October 19-25)	37
05	Samaria Mite Teci panna (October 26-November 1)	47
06	Zeisu' Thu Teci Dangte (November 2-8)	57
07	A Ummite Mi Hampha (November 9-15)	67
08	Laisiangtholui Genkholhnate (November 16-22)	78
09	Nuntakna Bulpi (November 23-29)	88
10	Lampi, Thumaan, leh Nuntakna (November 30-December 6)	98
11	Pa, Tapa, leh Kha Siangtho (December 7-13)	108
12	Minthan Hun: Singlamteh leh Thawhkikna (December 14-20)	118
13	Zeisu leh Ama' Thuhilhthe Theihna (December 21-27)	129

Lungdamthu John sungpan Thubulphuhte

Iran gam **Tehran** khuapi sung sumbuk khat ah lim hoih mahmah a kisuai Persian pheet khat zuak dingin kikhai hi. Hoihlua mahmah a Switzerland gam: mualte, tuizeu, bualtui hoih mahmah, mualpang taam gam leh meingo a kidim vandum cikhawng kihel hi.

Tua sumbuk sung atung mi khatpeuh in tua pheet a hoihna, a khau kiphan zah, a siamna leh a zatui zat cikhawng hoihtak in encian thei uhhi. A en peuhpeuh in a kiphan dan; tuisung ah vandum lengsak, mualtung ah vukpaak, suangpaan leh hing dikdek taam thukte zong om hi. A ngiimna bulpi in **Alps** mualdung hoihna teng khempeuh pen pheet khat tungah akim in pulakna ahi hi.

Tu quarter sungin, khut siamna dangkhat mah sin ding hihang. Tua pen laikung peuh laidal peuh, maan laidal peuh leh pheet peuh hilo hi. Lungdamthu John sunga Pasian' Thute hiding hi.

A kammalte in anung ama tawh kizui in khatna neiciat uhhi. A telnuamte adingin anung ama encian in, laigual, khenpi leh a thu buppi hoihtak etphat kul hi. Laisiangtho buppi Kha Siangtho humuap ahih mahbang in, a thu buppi tawh kizom in sim kul hi.

Tu quarter sungin John lungdamthu sin ding hihang. Zeisu in mikhat leh nih peuh tawh a kihona vive hi a, Nathaniel, Nicodemus, tuikhuk geia numei, Bethesda bualtui gei a mizaw pa, panpih mittawpa, Lazarus leh a sanggam numeite, Pilate, Peter, leh Thomas cihte ahi uhhi. Hiteng lakpan a tamzaw John sungbek ah om uhhi.

John lungdamthu pen sawltakpa tungtawn in Pasian' thu hong piakna ahi hi. Lai- siangtho bu dangte mahbang in Pasian' deihna bangin hong pai ahi hi. Khasiangtho in thu phamawh hong piaktheih na'ng John hong zang hi a: Thu (*logos*), khuavak, khomun, tui, Khasiangtho, pumkhatna, limte, teci panna leh genkholna cihte ahi hi. Hih thulu khem-peuh in lungdamthu tawh hong kinaisak semsem in hong telthei sak semsem hi.

Laisiangtho simte in thu tomno khat simin a khatna zongzel uhhi. Laisiangtho letna laibu sungpeuh ah akhatna zong thei uhhi. A kam luan, a thu paizia, tangthu tawh kizopna cihte pheck tangthu bangin zong uh a – a khau kiphan zah, a siamna leh a zatui zat cikhawng mah ki entel kha thei hi.

Mansuah loh ding thukhat, Persian pheckpi in, Alp mualdung hoihna a pulak mahbang in; John lungdamthu in zong, tawntung nunna hongpia Zeisu Christ nasepna teng hong phawksak hi.

E. Edward Zinke in, GC zumpi ah Associate Director for the Biblical Research Institute; Ellen G. White Estate Board ah vice chair leh Adventist Review Ministries ah senior advisor ahi hi. SDA universityte panin Doctorate degree thum ngah a, Maryland ah teng hi.

Thomas Shepherd, PhD, DrPH pen, Andrews University, Seventh-day Adventist Theological Seminary ah New Testament senior research professor hi a, 2008 pan tuni dong mah omlai hi. Azi, Sherry Shepherd, MD tawh, Malawi, Africa, leh Brazil ah missionary in paingei uhhi. Ta nih leh tu guk neita uhhi.

Lesson 1

September 28–October 4

LAMPI HONGLAK LIMTE

SABBATH NITAKLAM

Tukalsung simding: *John 2:1–11; John 4:46–54; John 5:1–16; Mark 3:22, 23; Mate 12:9–14; John 5:16–47.*

Kamngah: “Hih laibu sunga a kigelh lo nalamdang tampi zong Zeisu in a nungzuite muhna ah a bawl hi. Ahih hangin Zeisu in Pasian Tapa Khazih ahihna thu na up theih nading uh leh tua upna hangin ama min tawh nuntakna na neih theih nadingun hih thute a kigelh ahi hi.” (*John 20:30, 31 ZSV*).

Banghang in John in ama' lungdamthu gelh hiding hiam? Zeisu in a bawl nalamdangte pulak nuamlua maw? Zeisu thuhilhate thupisak luazaw maw? Bang ngiimna tawh agelh hiding hiam?

Khasiangtho humuapna tawh John in hilhcian thei hi. Christ' tangthu gelh ding tampitak omlai (*John 21:25*) ahihhang, tu a kigelh tengpen “*Zeisu in Pasian Tapa Khazih ahihna thu na up theih nading uh leh tua upna hangin ama min tawh nuntakna na neih theih nadingun hih thute a kigelh hi*” (*John 20:31*) cih.

Tukal sungin Zeisu' bawl masak nalamdang teng – mopawi a tui pen – lenggahtui a suahsakna, a cinapha tano khat a damsakna, Bethesda bualtui geia mipa a damsakna cihte kisin kha ding hi.

John in hih nalamdangte pen “**limte**” cih. Lampi geia lai kisuang maimai bang peuh cihna hilo a, a thukzaw khatna anei: Zeisu Messiah in hong piang acih nopna ahi hi. Hih tangthu sung khempeuh ah, upna tawh dawnkikna vive kimu ding hi. Tua mite hihbangin hih ding hong sapna zong ahi hi.

SUNDAY

September 29

Cana ah Mopawi

John 2:1–11 simin. Zeisu in Cana ah bang lim bawl a, nungzuite in Amah a uptheihna dingin tua limin koici huh hiam?

.....
Zeisu in tui pen lengtui a suahsakna amuh manun nungzuite in Zeisu’ nung zuih ding khensat thei uhhi. Tua in Amah Pasion kiangpan hongpai ahihna a vanglian lim koibang in hithei ding hiam? *Amah Pasion ahihlam amaute un tel nai mello uhhi.*

Moses in Israel mite makaih in, Egypt panin “*limte leh nalamdangte*” tawh Israel mite paikhiatpih hi (*Thu. 6:22; 26:8*). Egypt panin Israel a suahtak dingin Pasion’ teeltuam mipa ahi hi (*Amaute’ “Honpa” zong cihhuai phial hi*).

Moses tungtawn in Pasion in hopih a, Moses tawh a kibang kamsang khat hongpai ding cih. Israel in tuapa’ thu mang ding cih (*Thu. 18:15, Mate 17:5; Sawl 7:37*). Tua kamsang in “**Zeisu**” hi a, John 2 sungah, Zeisu in lim masapen bawl in, tua limin, Israel’ tate Egypt panin a khahkhatna teng kawkpha kik hi.

Nile gun mahmah pen Egypt mite ading pasian khatmah ahi hi. Gimna khat mah zong Nile gun ah kibua

a – a tuite sisan kisuaksak hi. Tua tawh a kizawitawn nalamdang khat mah Cana ah, Zeisu in bawl a, tui sisan suahsak taangin, lengtui suaksak zaw hi.

Tua tuite pen, Jew mite ki siansuahna in a zat uh beel guk sunga om tuite hi a, Laisiangtho sunga hotkhatna tawh a kizom lim khat ahi hi. Tui pen lengtui a suahsakna enkik inla, Paikhatna sunga thute tawh geelkhawm leng, John in Zeisu pen eite’ Honpa cih hong hilh nahi hi.

Zeisu piak a kibilh lo lengtui tawh kisai in mopawi thusa pipa in bang gen hiam? Zeisu’ na lamdang bawl na pan ahihlam theilo ahih manin tua lengtui limna lamdang salua mahmah in, a limpen teng nunun zaw hi ci in ngaihsun liang hi.

Greek pau in **oinos** pen bilhloh leh bilh lengtui thak a namnih mah a cihna hi (*The Seventh-day Adventist Bible Dictionary, p. 1177 enin*). EGWhite in tua lengtui pen zu hilo cih (*“Mopawi ah” Kumcin lungdeih, lai. 149 enin*). Tua lai a thupiang lamdang a sak ding mah uh ahi hi.

Zeisu’ nung na zuihna hangthu bangteng peuh ahi diam? (Tampi hong kihilh khin hilo hiam?)

MONDAY

September 30

Lim Nihna Galilee ah

A nasepna khempeuh ah Zeisu in mihing upna a huhthei ding na lamdangte bawl zel hi. John in zong midangte in Zeisu a uptheih na’ngin ciamteh zel hi.

John 4:46–54 sim in. Banghang in thupuakpa in mopawi a na lamdang tawh kizomsak sese hiam?

.....

Galilee a Zeisu' bawl lim nihna sungah, John in Cana mopawi a lim masa mah kaw k kik hi. John in, *Na muh uh limte in Zeisu kici kua hiam hong theisak hi aci tawh kibang hi. John gen zomna ah "Hih lim pen, Judea gampan Galilee gam hong paikhit a kipan Zeisu in a lim bawl nihna ahi hi"* (John 4:54) cih.

Acil in, ulianpa tungah Zeisu' dawnna pen awsaang pian hi. Hinapi ulianpa in, a tapa pen Zeisu sungah upna bekin damsak thei ding cih. Zeisu in tuapa' lungsim theita a, a tapa' pumpi natna sangin khalam natna suksia zaw cihthu pulaksak hi. Van panin khuaphia bang liangin, tua pa lungsim kihong in amau' khalam thanemna in a tapa' nunna lahuai sak cih hong phawk hi.

Tua nalamdangte lellel in Zeisu pen Messiah suaksak ahihloh lam theihtel ding thupi hi. Midang in zong nalamdang bawl lel hi. Pawlkhat kamsang takpi ahihhang pawl khat hilo uhhi. Na lamdangte in vangliatna om cihna hi a; tuate in Pasian bawl hi teitei ding cihna hituanlo hi (*Satan nangawn in "nalamdang" bawlthei a, "na lamdang" cihteh vangliatna nasep cihna ahi hi*).

Ulianpa in lunggim takin Zeisu in hehpihna tawh a tapa damsak dingin ngen hi. Zeisu' dawnna pen kipsakna ahi hi. Amah in "*Paita in; na tapa nungta ding hi*" (John 4:50) cih. "*Nungta ding*" cihpen Greek pau in tumahmah in cih. Hih kammal pen "*mailam a paisuak*" hi a, a piangkhisna ahih nakleh mailam tawh zomsuak pah lel hi. Tuapa innlam zuan paklo in, Zeisu a muanna tawh, a zingciang in ciahpan a – Zeisu' thu piak hun lian mahin, a tapa' natna paikhia lian cih.

Zeisu uptheih na'ng thu lianpi himaw k ei maw!

Nalamdang khatpeuh mu ding hileng, Pasian kiangpan hongpai ahihlah bang ciangtanna tawh enthei ding ihi hiam?

TUESDAY

October 1

Bethesda Bualtui ah Nalamdang

John in a ciapteh lim nihna pen Bethesda bualtui geiah piang hi (*John 5:1-9*). Vanmi khat hong tuaksukin tui akilok sak laitak in alut masapen cinapa in damna ngah cih. Tua ahih manin bualtui geiteng ah a cidam nuam mi honpi kidim ngeingai uhhi. Zeisu in Jerusalem a pailam in bualtui gei tawn a, a ngak mihonpi a mu hi.

Tua mite khempueh in, hong tun ding hun a kithei mello khat ngak thapai keei uh hi. Zeisu ading hunlem khat hi bilbel hi!

John 5:1-9 sim in. Bualtui geia mi khempueh damnuam ciat hinapi, bang hang in Zeisu in na damnuam hiam ci in dong sese hiam (John 5:6)?

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Mikhat sawtpi a cinat leh, tua natna ngeina seh a, thanemna nutsiat ding khawng haksa kisa kha thei hi. Tua pa in bawldam ding ka ut hi ci in dawng hi. Tua cina pa muhdan maanlo zaw a – mihing' khe a piangsakpa ama' kiangah omgige ahihlah thei khalo hi. Amah tawh a kihopa kua hiam cih thei lo; a cidam khit ciangin, Zeisu pen a tuampi ahihna thei dingin hong kithawi pan hi.

"Zeisu in cinapa in Amah a up ding zong kal selo zaw hi. 'Tho inla, na lupna pua in pai in' ciziau hi. Tuapa in tua kammal um bilbel hi. A thagui leh sazang khempueh thaksuak

in, a khut leh khe khempeuh hong cidam hi. Paulo hamlo in Christ' thupiakna mangin hong gamtat leh a sazang tengin zong mangpah uhhi. Ama' khe tawh hong diang khia a cidam mikhat hong hiziau lel hi. Zeisu in vantung huhna cih zong pau selo hi. Tua mipa hong lunghiang khaleh, cidamlo lawh kha zaw ding hi. Tua mipa in Christ' kammal um ahieh manin thahatna hong ngah hi—Ellen G. White, *The Desire of Ages*, pp. 202, 203.

Zeisu in tuapa biakinn sungah khatvei mukik a “Cidam khin hiteh. Mawhna bawl nawn ke'n, nabawl leh na thuakna sukzaw ding hi” (John 5:14) cih. Natna leh mawhna koibang in kizom thei hiam? Natna khempeuh zong mawhna sulzui hi pahpah lo cih zong banghang in telhuai thei hiam?

WEDNESDAY
Akhauh Lungsimte

October 2

Lim leh nalamdangte in thu khatpeuh Pasion kiangpan hongpai cihna hi pahpah lo hi. Ahieh hangin, Pasion kiangpan hongpai thukhat nial khak ding lauhuai hi.

John 5:10–16 sim in. Zeisu bawl nalamdangte tawh kisai-in biakna makaite' lungtang khauhna tungtang pan bang pilna kingah thei ding hiam?

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Zeisu in cina damsakpa Amah cih a kilaak khit ciangin, tua pa in manlang takin biakna makaite kiangah pai in amah a damsakpa Zeisu hi cih gen hi. Khatpeuh in

Pasian phathuai hi peuh cikha ding a, tua sangsikin makaite in, “*Zeisu in Sabbath ni in cina a damsak manin amaute in Zeisu bawlsiat ding a kipan uhhi*” (John 5:16).

Sabbath ni cina damsak ding pen thu-kin ahieh bek in phal uhhi. Hihpa in kum 38 sung damlo khin a; amah damsak ding pen thu-kin hikhol lo hi. Tua banah ama' lupna puak ding thu piaktheihna bang om hiam? Pasion' vangliatna tawh cina khat a damsak thei mipa in Sabbath ni phek pua in inn ciah ding thu piathei lua hi. Mihing bawltawm thukham peuh tawh upna maan mansuah liang ding sangin, Zeisu in thumaan laisiangtho thuthuk sungah paipih nuam zaw hi.

A thupiang etdah lelleng, mihingte in koibang in lungsim khauh thei cih hong theisak naci hiam? (John 9:1–16; Mark 3:22, 23; Mate 12:9–14).

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Hih biakna makaite koibang in mittaw bekbak thei hiam? Amau lungsim mahmah siahuai a, Messiah cihpen Rome te khut sungpan hong gumkhia ding pa cih upkhialhna leh zaa deihluatna tawh Pasion kiangah ki aaplohna hang hihtuak pen hi. Hibangteng khempeuh in thumaan nial na'ng thapia hi.

John 5:38–42 sim in. Zeisu' vauna bang hiam? Bangthu i kisin thei ding hiam? Eima nuntakpih theih ding thumaan mutheilo liang in hong mittaw sak bangpeuh om thei hiam?

THURSDAY
Zeisu' Tangkona

October 3

Bethesda bual geia nalamdang piang hangin John in Zeisu in kua hiam cih tangko na'ng hunlem ngah kha hi. John in nalamdang pianna taang 9 tawh gen a, taang 40 tawh tua nalamdang bawlpaw' thu gen leuleu hi.

John 5:16–18 sim in. Sabbath ni a nasepna tawh banghangin Zeisu kibawlsia hiam?

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John 5:18 in Zeisu pen Sabbath a palsat bangin hong ngaihunsakthei ding hi. Hi taleh kuhkal takin John 5:16-18 sim leng, Zeisu in tua Sabbath ni in a “**sep**” tengpen a Pa tawh kizopna ahihna tawh nial kik hi. Zeisu in Sabbath ni in a nasep peuhmah Pasion tawh kizopna hiden zaw hi. Biakna makaite in Sabbath palsatna pen Pasion tawh kikim kisakna cihtawh mawhsak in bawlsia uhhi.

John 5:19–47 sim in. Zeisu in Ama' bawlsa na lamdangte tawh Amah kua hiam cih makaite in a teltheih nadingun bangteng gen hiam?

.....

Zeisu in Ama' nasep galdalna cial thum pia hi. Amasa in, Pa tawh Amah kinaizop mahmah ahihna pulak hi (John 5:19–30). A Pa leh Amah lung kituak in nasemkhawm ahih manin, misite thawhkik sak ding thu khensat thei (John 5:25–30) cih.

Anihna, Zeisu in “**teci**” lii tawh galdal hi – Tuiphumpa John (John 5:31–35), Ama bawl na lamdangte

(John 5:36), Pa Pasion (John 5:37, 38) leh Laisiangtho (John 5:39) ahi uhhi. Hih teci tengin Zeisu maipha ngah sak hi.

Athumna, John 5:40-47 sungah, Zeisu in Amah mawhna a zongte maiah **amau kisiatna** ding pulaksak in, Ama' nasepna leh amaute angsung zonna saikak sak hi. Amau' kisiatna ding zong, amau' lam-etna a neihpenna uh Moses (John 5:45-47) kiangpan hong pai ding cih.

Christ Upna maan taktak nei gige napi in Christ tungah ki pumpiak lohna hangin, Pasion upna sungmah ah koibang in thaang-awk thei ding ihi hiam?

FRIDAY
Ngaihutbeh ding:

October 4

“*Zeisu in cidamlo mipa tungah Pasion huhna bangmah genlo hi. Mipa lunghiang khaleh cidamlo lawh kha zaw ding hi. Tua mipa in Christ' kammal um ahih manin thahatna hong ngah hi.*”

“*Tua upna mahtawh eite' zong kha cidamna ngah ding hihang. Pasion' nunna pan mawhna in hong khenkhia a, i kha thazawm hi. Eima' thahatna leltak in, tua cidamlo pa sangin a siangtho zaw nuntakna hong neisak zo tuanlo hi.*”

Hih a thazawm mite dakto uhhen. Honpa in Ama' si tawh a tatsate, lungnem takin hong ensuk in **‘Na cidam nuam hiam’** hong ci hi. Cidam lungnuam in hong thosak nuam hi. Na cidam hun ding ngak se dah in. Ama' kammal um lecin, hong tangtung ding hi. Na lunggulhna teng Christ lamah koih in. Ama'na sep sawm inla, Ama' kammal tungah ding peuh lecin thahatna nangah ding hi.

Gilopa' nasepna khatpeuh peuh tungah Topa in amau' kha leh pumpi hehpih in veii a, Christ in khahkhia thei a, zong khahkhia nuam hi. 'Mawhna sungah a sisa' te, Amah in nuntakna hawm ding hi (Eph. 2:1). Mawhna sungah thanemna leh kamsiatna sik-khau in a hencip te Amah in khahkhia ding hi'—Ellen G. White, *The Desire of Ages*, p. 203.

"Zeisu in min daisakna mawhsakna nial khin hi. Keima thuneihna hi cihhi. Note'n nong mawhpaih denkeei uh pen, Keimah in Pasion' Tapa kahi a, Amah tawh lung kituak ngüimna kituak hi ung cihhi."—*The Desire of Ages*, p. 208.

Kikupding Dotnate:

1. Tukul sinna teng ngaihsun kikin. Hih damsakna tengin upna hang bek hi. Makaite ahieh uhleh, uplahna leh uplohna vive lak uhhi. Banghang in lunghianna peuh tawh thu dongin lungsim buaihuai lo hiam? Banghang in kibanglo uh a, a kibatlohna banghang in telphat huai hiam?

2. Thursday' dotna nunung pen enkih in. Seventh-day Adventist te in, hih lauhuai nate banghang in kidop kul phadiak hiam? Sabbath hohtak tang in, misi dinmun telcian mahmah hangin – tua thumaan in banghang in hong gum tuanlo thei hiam? Bang in koibang in eite hong gum hiam?

3. Kuhkal takin John 5:47 simin. Tuhun in leitung bup tuicin a tunna leh niguk sung pihsakna a nial mite in – hihteng ah Zeisu' vauna bang linlian in koici om uh hiam?

Lesson 2

October 5–11

PASIAN HIHNA LIMTE

SABBATH NITAKLAM

Tukalsung simding: *John 6:1–15; Isa. 53:4–6; 1Cor. 5:7; John 6:26–36; John 9:1–41; 1Cor. 1:26–29; John 11.*

Kamngah: Zeisu in, “Keimah in thawhkikna le nuntakna ka hi hi. Kei hong um mi in a sih hangin a nungta ding hi. Kei hong um a, a nungta mi peuhmah a si ngei kei ding hi. Hih thu na um hiam?” a ci hi. (*John 11:25, 26*).

Zeisu Christ in tawntung Tapa hi. Zeisu in Pa tawh Pasion hi a, pihsak hilo hi. Na khempeuh a kibawl lai in Zeisu zong abawl khat ahi hi (*John 1:1–3*). Tua bangin Zeisu omden a; Ama' omloh hun om ngeilo hi. Leitungah hong tuaksuk in leimi dinmun hong lak hangin, Pasion dinmun zong kemcing den a, hunlem a om ciangin a Pasion hihna pulak kiaukiau hi.

Hih thumaan in John ading thupi a, Christ in Pasion ahiehna lah nadingin Zeisu nalamdang bawlte simkik phapha hi. John in Zeisu Pasion ahiehna pen Ama' nasep teng bek tawh hilo, Ama' kammalte tawh zong hong lak hi.

Tu kal sinna sungah Pasion ahiehna a lahna lim lianbel thum ending hihang. Ama' nalamdang bawl khempeuh pen, mite in um mello in thupi ngaihsut mello uhhi. Pawl khat bangin Zeisu nutsiatna peuh in neizaw; pawlkhat in mittawtna peuh, pawlkhat in Zeisu thah theihna'ng thaang peuh in nei uhhi. Pawlkhat a dingin bel – Zeisu in Messiah hi ci in uptheihna in nei uhhi.

SUNDAY

Tulnga Vakna

October 6

John 6:4, 5 sungah, sawltakpa in tulnga vakna pen Paisan pawu nai mahmah ta ci hi. Paisan pawu pen Egypt pan Israel a kihotkhiat phawkna ahi hi. Paisan tuuno in ta-upa sihna aiawh ahi hi. Zeisu in eite aiawh in a sihna limpua ahi hi. Singlamteh tungah eite' tawh a kilawm teng thuak in eite' mawhna Amah'n thuak hi. Christ, eite' Paisan' Tuu pen eite ading taktak mahin kigo hi (1 Cor. 5:7).

“Palsat mawhna teng Amah'n pua a, A Pa' mai kimu saklo ahih manin, Ama' lungsim kitamkham in Ama' nuntakna kisia hi. Hih kipiakna khempueh pen mawhneite tatkhiatna ding ahi hi”—Ellen G. White, *The Great Controversy*, p. 540.

John 6:1–14 sim in. Zeisu leh Moses kikal a kizawitawna bangteng om hiam? Tanglai a Moses' nasepna tungtawn in mipi te'n a pilna ngahte uh phawk kikna dingin Zeisu in zong bangteng peuh sem hiam?

.....

Zeisu' nasep tampi takmah in Paikhiat lai a Moses nasepte tawh kizawitawn mah mah hi. Paisan pawu (John 6:4) in Egypt pan suahtakna kawh hi. Moses in Sinai mual tung a kahtoh mahbang in Zeisu in zong mualtung kahto hi (John 6:3). Israel mite gampa lakah a ki zia-et mahbang in, Zeisu in zong Philip zia-et hi (John 6:5, 6). Tanglai manna phawkna in khomun pungsak hi (John 6:11). A khamval tenguh kaihkhop kikna in zong (John 6:12), Israel mite'n manna khomun a tawp uh limpua uhhi. Zeisu pen leitung

T-2

a hong paisuk kamsang hi a cihpen in zong (John 6:14), Paikhiatna 18:15 sunga “Moses bang kamsangpa” acih tawh kizawitawn mahmah hi.

Tua hi a, John in Zeisu pen lim leh na lamdang bawl cihciang bek hilo a, tua lim leh na lamdangte pen, Jew mite adinga khiatna tuam nei in bawl cihzong hong lak hi. John in Ama' Pasion hihna zong hong pulak hi.

Isaiah 53:4–7 leh 1Peter 2:24 simin. Zeisu in Pasion' Tuuno ahihna bang thumaan hong hilh hiam? Hih thumaan in Ama' Pasion hihna tawh koibang in kizom a, tua thumaan in eite theihhuai thumaan ahihna banghang hiam?

MONDAY

“Amah Kamsang Hitaktak hi”

October 7

John 6:14, 15, 26–36 sim in. Mipite in Ama' nalamdangte koibangin dawngkik uh a, Amah aki pulak nadingin tua thu koici zat hiam?

.....

Judean mite in Rome mite nencipna panin a suahtak ding leitung messiah lam-en uhhi. Galmai ah a haksa pen thunih in galkaphon anvak leh aliam asi mite don mah hipen hi. Nalamdang bawltheipa Zeisu in anihgel in hihthei lel hi.

A hihhang Zeisu hong paina tuathu hilo a, nalamdang zong tua ading hilo zel hi. Mi tulnga vakna tangthu in Pasion kiangpan in hong tuaksuk ngiat Zeisu pen Nuntakna Khomun ahihna lim hong lahna ahi hi.

“*Keimah in nuntakna khomun ka hi a, Kei kiangah hong paite gilkiial nawnlo ding hi*” cih.

“**Keimah**” pen Lungdamthu John sungah sagih vei a omna lakah a masa pen hi a, “*Keimah*” cihpen, “*nuntakna khomun*” *John 6:35*; “*leitung khuavak*” *John 8:12*; “*kongvang*” *John 10:7, 9*; “*Tuucing Hoih*” *John 10:11, 14*; “*thawhkikna leh nuntakna*” *John 11:25*; “*lampi, thumaan leh nuntakna*” *John 14:6*; “*lenggui taktak*” *John 15:1, 5*) cihte tawh kizom zel hi. Hihte khatsim in Zeisu thu thumaan pulak uhhi. Tua “**Keimah**” in Paikhiatna sung a Pasian in Moses tungah aki pulakna ah alian Keimah acihpen kawh hi (*John 8:58 enkak*). Zeisu in alian Keimah hi a, mipite in tuathu phawklo uhhi.

“*A lungkim zolo amaute in, nalamdang hizah in bawlthei ci-in teci pang liang pa in amite cidamna, thahatna leh hauhna pia in, amaute a nengniam khutte panin khahkhia in tuate tungah lamto in pahtawi theilo ding hiam ci uhhi. Pasian in hong sawl hi ci napi, Israel’ kumpi suah ding nial cihpen bang thuthuk om hiam ngaihsun zolo uhhi. Ama’ nialna zong telkhial lai uhhi. Mi tampi in, Amah Pasian taktak ahihna um zolo in lunghiang lai hiding ci uhhi. Tua bangin uplohna lamah amau’ lungsim kong hong uh a, Satan in zong tua bang khaicite, telkhialhna leh melhemna vawh hi*”—Ellen G. White, *The Desire of Ages*, p. 385.

Tua mite in tawntung nuntakna thumaan sangin, leitung hamphatna vive lam-en zaw uhhi. Eite zong i kikepsiam keileh tuabang thaang hong kisiah gige hi.

Khalam nate sangin, leitung na peuhin hong hencip lohna ding koici kidop ding hiam?

TUESDAY

October 8

Mittawpa Damsakna: Khen 1

John 9:1–16 sim in. Hihpa mittawtna pen nungzuite in banghang cih um a, Zeisu in amau’ upkhialhna koibang in puahphat sak hiam?

.....

Nungzuite in mawhna leh natna kizomsak uhhi. Laisiangtholui sungah zong tua bangthu ommah a (*Pai. 20:5*; *2Kumpi 5:15–27*; *2Kumpi 15:5*; *2Khang. 26:16–21 enkak*), ahihhang Job’ tangthu in tuabang kizop sakna hong kidawm saktei hi.

Zeisu in thu lem in, mawhna leh thuakna khensak selo in, hihthu pen a sangzaw ngimna, Pasian’ min thanna dingin damsakna hi cih. Hih thu in Piansakna tangthu tawh a kinai mahmah, mihing pen leivui tawh abawl (*Pian. 2:7*) ahiah mahbangin Zeisu in tua mittawpa anu’ gilsung panin a kimangngilh leivui a behlap sak ahi hi.

Mate, Mark leh Luke sungah tuabang tangthu honkhat om a: a buaina pulak sak, Zeisu kiangah paipih, damsak leh Pasian’ minthanna ding in damsakna cihte kizom suksak hi.

John 9 sunga tangthu kizom diudeu pen tang 7na ah tawp hi. John in tua na lamdangte muhna zaizaw tawh limlak a, cidam ngahpa leh biakna makaite kikal ah kikap ding thu saupi omsak hi. Tua kikapna sungah thunih a kikhok kopnih – mawhna/Pasian’ nasepna leh mittawtna/khuamuhna ahi hi.

Laisiangtho cih ahi hetlo, ngeina ombang lel hileh, hih Zeisu' cidam sakna pen Sabbath palsatna hi cihpen John 9:14 ah pulak pan hi. Tua thu hangin Pharisee te in Sabbath palsatpa ci-in ciamteh uhhi. Amau' ngawhna ah "Amah in Sabbath tanglo" ahieh manin, Pasian kiangpan hongpai hilo ci uhhi. Pawlkhat leuleu in mawhnei khat in tua bang lim bawl thei ding hiam cileuleu uhhi (John 9:16).

Tua a kikapna te tungtawn in, pawl kikhenna hong piang hi. Mittawpa ahiehleh, Zeisu hong theitel semsem zawsop a, biakna makaite ahiehleh, Zeisu' dinmun maan tel zolo in, mittaw semsem zaw uhhi.

Eima' muhna ah maan i saklel ngeina leh eima upna lel tawh, thumaan thutak i melsiah khaklohna ding kidop theihna'ng hih tangthu in bang hong hilh hiam?

WEDNESDAY

October 9

Mittawpa Damsakna: Khen 2

John 9:17-34 sim in. Makaite in mittawpa bang thu donguh a, amah'n koici dawn hiam?

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Thu kikapna buppi Zeisu' tawh kisai thu teng hinapi, Amah in a gamtang pipa a hihlohna John 9 sungteng bek hi ahi hi. Mawhna tawh tua tangthu kipan hi napi (John 9:2), Sabbath ni in cina a damsak manin Pharisee-te in mawhnei hi ci uh a (John 9:16, 24), damna ngahpa zong "mawhna bulomtangpi sungah piang" (John 9:34) cilai uhhi.

Thu kilehbulh dikdek hi. Mittawpa in khua mu semsem, a pumpi bek hilo, a kha tawh Zeisu muhna sungah khangto in umthei hi. Pharisee te ahieh uhleh, a mit uh mial semsem in, bangmah tel zolo in Zeisu tungtang ah phelnih kisuah uh a (John 9:16), koipan hongpai cihzong thei zo nawnlo uhhi (John 9:29).

Nalamdang teng a simkik manin Zeisu hihna taktak a genkhia thei hizaw hi. John 9 sunga nalamdang in lungdamthu dangte tawh kilamdang sak hi. John in Zeisu pen Leitung Khuavak cih (John 9:5 leh John 8:12 enkak). Tua tangthu in Zeisu' bul thuthuk zong hong hilh hi. Amah kua hi a, koipan hongpai, bang sem cihte ahi hi (John 9:12, 29 leh John 1:14 enkak). A piang masa thu lamdang sunga Moses zong hiteng ah hong daw k kik hi (John 9:28, 29; John 5:45, 46 leh John 6:32 enkak). A tawpna ah mipi dawnkikna zong om hi. Pawlkhat in khuavak sangin khuamial deihzaw uh a; a dangte in upna tawh a dawngthei uhhi (John 9:16-18, 35-41; John 1:9-16, John 3:16-21, John 6:60-71 enkak).

Biakna makaite ahieh uhleh khalam a mittaw uhhi. Mittaw ngeipa in a kikona ah, "leitung piancil a kipan in pianpih mittaw khua a musak thei a omlam kiza ngei nailo hi. Tua ahieh ciangin hihpa in Pasian kiangpan hongpai ahieh keileh hibang hih theilo ding hi" (John 9:32, 33) aci hi. Himah taleh khalam makaite ahi biakna makaite in, Zeisu saang masa pen in Messiah himah acih ding uh sangsik un - nakhempeuh nial uh a, zong mulo uhhi. Zong munuamlo lai uh hi. Eite' lungsim in zong hong khemthei cih vauna khauh khat ahi hi.

1Corinth. 1:26-29 sim in. Paul laigelhte in hihte tawh koibangin kituak sitset a, tumah mah in tuate koibangin kituak theilai nasa hiam?

THURSDAY

October 10

Lazarus Thawhkikna

John 11 in lawm itpa natsiat dahna (*John 11:1–3*); ama' sihna tungtang kahna (*John 11:19, 31, 33*); a sanggam numei tegel in Zeisu hong omleh Lazarus silo ding hiven ci in a kahtamna; Zeisu mahmah khitui luang hi (*John 11:35*). Zeisu in Lazarus kiang a pai ding ninih ziakai a (*John 11:6*), a paibaih loh zong Amah nuam zawsop cilai hi (*John 11:14, 15*). Tua zong aki awilua zong hi tuanlo hi. Pasion' minthanna pulak nading acih hizaw hi.

John 11:17-27 sungah Lazarus a sihzawh ni lii sawtta cihi. Martha in ni lii khit peuhmah pen a pumpi muat nuam tading cihi. "*Topa aw, a sih zawh ni li pha zo ahih manin uih khin ta ding hi,*" (*John 11:39*) aci hi. Zeisu a ziakaina hangin mipi apai khempeuh in tua nalamdang pen lamdang sazaw sak hiding hi. A uihsa siluang thokik thei ding maw? Zeisu in Pasion ahihna a kipsakna ding bang dang kizam nawn hiam?

Nuntakna a piangsakpa Pasion hi a – Zeisu in sihna tungah ukzawhna nei hi. Tua hi a, Lazarus sihna tungtawn in Ama' hihna "*Keimah in thawhkikna le nuntakna ka hi hi. Kei hong um mi in a sih hangin a nungta ding hi. Kei hong um a, a nungta mi peuhmah a si ngei kei ding hi. Hih thu na um hiam?*" (*John 11:25, 26*) cih thuthuk pulak khia theita hi.

John 11:38–44 sim in. Ama thu pulak kipsak na'ng Zeisu in bang hih hiam?

.....

Zeisu in Amah leitung khuavak (*John 8:12; 9:5*) cih lahna in mittawpa khua musak a (*John 9:7*), sihna pan in

Lazarus a photkikna tawh, Amah thawhkikna leh nuntakna ahihna pulak hi (*John 11:25*).

Adang nalamdangte sangin hih nalamdang in Zeisu pen Nuntakna pia Pasion ahihna lak hi. John in Zeisu pen Pasion' Tapa hi acihpen khauhtak in kipsak a, Amah upna tungtawn in nuntakna neitheh hihang (*John 20:30, 31*).

Hih tangthu a tawpna lam (*John 11:45–54*) ah, upna a neihlawh mi tampi sungah (*John 11:45*), thu kilehbulh khat hong piang pak hi. Zeisu in misite thokik sakteh ahihlahm lahkha khin hi napi, hih mite in *thahna* tawh Amah khawlsak sawm uhhi. Pasion pilna vangliatna in mihing gitnat lohna tawh kikhai tabuang ei mataw!

FRIDAY

October 11

Ngaihsutbeh ding: Ellen G. White, *The Desire of Ages* laimai 383–394 sung "The Crisis in Galilee"; 524–536 sung "Lazarus, Come Forth"; leh 537–542 sungah "Priestly Plotting" simin.

"*Leitung ah nuntakna apia Christ' nuntakna pen A Thu ahi hi. A Thu mahin cina damsak a dawilo hawlkhia hi; A Thu in tuipi daisak, misi thosak; mipite in Ama' Thu vanglian ci uhhi. Laisiangtholui sunga kamsangte leh siate tungah a pausa mahbang in Amah'n Pasion' kammal paukhia hi. Laisiangtho buppi pen Christ ki pholakna hi a, Honpa in hih Thu sungmah ah nungzuite' upna kipsak nuam hi. Amah muhmauhna hun hong tun ciangin, tuathu in vangliatna bulpi hong suak ding hi. A Topa uh mahbang in, amaute zong 'Pasion' kampan hong luangkha thu' (Mate 4:4) tawh nungta ding uhhi.*"

“I pumpi nuntakna an tawh a kivak mahbangin, kha’ nuntakna zong Pasion’ Thu tawh kivak hi. Kha khempeuh in ama’ nuntak na’ngin Pasion’ kiangpan nuntakna sang ding uhhi. Eima phattuumna dingin pumpi an nek akul mahbang in, kha an zong nek kul hi. Midang khat lungsim khawng panpeuh in kingah theilo hi. Laisiangtho limsim ding hang a, a thu telsiang theihna hongpia ding Kha Siangtho, Pasion kiangpan ngen ding hi hang”—Ellen G. White, *The Desire of Ages*, p. 390.

Kikupding Dotnate:

1. Tukul in tulnga vakna, pianpih mittaw khat damsakna leh sihna pan Lazarus thawhkik sakna enkhin hihang. Munsim ah Zeisu in Ama’ Pasion dinmun kipsak nading nasem hi. Hih nalamdangte lamdang sathei mahmah napi-in pawlnih kisuah lawh zel uhhi. Pawlkhat in uplawh uh a, pawlkhat lunghiang uhhi. Tu hun in zong tuabang vangliatna nasia mahmah muhkhit nangawn in Pasion a nialnuam teitei om ding cih i ngaihsun thei hiam?

2. Hih tangthute in Christ pen Pasion’ Tapa cih hong lak hi. Zeisu Honpa ahih theih nadingin, koibangin Pasion’ dinmun phamawh hiam?

3. 1Corinth. 1:26–29 enkik in. Kum zalom 21 ciangin, tuamah bang hong hikik ding cih koici kimuh thei hiam? Christian te’ thu up a “*haivat*” bangteng hi a, Pasion nialna dingin “*cilehsa pilna*” bangteng om hiam?

Lesson 3

October 12–18

A NUNG TANGTHU: THU MAKAI

SABBATH NITAKLAM

Tukalsung simding: *John 1:1–5; Pian. 1:1; John 1:9–13; 3:16–21; 9:35–41; Mate 7:21–23; John 17:1–5.*

Kamngah: “A kipatcil in Thu a om hi. Thu in Pasion tawh a omkhawm hi. Tua Thu in Pasion ahi hi.” (*John 1:1. ZSV*)

Kaal masa sinna tawpna lamah John in lungdamthu a gelhna hangthu sinkhin hi hang. Tu kal in zong lungdamthu kipatna lam kilehkik ding hang a, John in amah pen Kha Siangtho in makaih in humuap cih hong theisak masa hi. Laisiangthothak laikungpute in a thu makai dingin, amau hihzawh zah ding pulak khol uhhi. Tua mahbang in John in zong, leitung buppi a huamcip ding Zeisu Christ’ thumaan – Piansakna mapek a thumaan te zong hong pholhkhia hi.

Tua pen laibu kipatna in hong nei a, laisim mi peuhmah in, tua laibu in gen selo mahleh, Zeisu pen Messiah hi cih thei veve uhhi. Laisimte in Zeisu’ tangthu a simkawm un, a thu bulphuhpi teng zong mu theipah ding uhhi. Hih a thu bulphuhpi teng mahmah in leitung ah Zeisu hong nuntak hun sungteng a tangthu sung mahah ompah hi.

Tukul sinna sungah Thumakai (*John 1:1–18*) leh a thu bulphuh teng tomlakna hi ding hi. Tua thu bulphuh tengmah John’ lungdamthu sungah om kawikawi ding hi.

SUNDAY

October 13

A Kipatcil in — Pasion' Thu**John 1:1–5 sim in. Hih thute in Zeisu Christ pen Thu cih hong koici lak hiam?**

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John lungdamthu in thu lamdangpi khat tawh kipan hi: “A kipatcil in Thu a om hi. Thu in Pasion tawh a omkhawm hi. Tua Thu in Pasion ahi hi.” (John 1:1). Hih thugui sungah eite tel zawhloh thu honkhat mah om hi.

Amasa in, sawltakpa in Piansakna tangthu tawh thupan a “A kipatcil in” (Pian. 1:1) cih. Vannuai a kipatma in Thu ana omkhin zo hi. Tuabang in Zeisu om tawntung a hihna John in pulak hi.

Azom, “tua Thu in Pasion tawh omkhawm” cih. John 1:18 sungah John in tua Thu in “Pa’ ang sunga om Tapa” cih. A cihnopna telcian zokey taleng: Zeisu leh Pa pen kinai kholh mahmah cihna ahi hi.

Tuakhit teh, “Thu in Pasion ahi hi” cih. Thu in Pasion tawh omkhawm napi koi bang in Pasion hithei hiam? A dawnna pen Greek pau sungah om hi. Greek pau in Pasion ahihna tangtak in gen hi. “Thu in Pasion tawh omkhawm” a cihna ah Pasion a cihpen **Pa** a cihna ahi hi. Tua Thu in Pa tawh omkhawm hi. “Thu in Pasion ahi hi” a cihna ah, Pasion cih kammal in Pasion hihna kawc ahi hi. Zeisu in Pasion hi a – Pa ahilo, Amah in Pasion’ Tapa, ami nihna Pasion ahi hi.

Sawltakpa in hihthu telcian ahih manin John 1:3, 4 sungah Zeisu in na khempeuh a bawlp a cih. A om ngeilo na khat peuhin Zeisu, Piangsakpa Pasion hangin hong omta hi.

“Tawntung hun panin kipan Topa Zeisu Christ in Pa tawh omkhawm; Amah in “**Pa’ lim**” Ama’ liatna leh thupitna ‘vangliatna taansakna’ ahi hi”—Ellen G. White, *The Desire of Ages*, p. 19.

Christ in Pasion ahihna pen eima’ upna sungah banghang in thupi thei hiam? Zeisu pen piansaksa peuh nahi peuhmah leh bangteng aki suplawh tammaw? Kikum unla, Christ om tawntung ahihna in eite’ upna sungah a thupitna zong kikum lai un.

MONDAY

October 14

Tua Thu Mihing Hong Suak

John 1:1–3, 14 sim in. Hih munte in Zeisu mahmah Pasion ahihna bang gen a, tua thumaan in eite’ theih ngei thumaan khempeuh lakpan a thupipen banghang in hithei hiam?

.....

John in ama’ lungdamthu gelhna ah “**Zeisu**” pen Messiah, Christ cihpeuh tawh panlo in **Thu** (*logos*) na ci hi. John laigelh hunlai in, thusiam tampi in **thu** cih pen, vannuai leitung thu peuh, amau’ ngaihsutna teng peuh adingin zangthei uhhi.

Tanglai thusiampa **Plato** in zong gam peuhmah cialnih pha hi ci in khen hi. Khat pen vantung ah a kikhel

theilo, picing takin a omden gam cihi. Adang khat pen hi leitung gam hi a – kisia thei, kikhel thei, tunglam tawh etkakna in picinna nei vetlo dingin upna mun cihi. Thusiam pawlkhat leuleu in **thu** cihpen, tawntung nate leh a kisia thei hih leitung nate kikal a omteng hi ci uhhi.

John in tua *thu* pen a tuampi khatin pulak leuleu hi. John in tua *thu* cihpen, hih leitung leh vantung kikal a muhtheihloh in a om nakhat peuh ahiahloh zia kiptak in gen hi. Tua *thu* in mimal hi a: cilehsa hong suak in eite lakah hong om Zeisu Christ (*John 1:14*) hi cihi.

John in tua *thu* pen Pasion' Thu cihi. Pasion in hong kizoppihna, Amah mihing tungah hong kilahna: Pasion in eite mahbang hong suahna cihi.

Lungdamthu John sungah, **thu** in tawntung Pasion, hun khempeuh mun khempeuh ah om, paukhia, gamtang in mihing tetawh zong a mimal mahbang in hopih hi cihi.

John 1:14 sungah sawltakpa in, **thu** in “*cilehsa hong suak in eite lakah teeng*” cihi. Greek pau in **teeng** cih pen *buk lam in teeng* cihna ahi hi. John in Paikhiatna 25:8 sung a Pasion in Ama' teen theihna dingin Israel mite in buk lamsak ding a cihpen mankik hi. Tua mahbang in Sunglutna ah Pasion' Tapa Zeisu in, cilehsa hong suak in, Ama vanglian hong pulaklo ahiah manin, mihingte in Amah tawh kizom thei hi.

Hi tengah John' kammalte lungngai in. Piangsakpa Pasion mahmah in eimah bang mihing hong suak in eite lakmah ah hong teeng hi. (Ei ading hong sihsak zong thei mello lai). Pasion in ei hong it taktak ahiam i phawk hiam? Hih thumaan hangin bang hehnepnua peuh kingah lawh thei hiam?

TUESDAY

October 15

Thu a Ngai leh a Ngailo

John 1:9–13 sim in. Mihingte in Zeisu a khauhdawna John in bang teng gen hiam?

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Thu masa, John 1:1-18 in, Zeisu Christ' bek pulak hilo a, Thu (*logos*) in mihingte tawh a kizopna zong gen hi. John 1:9 in Amah pen *Khuavak taktak* hi ci a, leitung mi khempeuh taan khin cihi. Tua khuavak in leitung taan cihpen a kitezaw dingin **CS Lewis** in “*Zing nisuak bangin Christian upna ka um hi; kamuh manbek hilo, tua in nakhempeuh hong muhsak man hizaw*” cihi —“Is Theology Poetry?” (n. p.: Samizdat University Press, 2014), p. 15, originally presented 1944.

John 1:9 sunga kammal zong enlai in. Khuavak in mimalkim taan hinapi, mimal kimin khuavak sanglo uhhi. Zingciang sinna sungah, John lungdamthu sungah mihingte in Zeisu a saanna leh nialna uh thukhun sin ding hihang. Tua thukhun hiteng pan hong kipan hi. A dahhuai thusinna khatah Messiah pen Ama' mite Israel ading bekin hongpai ci uh ahiah manun, mi tampi in Messiah in sang zolo uhhi.

Rom 9-11 sungah, Paul in mite in Zeisu a nialna dahhuai zawtham thukhun khat pulak hi. Paul in, Jew mite leh Gentile mite in Zeisu pen amau' Messiah in sang khawm thei ding cih thuhohi tawh thukhup zaw hi. Gentile te in Jew mite tungah kisaktheih ding zong khaam hi.

“Banghang hiam cihleh Pasian in gamlak olive kung pan nang hong satkhia in nangma pian zia tawh kilehbulh in olive kung ah nang hong peh hi. Tua ahih manin Pasian in olive hiang taktak ahi amaute a kung tungah pehkik zaw peuhmah ding hi lo ahi hiam?” (Rom. 11:24).

Tua mah tawh a kibang in, John in Zeisu Honpa in a sang mi peuhmah Pasian’ ta suaksak hi cihhi. Tua zong Ama’ min upna tungtawn in piang ahi hi (*John 1:12, 13*).

Anuai ah Lungdamthu thumasa leh thukhupna kizopna om hi. John 20:31 sungah, sawltakpa in Zeisu Christ upna hangin Ama’ min suang in nuntakna ngah ding naci hi. Tua bangin thumasa leh thukhupna ki pumkhat thei a, a kikal a thupiang khempeuh thu kizom vive ahi hi. Hih kizopna pen Lungdamthu John ading a sangpen ngiimna hi a – mihing khempeuh pen Zeisu Christ pen Honpa in saanna tungtawn hotkhiat hiding uhhi.

Nangma nuntak kikhelna in koibang in Pasian’ ta hong suah thei hiam?

WEDNESDAY

October 16

Hong Kidawkkik Thukhunte – Upna/Uplahna

John 3:16–21; John 9:35–41; leh John 12:36–46 sim in. Hih munte in a thupatna ah upna leh uplahna koibang in Kidawkkik sak hiam?

.....

John’ lungdamthu sungah mihing pen khenpi nih in kikhen tawh kibang hi: Zeisu um a Messiah hi ci in a sangte leh, uptheih na’ng hunhoih om napi a teel nuamlote cihbang ahi hi.

Nungzuite pen *khen masa* pawl hi a, dam takin hong um thei Nicodemus, tuikhuk gei a numeinu leh pianpih mittawpa cihbang ahi uhhi.

A *khennihna* sungah, Pharisee-te, siampite, lamdang takin tulnga vakna sunga mite leh nungzui a hiliang Judas cihte ahi uhhi.

Muanna/upna cih kammalte pen (*Greek pistis*) hi a, Lungdamthu John sungah om ngeilo hi. **Um** cihna (*pisteuō*) ahihleh 98 vei tak om a, Laisiangthothak bup ah 241 vei om hi. Hih **um** cihpen John in thupisak mahmah hi. Um cih kammal in Christian khat hih theih nadingin hong gamtangsak pipen ahi hi. Zeisu sungah upna cihpen, sepkhiatna leh nuntakzia hi a, upna thugui kigual deudau-te hilo hi. Dawi gilote nangawn in Zeisu um uh hi (*James 2:19*).

John sungah tua mi pawlnihte’ kilamdanna pipen in Zeisu tawh a kizopna vive ahi uhhi. Thu-umte, thu um lai ding mite in hong pau hong taai phial taleh Ama tungah lungsim siangtho ding uhhi. Zeisu kiang hong pai ding uh a, taisan lo ding uhhi. Amah in amaute a taan Khuavak ahi hi. Upmuanna tawh Pasian’ tate hong suak uhhi.

Thu umlote ahih uhleh, Zeisu kiangah Amah do dingin hongpai uhhi. Amaute in khuavak sangin khuamial a itzaw uhhi. Zeisu thuhilhite pen amaute in ngeina luite palsat in mu uh in amau lam-et bang hi salo uhhi. Ama’ khuavak sungah amaute tungah thu khen sak ding sangsik in Amah tungah thu khen nuam zawsop uhhi. Amau’ gambup kha tawh ki makaih tawntung ahih manin Zeisu a saang masapen ding gam hi napi; biakna makaite’ lungsim pen hiteng ah hong kilang pha mahmah hi.

Zeisu in Messiah aihna tawh kilehbulh in, Zeisu sungah upna tawh koibang inki-nungta thei hiam? A kilamdanna banghangin telhuai nasa hiam? (*Mate 7:21–23 enin*).

THURSDAY

October 17

Hong Kidawkkik Thukhun – Minthanna

John 17:1–5 sim in. Zeisu in “Pa aw, a hun hong tungzo hi. Na Tapa in nang hong minthansak theih nadingin na Tapa zong minthangsak ta in” a cihteh bang a cihna hiam?

.....

Zanni sinna in, Lungdamthu John sungah Zeisu in kua hi a, bang sem cihte mihing lakah a nasepna teng mihing muhdan tangthu in sin khin hihang. Tuni ciangin, a Pasion hihna, Pasion lampan a tangthu John ciaptehna bangin sin ding hihang.

A thupatna pen vannuai tangthu tawh pan hi. Zeisu pen Pasion’ Tapa hi a, vannuai piangsak Pa cih. Nidang in a omngeilo na khat peuhmah Zeisu tungtawn in hong om cih. “*Na khempueh ama tungtawn a kibawl hi a, a kibawl nate amah lo tawh a kibawl khat beek a om kei hi.*” (*John 1:3*). John in Zeisu’ minthanna gen a “*Tua Thu, ci-le-sa (mihing) suak a, eite lakah amah a teng hi. Eite in ama minthanna - Pa kiang pana hong pai thutak le hehpihna a dim Tapa neihsun minthanna i mu khin hi.*” (*John 1:14 ZIV*)

Amah mihing hong suahna ding hong sunglutna bang ciapteh genbeh lai hi (*John 1:14*). John in **minthang**

T-3

cih kammal zang a (*doxsa, taang, tee, minngah, zahtak*) cihte leh minthangsak (*doxsazō, phat, zahtak, pahtawi, minphat*), mihing tungpan zahtakna leh Pasion kiangpan minthanna ngah cihna ahi uhhi.

John sungah, Zeisu in minthanna a ngahna pen, Ama’ hun tungta hi a; Ama’ sih nading hun tung cihna ahi hi (*John 2:4; 7:30; 8:20; 12:23–27; 13:1; 16:32; 17:1 enkak in*). Singlamteh in Ama’ minthan hun ahi hi.

Uphuai phalo bang aihna ah, singlamteh ah kikhaina limlim pen Rome-te in, a zumhuaipen leh a neuseh penpen mi-thahna ahi hi. Hibang lipkaphuai takin, singlamteh tungah Pasion omna tawh mihing tangthu leh Pasion kihenkop sak hi.

Mihing hihna tawh, genthei takin Zeisu si a, mawhnei simmawh thanem in “*Ka Pasion, Ka Pasion aw, banghang in hong taisan nahi hiam?*” ci in kiko hi. Hih mihing lam singlamteh khuamial pen Mate leh Mark in ciamteh uhhi (*Mate 27:46, Mark 15:34*).

Singlamteh minthanna lamteng ahieh Luke leh John in ciamteh uhhi (*Luke 23:32–47; John 19:25–30*). Tatkhiatna, hehpihna tawh Pasion’ Tapa in a Pa tungah a ki piakna mun ahi hi.

Thu kilehbulh lua: Pasion’ minthanna lianpen in Ama’ Maizumna lianpen sungah om a – leitung mawhna teng a puakkhatna ahi hi.

Pasion, Amah tek in singlamteh tungpan eite mawhna pan hong hon cih thu khengvalpi ngaihsun pha in. Hihthu in mawhna peuhmah bangzah siahuai cih hong hilh naci hiam?

FRIDAY

October 18

Ngaihsutbeh ding: EG. White, *The Desire of Ages*, pp 19–26 “God with Us” sim in.

“Topa Zeisu Christ, a omden Pasion’ Tapa, mimal kip in Pa tawh kipumkhat uhhi. Amah in vantung minthanna bulpi ahi hi. Vantung buppi a thunei pipa hi a, vanmite biakpiak ding pen Ama’ aa ahi hi. Tua pen Pasion va buluhna hituanlo hi (Pau. 8:22–27).

“Leitung pianma in Christ in Pa tawh omkhawm khin cih thumaan ah khuavak leh minthanna omkhin limlim hi. Hih khuavak in khuamial sungah a taang, hong paina bulpi Pasion’ khuavak a lengsak pen ahi hi. Hih thumaan in thuthukpi hi a, theih zawhloh thu thuk tampi hong theihsakna hi a, kuama naih theihloh, kuama ngaihsut zawhloh thuthuk ahi hi?”—EG. White *Comments, The SDA Bible Commentary*, vol. 5, p. 1126.

“Zeisu in ‘lei lakpan in Kei hong kikhai toh ciangin ka kiangah mi khempeuh ka kai ding hi’ (John 12:32 TDB) cih. Christ pen leitung mawhna hangin a sihsak Honpa hi cih mawhneite tungah lah ding hang a: Calvary singlamteh tunga Pasion’ Tuuno i et ciangin, tatkhiatna thuthuk in eima lungsim sung honglut manin, Pasion’ hoihna in kisikna hong piangsak hi. Mawhneite ading sihna sungah, ngaihsut zawhloh itna lian Christ in hong lak a; mawhnei in tua itna amuh ciangin, lungsim nip in, lungsim sukha in, a kha in mawhna teng phawk in kisiksak hi.

“Tua mite in thumaan deihna taktawh kipuahphat ding a hanciam uh ciangun, Christ vangliatna in amau kai hi. Amau’

*kha bangin huzaap cih theihloh hang, lungsim lawp in, a pualam nuntakna tawh gamtang uhhi. Christ in Ama’ singlamteh tung ensak ahih manin, amau’ mawhna in a balkeek Pa musak thei a, tua tungtawn in thukham theihna amau sungah hong lut hi” —Ellen G. White, *Steps to Christ*, pp. 26, 27.*

Kikupding Dotnate:

1. John in Zeisu Piangsakpa ahihna tawh banghang in thu pan sese hiam? Pasion’ thu sungah Piansakna a thupitna bangpeuh hong gen hiam? Laisiangtho sunga ombang in Piansakna thumaan i telcianna in banghang in thupi thei ding hiam?

2. Sunday’ sinna a dotnate lungngai kik in. Singlamteh tungah tawntung Pasion sihtaang in, piansaksa khatpeuh sizaw leh bangpeuh a piang tammaw? Zeisu in tawntung Pasion ahih sangin nadang khatpeuh hizaw leh, bangpeuh i suplawh tammaw?

Lesson 4

October 19–25

CHRIST IN MESSIAH AHIHNA TECITE**SABBATH NITAKLAM**

Tukalsung simding: *John 1:19–23; Isa. 40:1–5; John 1:29–37; Rom. 5:6; John 1:35–39; John 1:43–51; John 3:1–21.*

Kamngah: “Zeisu in, ‘Aman takpi kong cih in ah, mi khat a suahkik kei leh Pasian kumpigam sungah a lut thei kei ding hi,’ a ci hi.” (*John 3:3 ZSV*).

Zeisu in, “Aman takpi kong cih in ah, kei hong um mi in nuntak tawntungna a neizo hi. Keimah in nuntakna anlum ka hi hi” (*John 6:47*) a cihcih pen Laisiangtho mah tawh kipsak sitset cih kician mahmah hi.

Tua thamlo, Tui – lengtui suahna; tulsim mi khomun tawm bektawh vakna; ulian pa’ tapa damsakna; Bethesda bual a mipa damsakna; pianpih mittawpa khua muhsakna; sihna pan Lazarus thawhkik sakna cihte omlai hi. Thuhilpa in thudang tampi kaikhawm lai hi – Jew, Gentile, mihau, mizawng, pasal, numei, mi maimai, mipil, mipillo – tuate khempeuh in Zeisu kua hiam cih teci pang geingai uhhi.

John in, Pa ngiat in a teci panna, laisiangtho in a teci panna cihte Zeisu a ding teci panna in nei hi.

Tukal pen Tuiphum John teci panna vanglian tawh kipan hi. Teci dangdang te zong hong kipan uhhi: Andrew leh Simon Peter, Philip leh Nathaniel banah lam-et hetloh teci ahi Pharisee Nicodemus cihte ahi uhhi. A nunglam ah muhloh simtham in teci a pang John (*John 1:35, 40*) amah mahmah hi ngiat hi.

SUNDAY

October 20

Tuiphum John Teci Panna

Nungkal sinna sung ombang in, Lungdamthu John in Zeisu Christ in Thu hi a, Piansakma in omkhin cihtawh thupan hi. Tua thupatna sungmah ah Tuiphumpa John in Zeisu’ teci khatmah ahi hi. Jew mite in Messiah nih lam-en uh a, siampi dinmun leh kumpi dinmun ahi hi. Lungdam John in Tuiphumpa John pen Messiah hilo, Messiah taktak ading teci pangpa hi cih.

John 1:19–23 sim in. Tuiphum John in zong ama’ nasep in bang hi ci hiam?

.....

Biakna makaite in John pen kua hiam cih siampite leh Levite in dongsak hi. Judea gam Messiah aki ngaklah danpen, Tuiphumpa in keimah hi ing a cih ding thupi lam-en keei uhhi. Amah Khuavak hilo a, tua Khuavak teci a pansak ding leh Messiah hong paina lampi sialsak dingin Pasian kiangpan hong pai ahi hi (*John 1:6–8*). Tua hang mahin amah in zong “Keimah in Khazih ka hi kei hi” (*John 1:20 ZSV*) ciziau hi.

John in tui tawh tuiphum ahiihang, Christ in ahiihle Kha tawh tuiphum ding hi (*John 1:26, 33*). John pen Zeisu’ khedap khua phel ding nangawn in kilawmlo hi (*John 1:27*). John omma in Christ omzo ahiih manin, John sangin Christ ki pahtawi zaw hi (*John 1:30*). Zeisu in Pasian’ Tapa hi a, John in Amah pholak hibek hi (*John 1:34*).

Isa. 40:1–5 leh John 1:23 sim in. Hih kammalte John in koici zat hiam?

.....

Lampi neu in suang a kidim hunlai in, kumpite pai theihna ding lampi tungah a zum a hiam te mawlsak ding lam sial dingin sawltakte ki maitai khol sakthei zel hi. Tua mahbang in genkholna a picinna dingin, Zeisu hong paina ding mihing' lungsim sialkhol dingin John hong pai ahi hi.

Ei Seventh-day Adventist te in Tuiphumpa John nasep bangte koibangin i sem thei diam? Koibangin a kizawitawn thei tammaw?

MONDAY
Pasian' Tuuno

October 21

Hebrew minam bup in Rome khut sungpan amau a suahtak ding Messiah lam-en uhhi. Lungdam John nasepna mungtuppi in, Messiah tungtang telcian ding leh Zeisu pen genkholhsa hong pai ding Kumpipa ahihnam theih sak ding cih ahi hi. Messiah pen leitung ukna nei hilo ding hi. Laisiangtholui in Ama' thu a genkholhsa, leitung ading hong kipiak ding leh Pasian leh Ama' mite kikal ah kizopna thaksuah ding cihte a picing sak ding in hong pai ahi hi.

John 1:29–37 sim in. Tuiphum John in Zeisu' tungtang bang tangko hiam? Bangin Amah limpua sak a, Zeisu in kua hi a, Ama' mission in bang hi cih telcianna ding banghang in thupi hiam?

.....

Tuiphumpa in Zeisu pen Pasian' Tuuno acihpen in, John' lungdamthu kipsakna zong hi a, Messiah' nasep leh

omzia taktak zong thaksuah in telcian sakna zong ahi hi. Piansil 3:15 sunga kamciamsa ahi Tankhiapa acihpen Zeisu hi a, Amah hong ki piakhia ding acihpen tangtung sak ding hi.

“Zeisu ki-tuiphum lai in, John in ‘Amah Pasian’ Tuuno hi’ acih ciangin, Messiah’ nasepna sungah khuavak thakhat hong taang hi. Kamsangpa lungsim sungah Isaiah’ kammal ‘A kigo ding tuu bangin Amah kipaiph a’ (Isa. 53:7) cih hong lutvat hi”—Ellen G. White, *The Desire of Ages*, p. 136.

Mark 10:45; Rom. 5:6; leh 1Peter 2:24 sim in. Hih munteng in Zeisu pen “Pasian’ Tuuno” ahihna koibangin hong telcian sakthei hiam?

.....

Tuiphumpa John in Zeisu' nasep kician takin a theih ding a kikap mahbang in, Zeisu pen Messiah hi a, genkholna khempeuh a tangtung sak ding Pa cih telcian mahmah lel hi.

Zeisu in “Pasian’ Tuuno!” cih dinmun kuhkal takin ngaihsutsak in. Nangma lungsim sungah bang lim hong piangsak a, Laisiangtholui sunga gangawh biakpiakna teng khempeuh in tatkhiatna manphatna tawh kizom cih koibang in hong telcian sak naci hiam?

TUESDAY
John’ Nungzui Nihte

October 22

Zeisu hong paiphei laitak in Tuiphum John geiah a nungzuite nih ding gige hi. Tua leh John in *“En un, Pasian’ Tuuno!” (John 1:36)* civat hi. Christ tungtang, Laisiangtholui

in **Messiah** ci-in a gengen pen a tangtun nading, John' thupuak pen ama' nungzui nih in za gige hi. John' nungzui nih in zong Tuiphum John sangin, Zeisu lianzaw a, Tuiphumpa thupuak teng a tangtunna cih a theih uh ciangun, amah nusia in, Zeisu' nung a zui uhhi.

John 1:35–39 sim in. John in Zeisu tungtang a teci panna a zakciang un hih nungzui nih in bang hih uh hiam?

.....

Zeisu tawh kikhawl nuam ahiah manun Amah tawh ni nih taam uhhi. Tua lai ah nalamdang bangteng mu kha sinkha uh cih kua'n thei mawk ding? Midangte tungah tua bang thu a hopsawn nopna uh sawtpi pekpan hikhin a, a thu sinkhak uh nasia mahmah kha ding uhhi. Nih lakah khatpa Andrew hi a, ama' sanggampa Simon kiangah "*Kote in Messiah na mukhin ta ung*" (*Pasian sathua nilhpa*) (John 1:41) ci in ko pahlian hi. Andrew in ama' sanggampa Zeisu kiangah a paipih phetleh, Zeisu in nang Kong theikhin hi, "*Nangmah in Jonah' tapa Simon na hi a, Na min Cephas kici ding hi*" (John 1:42) a cih. Zeisu in Peter ana tellua ahi hi. John lungdamthu sungah a gamtang dingpa cih Zeisu in nathei khinzo hi (*John 2:24, 25 en lecin*).

"John leh Andrew in, thu umlo siampite leh ukpите bangin dawivei hi peuhmah leh, Zeisu' khephung ah thusin dingin kism kha hetlo ding hi. Zeisu' nasepna khaung a gensia ding leh thukhen ding peuh in hongpai lel ding a, nungzui masa suak hetlo ding uhhi. Tuiphum John thuhilhna panin Kha Siangtho sapna dawng thei pah lian uhhi. Vantung Siapa' aw telthei pah uhhi. Amau' lungsim sungah vantung khuavak in Lai siangtholui thu hilhna taansuk hi. Maitang tampi anei

thumaan in khuavak thak in hong dingkhia ta hi" —Ellen G. White, *The Desire of Ages*, p. 139.

John Lungdamthu laibu buppi sungah, Zeisu pen kua hi hiam cih khuavak puakna vive hiding a, tua thupuak pen leitung buppi ah ki hawmsawn ta ding hi.

Christ leh Christ sungah nangma upna in nangma nuntakna koibang in hong khelsak ngei hiam? Bang kikhelna khawng na lam-en lailai hiam?

WEDNESDAY

October 23

Philip leh Nathaniel

John 1:43–46 sim in. Philip' in Zeisu sungah upna neikhin cih ama' thupuak bang penin hong lak hiam?

.....

Philip pen Andrew leh Peter mahbang in Bethsaida pan ahi hi. Philip in ama' lawmpa Nathaniel kiangah Zeisu' thu gen hi. Tuiphum John in "**Pasian' Tuuno!**" ci khin hi. Andrew in zong Peter kiangah "**Messiah**" mukhin ung cih. Philip leuleu in Zeisu pen Moses leh kamsang dangte gensa mahbang in amin behlap sak in "*Nazareth mi Zeisu*" na cih. Nazareth min a lawhna pen a lawmpa gen thu a panpihna hihtuak hi.

Nathaniel leuleu in Nazareth khuaneu haza pian hihtuak hi. Hibang khuata lel panin tuabang kumpi hong piang loding ci hi. Tuabang hazatna in mihing khat a manphat taktakna mu zolo khop dingin hong mittaw sak thei hi. Philip in Nathaniel tawh a kihona panin, tuabang hazatna peuh in, leitung thu ahi a, Pasian' thu ahi zongin

nial tentan hilo zaw in, mikhat' lungsim sungah thumaan a lut theihna ding hizaw hi cih theihlawh tuak hi. Amah'n bel "Hong pai inla en in" ciziau hi. Hong pai takciang inbel mupah lel hi.

John 1:47–51 sim in. Zeisu in Amah kua ahihna tawh Nathaniel koibang in thuzawh a, Nathaniel in zong koibang in dawng thuk hiam?

.....

A taang 46 leh 47 kikal teng a, Philip' sapna teng Nathaniel in a dawnna teng a neng atawng in om khinlo hi. Amah ding in en ding in paipah hi. Nathaniel in Philip a itna sangin Nazareth khua a hazatna lianzaw a, tua hunpan kipan in ama' nuntakna a kikhel ding kisanthe hi. Zeisu in Nathaniel thu a hoihzaw in gen a, hihpa pen Israel mi taktak hi a, ama' sungah zuauthu omlo hi cih (*John 1:47*). Nathaniel kampauna tawh a kilehbulh in Zeisu pauzaw hi (*John 1:46*). Nathaniel in Zeisu mu ngei nailo ahih manin lamdang sakna tawh dawng kha hi.

Tua ciangin Zeisu in theikung nuai ah kong mukhin hi ci a, tua kam tomno in Nathaniel thuzawh ziau hi. Nathaniel in thumaan deihlua in theikung nuai ah a thunget laitak in Zeisu in vantung mit tawh mukhin hi (*Ellen G. White, The Desire of Ages, pp. 140, 141*). Nathaniel in Zeisu pahtawina in *Rabbi, Pasion' Tapa* leh *Israel Kumpipa* hi aci hi. A neupen pulakna khat in a lianpen upna pulakna piangsak thei cih phawk in.

THURSDAY
Nicodemus Teci Panna

October 24

John 3:1–21 simin. Nicodemus' teci panna in John' Lungdamthu tawphah koibang in thapia hiam?

.....

Nicodemus pen Israel te mi zahtak leh a hau Sanhedrin lutpa khat ahi hi. Ama' teci panna in John' Lungdamthu pen thu tampi mah tawh thapia hi. Amah in Zeisu' bawl limte leh Ama' nasep ading in "**Rabbi**" naci hi. Nicodemus mapek in Zeisu ana theikhin hi a, Zeisu in Messiah ahihna thapia khinzo hi.

Nicodemus a hihleh, Zeisu in hong sam ci ziau lel a, vantung in Zeisu pen Lai siangtholui sung a Messiah' thu a genkholsa teng picinna ahihlah thei selo hi. Tua hang mahin, Nicodemus in lunghiang takin hong pai hi a, tualai ciangdong pen Zeisu in Christ ahihlah phawk zo nailo hi.

John 3:3–21 sim in. Nicodemus in, Zeisu tungtawn in Amah amuh theihna'ng Zeisu in bang gen hiam?

.....

Zeisu in mimal' in lungsim hong tel hi. Zeisu in Nicodemus a dawnkikna pen simmawhna bang hiphial taleh, Ama' deihna a tut dong genpha hi. Jew te in, Gentile mite peuhmah pianthak kul ci in umuh a, amau Israel mite, Pasion' teeltuam mite mah zong a pianthak uh kul ding cih theikha vetlo uhhi. Hotkhiatsa in kuamah piangkha lo a, minam ahi a, pawlpi tawh ahi zongin kihonkhia lo hi.

Jew mite' luah gamh pen tanglai Abraham tungpan hi a, hamphatna tuamtuam nei cih dot kullo lel hi (*Rom. 3:1, 2*). Hi taleh tua bek tawh hong kicing samlo hi. Nicodemus pen Israel ukpa leh siapa khat hiliang napi, tunglam pan a pianthak mah kul veve ding cih Zeisu in sawl hi.

Nicodemus in khalam a theihlahna tengmah tawh Zeisu in talsik pah in, “*Nang, Israelte siapa khat hi napi in hih thute thei lo zawzen na hi hiam?*” (*John 3:10*) cih. A zahtakhuai siapa khat in koibang in hi thute theilo thei ding nahi hiam? Kitaai dan khauhgiap lel hi. Nicodemus in Zeisu tungah bangthu peuh dong taleh, a nunglam ciangin Ama' nungzui khatmah nahi veve lel hi (*John 19:39 en in*).

“Piangthak” cih in bang cihna hi a, Zeisu in banghang in hibang cisese hiding hiam?

FRIDAY

October 25

Ngaihsutbeh ding: EGWhite, *The Desire of Ages* laimai 167–177, “Nicodemus” sim in.

Nicodemus in a thumaan zondan tumdang deuh a, thukhun peuh kinial ding hilo, kha nuntakna ngahna ding bek ahi hi. Kha Siangtho makaihna tawh vantung gam hong muthei ta hi. “*Upna tungtawn in Pasion' hehpihna kisang thei ahihhang; upna in Honpa hipah lo hi. Man hong ngenlo hibek hi. Christ i letcipna khut in Ama' lainatna tawh mawh thoih damna hongpia hi. Kisikna pen maisak taktakna tawh Christ kiangpan hong pai ahi hi.*”

“*Tua ahihleh koibang in hotkhiat hithei ding? ‘Moses in gamlak ah gul akhai mah bangin’ Pasion’ Tapa zong kikhai*

*ding a, gul in a tuksa leh a khemsa mi khempeuh in en peuhleh nungta ding uhhi. ‘En un Pasion’ Tuuno, leitung mawhna khempeuh puakhia hi’ (John 1:29). Singlamteh panin hongtung tua khuavak in Pasion’ itna honglak hi. Tua itna in Ama’ kianglam hong kai hi. Hih kaihna nialkei peuhheng, eite mawhna hangin hong kikhaipa’ singlamteh phung ah kisikna tawh eite hong kaikhawm ding hi. Tua ciangin Pasion’ Kha Siangtho in upna tungtawn in eima’ kha sungah nuntakna thak hong guan ding hi. I lunggulhna khempeuh tawh Christ deihna mang ding in hong makaih hi. Lungsim, ngaihsutna khempeuh in Ama’ lim sun in hong bawlhak a, nakhempeuh Amah hong aapsak hi. Tua ciangin Pasion’ thukham eite’ lungtang tungah kigelh ta a, ‘Nangma deihbang hihna ah nuam kasa hi, ka Pasion aw’ (Late 40:8) kici theita hi”—EG. White, *The Desire of Ages*, pp. 175, 176.*

Kikupding Dotnate:

1. Tuiphum John in Zeisu ading lamsial in hongpai hi. Mihing’ muhna ciang beek tawh etsak lelleng zong ama’ nasepna gualzo mahmah lel hi. Na dawna ding na ngaihsut kawmun: Khalam ah “gualzawhna” koibang in hilhcian ding nahi hiam?

2. A nunglam ciangin, Tuiphum John in lunghianna pawlkhat neikha hi (*Mate 11:2, 3; Luke 7:19*). Bangin tua dotna piangsak a, upna sungah kip theihna dingin, bang kisin kul hiam?

3. Pawlpi sungkhawng ah makaipi, pilna nei pipi khawng mahin, Nicodemus mah bang in Kha lam thumaan peuh tel zolo thei uhhi. Tuabang munah bang pilna peuh i ngah thei ding uh hiam?

Lesson 5

October 26–November 1

SAMARIA MITE TECI PANNA**SABBATH NITAKLAM**

Tukalsung simding: *John 4:1–42; 3:26–30; Jer. 2:13; Zech. 14:8; Ezek. 36:25–27.*

Kamngah: “Amaute in tua nu kiangah, ‘Nangma genna hangin a um ka hi nawn kei uh a, komau mahmah in a thugen za in, leitung mite honkhia taktak dingpa cih thei ka hih manun a um ka hi uhhi’ aci uhhi” (*John 4:42*).

Samaria mite kuate hiam? Israel gam saklam tengpen Assyria te in BC 722 kum in gamsung daih nading ci in galmat khin uh a, gamsung mun khempuuh ah thehthang gawpta uhhi. Tua mahbangin mundang panin hong kipaipih mite zong Samaria gam sungah tenguh a, Samaria gammi hong suak uh in, amau’ minam ngeina tawh Judah biakna bia uhhi.

Jew mite tawh amau’ kizopna uh bel hoih hetlo hi. Babylon panin hong ciahkik Jew mite’ biakinn lamkikna bang pen hong langdo uhhi. Amau Samaria mite’n ahiehleh **Gerizim** mualtung ah amau’ biakinn a lamkhin zaw uhhi. Tua biakinn pen Jew makaite **John Hyrcanus** in BC 128 kumin suksiat sakta hi

Christ hunlai in zong hih lungsim mah pualai uhhi. Jew mi peuhmah in Ahiehtheih zahin Samaria mi peuhmah pelh uhhi. Sumlehpai bel thukhat ahihthei hang, thudang peuh mah kizoppih lo sitset uhhi. Jew peuhmah in Samaria mi tungpan in leitawi lo bek tham lo bangmah lalo uhhi.

Tuabang bilbial thu om kawmkal ah, John in Zeisu in tuikhuk geia Samaria numei nu leh, Samaria khuapi **Sychar** khuamite tawh a kihona teng John in na ciamteh suk hi.

SUNDAY

October 27

Langpanna Hong Piankhiatna

John 4:1–4 sim in. Samaria gamsung ah Zeisu a paisak bangthu hiam?

Tuiphum John sangin Zeisu in mitam tuiphum zaw cihthu Pharisee mite in hong theikhia uhhi. Hibang thu in John’ nungzuite leh Zeisu’ nungzuite kikal ah thubuui omsak thei hi. John’ nungzuite in, amau’ topa’ min hoihna ading in hazatna nei khinkhian uhhi (*John 3:26–30 simin*). Liatna vai John in a dawnna ah, kei ka kiamsuk ding a, Zeisu ahieh leh khangto ding hi (*John 3:30*) cihhi. Langpanna khatpeuh omkha leh pelh na’ng in Zeisu Judea panin Galilee ah paikhia hi. Hih gam nihte kikal ah Samaria pen lamka bompai ahieh hang lampi dang zong omlai hi. Jew a ki-aap mahmah te nangawn in Samaria gam pelh in, a gamkiim ah kualpai liang in **Perea** gam kantan liang uhhi. Ahiehhang Zeisu in Samaria gam sungah sep ding nei hi.

John 4:5–9 sim in. Tuikhuk geia numei tawh kiho theihna ding in Zeisu in hihbang thute mah koibang in zang hiam?

Jacob' tuikhuk pen **Shechem** khua nawl a om hi a, Sychar khua tawh taikhat val gamla hi. Nungzuite in khua sungah an lei dingin apai kal un, Zeisu ahiehleh tuikhuk gei ah tu hi. Tua tuiivotciim angah theihna'ng bangmah neilo hi. Numei in tuikhai ding hong pai ciangin, tui dawnkhat ngen hi.

John 3 sungah, Jew ukpa leh Rabbi zong ahi Nicodemus in, ki niamkhiat takin Zeisu kiangah hong pai hi. Mi' muhloh dingin zan in hong pai hi. John 4 sunga numei a hiehleh, sun lamin kibu hi napi, midang in zingdap leh ni vot ciangin midangte tuikhai tawh a kipelh thei dingin, sunkam in tuikhai in hong pai hi. Bang dingin sunkam in tui vakhai cih gentheih a omloh hang, tua a tuikhai napan in Zeisu tawh kimu in ama' nuntakna hong kikhel thei hi.

Jew siapa khatin a tualniam Samaria numei khat tawh kiho ci in kigen ngeingai keei hi.

Nangma minam ngeina khatpeuh in Nangma teci panna hong khaktan thei bangpeuh omding hiam? Koibang in tuate kheng thei ding hiam?

MONDAY
Tuikhuk Geia Numei

October 28

John 4:7-15 sim in. Hih thu hangin numei nu tawh kiho theihna ding in Zeisu in koici zat hiam?

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“Jew leh Samaria mite kihuatna in Zeisu tungah tua numei in thupha a bawl theih nading khaktan himah taleh,
 T-4

Honpa in a lungsim honsakna dingin, hehpihna khat a ngen hi. Tua hehpih ngetna bel kinial khin hi taleh; muanna in muanna mah khangsak h?”—Ellen G. White, The Desire of Ages, p. 184.

Nicodemus tawh a kiho laimah bangin, Zeisu in midangte lungsim khempeuh a theikhin hi. Jew mi khatin Samaria mi tungah hehpih ngen cihpen lamdang sa ahieh man in, Zeisu in zong Ama' deihna zom pah in *“Pasian hong piak ding teleh tuidawn ding hong ngenpa theitel lecin, Ama' kiangpan atui a ngen ding nahi zaw a, Amah in nuntakna tui nang hong pia ding h?” (John 4:10)* cih.

Numeinu dawnna zong Nicodemus dawnna mah tawh kibang hi. *“Hibang thu piangthei ding mau” (John 3:9)* ci hinapi pianthak lawh zaw hi. Tua mahbang in numei in zong, *“Tuikhuk thuk hiven, tuikhai nading bangmah na neih lohpi, koi panin nuntakna tui ngahthei ding nahi hiam?” (John 4:11)* a cih. A thunih mah (Jew mite sia leh zualzang numei) in Zeisu in, amau nihgel in a theih ding a kizam khalam thumaan hilh hi. A nihtuak un, Zeisu in thukhat hilh hilel hi: amaute un pianthak dinguh cih.

Nuntakna tui tawh kisai Zeisu' kammal in Laisiangtholui sungah bang zungthuk nei hiam? (Jer. 2:13; Zech. 14:8).

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 Tui pen nuntakna dingin ki tulmawh a; tui lotawh mihing ki nungta lo ahieh manin tawntung nuntakna sungah zong tui in mun thupi khat mahpan limpua ngiat hi. Tua hang in Zeisu in, *“Keima piak tui a dawn peuhmah in dangtak kik nawnlo ding uhhi. Tua Kei piak tui a dawn te*

sungah nuntakna tui piang ding a, nungta paisuak ding hi" (John 4:14) cih.

John 7:37, 38 sim in. Hih munte sungah Zeisu in ei a ding bang hong gen a, Ama' hong kamciam lakpan in ei ngah theih ding bangpeuh om hiam?

TUESDAY

October 29

"Sia aw, Tua Tui Kei Hongpia In"

"Note tungah tui siangtho kong theh ding a, na milim biakna uhleh note hong ninsak na khempeuh panin kong siangsak ding hi. Note sungah lungtang thak leh lungsim thak kong guan ding a, na suang lungtang uh hong lakkhiat sakin, sa lungtang kong guan ding hi. Note sungah Keima Kha kong guang ding a, note kong piak ka thukhamte leh Ka thupiakte limtakin kong zuisak ding hi" (Ezek. 36:25–27 TDB).

Ezekiel 36:25–27 in, Nicodemus leh tuikhuk gei numeinu tungah Zeisu in apiak ding thumaan koibang in hong lak naci hiam?

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A munnih tuak panin Zeisu in leitung nate khatpeuh tawh limpua sak in, mihingte lungsim sungah thumaan tawh phaak sawm hi.

A nihtuak mahun Zeisu cihnopna tel paklo uhhi. Nicodemus in mihing in koibang in piangkik thei ding hiam, nu' gilsung koibang in kilehkik thei ding hiam cih. Zeisu gen khalam thumaan teng pen Nicodemus inbel leitung lungsim tawh ngaihsun ziau lel hi. Hih numei nu in zong, Zeisu in khalam thu a genna in tui acihpen, leitung tui takpi ding mah in na ngaihsun ziau lel hi.

Zeisu piak ding tui acih pen, tua numei in "*Ka dang a tak lohna ding leh hihlai ah tuikhai in kong pai nawnlohna dingin tua tui hong pia in*" (John 4:15) ciziau hi. Zeisu in tua tui piakhin leh, tuikhuk ah pai in tuikhai kul nawnlo ding a, mi tawh va ki muhmuh zong om nawnlo ding cileltak hi. Zeisu in tua numei kiangpan tuidawn ding a ngetna panin, tua numei in Zeisu kiangpan tuidawn ding a ngetna hong tung zawsop hi.

John 4:16 sim in. Numei' ngetna pen Zeisu in koibang in dawng hiam?

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Zeisu in zong a thu laih pak in, tua numei in a pasal sam dingin sawl vat hi. Bang dingin thu khelvat hiam? Numeinu paudan pen pelh sawmtuak hi. Zeisu in a lungsim sim thei lel hi. Ama' dinmun pan cidam a ngah kul hi. "*Zeisu in Amah'n a piaknop nate a saan theih nadingin tua nu in a mawhna leh a Honpa thei masa photphot ding hi*"—Ellen G. White, *The Desire of Ages*, p. 187.

WEDNESDAY

October 30

Zeisu A kipulakna

John 4:16–24 sim in. Hih numei' thu selsim teng thei ahilam lahna in Zeisu in bang hih a, numei in koici dawnkik hiam?

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Khuavak pen tang-et leng ki-en zolo hi. Zeisu pen kamsang khat hi cih a phawk khit nangawn in pelh sawm lailai hi. Tua nu in, Jew leh Samaria mite kikal a biakna kilem

lohna – biakpiak na'ng a kilawm pen mun Zeisu kiangah dong hi.

Zeisu in zong Samaritan te in na biakpiak uh kua cih zong theikei uhteh cihi. Amau' biakna pen Judaism leh dawi biakna kihelzau hi cihi. Jew te'n ahiehleh amau tung ah aki pulak Pasion bia uh a – Samaria mi ading zong a thupi ki-aap nading munkhat ahi hi.

Pasion diktak biakpiakna pen munkhat bekah kip ngeungau tuanlo hi. Tua hi a, biakpiakna mun ding a kihona in khatna nei mello hi. Pasion pen Kha ahieh manin, kha leh thumaan tawh biakpiak ding bek ahi hi. Numeinu in tua thumaan sangthei pah a, hong pailai ding teng ading zong kisakhoh in omta hi.

John 4:25, 26 sim in. Tuanu tungah Zeisu in Amah koibang in ki pulak hiam?

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Lungdamthu buli teng sungah, Zeisu in Ama' gimna thuak masang in Amah Messiah ahiehlam aki pulakna hibek mah ahi hi. Mi tampi kiangah zong pulak selo in, kua mahin thupi asak selo, Jacob tuikhuk geia numei tungah kipulak se hi. A lungzuang a khatem mite Zeisu in lunglut sese hi.

Hih numei zongpen, ngeina kigawmtuah pan bek thamlo, lungsim aki sangsak miliante zong hi khollo napi, Zeisu in Amah kua hi cih ana ki pulakkhia hi. Tuanu thu selsim teng khempeuh a pholhkhiat khith ciangin, Amah koici uptheih ding cih zong thu kician tawh na hilhcian hi.

Lungdamthu a kizeel theihna'ng in, Mihingte kikal a ki deidanna eima' bawl tawm teng sukkhap kul ahiehna, hih tangthu in koibang in hong hilh naci hiam?

THURSDAY

October 31

Samaria Mite' Teci Panna

John 4:27–29 sim in. Upmawh lohpi in numeinu in bang hih hiam?

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Zeisu leh numeinu kihona pen nungzuite hong tun ngeingai ciangin hong khawl hi. Numei khat tawh kiho cih lamdang sapipi mahun bangmah dong ngam nailo uhhi. An- ne dingin sawl phot zawzen uhhi.

Tua laitak in, numei in, a tuibeel nusia liang in, khuasung ah taiphei vingveng in, amah Zeisu tawh a kihona teng khuapihte kiangah va hawmsawn pah hi.

John 4:30–42 sim in. Tua khith ciangin bangteng pianglai a, lungdamthu kizeel theihna ding bang kisam cih hong hilh hiam?

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Zeisu in anlak tangthu a gengen laitak in khuasung mite pianthakna hong lutvat in a thugen khawl kik hi.

Zeisu in Ama' nasepna ah thupiang telcian lel cih John in hong theisak nuam hi. Samaria numei tungah hotkhiat ngiimna hawpsawn ding pen annak ding sangin thupi sazaw hi. Khate makaih nuam hi. Lungdamthu pen, tuabang ahi lote kiang nangawn ah hawmsawn ding cih nungzuite a thuhilhna in Zeisu in hih thupiang zang hi.

John' laibu sung thu manpha tampi om a, John 4:39-42 zong khat hipah hi. "*Ka gamtatnasa khempeuh hong genkhia thei h'*" (John 4:39) aci numeinu teci panna panin Samaria mi tampi takmah un thu um uhhi.

Samaria te in Zeisu amau kiangah taam dingin ngen uhhi. Tualai ah taam a, Ama' Thu hangin thu ummi tampi hong ki behlap lai uhhi. Numeinu kiangah "*Nangma thugen hangin a um kahi nawnkei uh a, komau mahmah in a thugen kaza uh a, leitung mite a honkhia dingpa taktak hi ci in thei kahih manun, a um kahi uhh'*" (John 4:42) ci uhhi.

Mi khatpeuh teci panna in bangzah in thahat thei cih hih tangthu in bang hong hilh hiam? Nangma nuntakna sungah Zeisu hong hihsak thute in koibang in teci hong hisak thei ding hiam?

FRIDAY

November 1

Ngaihsutbeh ding: EGWhite, *The Desire of Ages* pp. 183–195 "At Jacob's Well" simin.

"Samaria numei in Honpa amuh phetleh midang zong paipih pahlian hi. Zeisu' nungzuite sangin thuhilh muibun zaw liang hi. Nungzuite ahieh uhleh Samaria sungah tha ngah na'ng bangmah mulo uhhi. Amau lungsim sungah nungciang in nasep lianpi ading bekma lunggulh uhhi. Amau' kimkot ah anlak theihna ding bangmah mu zolo uhhi. Amau in a pampaih uh numeinu tungtawn in, khuazang bup in Honpa' thu zaklawh zaw uhhi. Ama mipihte kiangah khuavak puakthei hi."

"Hih numeinu in Christ sungah upna diktak nasepna hong lak hi. Nungzui maan taktak peuhmah Pasion' gam ading in thuhilh sia ahi hi. Tui nungta a dawn mi peuhmah nuntakna tuinak hong suak ding hi. A saang mi in a piakhia mi suak

ding hi. Christ hong hehpihna in kha sungah hong omleh, leikeu munah ciktui bang hi a, mite thalawp sak, a kisia ding a omleh mite in zong nuntakna tui dawn thei sak h'"—Ellen G. White, *The Desire of Ages*, p. 195.

Kikupding Dotnate:

1. Sunday ni dotna nunung pen enki un. Thumaan taktak gen sawm in maw. Nomau' ngeina sungah, teci pantheih na'ng hong khak-hal thei bangpeuh omthei ding hiam?

2. Zeisu in Ama' mipih te'n a langdo denkeei uh Samaria minam lakah maipha a ngah theihna banghang hiding in na um hiam?

3. Samaria numei nu dingin kingaihsun dih in. Theihloh khualmi khat in ama' gamtatsa thu simtham khempeuh pholhkhia thei cih theisak hi. Khualmi lualo khat in hih thusim bangzah in theikhin ding hiam? Zeisu in amah pakta lel cihding ahi hi. Zeisu in eite gamtatsa, mite'n a theih ding i deihloh thusimtham khempeuh theikhin dikdek cih hih tangthu in bang hong hilh hiam? Tuanu tungah a hihna khempeuh zong eitung ah hong hih nuam cih koibang in hong theisak hiam?

4. John Lungdamthu sungah tuikhuk gei Samaria numeinu tungah Zeisu' nasepzia tungpan in bang thukhun thak ngah nakisa hiam?

Lesson 6

*November 2–8

ZEISU' THU TECI DANGTE**SABBATH NITAKLAM**

Tukalsung simding: *John 3:25–36; 1:32–36; Dan. 7:18; John 6:51–71; John 5:36–38; 7:37–53.*

Kamngah: “**Leilak panin Keimah hong kikhaitoh ciangin, Keima kiangah mi khempeuh Ka kai ding hi**” (*John 12:32 TDB*).

Zeisu in Ama’ tungtang thu lamdang teng, Amah kua cih, kua’n Amah sawl, van panin Amah hongpai cihciang khawng bek pulak hilo hi. Amah kua hi cihpen lim leh na lamdang bawl na tawh zong laklai hi. Pawlkhat in zong Zeisu’ thu teci panna in: “*Christ hong pai ciangin, hih pa sangin nalamdang tamzaw hong bawl tuan ding hiam*” (*John 7:31*) ci uhhi. Ama’ Thu thumaan tengpen gamtatna mah tawh teci lak in kipsak hi.

Tua teng hangin, mihingte lakah pawlkhenna hong piang ta hi. Bethesda bual gei a mipa a damsak manin makaite hehna hong piang hi. Capernaum ah thuhilhna nunga tulnga vakna hangin mi tampi in Amah niallahwaw uhhi. Lazarus thawhkikna in upna piangsak hinapi, langdonga tawh khailup ding ciangdong thu piangsak hi.

Tukal sinna sungah, Zeisu’ thu teci panna pawlkhat sin ding hihang. Munsim pan mahin Zeisu in kua taktak hi hiam cihthu leh Messiah ahihna a thukzaw in mu ding hihang.

SUNDAY

November 3

Lungsim Niamkhiatna: Tuiphum John in Teci Pangkik

Sinna 2 lai in Tuiphum John in nungzui masapen te – Andrew, John, Peter, Philip leh Nathaniel cihteng Zeisu kiangah hong paipih hi. Tuiphumpa in teci a pankhit nung sang mangpah dildel ding peuh sakha ding hihang. Ahihhang John Lungdamthu sungah tamveipi hong kidawk zel hi.

John 3:25–36 sim in. Tuiphum John in Zeisu leh amah koibang in ki khaikhin hiam?

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Tuiphum John’ nungzuite leh Jew mi pawlkhat, tuiphumna tawh kisai biakna vai siansuahna tawh kizom in thu kiseelna hong om hi (*Mark 1:4, 5 enkak*). John kiangah a nungzuite hongpai uh a, tua dotna siansuah nading in, Zeisu’ thu hong pulak uh a, “*Tu in Amah in tui phumphum a, mikhempeuh in Amah zuan uhhi*” (*John 3:26*) ci uhhi. Amaute’ kikal thu theihhak khollo lel a – amau’ makaipa leh amau mahmah ading in Zeisu haza uh hilel uhhi.

John lampan in zong hazat theih ding bai mahmah hi napi, tua cih hetlo in, ama’ nasep mah ahihnam theitel hi. Tuabang sangsik in a nungzuite kiangah amah Christ hi ing ci ngei vetlo hi. Zeisu pulak ding leh, Ama’ teci pang in lampi siangsak ding ahihna gen zaw hi (*John 1:6–8*).

Etteh dingin mopawi zangin, *mopa-liahpa* thu gen in, Zeisu pen *Mopa* ci hi. Monu pen Pasian’ mite hiding

uhhi (*Hos. 2:16–23; Isa. 62:1–5 enkak*). John teci panna lian kammal “*Amah khangto ding a, kei ka kiamsuk ding hi*” (*John 3:30*) cihhi.

John 3:31–36 sungah Zeisu leh John khaikhinna ah, Messiah in Ama’ mai ah a maitaipa sangin lianzaw cihhi. John in Zeisu a pulakna ah, teci panna mah pulak kiklai hi. Amah teci panna teng a sangthei leh Zeisu a um mi in tawntung nunna anei hi. Amah a sanglo peuhmah Pasion’ hehna nuaiah omlai uhhi. Pasion in leitung it ahih manin a tankhia dingin a Tapa sawl hi cihhi (*John 3:16, 17*). Tua hong piakkhong te a nialmi peuhmah, amau’ mawhna thaman thuak ding uh a – tawntung sihna ahi hi.

Pasion leh mihing maiah ki niamkhatna koibang in kisin thei ding ihi hiam? Hihteng ah John in a etteh tak cinna pen lungsim kiniamkhatna hipen hi?

MONDAY
Messiah Theihna Thak Khat

November 4

John 1:32–36 sim in. Messiah Zeisu pen mihing in sawtpi pekpan in a ngakden Messiah ahihlahm Tuiphum John in bang gen hiam?

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Jew te in Messiah pen Rome ukcipna sungpan in a khakhia ding pa ci in lam-en uhhi. Nenniamna sawtveipi ta a, Jew te in Messiah hong tung leh Rome lawnthal bek hilo in gam thahat mahmah khat din ding in um uhhi. John kammal in Zeisu pen “*Pasion’ Tuuno*” cibek in, mawh thoihna ciangbek kaw k bek ahih manin, mipi a tamzaw in tel-khial mahmah uhhi. John in bang gen cih zong theih tuak mello uhhi.

Tua hi a, John in a Lungdamthu tawh Messiah tangthu telsiam lohna teng puah phat sak dingin, genkholna sungah hong pai ding Kumpipa hong tunna ahihlahm phawk theih ding deih hi. Amah in leitung ukna leh gal makaihna tawh hong pailo zaw in, leitung mawhna ading biakpiakna in hong paizaw hi. Tua zong Ama’ ngiimna ngiat ahi hi. Tuateng khith ciangin nakhempeuh a zawh khith ciangin a nunungpen kumpi hong tungta ding hi (*Dan. 7:18*).

“*Zeisu ki-tuiphumna ah, John in Pasion Tuuno a cihlai in, Messiah nasepna tungah khuavak thak hong taang hi. Kamsangpa lungsim in Isaiah kammal tanglak a, “A kigo ding tuuno bangin amah kipaiph hi” (Isa. 53:7) cihhi.—Ellen G. White, The Desire of Ages, p. 136.*

John 1:31 sungah John in “*Amah ka theikei hi*” cihhi. Tua hileh John in koibangin Zeisu in Messiah ahihlahm theikhia hiam? A dawnna pen Topa in John sawl in “*a tungah a khawl na muh leh tua pa in Kha Siangtho tawh a phum ding pa ahi hi,*” (*John 1:33, 34*) ci in a genpa hi. Pasion in, Zeisu pen Messiah ahihlahm John kiangah pulak hi.

“*Christ in Pasion’ vangliatna leh pilna ahi hi*” (*1Cor. 1:24*). Zeisu pen Pasion kiangpan hongpai Christ hi cih theih theihna in Kha Siangtho hong makaihna hi. Tuathu John sungah kilangh pahpah hi. Hotkhatna pen leitung pilna, science leh lai siamna pan in hong pailo hi. Upna tawh Zeisu’ thu manna tungtawn in Pasion kiangpan hong pai ahi hi.

Zeisu in mawh thoihna ding hong kipiakna hong kipulak keileh koibang in theithei ding ihi hiam? Tua ahihleh, laisiangtho leh Zeisu’ thu hong hilhna teng theihna banghang in thupi thei hiam?

TUESDAY

Saanna leh Nialna

November 5

Sinna 2 in John 6 sungah tulnga vakna pulak ahihhang, a tangthu a tawpna tuni a sin ding pen huam zolo hi.

John 6:51–71 sim in. Mihing in saantheih ding bang haksatna neitheih uh hiam?

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Lamdang takin mi 5000 a kivak phitphet mipite in, Zeisu pen kumpi suaksak nuamta uhhi (*John 6:1–15*). A nunglam khat Capernaum biakinn sungah, Amah in tua an vakna tawh kisai in, “*Keimah in nuntakna khomun kahi hi*” (*John 6:35*) cihi. Hih khomun pen, leitung nuntakna dingin a piakkhiat Ama’ nuntakna hi cihi (*John 6:51*).

Hibang a thugenna panin, Zeisu pen leitung kumpi hi ngeilo ding cih mipite’ mit kihong pahlian hi. Amah in leitung ngaihsutna bek tawh nasem lo hi. Amaute’n ahihle, amau ngaihsutna a puahphat sak in Zeisu pen Messiah in saanna ding peuhmah nial uhhi. A nungzui tampi takin tua munsan panin taisan uhhi (*John 6:66*).

Mihing ngaihsutna lampan Zeisu ading hihthu haksat tuak hi. Mi tampi pahtakna kisam hi. Mi deih ding kua utlo ding hiam? Hi taleh, mi tampi in dotna khatbek mah tawh lungkia ngeingai uhhi. Mipi a paikhiat ngeingai ciangin, Zeisu in amau lakpan zong sawmlehnih te zong na paikhia nuam uh hiam cih dong hi.

Tua munpan in Peter in ama’ upna pulakna in Zeisu in bang hi kua hi cihte pulak hi. “*Simon Peter in, ‘Topa aw,*

kua kiangah paituan ding ka hi uh hiam? Nangmah in nuntak tawntungna thu na nei hi. A nungta Pasion Tapa Khazih na hih lam kote in thei in kong um uh hi,” (*John 6:68, 69 ZSV*) ci in dawng uhhi.

Nungzuite in Zeisu tawh kum tawmvei sung kikhawl, khualzin khawm, na lamdangte muhsak in a thuhilhte zaksak uhhi. Kuamah tawh tehkak theih ahihloh lam zong tel uhhi. A telcian loh uh tam mahmah kawmkal ah Ama’ omzia teng pen midang tawh kibang hetlo ahih manin hihpa peuhmah Messiah hi ci uhhi. A sihkhit A thawhkik khit ciangin Zeisu in kua hiam cih telcian pah sam uhhi.

Hih tangthu tungtawn in mipi’ deiha peuhmah khialzaw hamtang cihthu koibang in kithei thei hiam? Eite’ upna pen mipi upna – Christian mipi upna bangin kidawk khollo mah taleh, atung a thu banghang in phawk huai hiam?

WEDNESDAY

Pa’ Teci Panna

November 6

John Lungdamthu in **Thu** (*logos*) in Pasion tawh omkhawm; Pa Pasion tawh om khawm cihtawh kipan hi (*John 1:1*). Thu in cilehsa hongsuak in, Kha in zong Zeisu ki tuiphumna ah hong tawngak sukna tawh teci pansak hi (*John 1:32–34*). Pa in zong Zeisu leitung nasep laitakin teci pansak hi.

John 5:36–38 sim in. Hihteng ah Zeisu in Pa tawh kisai bangteng gen hiam?

.....

Zeisu in Ama' nasep leh abawl nalamdangte Pa tawh kizomsak hi. Pa in Amah sawl a, Ama' ading mahin teci pansak hi cih.

Mate 3:17; 17:5; Mark 1:11 leh Luke 3:22 (2Pet. 1:17, 18) **sim in. Zeisu' tungtang Pa in bang gen hiam?**

.....

Zeisu ki-tuiphum lai in, Pa leh Kha in Hih hun thupi ah Tapa a pahtawi uh pen: leitung ah Zeisu' nasep kipatna hipah hi. Pa in Zeisu pen Ama' it, Amah a lungdam sak Tapa cih. Christ' nasepna mu thupi khat ah zong Pa in khatvei mah hong pau lai a, John in na ciamteh kha hi.

Anasep hun beikuan ciangin na khempeuh in a sangpen dong tung hi. Biakna makaite in Amah khawlsak zolo uh (John 12:19) ahih manun, sisak nuam tamai uhhi. Mipi in ahihleh Amah pakta mahmah uh a, Lazarus thawhkik (John 12:17, 18) amu mite bangpen Ama' nung zui dingin hong kithawi ngeingai uhhi. Pawi hong siim Greek mite nangawn in Zeisu munuam uhhi.

Tuathu tawh kisai in Zeisu in "Pa aw, Nangma min thangsak ta in" acih ciangin Pa in zong vantung panin "Ka thangsak zo a, khatvei ka thangsak kik ding hi" (John 12:28) cih.

Eite'n i theihsa mahbang in Zeisu' hun in singlamteh ahi hi. Pa' teci panna zong pen Zeisu in leitung mawhna thoihna ding Pasian' Tuuno hi cihna ahi hi. Tua in zong a leitung nasepna ah a gualzawhna lianpen ahi hi. Ama' sihna in, eite' mawhna thaman teng khempeuh hong piaksak siang sitset a, upna tawh tua thaman teng cikmah in phukha nawnlo ding hihang.

THURSDAY
Mipite' Teci Panna

November 7

"Tua pawl ni nunung ni in, Zeisu dingin kiko in 'A dangtak na omuh leh Kei kiangah hong pai unla tui hong dawn un. Laisiangtho in Kei hong ummi sungpan nuntakna tui luangkha ding hi'" (John 7:37, 38) aci hi.

Zeisu in hangsan takin Amah aki pulakna, Amah kua hi a, bang sem cihte tam veipi takmah na ciamteh hi.

John 7:37, 38 sungpan a kammalte zongpen, Zeisu in Amah aki pulakna, Amah kua hi a, Ama' kiang hong paite ading bang hihsak ding cih pulakna mah ahi hi. Hihte pen thu tumdang vive ahi hi.

Zeisu in buk pawl a paina ah a thugen teng mipite in koibang in dawngkik uhhiam? John 7:37-53.

.....

Pawlkhath in Amah pen tanglai pek panin Moses bang kamsangpa cih a genkhol pa hi (Pai. 18:15-19) ci uhhi. Pawlkhath in Zeisu pen Christ hi ci uhhi. Tuathu in Messiah peuhmah Galilee panin hong pianglo ding a, David' suan hiding, Bethlehem ah suakding acih mahbang un (Mate 1-2 enin), maan veve hinapi - tampi in theihtuak mello uhhi.

Amah a mante nangawn Ama' kammal in khawlsak vat liang hi. Pharisee te in uliante kiangah dotna dangkhat dong lai uhhi. "Pharisee ukpate khatpeuh in Amah a um hiam" (John 7:48) ci uhhi. Pharisee mite dotna hangin, John in Nicodemus thu hong pulak theita a, Zeisu tawh kimu in a

kihona pan un, a lawmte thaangsihna panin hong kemit theita hi. “*Mi khat peuhmah a thu dongin ama’ gamtatnate i theih masak mateng, mawhsakna thu i khen ding pen i thukham tawh kituak lo hi*” (John 7:51) aci hi.

Nicodemus in Zeisu pen Messiah in a sang ngei hiam? Hiteng leh Zeisu sih kikal tengah sang hi (John 19:39, 40) a cihna a omloh hang, Laisiangtho sungah Nicodemus in Zeisu um takpi cih gencian hi. Pharisee mikhat in Zeisu hong um limlim hiphot hi.

John 7:49 simin. Zeisu’ nung azui ngeingai mipite pen, makaite in neumuh mahmah ahihna, bang kam pau uhham? Eite ading bang pilna omthei hiam?

FRIDAY

November 8

Ngaihsutbeh ding: Ellen G. White, *The Desire of Ages* laimai 383–394 “*The Crisis in Galilee*” leh laimai 621–626 ah “*In the Outer Court*” sim in.

“*Topa, kua kiang zuan ding? (John 6:68) Israel siate pen Pasion thu lamah sal tawh kibang lel hi. Pharisee-te leh Sadducee-te pen a ki-el den biakna makaite hi. Nungzuite in Zeisu pum nutsiat le uh zeh thupisak mite, minphatna a zong nuam mite sung ah thaam ding hi. Nungzuite ahihleh Zeisu a saankhit pan kipan nidang sangin lungnopna leh lungdamna neizaw tham uhhi. Mawhnete’ Lawmpa pen do bawlnin a kosia den hih sia hoihlo te kiangah bangci kileh kik nawn mawk ding hiam? Sawtpi pekpan kipanin ana zonzon uh Messiah hiven. Amaute in thah dingin a zon uh a Siapa kiang pan kileh kik nawn hetlo uh hi. Hih biakna makaite in Zeisu thuhilhna um a a zuite langdo uh hi.*

T-5

“*Kua kiang zuan ding?*” *Christ in a hilhsa thute, itna leh hehpihna thu sungpan, uplahna sungah khuamial, leitung siatna sungah pai nawnlo ding hi. Honpa’ lamdang nasep teng teci a pangsa mi tampi in a nutsiat kik laitak in, Peter in nungzuite’ upna hong pulakkhia a, - ‘Nangmah in Christ Na hi hi’ cih. Amau kha un a belhdng sikkip mansuahna hangin launa leh natna tawh kidim uhhi. Honkhiapa khat kiangpan paikhiatna limlim pen khuamial sung tuipi tungah lamlam tawh kibang hi*”—Ellen G. White, *The Desire of Ages*, p. 393.

Kikupding Dotnate:

- 1. Zeisu in Messiah hi ci in Christian thumaan nahilh ciangun, lungdam takin a sang om napi, tua teci tengmah tawh pawlkhat in banghang in nial sese thei uh hiam?**
- 2. Zeisu Christ in eite mawhna hangin a sihna banah a thupi thumaan dang bang omtheilai hiam?**
- 3. Pasion in eite nuntakna ding hong hihsak nakhempeuh sim kikna in eima upna ading in banghang in thupi thei ding hiam?**

Lesson 7

November 9–15

A UMMITE MI HAMPHA**SABBATH AFTERNOON**

Tukalsung simding: *John 8:54–58; Pian. 12:3; Rom. 4:1–5; John 12:1–8, John 19:4–22; John 20:19–31; Daniel 2; Daniel 7.*

Kamngah: “Zeisu in, ‘Thomas aw, nong muh manin hong um na hi hi. Hong muh loh hangin a hong um mite in thupha ngah ahi uh hi,’ a ci hi.” (*John 20:29 ZSV*).

John lungdamthubu sung tawntung ah, minam tuamtuam, omna tuamtuam, upna leh theihna tuamtuam – tawh Zeisu ading teci pangsak hi.

“En un, Pasion’ Tuuno!” (*John 1:36*). “Messiah ka mu zo uhhī” (*John 1:41*). “Moses in a gelh mipa kamu uhhī” (*John 1:45*). “Sia aw, Nangmah in Pasion’ Tapa Na hi hi! Israel’ Kumpipa Na hi hi!” (*John 1:49*). “Hih in Christ hithei ding maw?” (*John 4:29*). “Ko mau mahmah in a thugen za in, leitung mihingte a honkhia dingpa taktak hi ci in thei kahih manun a um kahi uhhī” (*John 4:42*). “Topa aw Nangmah in tawntung nuntakna nanei hi. Kua kiang zuan tuan ding kahi uh hiam?” (*John 6:68*). “Nangmah in leitung ah hongpai ding, Christ, Pasion’ Tapa Nahih thu ka um hī” (*John 11:27*). “Nidang in mittaw kimlai, tu in khua ka mukik theita hī” (*John 9:25*). “En un, Na Kumpipa uh!” (*John 19:14*). “Ke’n Ama’ khialhna mu ke’ng” (*John 19:6*). “Ka Topa ka Pasion aw!” (*John 20:28*).

Hih mite kua tengteng hi uh a, banghang in Zeisu’ hihna teci pang thei uh ahi hiam?

SUNDAY

November 10

Abraham’ Thu Lehngaihikik

Zeisu in Ama’ hihna pulak ding peuhmah zumpih vetlo hi. Amah kua hi cih teci pang ding asap mi sungah tanglai pek panin teci a pansak nuam mi tampi leh Abraham nangawn ahi hi. “Na pa uh Abraham in zong Keima hun hong tun ding lawp mahmah a, tua hun zong mukhol in lungdam hī” (*John 8:56*).

Banghang in Abraham’ teci panna thupi a, John in ama’ Lungdamthu sung ah hel liang hiding hiam? *Pian. 12:3; 18:16–18; 26:4; Mate 1:1; Sawl. 3:25.*

.....

“Gentail mite in zong a upna uh hangin amah tawh a kipawl thei dingin ...” (*Gal. 3:8*). Tua hang mahin tuanpupa’ upna in Tankhiapa tungah upna kip nanei hi. Tua hangin Christ in Jew te tungah ‘Na pa uh Abraham in zong Keima hun hong tun ding lawp mahmah a, tua hun zong mukhol in lungdam hi (*John 8:56*)’ naci hi. Isaac aiawh in biakna in a kipia tuuno in, eite ading biakpiakna ahi, Pasion’ Tapa limpua ahi hi. Pasion’ thukham palsatna hangin mihing in siding bekin i om laitak in, Pa in, A Tapa enkaum in, mawhneite tungah ‘Nungta un: Note hong tankhia ding muzo ing’ cih?” —White, *Patriarchs and Prophets*, p. 154.

Abraham pen Jew mite pa pen ahi hi. Amah tungtawn in minam khempeuh in thupha sang ding cih kamciam na ngah kha hi. Tua thupha zong ama’ suan mah ahi Messiah tungtawnin hong pai hi.

Abraham in Pasion tungah upna tawh a dawng mi khempeuh' pa ahi hi (*Heb. 11:8, 17-19*). A tapa Isaac, kamciam tapa piakkhiat ding a phalna (*Pian. 22*) in, upna ciangbek hilo a, hotkhiatna ading kongpi honna zong ahi hi. Zeisu in “*Na pa uh in Keima ni hong tun ding lawp hi*” (*John 8:56*) acih ciangin, makaite in “*Nang in kum sawmnga zong pha nailo a, Abraham mu nahi hiam*” (*John 8:57*) ci uhhi.

Zeisu' dawnkikna pen lamdang lualiang hi. “*A mantak kong cih in, Abraham om ma in Kei ka omzo hi*” (*John 8:58*) cih.

Zeisu' kammal in sawlbaw meikuang sunga Pasion' kampau hong phawksak hi. Tua pen Pasion in Ama omna a pulakna ahi hi. Zeisu in tuateng a gen ciangin, makaite in a cihnopna telthei ahi manun “*Amah a deenna dingin suang tawm uhh*” (*John 8:59*).

Rome 4:1-5 sim in. Thukham zuihna hang hilo, upna bektawh hotkhiat hi cih lahkhiatna in, Paul in, hih Abraham tangthu koibang in zang hiam? Hih munte in Abraham pen upna bektawh a nungta khempeuh ading in pa ahihna koibang in hong lak hiam?

MONDAY
Mary' Teci Panna

November 11

Paisan paw a tunma niguk lai in, Zeisu in Mary, Martha leh a sanggampa Lazarus, a hingkipa, kiangah va hawh hi. Phak natna pan a damkik Simon in, Zeisu a pahtawina in paw khamsak hi. Martha in zindo in, Lazarus ahieh lengla-te tawh sabuai ah tu hi (*John 12:1-8*).

Hiteng ah Mary' gamtatna a kician bang om hiam? Hihthu in, Zeisu' hihna taktak koibangin teci pang hiam?
John 12:1-3.

.....

A paknamtui man tamlua a, nasem mi khat in kumkhat a thalawh tawh kikim hi. Mary in, ama' mawhna a maisak hang leh a sanggampa hinkikna hangin lungdam kona in a piak zong hihtuak hi. Zeisu' luang a vuikhol khin dingin a kingaihsut ahi hi. Tua laitak in zong Kumpi suak ding peuh ci in za ahieh manin, a pahtawi masa pen ding in zong ki ngaihsun kha ding hi.

Mary in ama' gamtatna kitheikhia saknuam hetlo hi napi, John in thei veve a, “*inn sung khempeuh ah paknamtui gim kidim*” (*John 12:3*) cih. Judas in ahieh manlang tak in mawhsakna tawh, tua paknamtui kizuak henla, mizawngte kihuh na leh naci hi. Zeisu in Mary lungnop theihna dingin “*Amah hihsak lel un; mizawngte note tawh omkhawm tawntung a, Kei kahih leh note tawh ka omkhawm tawntung kei hi*” (*John 12:7, 8*) cih.

Tuathu a pianna bulpi lungdamthu sungah kigen hi. Zeisu in mihing' lungsim thei hi (*John 2:24, 25; 6:70, 71; 13:11; 16:19*). Hih Simon' paw sungah, Judas lungsim sung Zeisu in thei hi. John in zong Judas kua hi cih pulak a – angsung bek khual guta cih (*John 12:6*).

“*Tua paknamtui pen Mary in Topa' siluang a zuut ding kimlai, a nungta a pumpi tungah zuut kha bilbel hi. A kivui khit bang hileh tua gimnamtui in hankhuk sung bup zel ding a; tua nu' itna leh upna in Topa lungdamsak mahmah ta hi. Topa in haksatna thuaksiatna sung dongah hihthu phawk den*

a, Ama' tatkhiatsa mi khat in itna lianpi a pulakna hi den ding hi?—Ellen G. White, *The Desire of Ages*, p. 560.

Zeisu in Mary lungsim leh Judas lungsim tel hi. Nangma' lungsim zong hong telpha hi. Christ in eite' dikna hi a, eite hong puahpha dingleh hong liah ding kisas i hihlam hihthu in bang hong hilh hiam?

TUESDAY

November 12

Theihlohkal in Pilate' Teci Panna

Biakna makaite in Zeisu manin thu sittel in sihdaan pia nuam denkeei cihthu John in na ciamteh hi. John' lungdamthu sungah thu tawphah khat pen, Ama' hun leh nai hong tung nailo cih hi a, Ama' kikhaina ding a gennopna ahi hi (*John 2:4; John 7:6, 8, 30; John 12:7, 23, 27; John 13:1; John 17:1*).

Tu in a nai hong tungta hi. Gethsemane huan sungpan Zeisu kiman in, **Annas'** maiah aki paipih khit ciangin, **Caiaphas'** maiah, tua khit ciangin **Pilate'** mai ah ki paipih hi.

John in Zeisu pen Christ ahihna teci dingin, mun tuamtuam nuntakzia tuamtuam panin teci pangsak hi. Tu in zong gamkee ukpa Pilate in thusit kawm in pangsak hi. Pilate pen Rome mi, gamkee khat uk, thukhen mang hi a; teci dangte ahihleh Jew mipite ahi uhhi.

Pilate' thukhenna leh John' Lungdamthu tawphah koibang in kizom hiam? (*John 18:38; John 19:4–22*).

.....

Zeisu pen Friday ni zingsang tungin Pilate kiang kitun hi (*John 18:28*). Thukhen mengmeng ding cih ngiimna ahi hi. Ahihhang Zeisu' kidalna kammal in, Pilate' lungsim huupzo hi. Ukpipa in Zeisu nai-dot mahmah in Ama' muk teek panin azak thu in, "*Thuman thutak teci a pang dingin hih leitung ah hong suakin kong paizo hi. Thuman thutak tawh a kipawl mite khempeuh in keima aw a ngai uh hi*" (*John 18:37*) cih.

Ukpipa in Zeisu sihdaan pia himah taleh, amah in Zeisu pen misiangtho hi cih (*John 18:38; John 19:4, 6*). A singlamteh tungah zong "**Nazareth khuami Zeisu, Jew Kumpipa**" (*John 19:19*) ci in, Zeisu' hihna taktak mah teci pangsuk lai hi. Christ pen mi siangtho hi acih kinken mahbang in, Pilate in Zeisu pen sihdaan pia samlo hi.

Pilate in ama' sungah Thumaan nanei takpi hi napi, ama' maiah – mi pite in amah thuzawh sak in – *Pilate in Zeisu sihdaan pia sak hi*. Nangma lungsim sungah thumaan hi cih natheih gige khat zuihlohna in bangzah in lipkaphuai hiam!

Eite zong, mipi' nung peuh, hong thuzawhna peuh zui heihai in thumaan cih i theih gige khat hihlo in ki omthei cih Pilate tangthu in bang hong hilh hiam?

WEDNESDAY

November 13

Thomas Teci Panna

John 20:19–31 simin. Thomas tangthu sungpan upna leh uplahna koibang in khentel thei ding hiam? Thomas' khialhna lianpi bang hiam?

.....

Christ in a thawkik khit in, inndeitungah launa tawh aki kalhkhum nungzuite kiangah kilak hi. Tualai ah Thomas omlo hi. A nungciang in nungzui dangte kiangpan in Zeisu thokik cih za hi napi, amah lungkia ta hi. Ama' ngaihsut kumpi gam piangthei salo hi. Bek thamlo, ama' omloh laitak sese in nungzui dangte kiangah ana kilak sese zong lungnuam tuaklo hi.

Thomas in, "A khut siktukilh tawh a kikilhna mate mu in, tua a kikilhna mavang ah, ka khutme ka vakhum teek kei a, Ama' pangpa zong, kakhut tawh kalawn teek keileh, ka umkei ding hi" (John 20:25) aci hi.

Thomas in ama' upna amah'n uk tentan hi. Tuabang Zeisu sungah upna pen John sungah omzelzel hi. Nicodemus in zong "A khankhinsa mikhat koibang in suakkik thei ding hiam?" (John 3:4) ci in Zeisu nadawng hi. Tuikhuk geia numei in zong "Sia aw, tuiphel naneikei a, tuikhuk lah thuk mahmah hi. Tua nuntakna tui koipan ngah ding nahi hiam?" (John 4:11) ci in dongkik hi. Khomun leh ngasa tawh a vak phitphet mipite in zong "Bang lim hong laklai ding nahi hiam" (John 6:30) ci in ngen uhi.

"**Mu in um**" cihpen Lungdamna John deihna bulpi ahi hi. Zeisu in a thawkik khit Thomas tawh a kimuhna ah, Amah in hong pai inla, ka pumpi en in, lawng in ci in sawl hi. Tua khit in zong "Hong muh loh hangin a hong um mite in thupha ngah ahi uh hi" (John 20:29) aci hi.

"Pasian in siksang ding thukip thukho hongpia lopi in um ding hong sawl ngeilo hi. Amah om ahihna, Ama' omzia, A Thu in thumaan kidim cihte khempeuh eite a ding in teci kip vive hi a, kicing pha mahmah khin hi. Lunghian theihna zong Pasian in hong hepkiat sak tuan nailo hi. Eite' upna pen

genkhiatna hang bek hilo, thukip thukho tungah kinga hi?— Ellen G. White, *Steps to Christ*, p. 105.

Pasian' thu, Piansakna leh mimal phutkhak thute tungtawn in Zeisu sungah up theihna ding thukip thukho hong kipia khinzo hi.

Banghang in Zeisu um nahiam? ci in hong kidot leh, na koici dawn tam?

THURSDAY

November 14

Zeisu ading Eite' Teci Panna

Zeisu ading teci panna John in pulak zelzel a, a thukhupna ding in zong: "Zeisu in a nungzuite muhna ah, nalamdang lian tampi bawl a, ahi zongin, hih laibu sungah aki gelhlo tampitak omlai hi. Hih laibu sungah a kigelh thute pen Zeisu in Pasian' Tapa, Christ ahihna thu na uptheihna ding uh leh, ama' min hangin tua upna tawh nuntakna na ngah theihna dinguh deihna tawh kigelh ahi hi" (John 20:30, 31) aci hi.

Tualai ah nangmah mimal in omngiat in Zeisu' nalamdang bawl mu ngiat dingin ki ngaihsun in. Um takpi lelmah loding maw? Ama' nalamdangte mukhin napi uptheih na'ng a tamzaw muhbeh nuamlai tuak lel hihang. Banghang?

Eima' upna hong thahat saktei ding, Zeisu' hunlai a mite'n a neihloh bang peuh i neihtheih om hiam? *Mate 24:2; Mate 24:14, Mate 24:6–8.*

.....

Lungdamna John sungpan vangliatna tampi i ngah banah, Zeisu leh laikungpute gelhkhoh khempueh, biakinnpi kisiat ding nangawn tangtung cih i theihsa (*Mate 24:2*), leitung buppi ah lungdamthu a kizeelna (*Mate 24:14*), lamkhialhna lianpi (*2 Thess. 2:3*), leitung in a puksa gitlohna mun suak cih ahi hi (*Mate 24:6-8*). Zeisu nuntak leh nasepna sungah, mi tawmno cik khat, leitung mite muhna tawh cileng, tangthu sungah zong a om zolo ding aki mangngilh lel ding mi pawlkhat bek om hi. Hih mite in tuabang thute piang ding cih koibang in theitheh uh hiam? Eima upna sung mahmah ah zong Zeisu in a genkhol mahbang in lungdamthu in leitung khempueh pha ding cih ahi hi.

Tuni eite in zong, nung kum tulnih lai a, Zeisu' nungzuite mahbang in, Zeisu in eite ading hong hihsak teng teci pantheihna hunhoih neiveve hihang. Tua zong Nathaniel, Nicodemus, Samaria numeinu leh Pharisee mite thu kantelna hang hi tuan selo in, eimah mahin Messiah theitheh lel hihang. Kha Siangtho hong makaihna tawh laisiangtho simna tungtawn in Zeisu in leitung Honkhiapa ci in sangtheh lel hihang.

Eite mimal simin genkhiat ding tangthu khat nei hihang. Tua tangthu pen, mi sisa a thawhkikna, pianpih mittaw in a khuamuhna cih lelpeuh hilo hi. Eima aituum in Zeisu bangzah thei a, John lungdamthu sunga mite mahbang in Ama' ading teci pansak ding phamawh hi.

FRIDAY

November 15

Ngaihsutbeh ding: Ellen G. White, *The Desire of Ages* laimai 145-155 "*The Test of Faith*"; *Patriarchs and Prophets*; laimai 723-740 sung "*In Pilate's Judgment Hall*" sim in.

Thomas in Zeisu khephung ah bok in "*Ka Topa ka Pasion aw, ci in a kiko*" hi.

"*Zeisu in zong Thomas tangkona sansak in a uplahna teng lungnem takin puahsak hi: 'Thomas aw, nangmah in nong muh manin nong um hi: hong mu lopi in hong umte mi hampah ahi uhhi' cih. Thomas in a sanggamte teci panna umpah lelleh Christ in pahtak huai sazaw hi. Christ sungah upna peuhmah pen, midangte teci panna pan vive in kingah hinapi, leitung in zong Thomas' nung peuh kizui themthum in, hotkhiatna ki umlo hi.*"

"*Mi tampi in a uptheih lohna uhpem, Thomas mahbang in, a lawmte teci panna a uploh mahbang ahi hi. Tuabang teci omlo ci uh himah taleh, tampi omkhin zaw hi. Mi tampi Thomas mahbang in amau' uplohna hepkiat sakding ngakin om gige uhhi. Uplahna sungah kipkho khinta uhhi. Khuamialna lam vive a ennuam te in, hih ding bangmah a theihloh manun phunciak in tau uhhi. Uplahna khaici vawh uh ahih manun, uplahna mah aat kik ding uhhi. Upna muanna a kisap pen hun laitak in, mi tampi in upna neilo in lam-et bei ding uhhi*"—Ellen G. White, *The Desire of Ages*, pp. 807, 808.

Kikupding Dotnate:

1. Abraham leh Thomas kikal ah a thupi mahmah upna kilamdanna bang om hiam? Tua tangthu te tungpan bang pilna kingah thei ding hiam?

2. Zeisu ading teci a pang nuamte ading in John lungdamthu sungpan thu tampi kimu khinzo hi. Tangthu

kibanglo phial taleh, mite'n bangteng gen a, tua Topa ading koibang in teci pang veve uh hiam?

3. Pilate in thuthukpi khat dong kha hi: "Thumaan bang hiam?" cih. John laibu na simna panin na khuavak ngah bangbang in tua dotna dawng in.

4. Daniel 2 leh 7 sunga genkholna teng simkik in. Zeisu' hunlai a mite in zong tua tegel neiveve napi un, tua mite'n a theihkhak loh, tua genkholna te tangtung in eite' upna hong thahatsak theihna thu bangteng peuh eite'n nei ihi hiam?

Lesson 8

November 16–22

LAISIANGTHOLUI GENKHOLHNATE

SABBATH NITAKLAM

Tukalsung simding: *John 5:17, 20, 36–40, 46, 47; John 13:18; John 17:12; Jer. 2:13; Zech. 9:9; John 8:12–30.*

Kamngah: "Ahih hangin John teci panna sanga a lianzaw teci khat ka nei hi. Banghang hiam cihleh Pa in ka zawh dinga hong piak nasepte ka sem a, Pa in kei a hong sawl lam tua nasepte in teci a pang uh hi." (*John 5:36 ZSV*).

Lungdamna John sungah, Zeisu in Messiah (*Hammashiach*), Christ hi a, Israel ading in hongpai ahihna lahna in asep abawl khempeuh om hi. Amah in, Laisiangtho gen kholhsa om bangin, Jew mi khatmah bangin Bethlehem ah hong suak hi.

Tua kawmkal ah John mah in "Amah leitung ah hong om a, ama tungtawn in leitung a kibawl hi napi leitung in amah a thei kei h?" (*John 1:10*) cih.

Amah leitung ah hong om a, hih leitung zong Amah tawh a kibawl hi napi *leitung in Amah theilo hiam?* Lamdang lua himai. John' Lungdamthu leh a dangte sungah i muh mahbang in, Ama' sepna bawl na tampi takmah mu uh hi napi, mi tampi in Amah thei tuanlo uhhi. Bek thamlo, laisiangtholui in zong amah pulak den sam hiven.

Tukalsung in John in, Zeisu pen Messiah hi ci in hong lahna sungpan, anial tentan lai pawlkhat te in – Amah Christ hi cih kipkho sakna mah hi veve cih sin ding hihang.

Amaute' khialhna tungtawnin bang pilna ngah thei ding ihi hiam?

SUNDAY

November 17

Limte, Nasepnate leh Nalamdangte

John in Zeisu pen Messiah hi cih a kipsak nadingin nalamdang a ciapteh teng pen, limte, a nasepte leh nalamdangte a tangzai zaw in ciamteh hi.

Kamsang tampi, leh kamsang zuaute nangawn in nalamdang tampi bawlthei uh ahih manun, limte leh nalamdangte bek in Messiah hihna kipsak zolo hi. Limte in nalamdang lakpa cihna ciang bek tun ahih manin, John in limte cianglel ciamteh khinlo lel hi. John ciapteh nalamdangte in Zeisu pen Pa kiangpan a hong pai Messiah ahihna a lak limte hipi pen hi.

John 5:17, 20, 36–38 sim in. Limte tawh kisai in, hih munte in Zeisu leh Pasion kikal ah kizopna koibang in hong hilh hiam?

.....

Zeisu in tua limte mah pen Pa leh Amah a kinaihna lahna in zang hi. Amau nih un pumkhat hi uhhi. A nasepna vuah “*Pa in keima sungah om a, ama sungah kei ka om*” ci hi (*John 10:38; John 14:10, 11*).

Zeisu hong paina a ngiimna in, Amah a sawlpa' na sem ding leh hih nasepnate in leitung ah Amah pulak ding ahi hi. A pa in sem dingin a sawl khempeuh sem ding a, tua bang a sepna in Amah Pa' kiangpan hongpai ahihna teci hiding hi.

A vanglian mahmah limte leh mi tampite teci panna teng kawmkal mah ah, mi tampi in uploh ding lamah teel veve cih mitmuh ahi hi.

Biakna makaite in “*Kote bang tanvei hong lungkasak ding na hi hiam? Khazih na hih leh siangtak in hong gen in*” aci uhhi. Zeisu in dawng in “*Hih thu note kiangah kong gen khinzo a, nong um kei uh hi. Ka Pa min tawh ka bawl nate in kei aa dingin teci a pang khinzo h*” (*John 10:24, 25*) cih.

Zeisu in Amah Messiah hi'ng cih tanggen leh, biakna makaite in – Amah langdo theihna ding thu khat peuh zong in – Amah bawhgawp ding uhhi. Tua thei khinkhian ahih manin Ama' nasepsa teng mah kaww thapai lel hi. Zeisu in Kei Christ hi ing ci lian leh, a nial na'ng uh zon ollua hi. Tua hi a, limte, na lamdangte leh a nasepte tawh koibang in nial thei ding uhhiam? Hihte pen Amah leh Ama' hong pain mun kipsakna teci khauh mahmah vive ahi hi.

Eima biakna makaite lakah tuabang lungsim khauhte lakpan in koibang in kikem siam ding ihi hiam? Eima nuntakna sungah Pasion hong nasepna khawng koibang dan in langbawl khathei ding ihi hiam?

MONDAY

November 18

Laisiangtho in Ukzawhna a Neihna

John in Zeisu Messiah ahihna a kilang sakna teci dingin, laisiangtholui genkholna sungah Christ nasep ding ukzawhna aana a neihna cihte zong zang lai hi. Laisiangtholui in John Lungdamthu bek hilo, Laisiangthothak ading in zong, thubulphuhpi mah ahi hi.

Zeisu in kua hi a, koipan hong pai a, bang hih in bang hih lailai ding cihte pen – Laisiangtholui sung bulphuh in kigelh ahi hi.

John 5:39, 40, 46, 47 sim in. Hih munte in Laisiangtho ukzawhna aana tungah Zeisu' muhdan koibang in gen hiam?

.....

Lungdamthu sung tawntung ah, laisiangtho in Amah teci pang hi cih lak tawntung hi. Etpak dingin Laisiangtholui sung thupiang tengin Zeisu hihding teng khempeuh genkhol hi. Anuai a thu zong Gamlakvakna 21:5-9 sung thupiang teng ahi hi. “*Gamlak ah Moses in dalgul a khai mahbang in, Mihing Tapa zong kikhai ding hi*” (John 3:14). Hih pen, a tangthu bek a gen hilo, Amah akicihna hipah a, tua tangthu koici khat theih ding cih hong hihna hipah hi.

Zeisu bek hilo, Laisiangtholui in zong Zeisu vive mah kaw kngiat hi. Lungdamna John sungmah ah Philip' kammal ngiat simkha hihang a “*Moses in Thukham laibu sunga a gelh le Kamsangte in laibu sunga a gelh uh Joseph tapa, Nazareth khua mi Zeisu ka mu zo uh hi*” (John 1:45) cih.

A nuai a munteng simin: John 13:18; John 17:12; John 19:24, 28, 36. Jesus leh John in a telna bangin hih Laisiangtho munte in bang ukna aana nei naci hiam? Laisiangtho khempeuh in eima upna ading hi acih mahbang in bang thu hong gen hiam?

.....

Laisiangtho vangneihna khawng a neuseh thei dingin bangteng peuh in hong tawsawn gawp thei hiam?

TUESDAY

November 19

Zeisu' Thu Laisiangtholui Genkholhna: Khen I

Biakna makaite tawh a thu kikapna khat ah, Zeisu in Laisiangtho' ukna aana kip sak hi. Etpak in, biakna makaite in laisiangtho um sam uh ahih manun, tuabang liang kul tuaklo mai hi. Ahihte hang, amaute' hangmah in Zeisu in laisiangtho ukna kipsak sem zawsop a, amau' lungsim bangzah in khauh in, langdo nopna lungsim liang taleh – Amah kua hi cih a kilah kul ngiat hi.

John in zong, laisiangtholui sungpan in, Zeisu' kua ahihna thu laisiangtholui in a genkholna teng leh, Laisiangtholui kamciam Messiah ahihna teng hong pulak hi.

Anuai a Laisiangthothak munte in Laisiangtholui tawh koibang in kizom uh hiam? Laisiangthothak in Zeisu' thu koibang in teci pansak hiam?

John 1:23; Isa. 40:3

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John 2:16, 17; Late 69:9

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John 7:38; Jer. 2:13

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John 19:36; Gam 9:12

.....

John bek hilo, Peter, Paul, Mate, Mark, Luke leh Laisiangthothak gelh midangte khempeuh in zong, Kha Siangtho makaihna tawh, Zeisu' nuntakzia, sihna, thawhkikna leh Pasian' tokhom tungah a kahtohna teng pen Laisiangtholui genkholna a tangtunna hi ci uhhi.

Zeisu in zong laisiangtho mah tawh Ama' nasep teng hilhcian niloh hi napi – nungzuite in, laisiangtho in Zeisu kawc cih, cikciang in telthei pan uhhiam? Ama' sih khit, a thawhkik khit hong kilaak kik ciangin telcian pan ta lawmlawm uhhi.

“Tua hi a, sihna panin Zeisu a kithawhkiksak ciangin, nungzuite in Zeisu thu gen phawkkik uh a, Laisiangtho leh Zeisu thugente a um uhh?” (John 2:22; John 20:9 enkak in).

WEDNESDAY

November 20

Zeisu' Thu Laisiangtholui Genkholhna: Khen II

Zeisu in biakna makaite kiangah: *“Tawntung nuntakna om ding hi cih lam-etna tawh, note in Laisiangtho na sim uhhi; tua nasim uh laisiangtho in Keima' thu mah teci a pang h̄” (John 5:39)* aci hi. Ama' tungtang a kipulakna manpha lua hi.

Muhdan a tuamtuam om taleh, laisiam pawlkhat in, Nazareth khuami Zeisu in Lai Siangtholui genkholna a zaa simin tangtun hi ci uhhi. Bangzah peuh pha taleh, mikhat' lawh cinna sangin a tawmzaw phial hi taleh, tam a tawm taleh, a hoi dengdang sa vive ahi uhhi. Gentehna lim khat bawlpak leng: Kalaymyo huam sungteng khempeuh dim in sumtang pi nih (*2 feet*) sangin ciang venvan ding hang a, tangkhat a san zut deldal ding in; a

mit a kituamcip mikhat in tua a san a kizut sumtang lakhia sak ding, khatvei bek hihthei cileng; tua khatvei tawh kua peuhmah in tua sumtang san lakhia kha thei ding hiam?

Christ a suahna, a nuntakna leh a sihna khempeuh Laisiangtholui in genkhol khin dikdek a, aki lam-en Messiah ahihna thu a pulakna te lamdang thei mahmah hi. Zeisu in kua hi a, Amah um in Ama hongpiak hotkhiatna sang ding cihthu John in Laisiangtholui kammalte zangin hong pulaak niloh hi.

John Lungdamthu sungpan anuai a munte in kamciamsa Messiah pen Zeisu tawh tangtung hi cih bangteng tawh honghilh hiam?

John 12:13; Late 118:26

John 12:14, 15; Zech. 9:9

John 13:18; Late 41:9

John 19:37; Zech. 12:10; 13:6

Nangma' upna sungah bangzah na kipkho hiam? Mi khat in Zeisu pen Messiah hi cih na upna hong dong hileh; bangci dawn in, nang' upna kipsakna dingin bang hih ding nahi hiam?

THURSDAY
Nuailam Mi

November 21

John ih sinsin ciangin, John in Zeisu pen koibang in Messiah hithei a, kamciam Messiah taktak, Jew mite lam-etna lianpi a hihtheihna cih teng hong musak hi.

Tua pipi mah, biakna makaite, mipite' khalam makaipi te in Zeisu ading gal lianpen ahi uhhi. Banghang hi ding?

John 8:12-30 sim in. Zeisu leh biakna makaite kikal bang thu phamawh om hiam? Mi tampi in Amah a nial theihna uh bangthu hi pipen hiam?

.....

Zeisu in, note in Kei leh Ka Pa nong theikei uhhi cihhi (*John 8:19*). A nihtuak un theihhuai mahmah napi'n, amau leh amau kikhemkhem lel uhhi. Amau' ngeina leh ngaihsutna sungah kip bekbak uh a, amau' mai ah Zeisu om gegu, Pa' vangliatna tawh na tampi sem, thu tampi hilh hi napi - Amah nial teitei uhhi.

Tuakhit ciangin Zeisu in, "Note pen *nuailam mi nahi uhhi*" (*John 8:23*) cihhi. Bangzah biakna mi hi taleh uh, kha-mi leh pasian-mi hi vetlo uhhi. "A *puatham biakna*" (*2Tim. 3:5*) nei mah napi in, tua ciangbek mah ahi uhhi. A pualam pan biakna-mi napi a sung vuah uplohna om hi.

Tua bel thuthak lua zong hi tuanlo: "Amaute' lungsim Kei tawh kigamla napi in, hih mite in a kam uhtawh Kei kiangah hongpai uh a, a muk uh tawh kei hong pahtawi uh in, amaute in Kei hong khtakna uhpén, mihingte thupiak a zuihna uh hilel h?" (*Isa. 29:13*).

Hih thu mah, zalom tampi khit ciangin Zeisu in genpha kik a, "Mihingte' bawl tawm thukhamte Pasian' thukham zahin, mite tungah hilh uh ahiah manun, Kei hong biak hangun, a kimanna omlo hi" (*Mark 7:7*) na ci hi. Mihingte' hilhna, a mihing' thukhamte pen "leitung pan" (*John 8:23*) hi a, Zeisu in, Kei pen "leitung pan Ka hi kei hi" (*John 8:23*) cihhi.

Amou leh amou a kikhemkhem uh suksia luata a; midangte a lampialsak zong dah huai mahmah hi naven, John in, tuabang a kihona uh hangin hamphatna pen "mi tampi in Amah um" (*John 8:30*) cihhi. Tua zah makai ginalo kawmkal mahah, Jew tampi in, tuate kheng in, Zeisu muthei ta uhhi.

Zeisu leh biakna makaite kihona tungtawnin bang pilna na ngah kha hiam? "Nuailam mi" hih lawmlawm ding sangin, koibang in "tunglam mi" hithei ding ihi hiam — a kilamdanna bang hiam?

FRIDAY

November 22

Ngaihsutbeh ding:

Ellen G. White, *The Desire of Ages* laimai 662-680 "Let Not Your Heart Be Troubled" sim in.

"Kham kholna mahbangin, Hebrew mite sungah thumaan kikhoh hi. Jew te sumbawlna in vantung' theihpihna tawh hi a, Christ tektek in a phuhsak ahi hi. Lim leh liim khempeuh tawh thumaan kikhuh khinkhian hi. Zeisu hong paikhin napi, tua lim leh liim te in Zeisu kawh ahiklam Jew mite in phawk khalo uhhi. A khutsung vuah Pasian' thu tawi napi in; tanglai pupa panin a khang a khang in a luah suksuk uh mihing' ngeina leh laisiangtho zong mihing letkhiatna lel

teng in; thumaan pen Zeisu ahihnam lihsak hi. Laisiangtho sunga khalam thu teng mansuah uhhi. Sum kholna innpi amau ading in kihongsa in om napi, thei khalo uhhi.”

“Pasian in mihing’ mai pan Ama’ thumaan seello hi. Amau gamtatzia tengin thumaan kilangsak zolo hi. Jew te tungah Christ in Amah Messiah ahihna thukip tampi piakhin hi napi; Christ hilhna tengpen, midang khensatna khat azui dingin a kizol sa uhhi. Christ nung zui le uh, amau’ deih thu leh ngeina ahi, angkhualna, pasian-mi lohna teng paamaih sa uhhi. Tua ahih manin, Pasian hong piak theih Christ sungah upna tawh ki-aap nuamlo uhhi. Laisiangtholui um ung ci napi in, tuasung a Christ tawh kisai teci panna teng sang nuamlo uhhi. Amau’ taang upna teng nutsiat loh phamawh in a kithuzawh khak dinguh lau uhhi. Lungdamthu manpha, Lampi, Thumaan leh Nuntakna in amau lakah om gige napi, vantung in a piaktheih silpiak lianbel pen nial mai uhhi”—Ellen G. White, *Christ’s Object Lessons*, p. 105.

Kikupding Dotnate:

1. Zeisu’ nuntakna sunga a tangtung genkholna in koibang in upna hong neisak hiam?

2. Zeisu a um veve biakna makaite a tuktheih na’ng thaang thum bang li bang gen dih in. Tuni in tuate koibang in omlai hiam?

3. Tuni in nangma lungmuan theihna khat omsak in. Na upna hong thahat sakding in koici kalsuan ding nahiam?

4. Monday sinna ah Laisiangtho’ ukzawhna icihcih pen, koibang in lung hiang in kinial kha thei ding hiam?

Lesson 9

November 23–29

NUNTAKNA BULPI

SABBATH NITAKLAM

Tukalsung simding: *John 1:4; 10:10; 1:12, 13; 6:61–68; Gam. 13:23–33; Mate 4:1–4.*

Kamngah: “Keimah in lampi, thuman thutak le nuntakna ka hi hi. Kei tungtawn loin kuamah in Pa kiang a tung thei kei ding hi.” (*John 14:6 ZSV*).

Lungdamna John sungah, “Nang kua na hiam” ci in Zeisu a kidot ciangin, Zeisu in, Pasian ahihna tawh dawng hi. Sawlbawkwang sung panin Moses tungah “**Keimah**” cih pen mangngilh huailo hi. Moses kiangah “*Keimah a kici Pa*” (*Pai. 3:14*) cih. Tua Pasian “*Keimah*” mahin “*cilehsa tawh eite lakah hong om a, Ama’ minthanna a Pa’ kiangpan in a ngah penin, hehpihna leh thumaan tawh kidim hi*” (*John 1:14*).

Tua “Keimah” in John sungah kidim hi. Tukul kamngah zong tua thubul mah hi a: “*Keimah in Lampi, Thumaan leh Nuntakna Kahi hi*” (*John 14:6*). Tua “Keimah” in leitung’ khuavak, Nuntakna Khomun, tuu buuk Kongpi, Tuucing Hoihpa leh Lenggwi taktak ahi hi.

Tukul sungzong John genbang in Pasian hong lah teng enzom ding hihang. Thute kikhel zangzang a, Zeisu in Messiah ahihna in vanglian napi, mite in Amah nial uhhi. Tuathu thunih tawh kisin ding hang a: khialhna teng pelh theihna’ng leh, khialhna a bawite vaphak zawhna ding cih thute kisin ding hihang.

SUNDAY

November 24

Ama' Sungah Nuntakna Om

John 1:1 sungah, sawltakpa in Zeisu pen Pasion hi ci hi. Anuai ah a kizom John 1:4 ah *“Ama' sungah nuntakna om a, tua nuntakna in mi khempeuh ading khuavak ahi hɔ̃”* cihi. Hiteng ah nuntakna pen Pasion' nuntakna, amah mah a nungta tawntung ahi hi. Ama' sungah nuntakna om ahih manin, Ama' nuntakna khiasuk in lato kikthei hi (*John 10:17*). Amah'n nuntakna nei ahih manin, a piak nop peuh zong pia thei hi (*John 5:21; leh John 14:19 enkak*).

Hih kammal nuntakna (*Greek - zoç*) in Lungdamna John sung ah 136 vei tak om a, Laisiangthothak sung pan khen li suah khenkhat ahi hi. John 1:4, 5 sungah ahihle leitung nuntakna ahih banah Hotkhiatna tawh zong zomlai hi. Aban John sung buppi ah tua nuntakna (*zoç*) pen tawntung nuntakna, hotkhiat ding kamciam (*John 3:15, 16, 36; John 4:14, 36; John 6:27, 40, 47, 54, 68; John 10:27, 28*) cihi. Piansak lai a nuntakna piapa in, a mangthang leitung ading hotkhiatna leh tawntung nuntakna a piapa mah hipah hi.

Banghang in hih leitungah Zeisu hongpai hiam?

John 1:29; John 3:16; John 6:40; John 10:10; John 12:27.

.....
“Moses in gamlak ah gul akhai mahbang in, Mihing' Tapa zong kikhai ding a, Amah a um khempeuh in kisialo in tawntung nuntakna a ngahna ding uh ahi hɔ̃” (John 3:14, 15).

Daal-gul in, gul in a tuk Israel mite dinmun laksak ahih mahbang in, Zeisu in zong eima dinmun hong laksak

ahih manin, mawhna in Amah sulum hi. Eima' mawhna daan teng hong thuaksak manin eite'n Ama' nuntakna ngahlawh hi hang.

Christ in nuntakna picing i neihtheihna ding hong deihsak hi (*John 10:10*). *“AAhih hangin amah sang a, ama min a um mi khempeuh Pasion tate suah theihna thu a pia hi. Tua suahna pen sisan tawh hilo, ci le sa deihna zong hilo, mihing deihna hang zong hilo in Pasion deihna hanga suahna ahi hi.” (John 1:12, 13).*

Christ in Pa honglak dingin hongpai ahi hi. *“Kuamah in Pasion mu ngeilo hi. Pasion' angung a om pa, a Tapa neihsun in Pasion hong kilangsak hɔ̃” (John 1:18).* Zeisu' omzia i muhna hangin Pa' omzia i muthei ta hi.

Zeisu' nuntakna tungtawnin Pa' omzia bang teng i sin thei ding hiam? Hih pulakna in banghang in lungdamthu hithei hiam?

MONDAY

November 25

Tawntung Nuntakna Thute**John 6:61–68 sim in. Zeisu in nungzuite'n Amah a nusia nuam tam cih a dot ciangin, Peter' dawnna in bang khiatna nei hiam?**

.....
 Peter' kammal *“tawntung nuntakna”* cihpen John sung tawntung ah omsuak hi. Tawntung nuntakna tawh kisai John 6 sungah mi tulnga vakna tawh kisai-in om hi (*John 6:27, 40, 47, 54, 68*). Zeisu in Amah *Nuntakna Khomun* kahi ci a (*John 6:35*), Ama nuntakna, a sihna leh a thawhkikna in tawntung hotkhiatna bulpi ahi hi.

Tawntung nuntakna cih kammal leh a kibanpih kammal John lungdamthu sungah 17 vei om hi. Tua kammal in kha peuh, a om tawntung na khatpeuh, leimi a hilo nakhat peuh khawng zong hi tuanlo hi. Tu laitak i nuntak sungmah in nuntakna hong guan in hong honkhia a, Topa hongpai ni ciangin a tawp theilo nuntakna hong pialai ding hi. Zeisu in cilehsa hongsuak ahih mahbang in, Zeisu gen thawhkikna zong hih pumpi mah tawh thawhkikna ahi hi. Sihna panin hong phong kik a, Eden ah i neihsa nuntakna hong thaksuah sak ahi hi.

Tawntung nuntakna koibangin kingah hiam?

John 3:15, 16; John 5:24; John 6:40, 47; John 8:31; John 12:46; John 20:31.

Muanna taktak tawh Zeisu Christ in eite ading hong sihsak dingin hongpai cih i um uhhi. Hih muanna pen hong piakkhong hi napi, kisikna eima mawhna hong maisak in hong sawpsiang na'ng Ama' sisan sungmah ah ki-aap ding teel kul hi.

Zeisu in, nang zong nong taisan diam cih Peter a dot ciangin, Peter in "*Topa aw, kua kiang zuantuan ding kahi hiam? Nangmah in nuntakna kammal nanei h?*" (*John 6:68*) acih thu in, hotkhiatna koibang in kingah cih a nahuam hi gige hi. Thu pilna, tangthu, science leh mihing' sep theihna pan peuhmah hilo hi. Zeisu – tawntung nunna a neingiat pa in – Kha Siangtho makaihna tawh dawng in a sang peuhpeuh a khawnkhong in apia hi.

Kamciam tawntung nunna i neihsa in i lei nuntakna koibang in huzaap thei hiam? A huzaapna koibangin kimu thei hiam?

TUESDAY

November 26

Upna leh Suahthakna

John 1:12, 13 sim in. Christian suah theihna'ng cial bangzah om ci hiam?

John in, Zeisu um in Ama' min tawh tawntung nunna ngahna dingin a lungdam thu hong gelh ahi hi (*John 20:31*). John 1:12,13 sungah hihthu cialnih tawh hong pulak hi. **Cial masa**, Amah sangphot ding, um ding cihna hi. **Cial nihna** ah, Pasion' tate hong suahna, taang 13 in Pasion sungpan suahna cih. Tua ahih manin, Christian suahna sung ah leimi leh vanmi mapang khawm hi. Upna muanna tawh sang in, a khuavak pom peuh leng, Amah in lungsim puahpha thei lel hi.

Tua hi a, upna muanna pen Ama' Thu zakna pan Pasion hong piakkhong hi (*Rom. 10:17*). "*Christ sungah a beel thipthep upna neih nadingin, Ama' thu sungah hong kipulaksa mahbangin Amah theih kul h?*"—Ellen G. White, *Fundamentals of Christian Education*, p. 433.

"*Kha Siangtho in mihing' lungsim sungah nasem in khuavak hong piaksakna tawh Pasion sungah upna piangsak h?*" —Ellen G. White Comments, *The Seventh-day Adventist Bible Commentary*, vol. 7, p. 940.

Tapa in Messiah hi ci in a um a sang peuhmah tawntung nunna ngah hi. John in zong Zeisu' gen Thu sangin a umte naci hi (*John 5:24, 38, 47*). Lungsim kizawhna ahih leh Kha Siangtho' maban ahi hi (*John 16:7, 8 leh Rom. 8:16 enkak*).

Romans 8:16 sim in. Zeisu sungah hotkhiatna thukhun hi'ah bang kimu hiam?

.....

Laisiangtho bang upna in, eima lungsim sungah Khasiangtho nasep hi a, uptheih na'ng a bulpi ahi hi. “Upna in, mit a muhna leh bil a zakna thupha lianpi ahi hi.” –Ellen G. White, *In Heavenly Places*, p. 104. Upna bulpi muh na'ng mihing' ngaihdan ahiehleh, uptheih ding dinmun a omleh um hi sese hi. Laisiangtho deihna ahiehleh tua upna pen bel Pasion hong piakkhong hilel hi (*Eph. 2:8; 1Cor. 1:17–24; 1Cor. 2:1–6*). Upna bulpi panin kipat khitteh theihtelna leh hehpihna sungah khangto ding hi.

Nang upna bang tungah kinga hiam cih hong kidong leh koici dawn ding?

WEDNESDAY
Nuntakna Bulpi Nial

November 27

A dahhuaipen tangthu pawlkhat zong Lungdam John sungah om hi. “Tua khuavak in khuamial lakah tang a, khuamial in tua khuavak zolo hi. Amah (khuavak) leitungah om a, Amah in leitung abawl hi napi, leitung in Amah theilo hi. Ama' mipih te kiangah hong pai hi napi'n, Ama' mipih te'n na sanglo uhhi” (*John 1:5, 10, 11*). Tua “**Keimah**” pen a mipih te in nial uhhi.

Paul in “na lungmuanna uh khahsuah kei un” (*Heb. 10:35*) cih. Akhang a khangin Christ leh Ama' Thu pen mihing in nial thapai uhhi.

“Mihing' ngaihdan cihpen uplahna tawh hong kipan hi. Thumaan theihna dingin ki dongtel tangtang hi. Langnih

dottelna panin theihna kip kingah a, tua tungah upna kinga hi. Tua mahbang in pawlkhat in laisiangtho kantel nading in, science, tangthu, lung pilna, leisung tokikte leh lei pianzia pilna tetawh Laisiangtho sittel nuam uhhi. Tua bang ngaihdan limlim in Laisiangtho uplahna panin hong kipan ngiat ahi hi. Christ in, ‘Mihing Tapa hongpai ciangin, leitungah upna muzo ding hiam?’ (*Luke 18:8*) cih.”—E. Edward Zinke and Roland Hegstad, *The Certainty of the Second Coming*, (Hagerstown, MD: Review and Herald Publishing Association, 2000) p. 96.

Gam. 13:23–33 simin. Canaan gam ah thukan a paite' thupuak namnih in bang kilamdanna piangsak hiam?

.....

Kadesh Barnea a Hebrew-te' mawhna pen Pasion Thu uplahna hi. Pasion in paito unla tua gam la un cih. Canaan gam thukantel dingin mi sawmlehnihipaisak hi. Thupuak nih tawh hong ciahkik uhhi. A tamzaw in thusia hong puak uhhi. Mite golthei lua, khuapite kulh tawh ki umm, muh ngeiloh galhiam nei uh, galkapte galsiam theilua ci uhhi. Eite tuabang hilo, galsiam hetlo in Egypt ah sal in omkhin hihang ci uhhi. Thukan sawmte in, mihing ngaihdan tungah kinga uh in, tuabang in thukim uhhi. Thukan nihte in zong, Pasion' Thu vangliatna sungah upna tawh, nacihi bang un himah hi cihsak uhhi.

Tuabang khialhna koibang in pelhthei ding ihi hiam? Tua banah, eima ngaihdan peuh tawh Pasion' na kasem hi ci in, khial theilo ding ki ngaihsutna khawng zong bangci pelhthei ding hiam?

THURSDAY

November 28

Mawhsak Thukhenna

“Amah a um mi in thukhenna a thuak kei hi. Ahih hangin a umlo mi ahih leh Pasion in khat bek a neihsun a Tapa min um lo ahih manin tu mahmah in thukhenna a thuakzo hi. Hih thukhenna in leitung ah khuavak hong tung khin napi mite a gamtatna uh hoih lo ahih manin khuavak sangin khuamial a deih zaw uh hi. Siatna a bawl mi peuhmah in khuavak mudah a, khuavak a zuan kei uh hi. Banghang hiam cihleh a gamtatnate uh kipholak kha ding ahih man ahi hi. Ahi zongin thuman in a gamta mi in ama gamtatnate Pasion deihna tawh kituak hi cih a kitelmuh nadingin khuavak a zuan hi” (John 3:18–21; John 1:10 enkak).

Banghang in mite thukhenna tung hiam? *John 3:18, 36; John 5:24, 38; John 8:24; John 12:47.*

Leitung khuavak Zeisu nialna in, dawil gilo’ hong mawhzol theihna’ng lunghianna hong neisak hi. Khuavak pen khuamial hong suahsak hi.

Eve zongpen huan laizang a singkung tawh kisai khuavak ki piakhin hi. Satan in tua khuavak pen dotna suaksak hi. Itna Pasion peuhmah in a bawlsa mihing susia kik lo ding hi ci in Pasion’ kammal sittel hi. Ama’ upmawh thu tungah kinga pong hi. Gul in tua singgah a nek leh pauthei liang cih. Hoh gul thumaan kha ding hi v’aw. *Tua singgah ne leng, Pasion kibang ding cileng!* Khem thuakta, khuavak pan kihei khia ta hi. A pasal in zong tua lampi mah teelta hi.

Mate 4:1–4 sim in. Christ in gampa lakah Satan’ mawhzolna a kidal theihna dingin bang thu bulphuh zang hiam?

Christ in Ama’ mihing’ dinmun tawh ngaihsutna, Adam leh Eve tegel mahtawh a kibang, Kadesh Barnea a Israel mite mihing dinmun mah tawh hong pai hi. Itna Pasion in Ama’ Tapa pen gampa lakah an leh tui omlo kepcinna omlo in, sun sawmli leh zan sawmli sung nusia cip hiam cihtheih ding dinmun ahi hi. Amah Pasion’ Tapa ahihna sittel theilua – *Hih suangte khomun suaksak gawp leng ai’ve!* Tua sangin, Amah in Pasion’ kammal tawh dawngkik zaw hi. Leitung ngaihsutna ciang lel tawh hilo in vantung ngaihsutna tawh na gamtang zaw hi. Ama’ lampi telkhih ding bangzah in baih hiam, mi tampi, thu-umte nangawn in teelkhih theilai hi.

FRIDAY

November 29

Ngaihsutbeh ding:

Ellen G. White, *The Desire of Ages* laimai 19-26 sung “God with Us” leh; 601-609 sung “Controversy” sim in.

“Christ in mihing dinmun hong laak ciangin, Satan’ tawh kilehbulh ahihna hong lak hi. Ki niamkhiatna lampi hong tawn hi. Mihing khat hong suak in, ‘Amah hong kiniamkhiat tawm in, singlamteh tungah sihna ding ciangdong thu mang hi’ (Phil. 2:8). *Siampilian in ama’ puan tualpi suahkhia in, siampi nautangte’ silh puan kang maimai hong silh bangin; Christ in*

zong nasem limpua in, Amah siampi lian lah hi veve in, gangawh zong hong hikawm hi. ‘Eite khialhna hangin Amah hong kiliamsak a, eite’ mawhna hangin Amah hong kisanim hi. Ama’ gim thuakna hangin nopna i ngah hi’ (Isa. 53:5).”

“Christ in eite thuaktaak teng thuak a, Ama’ ngahtaak teng eite’n i ngah hi. Eima mawhna hangin mawhsak thukhen thuak a, Ama’ hamphatna om hetlopi mah, ei’ hamphatna ding ahilo Ama’ dikna hong hawmsawn hi. Eima’ sihna ding Amah si a, Ama’ nuntakna i ngahlawh hi. Ama’ liamma tetawh i damlawh hi”—Ellen G. White, *The Desire of Ages*, p. 25.

Kikupding Dotnate:

1. Leitung hotna’ng Zeisu in tampi piakhia hi. Midangte in hih thu lamdang mutel in Amah hong uptheihna dingin bang lampi hoihpen ding na um hiam?

2. Mihing khat tungah khensatna bawl ding ciangin, Leitung dinmun leh vantung dinmun kikal ah bang kilamdanna om hiam?

3. Leitung thu leh ngaihsutna lel tawh Pasian thu telna koibang dan hi hiam? Upna neihtheih na’ng in bang thu leh ngaihdan kisam hiam?

4. Tuesday sinna tawpna a dotna pen kikum kik un. Nangma upna bang tungah kinga hiam? Mi khatpeuh in Zeisu leh Ama’ lungdamthu banghang in um cih hong dot leh, na koici dawn diam?

Lesson 10

November 30–December 6

LAMPI, THUMAAN LEH NUNTAKNA

SABBATH NITAKLAM

Tukalsung simding: *John 13:1–20; 14:1–3; Dan. 7:27; John 14:5–11; John 1:14; Col. 1:16, 17; John 5:38–40.*

Kamngah: “Cikmah hunin kuamah in Pasian a mu ngei kei hi. Ahih hangin Pa ang sunga om Tapa khat bekin Pasian hong pulakkhia hi” (*John 1:18 ZSV*).

John’ lungdamthu pen khenpi li in kikhen hi: **Kam honna** (*John 1:1–18*), **Lim’ laibu** (*John 1:19–12:50*), **Minthanna laibu** (*John 13:1–20:31*) leh **Thukhupna** (*John 21:1–25*) cihbang ahi hi. I sinsa khempeuh pen kam honna leh Lim laibu ciang hi a, Ama lim leh nalamdangte, mi tawh a kihona, a thuhilhna te tungtawn in Zeisu in kua hi cih theih sakna ahi hi. Tu in ahihleh khenpi thumna, Minthanna laibu lamah kahto tading hi hang.

A minthang mahmah “**Keimah**” sagih teng in, Lim laibu leh Minthanna laibu kikal ah leidawh hi. “**Nuntakna khomun**” (*John 6:35, 41, 48, 51*), “**leitung khuavak**” (*John 8:12; 9:5*), “**kongpi**” (*John 10:7, 9*), “**tuucing hoih**” (*John 10:11, 14*), “**thawhkikna leh nuntakna**” (*John 11:25*), “**lampi, thumaan leh nuntakna**” (*John 14:6*), leh “**lenggui taktak**” (*John 15:1, 5*).

Tukal sinna pen, ki vaikhakna ding thupatna in Zeisu in nungzuite’ khe a sawp sakna thu teng hiding hi. Tuakhit ciangin, chapter 14 sunga “**Keimah**” (“**lampi, thumaan leh nuntakna**”) cih teng kisin ding hi.

SUNDAY

Etteh ding Kong Piakhin hi*December 1*

Vaikhakna laipi (*John 13–17*) in, nungzuite' mailam thu ding uh Zeisu in a hilh kholna ahi hi. A laigual paizia ahileh Thuhilhikikna sungah Moses' kam vaikhakna ahi a, Jacob in a tate a thupha piakna (*Pian. 47–49*), David in Solomon a thuhilhna (*1Khang 28–29*) cihte tawh kibang hi. Zeisu in Ama' paikhiat ding tawh kisai in nungzuite hehnem hi. Ama' aiawh khat (*Kha Siangtho John 14–16*) kamciam pia hi. Dahna kahna om ding (*John 15–16*) ahiah manin, thumaan citak dingin nungzuite hanthawn hi (*John 15*).

John 13:1–20 sim in. Bang thupiang om a, bang hangin thupi hiam? Zeisu in bang pilna hong pia nuam hiam?

.....

Zeisu hun, tualai leitung mite in khedap bulh zong om a, khe-guak a pai zong om hi. Khete leivui baang in niin thei uhhi. An-ne ding hong paite, sila te in khe a sawp sak ngeina khat om hi. Zeisu a kimat madeuh, nungzuite tawh a nunung pen nitak an anek ding ciangun, tualai ah sila khat zong omlo hi.

Mi khempeuh in lamdang asak uh pen, Zeisu hong dingkhia in amaute' khete khempeuh sawpsak hi. John 13:4, 5 ah, Zeisu gamtatna a kizom diudeu in om hi. Topa in upmawh huailo kiniamkhiatna a bawlina hong gen hi.

Peter in a dawnna pen John 13:8-11 sungah om a, tuabang in Zeisu' gamtatna pen nungzuite a ding tel

zawhloh ngaihsut zawhloh thu ahi hi. Zeisu, a Topa uh Messiah in, koibang in hizah kiniam saktei hiam? Zeisu in khe a sawpsak ding Peter in nial ahiah manin, Zeisu in nang' khe kasawp keileh Kei tawh na kizom kei hi cih ngahkha hi. Tua ciangin Peter in Zeisu tawh lam tawntung ah kikhawl ding a utna pulak hi. Zeisu in kua hi cihthu Ama' gamtatna in lak hi. John 13:13 sungah Amah in Siapa leh Topa kahi hi cih. Amaute in tuabang mahin sam uh ahiah manun, Amah'n zong tuamah bangin cipah hi. Hih min in ukzawhna vanglian nei hi.

Hi napi Zeisu in, ukzawhna vanglian pen, nasepna bekah zat ding, eimah kiliatsak na'ng hilo cih. Adventist Pawlpi in, tua Zeisu hong lah lim kipom a, Topa' nitak an nekna lutna ding kithawi kholna in Kiniamkhiatna Hun kibawl masa hi.

Tua kiniamkhiatna hun in, midang tungah kiniamkhiatna mah tawh na septheih na'ng Zeisu' khekhap zuihna koibang hong lak hiam?

MONDAY

Kong Paikik Takpi Ding hi*December 2*

John 14:1–3 sim in. Hih kammalte Zeisu in bang tawh kizom in gen hiam?

.....

John 13 tawpna ah, Zeisu in Amah paikhia ta ding cih (*John 13:33*). Peter in Amah koi ah pai ding cih a dawpna panin hong piangkhia ahi hi (*John 13:36*). Nungzuite in Ama sih ding, a thawhkik ding leh a kahtoh

ding khawng sa selo uhhi. Peter in zong a Topa ading in a nuntakna paai ding cihi (*John 13:37*). Tuapen Peter' nial ding thu Zeisu in a genkhol ciang ahi hi (*John 13:38*).

Tua tawh kizom in Zeisu in, nungzuite lungkham kei un cihi (*John 14:1*). Lungkham cihpen Greek pau in **tarassô** hi a, *toknawi, buaisak, kiplo sak, buaina sung tun* cihte ahi hi. Zeisu' kammal hangin nungzuite a buai luat ding uh acih nopna ahi hi.

Amau' launa dungzui in, Zeisu in a Pa' inn gen a, om na'ng inndeitampi om cihi. Amau' omna'ng mun bawlkhol in Amah vapai ding hi. Ama' kammalte in singlamteh a khengval Ama' mite honkhia dingin hong paikik ding cihi. Mawhna hangin Ama' thuak siatna zong khatvei tawh zosiang ding cihi (*Dan. 7:27*).

Zeisu in "*Kei vapai in; kong paikik ciangin, Keima omna munah note na omtheih nading un, note kong la ding*" (*John 14:3*) cihi. Tua pen Nihveina Hongpai ding a genna hipah hi.

Tua kamciam muanna in bang thubul nei hiam? Laisiangtho tangtunna hi peuh ci lel kha ding uhhi. John 14:3 in tumdang deuh in gen hi. Hihteng ah *Kong pai ding hi* cih pen Greek pau in *Kei hong pai hi ing* cihi. Greek pau in hong tunglai ding hun genkholna ahiah manin, *Kong pai takpi ding hi* cihna ahi hi.

Topa hong pai ding lem-etna pen laisiangtho genkholna tangtunna maimai hi beklo hi. A diakdiak in, hong kamciam Mipa sungah lungmuanna hi phadiak hi. Amah in kong pai takpi ding cihi. Hong kamciampa hangin lungmuang thei ding hihang.

Singlamteh in Christ nihveina hongpai ding koibang in gen hiam? Nihveina hongpai kik ding omkei leh, hongpai masak lai in a sihna in bang phattuumna om ding hiam?

TUESDAY

December 3

Keimah in Lampi, Thumaan leh Nuntakna

John 14:5, 6 sim in. Zeisu koiah pai ding cih Thomas in dong hiam? Zeisu in koibang in dawng hiam?

.....

Thomas' dotna pen dothuai mah hi. Mikhat a paina ding mun thei kei lecin, ama' nung koibang in zui thei ding hiam? Zeisu in tua dotna pen Amah mah lampi kahi hi cih tawh khawlsak hi. Kaw'h paina lampi hiam? Pa kiang paina lampi hi. Kam honna John 1:1-18 sungah, Thu (*logos*), Zeisu Christ leh Pa kinaihna om khin hi. John 1:18 in a neihsun-khat Pasion in *Pa kilang sak* naci hi. Kilang sak cihpen Greek pau in **exçgeomai** hi a, *gentel, letkhia, pulakkhia* cihna ahi hi. Hi panin **exegesis** hong om a, a khatna genkhia cihna hi.

Tua hi a, Christ pen Pa tawh kizopna hi a, a puksa hih leitung ah Pa a lakkhia Amah ahi hi. Amah Pa kiang tunna lampi hi. Amah lo peuhmah tawh eite theih theihna in ciangtan omlua hi.

John 14:7-11 sim in. How did Jesus clear up Philip' telkhialhna Zeisu in koi bang in hilhcian hiam?

.....

Philip in Pa mu nuam in ngen a, tua pen mawhnei mi' hih theihloh thu leh mu lehzong nungta zolo ding hi (*Pai. 33:17–34:9 leh John 1:18 enkak*). Zeisu in amau' tellahna teng puah sak in, Amah namuh nakvua leh Pa amu nahi uh cihi (*John 14:9*). Zeisu in Pa kiang tun na'ng lampi hi takpi hi. Amah lotawh lampi mial in kician mello hi. Pa kiang tun na'ng lampi hong taan Amah ahi hi.

Zeisu in thu thum henkop hi: *lampi, thumaan, nuntakna* ahi hi. *Lampi* pen John 1:23 bekah om a, Tuiphum John in Zeisu a ding lampi sialsak, cihleh John 14:6 sungah ki zang hi. **Thumaan** leh **nuntakna** ahiehleh Lungdamthu sungah thu paipi ahi hi. Wednesday leh Thursday sinna in *thumaan* hong hilhcian ding a, leitung in ahiehleh tua "**thumaan**" tawh kisai dotna tampi takmah omsak hi.

Pa Pasion omzia lahna pen Zeisu mah tawh kituak pen cih theihna in banghang in lungnopna hong piathei pen hiam?

WEDNESDAY

December 4

Keimah in Thumaan

John 1:14, 17; John 8:32; John 14:6, leh John 15:26 sim in. John in thumaan pen Zeisu tawh koibang in henkop pah hiam?

.....

Lungdamna John sungah, thumaan pen Zeisu, a Pa leh Kha Siangtho tawh kizomsak hi. Thumaan leh Zeisu, Thu (*logos*) leh khuavak tawh kizom a – a langkhat ah khuamial om hi (*John 1:1–14; John 3:19–21*).

Khialhna zong in dawih leh mawhna tawh kizom hi (*John 8:44–46*). John in thumaan a cihzong a omsa nial theihloh peuh cihna hi mawkmawk lo hi. Tuat zong himah a, a khengval in, hih thumaan icihcih pen Pasion leh Ama' deihna tungah cihtak thumaanna cihna ahi hi.

"A nungta Pasion' ompihna lunggulhna tawh a kikoko tampi tak om hi. Thuthuk kansutte leh laigelh siamte gelhna in bangzah in taang taleh lungkim huai zolo hi. Mihing zonsa nate in bangmah hilo lel hi. Pasion kammal in mite hopih taken. Ngeinalui, mihing ngaihdan leh amau' thu a ultung sakte in; tawntung nuntakna sungah kha a thaksuah thei Ama' aw za ta uhhen"–Ellen G. White, *Christ's Object Lessons*, p. 40.

Zeisu in Thumaan ahiehna in bang khatna nei cih ngaihsut sak in. Zeisu in *logos*, a kipatcil in nakhempeuh a piangsak, Pasion tawh a omkhawm **Thu** ahi hi (*John 1:1–4*). Tawntung pan in tawntung ah Pa tawh omkhawm Zeisu in, Pa omzia mah nei ahieh manin "**Keimah**" kahi hi cihi. Midang khatpeuh tungah kinga hilo hi. Amah lotawh a om bang mah omlo hi. Nakhempeuh zong Amah Zeisu in bawl a, Ama' sung bekah omthei uhhi.

"Vantung leh leitung a om nakhempeuh, muhtheih, muhtheihloh, kha thu tawh kisai vangliatna ukte, tote, aana neih nate a kipan nakhempeuh Amah in piangsak hi. Na khempeuh a omma in Amah omkhin zo hi" (*Col. 1:16, 17*). Zeisu pen thumaan tawh kidim bek hilo, Amah Thumaan hipah hi. Thumaan cihpen upna khatpeuh bawltawm thu khatpeuh hilo hi. Mimal hi!

Thumaan, Zeisu Christ pen leitung a taan ni tawh kibang hi (*John 8:12*). **C.S. Lewis** in Christian pawlpi pen "*Ni a suah bangin Christian pawlpi ka um a, kamuh man bek*

hilo, tua pawlpi hangin na khempeuh ka muhtheihna hang hizaw hi” cih—“Is Theology Poetry?” (n. p.: Samizdat University Press, 2014), p. 15, originally presented 1944.

Thumaan Zeisu hangin, eima kimlehpam a om leitung bup maantakin kiletchia thei hi.

THURSDAY

December 5

Laisiangtho leh Thumaan

Lungdamthu sung tawntung ah, lampi, thumaan leh nuntakna ahi Pa’ thu ki thupi sak mahmah hi. Lungdamthu khempeuh sungah, laisiangtholui leh thak sungah, thumaan vive hong pulaak uhhi. Zeisu in kua hi cihleh bang hihding hongpai cih hilhcianna ah maan phadiak hi.

John 5:38–40 sim in. Hihteng ah laisiangtho tawh kisai Zeisu in bang gen hiam?

.....

Zeisu leh nungzuite in laisiangtho mah kawkw tangtang in Amah Messiah cih kip sak hi. Christ in “*Moses na up nakvua leh, Kei nong up ding uh hi a; amah in Keima’ thu mah gelh hi. Moses’ laigelh te um lopi in Kei kammal koibang in umthei ding nahi uh hiam?*” (John 5:46, 47).

Luke 24:27 sim in. Ama’ nasep pulakna dingin Zeisu in, banghang in Laisiangtho kaww masa se hiam?

.....

Mundang ah, Paikhiatna laibu sungpan a lakkhiat, Christ in “... *note tungah a gen thute sim ngeilo nahi uhhiam?*”

(*Mate 22:31*) cih. Zechariah in zong Pasion kamciam a pulakna ah “*Amah (Pasion) in tanglai, leitung a ompan kipan in, a kamsangte tungtawn in thu hong gen a*” (*Luke 1:70*) mah naci hi. Pentecost ni in Peter in a thuhilhna ah, “*Kha Siangtho in David’ kampan in a genkholna laisiangtho sung thu a tunna ahi hi*” (*Sawl. 1:16*) cih.

Laisiangtho pen science laisimbu zong hi samlo ahih manin, **atom** thu, khuak-aat thu khawng genlo hi. Tuasang a thupizaw thute gen hi. Hih vannaui bup a thu kizom tampite hong pulak hi. Kongpi honna tawhtang, khuamuh na’ng khuavak ahi hi. Lai siangtho lotawh, Pasion theilo, vannaui a Ama’ sepsate, eima’ pianna bulpi, nuntakna’ khiatna leh mailam thu bangmah theilo ding hihang.

Science leh theory khawng nangawn in hong hilh ngeiloh bang thumaan, laisiangtho in hong hilh hiam?

FRIDAY

December 6

Ngaihsutbeh ding: Ellen G. White, *The Desire of Ages* laimai 463-475 “The Light of Life” leh E. Edward Zinke, “*The Authority of the Bible and the Certainty of the Second Coming*” laimai 23–36 *The Certainty of the Second Coming* simin.

Zeisu in “*Keimah in leitung khuavak kahi hi*” a cihlai in, “Bukpawi va siim in, biakinn huang sungah Amah omkha hi. Huang laizang ah mei vakna tau sang lianpi nih om hi. Nitak gangawh biakna khit ciangin, tua meite kivak in, Jerusalem khuazang bup taan zeizai hi. Tua meivak pawih ahihleh, sehnal lakah Israel a makaih den meikhuampi phawkna leh Messiah hongpai ding cih limpuakna zong ahi hi. Nitak ciangin tua meite a kivak ciangin, biakinn huang zong nopci sak mahmah hi.

“Mei in Jerusalem a taan zeizai ciangin, mipite lamet Messiah hong paina thu gen hi. Zeisu ading ahihle tuasang a zaizaw khiatna neilai hi. Biakinn meite in amaute taan ahih mahbang in, Christ in zong, khalam khuavak hi a, leitung khuamial sungah taang ding hi. Cihetei hang tua limpua in picing zolo hi. Tua khuavak lianpi in Ama’ khut tawh vantungte a leptuahna in Ama’ nasepna minthang sak zawtham lai hi.”

“Zingsang khat; Olive mualtung ah ni suak tuung, nizang in biakinn huangsung marble suangte tungah a kap ciangin tee zialzial in, biakinn huang uumna khamte tungah lengkik in a om laitak in Zeisu in tua kawh in ‘Keimah in leitung khuavak ka hi hi’ cih?” —Ellen G. White, *The Desire of Ages*, pp. 463, 464.

Kikupding Dotnate:

1. Thursday’ dotna nunung pen kikum kik un. Science sung panin a kingah ngeilo ding, laisiangtho in honghilh bang thukhun peuh namu hiam? Gentehna in, singlamteh, thawhkikna, nihveina hong paina cihte e? A dang e, eite’ theihhuai a thupi laisiangtho thumaan bang teng omlai hiam?

2. Lucifer’ pukna ngaihsun in. A picing Pasion’ omzia a lak pilna leh omzia nei hi. Tua pipi mah Pasion lehdo teitei lai hi. Hihthu in deihteelna koibang in hong hilhcian a, tua eima’ deihteelna in – Pasion’ deihna teel in tua sungah ki-aap tawtung ding banghang in kizam sakthei hiam?

Lesson 11

December 7–13

PA, TAPA LEH KHA SIANGTHO

SABBATH NITAKLAM

Tukalsung simding: *John 14:10, 24; Pian. 3:7–9; John 16:27, 28; John 16:7–11; John 17:1–26.*

Kamngah: “Pa in Keima tangin a hong sawl ding Huhpa Kha Siangtho a hong tun ciangin, note tungah thu khempeuh honghilh ding a, note tungah kong gensa thu khempeuh zong hong phawksak kik ding hi” (*John 14:26*).

Lungdamna John pen Moses tawh kizom phadiak hi. Zeisu in kamsangte tung tawnin kamciamsa Messiah ahihna lahna in lim leh nalamdangte pulak hi. Zeisu pen Christ ahihna tecite zong gualsuk deudau hi. **“Keimah”** cih Pasion ahihna lahna kammal zong zang hi.

Lutang-Pasion thum teng zong John 1 in pulak zel hi (*John 1:1–4, 14, 18, 32–34*). Lutang-Pasion telcian mahmah nuam in zalom tampi takmah ki hanciam hinapi, kinial theilo ahih manin piang zolo hi. Bangmah telzawh melloh, mihing’ lungsim kawcik in a phak zawhloh thu khat khawng nial pongmawk cihpen haivai mahmah hi.

John in, Pasion a telcian nuamte in, Zeisu leh Thu sunga hong pulak teng en in ciziau hi. Hih upna in leitung bup kipawlina huamzo pen a – Lutang-Pasion thum teng kikal, Lutang-Pasion leh mihing kikal, mihing leh mihing kikal ah kizopna teng hong huam hi.

Tukal sinna sungah John Lungdamthu sungpan Pa, Ta, Kha Siangtho kisin ding a, vaikhakna lam hita ding hi (*John 13–17*).

SUNDAY

Vantung a om ih Pa

December 8

John lungdamthu pen mihing kipatcilna Laisiangtho sunga om bangin a kigelh ahi hi. “A kipatcil in Pasion in vantung leh leitung a bawl hi” (Pian. 1:1). Thukhat pan: A kipatcil in Pa, Tapa leh Khasiangtho in vantung leh leitung bawl uhi. Amau teng pen omna khempeuh’ bulpi ahi hi. Vannuai bup leh a sung omte a nungtate bawl uhi. Eima leitung ah a tuampian vilvel nuntakna khat om a, tua in mihing ahi hi. Pasion in mihing a bawlna sungah a ngiimna pen, Amah tawh ahi a, mimal khatsim ihi zongin ki lungtuak takin nuntak ding hong deihna ahi hi.

A dahhuai thu ah Lucifer in leitungah mawhna hong tun zen hi. Mawhna in Pasion leh mihing kizopna hong suksiat sak hi. Pasion hong telkhial sak hi. Tua ahih manin, Pasion thei kik in mihing hong hotkhiatna ding in Zeisu in zong eimah mihing pianzia la in mihing hong suak hi.

Zeisu in leitung ah a om lai-in pa deihna bang gamta in, Ama’ nuntakna Pa tungah ki-aap in, Pa in makaihna nuai ah om hi. “Kei leh Ka Pa pumkhat hi ung” (John 10:30). “Pa in Kei sungah om a, Kei in Pa sungah ka om hi” (John 10:38). “Ka Pa’na semlo hileng nahong uploh ding mahuh ahi hi” (John 10:37) cih.

Anuai a munte ah Pa’ nasep bangteng pulak uh hiam?

John 3:16, 17; John 6:57

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John 5:22, 30

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John 6:32; John 14:10, 24

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John 6:45

.....

John 15:16, John 16:23

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Hih munte in Pa leh Zeisu leh Christ, A Tapa kinaizopna pulak hi. Pa in leitung tawh kinai takin kizom a, eite’ hotkhiatna dingin hotkhiatna thuk hong vaihawm sak hi. Hih thute in Pasion hong itna bangteng hong hilh hiam?

MONDAY

Zeisu leh Pa

December 9

Eite pen Lutang-Pasion in Amah tawh kikhawl ding in hong bawl hi (Pian. 1:26, 27). Hinapi, mawhna in tua kikhawlhna hong suksiat sak hi. Tua tangthu pen Eden huan sunga thupiang pan in telcian mahmah lel hihang.

Piancil 3:7-9 sim in. Hihmun in mawhna tawh thukham palsatna koibang in hong lak a, Pasion in mihing hong zong kik zawsop ahihna bang gen hiam?

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Lutang-Pasion in, mawhna meima khempeuh damkik na’ng vaihawm sak hi napi, mihing khempeuh in zong sang khin zo tuanlo uhi.

Hih kikhohlhna puahphat kik ding zong, Lutang-Pasian khat in mihing hong suah phot kul hi. Tua hi a, Thu in cilehsa tawh eite lakah hong om a, Pasian' minthanna hong musak hi (*John 1:14–18*). Tua ahiah manin, mihing in zong Ama' hehpihna picing takin ki ngahthei hi. Tua thu hawmkhia dingin Zeisu hongpai a, Pasian' min thangsak in a kitatsa kizopna teng puahpha in, Christ Zeisu in hong piakkhong tuathu teng upna tawh a sang nuamte beek in saantheih ahi hi.

Bang lam-etna lamdang om hiam? *John 1:1, 2; 5:16–18; 6:69; 10:10, 30; 20:28.*

.....

“Kuama piaktaum ahi lo, Christ sungah nuntakna om hi. Zeisu in kuama kicang pan leitawi lo a, kawmtaum lo h” —Ellen G. White, *The Desire of Ages*, p. 530. *“Hong kiniamkhiat taum” (Phil. 2:7)* a, Ama' thu hong pulakna ah, Amah Christ hi in hih leitung ah mihing bangun hong om a, Ama' nuntakna zong Pasian hong piakkhong bangun hong hawmsawn hi. *“Christ in Pasian ahiahna mahmah pen thu umte tawntung nunna ahi h”*—*The Desire of Ages*, p. 530.

Mihingte in Pasian theilo uh hi (*John 17:25*). Tua manin Pa in Amah a kitheihna dingin, khat bek a neihsun Ama' Tapa hong sawl hizaw hi (*John 9:4, John 16:5*).

Hih vannuai tawh kisai in Pasian umlo mikhat in, “Hih vannuai zaipi mial khikhu sungah, eite ading hotkhiatna peuhmah lam-et omvetlo hi” cih. Hihpa khialhna pen Laisiangtho in bangteng hong hilh hiam?

TUESDAY

December 10

Tapa Theihna in Pa Theihna

Lungdamna John sung tawntung ah, Zeisu, Tapa in Pa hong lahna teng sawltakpa in pulak hi. Zeisu in Pa kua hi cih leh hih leitung tawh Ama' kizopna hong lahna ahi hi. John 1:18 ah zong Ka Pa ka hong pulak hi cih (*Greek exçgeomai: hilhcian, letkhia, lah*). Zeisu in tuabang in hih den hi. Pa (*Greek: patçr*) cih kammal in John sungah 136 vei om a, 1 pan 3 dongsung ah 18 vei hi a, Laisiangthothak sunga om khempeuh pan thumkhen khenkhat val deuh ahi hi. Tua lungdamna John sunga hih vaikhakna tengpen zong Zeisu in Pa a pulakna mah hizel hi.

Zeisu pen leitungah Pa' aiawh hi a, Pa' deihna bangun, mihing' cilehsa tawh hong nungta hi. Tua hangmah in Zeisu in, Keima deihna kabawl kei a, Pa' deihna bekmah ka zong hi cih (*John 5:30*). Zakcil in patauh huai bang ahiahhang, mihing khat ahiahna tawh, Zeisu in Pa tungah ki pum-aap mahmah cihna hizaw hi.

Ka Pa in Ama' nasep – mihing hotkhiatna tangzo dingin Kei hong sawl a – Ka Pa mahmah in Ama' nasep teci hong pansak hi cih (*John 5:36–38*).

Mihingte in Pa kiang a zuat theihna dingun, Pa in Keimah hong sawl hi ci in Zeisu in tangko hi (*John 6:40, 44*). Pa in mihingte nungta paisuak ding deih ahiah manin, thawhkik ciangin hong phong ding hong kamciam hi.

Anuai a munte in Zeisu leh a Pa' kikhawlhna bangteng gen hiam? *John 7:16; John 8:38; John 14:10, 23; John 15:1, 9, 10; John 16:27, 28; John 17:3.*

.....

Zeisu in Pa leh Ama' kikhawlhna lamdang takin tangko hi. Ama' hong thuhilh khempeuh pen Pa' hong thuhilhna hi a; Ama' hong gen khempeuh pen Pa' kiangpan a zak; tua thute a ummi peuhmah Pa a um; Ama' kammal leh Ama' sepsa teng khempeuh zong a Pa aa; a Pa leh Amah zong mihingte hotkhatna dingin ki ittak in nasemkhawm ci hi. Zeisu leh vantunga om a Pa in kinai-kikhawlh mahmah cih teci lian hihiam!

Pasian deihna nuntakpih in pumlah lecin, na nuntakzia koibang ciang a kikhel tammaw? Tuapen Zeisu tungpan i theikhhat sunsun pen Pasian' deihna ahislam koici theih ding hiam?

WEDNESDAY
Kha Siangtho

December 11

Kha Siangtho pen Lungdamthu John sungah Pa leh Tapa zah in tamgen khollo hi. Ahihhang Zeisu nasepna a lawhcin na'ng Kha Siangtho mapanna phamawh mahmah hi,

John 1:10-13 sim in. Kikhel nadingin Kha Siangtho a phatmawhna hihmun in bang teng gen hiam?

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John 1 ah, Kha Siangtho in bangzah in laigil hiam cih kimuthei hi. John in tua Thu a sang mi peuhmah Amah a um hi a, Pasian tate suak in "*cilehsa tawh hilo, sisan tawh hilo, mihing deihna tawh hilo, Pasian' deihna tawh suahna*" (John 1:13) cih. Tua zong Kha Siangtho nasepna bekpan hongpai ahi hi.

T-8

Anuai a munte in Khasiangtho gamtatna bang hong gen hiam? *John 3:5-8; John 6:63; John 14:26; John 15:26; John 16:7-11.*

.....

"Zeisu in nungzite kiangah Kha Siangtho nasepna, gen hi. Ama' lungsim teekin angah nopna leh lam-etna teng tawh huzaap nuam hi. Pawlpi ading Ama' huhna tampite ading in zong Amah lungdam hi. Ama' mite a pahtawi theihna lianpen silpiak in Kha Siangtho ahi hi. Tua Kha Siangtho pen ki puahphatna hi a, Amah lo in Christ' sihna in a mawkna suak hi. Gitlohna vang in zalom tampi sung thahat a, mihing in Satan leh mawhna tungah ki-aap in thongkia uhhi. Mawhna pen, Kha siangtho Pasian huhna tawh do leng kizo hi. Pasian in pawlpi tungah Kha Siangtho dim takin hong buak hi."—Ellen G. White, *The Desire of Ages*, p. 671.

Pasian in thumaan hi cih teci a pang Kha Siangtho ngahkhakna in hamphatna ahi hi (*John 3:33*). Mawhna hong zo sak, thumaan leh thukhenna ah hong gual zawhpih pen Kha Siangtho mah ahi hi (*John 16:8-11*). A dik, a thumaan, a hoihte hong theisak a, Pasian' Thu sungah hong ki-aapsak pen, Kha Siangtho in hong thuzawhna ahi hi.

THURSDAY
Zeisu' Thungetna

December 12

John 17 pen Zeisu' siampi thungetna peuh kici hi. A thukhupna zong hipah hi. Mihing' dinmun ki puahpha in Pasian tawh a kizopna maan a tun kik dingin Zeisu

hong pai ahi hi. Pasion in a sawl bangin lim lamdangte hong bawl hi. A kampau a gamtatna tungtawn in Pasion leh mihing kizomsak hi.

A sawtlo in Zeisu in leitung pan paikhia tading ahih manin, nungzuite tungah Ama' itna hawmsawn nuam hi. Amah, Pa leh Kha Siangtho a kinaizopna teng theitel sak nuam hi. Tua mahbang in nungzuite in zong, Pa, Kha Siangtho leh Amah tawh mimal kizopna neisak nuamlai hi.

John 17:1-26 sim in. Zeisu in Amah, Pa leh Kha Siangtho tawh a kinaizop mahmahna, hih munteng in koibang in gen hiam?

.....

Mi tampi in John 17 pen ki pumkhatna leh ki itna bek hi ciliang uhhi. Pasion ngiimna ahihle, Amah leh eite mimal kizopna hong puahphat sak ding kamciam ahi hi. Simpha mahmah leng, itna leh thumaan kikal ah kizopna thupi mahmah khat om cihding ahi hi.

“Nang bekmah Pasion maan cih amaute’n a theihna pen, tauntung nuntakna hi pah hi” (John 17:3) acih ciangin, Pasion hilo Amah a kici hihtuak zaw hi. “Keima’ khut sungah na hong piak mite tungah Nangma min ka pulak zo hi ... tua mite’n Nangma’ thu mang uh a ... Nangma kiangpan in hongpai kahihna thei uhhi” (John 17:6, 8). “Na thu in Thumaan hi a, Nangma’ thu tawh amaute siansuah in” (John 17:17).

Christ in Pa pulak ding in hongpai hi a, Pa aki telkhialhna tampi om ahih manin tua pulakna thupi mahmah hi. Zeisu in Ama’ nasep a pibawlina Lungdam John in hong lak hi. Pasion’ Thu leh a sepna teng Amah hong

lakkhia hi. Thumaan thupi selo hileh bang hang hitanta paikul ding hiam?

Zeisu in biakna ukpите nialna thuak in, haksapi takin hong nungta hi. Amite bek thamlo Ama’ nungzuite lakpan in lehdona zong thuaklai hi. Nungzui khatin Amah lehhek a, adang khatin thumvei nial hi. Kuama’ maisakloh thukhenna thuak in, Amah’n hotkhiat ding mite’ khutlum mahtawh Amah singlamteh tungah si hi.

Zeisu leh Pa kikal a om itna in nangma’ nuntakna sungah koibang in omsak thei ding nahi hiam?

FRIDAY

December 13

Ngaihsutbeh ding:

Ellen G. White, *The Desire of Ages* laimai 662-680 “Let Not Your Heart be Troubled” leh “Additional Note on [John] Chapter 1,” *The SDA Bible Commentary*, vol. 5, pp. 911-919 sim in.

Zeisu kua cih a khentatna vuah “*Cilehsa en in*” (John 8:15) mihing dinmun bek tawh thukhen uhhi. Tua sang a sukszaw lai pen “*a puatham*” (John 7:24) enbek uhhi. Hih leitung a puksa sunga a puksa mihing mah cilehsa tawh enin, Kha Siangtho makaihna neilo uhhi (John 3:3-7). Ama’ “*cilehsa*” bekmah mu uh a, Thu in cilehsa in hong omsuk cih ciang khawng ngaihsun baanlo uhhi (John 1:14). Christ khawng pen eima ciangtansa dinmun khatpeuh khawng tawh en ziau cihpen leitung muhna bek tawh khaikhin hilel bek hi (2Cor. 5:16).

“Huhpa pen ‘thumaan Kha’ kici hi. Ama’ nasep pen thumaan kemcing ahi hi. Amah in thumaan Kha leh Huhpa in mihing’ lungsim sungah hong om masa phot hi. Thu maan

sungah lungnopna huhna om ahihhang, khialhna sungah lungnop na'ng bangmah omlo hi. Upna maanlo leh ngeina teng hang mahin Satan in lungsim tungah ukzawhna hong neithehi hi. Mihingte a maanlo dinmun ah Satan in makaih in, gamtatna hoihlo bawl sak hi.

Laisiangtho sungah Khasiangtho in lungsim sungah hong hopih in thumaan hong guan hi. Khialhna zong hong lak pah in, kha sungpan hong hepkiat sak hi. Thumaan Kha in Pasion' Thu tungtawn in na hong sem a, Christ in zong Ama' teelsa mite Ama' lam mahah kaai hi."—Ellen G. White, *The Desire of Ages*, p. 671.

Kikupding Dotnate:

1.Tawntung nunna pen Pasion theihna hi (John 17:3). Pasion pen vanglian, itna leh thumaan tawh kidim cihciang lel theihna in bang khatna nei thei ding hiam? Mikhat in, "Pasion nathei hiam?" ci'n hong dong leh, nakoici dawn tam? Zeisu' thutawh na koici dawn tammaw?

2.Eima nisim nuntakna tawh kituak in "Na thu in thumaan hi" cihpen in bang hithei ding hiam? (John 17:17).

3.Zeisu in "Leitung panin na lakkhiat ding hong ngen kahi kei a, a gilopa bawlsiatna panin na kep ding a hong ngen kahi hi" (John 17:15). Eima thungetna hong kidawanna ding pen, eima nuntakpih ding teelna mah in koibang in huzaap thei hiam?

Lesson 12

December 14–20

MINTHANNA HUN: SINGLAMTEH LEH THAWHKIKNA

SABBATH NITAKLAM

Tukalsung Simding: *John 18:33–19:5; John 19:17–22; John 19:25–27; Luke 2:34, 35; John 20:1–18; 1Cor. 15:12–20.*

Kamngah: "Tua ciangin Pilate in ama kiangah, 'Tua ahieh leh kumpipa na hi hiam?' ci in a dong hi. Zeisu in, 'Kumpipa na hi hi,' nong cih a man hi. Thuman thutak teci a pang dingin hih leitung ah hong suakin kong pai zo hi. Thuman thutak tawh a kipawl mite khempeuh in keima aw a ngai uh hi,' ci in a dawng hi" (*John 18:37 ZSV*).

Zeisu a kikhaina leh thawhkikna in John sungah thupipen hi. Amasa chapter sawm tengin kumthum leh a lang sung bang sawt a; chapter 11 pan 20 sungteng in kal khat-nih sungbek khawng ahi hi.

Lungdamthu buli tengin zong Zeisu' sihna pen namli in pulak uhhi. A tangthu gen uh kibanglo hi taleh, laipu khatsim in Lungdamthu mah bulphuh ciat in tangthu pulak uhhi. Mate in Lai Siangtho tangtunna ultung sak; Mark in Zeisu tuiphumna leh singlam- teh; Luke in singlamteh bulphuh in damsakna leh hotkhiatna (*singlamteh tungah gutapa*) ultung sak hi.

John in ahiehleh singlamteh pen Zeisu a kumpi suahna hi a, **ama' hun** cih tawh kizom sak, ama' laibu sungah zong tamveipi pulak (*John 7:30, John 8:20, John 12:27*) hi. Singlamteh tunga khai cihpen Rome te in mipi'

muh dingin a zumhuai mahmah in a mithahna uh hi a, kumpi suahna cih peuhmah pen tuampian ngiat hi. Hibang in John in thu kilehbulh in pulak a; Zeisu in maizum takin si a, tua hunmah pen, Amah Honpa in a ki pahtawina hun ahi hi.

SUNDAY

December 15

Thumaan cih Bang hiam?

John 18:28–32 sungah, Zeisu aki thusitna teng kicing takin om kimlo hi. **Pontius Pilate** maiah Zeisu a kipaiphna bulphuh phadeuh hi.

John 18:33–38 sim in. Pilate leh Zeisu in bang kikum uh hiam?

Ukpiapa in Zeisu kiangah Jew kumpi nahi hiam cih dong hi (*John 18:33*). Hihpen a min ngah masakna hipah a, a nunung pen hinailo hi. Zeisu in Pilate kiangah nangma lungsim pan maw, mi hong genna panin hong dong nahi hiam ci'n dong hi. Hih dotna in ukpiapa in amah kua tawh kiho cih hong telsak pah hi. No laisimte in Zeisu pen Kumpi hi cih natheikhhol uh hang, Ukpiapa in theikhhol se ding hiam?

Pilate in zong kisuang giauguau in: “*Kei Judah mi hong sa na hi hiam? Na minamte le siampi liante in keima khut sungah nang hong piakhia uh hi. Bang sem kha na hi hiam?*” (*John 18:35*) aci hi. Hihpen ki tawzutna hi a, Zeisu' dotna in amah om nuamlo sakzo cihna ahi hi. Ukpiapa in thumaan panin a pialkhatna kalsuan masapen leh, a thu theihsa teng pan kidalna khat ahi hi.

Zeisu in Ama' gam pen hih leitung hilo cih (*John 18:36*). Zeisu in kumpi kahi hi ci in a tangkona ding dinmun Pilate in a tungsak hi (*John 18:37*). A hiteng teci pang ding mahin mihing in hong piang hi ing a cih theihna dingin Zeisu ading lampi kihonsak a, tua “**thumaan**” tawh akizom mite in Ama' thu ngai hi cithei pah hi (*John 18:37*). Pilate in zong “*Thumaan cih bang hiam?*” (*John 18:38*) ci in dongkik hi napi, a dawnna ngak nawnlo in; a pualam ah paikhia in mipi' khut sungpan Zeisu a hotkhiat theihna'ng lampi zong hi.

John Lungdamthu bulphuhpi **Thumaan** ahi hi. Tawntung Thu (*logos, John 1:1–5*) ahih mahbang in, Zeisu in Khuavak leh Thumaan ahi hi. Hihthu teng khempeuh in khuamial leh khialhna tawh ki lehbulh hi. Hehpihna leh Thumaan tawh kidim hi (*John 1:14*). Hehpihna leh Thumaan in Amah tawn hi (*John 1:17*).

Tuiphum John in zong thumaan teci pansak hi (*John 5:33*). Zeisu in Ama' Pa pen “**thumaan**” (*John 7:28*) cih. Zeisu Amah tekin Pa kiangpan tua thumaan za hi (*John 8:40*). Zeisu in “*lampi, thumaan leh nuntakna*” (*John 14:6*) hi. Pasion' Thu in “*thumaan*” (*John 17:17*) ahi hi. Pilate in ama' thudotna awlmawh bawlo kik in, ama' angkhualna tawh ama' vang kepna dingin, a khensatna masa nusia in mipi thuzawhna zuizaw hi.

Zeisu in Thumaan hi cihpen koibang in tel nahiam?

MONDAY

December 16

En un, Na mipa!

John 18:38–19:5 sim in. Zeisu suahtakna ding in Pilate in mipi koibang in zol hiam?

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Thumaan tawh kisai Zeisu' dawnna Pilate in ngak nawnlo hi. Tua sangsikin mipite zol sawmzaw hi. Mipite tawh a kiho leh, Zeisu khahkhiat ding sangsikin Pilate in zong amaute thuzawh zolo zawsop hi. Biakna makaite in mipite zang peuhleh ukpipa nangawn peipuang zo cih kithei ta uhhi.

Paisan pawl ciangin thongkia khat khahkhiat ngeina bangin mipi in "Jew kumpipa" khawng a khahkhia nuam tammaw cihi. Upmawh hetloh in mipi in mawh neilo Zeisu a khahkhiat ding sangun, mi ngongtat Barabbas khahkhia nuamzaw uhhi.

Zeisu simmawh, zahpih ding hong kipan ta uhhi. Rome galkapte in ling lukhu khusak, puan sandup khat silhsak in Jew kumpipa aw ci in zahtakna bawl ngeingai uhhi. Galkapte in tuabang in zahtakna a piak uh pen emperor pa tungah a hihdan uh hi napi, hi tengah pen zahkona hizaw hi.

Mipi in hehpih thei khaleh ci in Pilate in Zeisu khahkhiat na'ng lampi zong keei sam hi. Ling lukhu khusa leh puan sandup silhsa Zeisu pen Pilate in pulakkhia hi. Zeisu pen kumpi bangin ki zahpih ngeingai pen ukpipa in mipi tungah "**En un, na mipa!**" (*John 19:5*) ci a, tua thu tawh kisai, mipite pauna John in genkhia nawnlo hi. Tuathu in laisim te, Tuiphum John kammal "**En un, Pasion' Tuuno, leitung mawhna a lakhia**" (*John 1:29*) hong phawksak hi. Thu kilehbulh in dawibia ukpipa in Messiah pen kumpi in Israel maiah tangko hi.

John 19:6-16 ah, Zeisu khailup dingin mipi' ngetna a pulakna vuah, Pasion' Tapa kahi acihpen mah bulphuh

hi. Tua thu hang mahin Zeisu' suahtak na'ng a zongzong Pilate zong patau semlai hi. Makaite in ahiehleh Zeisu khahkhiat ding cihpen Caesar langdona hi ci zawsop uhhi. Pilate in Caesar tungah a cihtakna tawh tuabang mawhna nei peuhmah khahkhia lo ding cih thei uhhi. Makaite in Caesar lo kumpi dang neikei ung ci uhhi. Tua bang in a minam itna sangin Zeisu a huatna liansak zaw uhhi. Zeisu' vai tawh kisai aki tawzutna dingun minam thu nusia zaw uhhi.

Liphaphuai—dawibia ukpipa in Zeisu khahkhia nuam a; Zeisu a theitel zaw ding Khalam makaite in khailum nuamzaw cih! Eima mimal ading bang pilna kingah thei ding hiam?

TUESDAY
"A Zozo Hi"

December 17

John 19:17-22 sungah, Pilate in Latin, Greek leh Hebrew pau in, "**Nazareth mi Zeisu, Jew Kumpipa**" (*John 19:19*) ci in gelh hi. Biakna makaite in tua khelsak nuam hi. Pilate in ahiehleh, khel selo lel a, Zeisu pen singlamteh tungah Kumpi kisuaksak cih gamdai teci panna khat ahi hi. Hihteng ah Zeisu in amau' Kumpi taktak, Jew kumpipa in, mi mawhneite tawh kikhai khawm uhhi.

"Pilate leh Jew mite sangin a lianzaw vang khat in, Zeisu' lukhung a lai kigelh ding teng geelkhin zo hi. Ngaihsutna hong phong in, laisiangtho zong dingin Pasion' vaihawmna khat ahi h!"—Ellen G. White, The Desire of Ages, p. 745.

John 19:25-27 simin. Singlamteh phungah a lainat-huai Zeisu' nu in bang hih hiam?

.....

Tuani singlamteh phungah ding mite lakah itpa John, Zeisu' nu Mary leh a dang tampi om uhhi. Abeisa kum sawmthum, Joseph leh Mary in, biakinn ah Zeisu hong aap lai in Simeon in hihthu genkhol khin hi (*Luke 2:34, 35 enkak*). Tu in a sih madeuh in Zeisu in, anu kiangah “**en in na tapa!**” ci a; John kiangah zong “**en in na nu!**” (*John 19:26, 27*) aci hi.

John 19:28–30 simin. Zeisu a sihding in “A Zozo hi” acih in bang thupi hiam?

.....

Greek pau a **teleô** pen (*zo, picing, bawl khin*) hi a, tang 28 ah (*nakhempeuh kicing ta*) cihna hi a, tang 30 ah “**mankhin ta hi**” cihi. Tua banah **teleioô** (*zo, siangsak*) cihzong tang 28 ah om a, Laisiangtho picin sakna cihi. Bangzah in khasiat huai taleh, na khempeuh ki zosiang in, ki picing sakzo hi.

Zeisu in, “A Zozo hi” a cihciang in ei ading bang khatna nei hiam? Bang kizo a, eima nuntakpih ding bang om hiam?

WEDNESDAY
Han Hawm

December 18

John 20:1–7 sim in. Hiteng ah ei Christiante adinga thupi bangpeuh ki pulak hiam?

.....

Zeisu in Friday nitum kuanin si a Sunday zingtung in thokik hi. A phum hunin Sabbath naita (*John 19:42*) ahiah manin, hih semsem uh a zozo lo uhhi. Zeisu bangzah in it taleh uh, nungzuite in Sabbath tawlinga in han pailo uhhi (*Mark 16:1; Luke 23:56 enkak*). Sabbath khit ciangin, numei pawlkhat in paknamtui keng uh in, Sunday zingtung in han ah pai uhhi. Upmawh lohpi in, suang na kikhuk khin a, han hawmpi a nahi hi.

Magdalene Mary zong han hongpai lakah khatmah nahi hi. Ama muhbang gen dingin Peter leh John kiangah hong tai hi. Tua pasal gel zong hong taipah uh hi. John in Peter makhelh in tung masa hi. Kunsuk in a etsuk leh, Zeisu a kituamna puan teng kikhep linlian mu hi. Ahihhang asung lut nawnlo hi.

Peter ahiehleh, asung leu teitei in a puante va muhsak hi. Zeisu' lutang a tuamna puan zong om a, puan dangte tawh kikoihkhawm lo hi. Kizial linlian in ki tuamkoih hi.

John 20:8–10 sim in. A lu tuamna puan kizial in bang khatna nei hiam?

.....

Peter hansung a lutkhit ciangin John zong lut hi. John 20:8 in, amah lutsuk in, va mu a, um ci hi. Han sungah hanpuan mu in a lu tuamna a tuamin kikoih amuh ciangin, Zeisu sihna pan thokik cih, John in bang hangin um thei sese hiam?

Hih dotna dawnna dingin, banghang in han a hawm masak kul cih ngaihsut ding ahi hi. Han buluh te omthei hihtuak hi. Hi taleh tuathu in thuthum tawh piang theilo hi. **Amasa** in, Mate in han kicing ci a (*Mate 27:62–66*), han buluhna omtheilo ding hi. **Anihna**, han buluhte in van manpha bek gu uh a, siluang gulo uhhi. **Athumna**, han buluhte in nawhtat mahmah uh a puan khep selo uhhi.

Tua ahih manin, John in zong puan kikhep linlian amuh ciangin, Zeisu in sihna pan thokik taktak hi cih umthei hi.

THURSDAY
Zeisu leh Mary

December 19

John 20:11–13 sim in. Mary Magdalene in hanhawm a khatna a theih nailoh manin bang thu piang hiam?

Hihteng ah Mary' gamtatna a nunung pen madeuh in amah in Peter leh John kiangah hanhawm thu gen hi (*John 20:2*). Han ah taivat uh a, tuakhit a sawtlo in amah, hong ciahkik hi. Peter leh John in han a ettel khit uh ciangun paikhia lel uhhi. Hi napi Mary hong paikik ciangin han ah kap thapai hi. Tua sungteng kap pha mahmah cihna ahi hi. Tu in zong hansung ensuk in kapzel hi.

Lamdang a sakvat dingin, Zeisu' luang kisialna hansung ah vanmi nih puanpak silh in tu amu hi. Vanmi nih in, "*Numei aw, banghang in kap thapai nahiam?*" (*John 20:13*) ci'n dong uhhi. Ama' dahna pen mite'n a Topa' luang lakhia uh a, koiah koih cih theilo in dah ci in dawng hi.

John 20:14–18 sim in. Mary ading na khempeuh bangin khelsak hiam?

Mitsung khitui dim pelhpalh in, Mary a nunghei leh ama' nungah mikhat ding amu hi. Tua mikhual in vanmite kammal mah tawh "*Numei aw, banghang in kap nahi hiam? Kua zong nahiam?*" (*John 20:15*) ci in dong hi. Mary in huan cingpa tawh kiho in ki ngaihsun ziau in Zeisu' luang hong zonpih in ciziau hi.

Mikhualpa in "**Mary aw**" aci hi. Tua ki pulakna kammal khat in leitung khelzo hi. Thakhat in Mary in a thokik ama' Topa tawh amah kihoho ahihlan hong phawkta hi. Zeisu in zong kei hong len kei in, Ka Pa kiang kahto phot ding hi ing cih. Mary sepding pen, pai a nungzuite kiangah Topa kahto ding "*Keima' Pa leh note' Pa, Keima Pasion leh note Pasion kiangah kapai ding h?*" (*John 20:17*) cih. Mary in a nasep picin zo hi. Nungzuite kiangah Topa muzo a, Topa tawh a kihona khempeuh a vagen dildel hi (*John 20:18*).

1Corinth. 15:12–20 sim in. Paul cih mahbang, sihna pan Christ thokik kei peuhmah leh, eite Christian hihna in bang phattuum peuhmah ding hiam?

FRIDAY

December 20

Ngaihsutbeh ding: Ellen G. White, *The Desire of Ages* "It Is Finished" lai. 758–764; "*The Lord Is Risen*" lai. 779–787; leh "*Why Weepst Thou?*" lai. 788–794, simin. Clifford Goldstein, *Risen: Finding Hope in the Empty Tomb* (Nampa, ID: Pacific Press, 2020) etbeh in.

“**Pilate** in Zeisu khahnuam hi napi, hi theilo cih thei ahiih manin, ama’ vang leh dinmun kepcing ding ciang ngaihsunta hi. A leitung vang khahsuaah ding sangin, mi siangtho khat piakhia nuamzaw hi. Sup ding thuak ding ciangin tuabang piakkhiat tam thei mahmah hi. Lungpilna leh dinmun zong thukhat, angkhualna zong thudang khat hi leuleu hi. Tua laitak in khialhna lam manawh luata a, gilote tawh a kiholem peuhmah mawhna khuamial thukpi sung tungsuk lel ding hi”—Ellen G. White, *The Desire of Ages*, p. 738.

“Zeisu in ahiihle, Amah sep dingin a ksiawl nasep a zawhkhii masiah in ‘**A Zozo hi**’ (John 19:30) ci in Ama’ nuntakna piakhia nailo hi. Galdona zota hi. A taklam khut leh a baan siangtho in galzawhna ngahta hi. Gualzopa hita a tawntung sangpena ah Ama’ dial khaita hi. Vanmite’ lakah nopna omlo ding hiam? Honpa’ galzawhna sung ah vantung buppi in gualzo hi. Satan gallel ta a, ama’ gam mangthang khinzo hi.”

“Vanmite leh a puklo leitung dangte ading in ‘**A Zozo hi**’ cih kikona in thu kician khat ahi hi. Amaute a dingin zong eite mahbang in tatkhiatna nasep lianpi ki zosiang ta ahi hi. Amaute un zong Christ’ galzawhna’ gah eite tawh kibang in ngakhawm theita uhi.”—Ellen G. White, *The Desire of Ages*, p. 758.

Kikupding Dotnate:

1. Bang khentatna bawlina in, Pilate bangin khentat khialhnate pelhtheih na’ngin, hong huhthei ding hiam?

2. Banghang in Zeisu eite aiawh in a sih kul hiam? Banghang in Amah in eite hong Aiawh kulsese hiam?

Hotkhiatna i ngah theihna dingin banghang in Ama’ sih kul sese hiam? Bang laisiangtho mun nong lakthei diam?

3. Zeisu’ thawhkikna uptheihna dingin leitung tangthu leh laisiangtho koibang in kizom hiam? Tangthu in, tua thawhkikna koibang in kipsak hiam?

4. 1Cor. 15:12–20 lungngai un. Christ thokik lo hileh “Christ sunga ihmute kisia ding” uhi (1Cor. 15:18). “Christ sunga ihmute” vantung tung pahpah hiam? Christ’ hong paikik, thawhkik nidong misite ihmu ding cih Paul in koibang in kipsak hiam?

Lesson 13*December 21–27***ZEISU LEH AMA' THUHILHTE THEIHNA****SABBATH NITAKLAM**

Tukalsung Simding: *John 21; John 11:9, 10; John 8:42–44; John 4:46–54; 2 Tim. 3:16; John 15:1–11.*

Kamngah: “Nuntak tawntung ngah theih nading lametna tawh Lai Siangtho na lim sim mahmah uh a, tua na sim uh Lai Siangtho in Keima' thu mah genin teci pang hi” (*John 5:39*).

John' lungdamthu in **Mark** aa mahbang in Galilee ah kimuhkhopna tawh tawp hi. Tua kimuhkhopna tungtawn in John pilna ngah nunungpen in Zeisu leh Pasion' Thu theihna hi a – lungdamthu lina sungah a dim in a om hi.

Zeisu tawh kumthum valbang omkhawm khin hi napi, a Topa in a gengen niloh Ama' kikhai nading leh thawhkik nading vai peuhmah bangmah kiginna neilo hi. Ama' thu awlmawh khalo uhhi.

Tuni in eite zong tuabang hikha thei hihang: Pasion' Thu simsim sam hang a, mang hetlo thei hihang. Tuapen, eima lungsim leh gamtatna hong makaih ding khuavak sanglo hipah hi. Theihlokal in Christian tampi in tuabang in khuavak sanglo uhhi.

Hih kal nunung pen sungin, John Lungdamthu bulphuh teng, Zeisu theitel in Amah leh Ama' Thu sungah

beel thipthep bek thamlo, Zeisu theihna a khengval hong tut zawnha ding sin ding hihang.

SUNDAY*December 22***Galilee ah Kimuhna**

John 21:1–19 sim in. Hihteng ah Pasion' hehpihna – leh mihing kiniam khatna tawh kisai bang thumaan om hiam?

John 20 in a laibu' deihna pulak in tawp a, a thukhupna ding bang hi napi, chapter khatin hong zuilai hi. Chapter 21 in zong, nungzuite Galilee hong tunkikna tawh kipan a, Peter bangpen tuili tung tungkik hihtuak hi. A hunlui tengmah zomkik in, nungzuite zong amau' nasep ngei tengmah semkik uh hihtuak hi. Hi taleh tua zanin bangmah man khalo uhhi.

Zingsang tuungin, thusim kidim mikhual khat in, amau' gunkuang taklam ah amau' ngeen paai dingin sawl hi. Ngasa tam manlua kisa a ngeen uh kaai zo nawnlo uh hi. Tua pen Zeisu tawh a nasep khawp kipatna bang ahi hi (*Luke 5:1–11*). John in Zeisu a hihlam theivat ahih manin Peter kiangah genpah a, Peter zong tui sungah hong lengsuk pahin tuigei dong tui hong peek hi.

Zeisu in Peter tungah ama' Topa tawh kisai dotna thum dong hi. A kikhai madeuh in, Peter in Zeisu ading ahihleh ama' nuntakna pia ngam ding naci hi (*John 13:37*). Tuapen Peter in thumvei anial ding Zeisu in a genkhol lai in acih ahi hi (*John 13:38*). Tua Galilee a kimuhna ah,

Peter in amah kibulphuh khollo napi, Zeisu in amah bulphuh zaw hi: “*Topa aw, Nangmah in nakhempeuh nathei hi; kong it zong nathei hi*” (John 21:17) aci hi.

Pawlkhath in Zeisu’ kammal zat pen **agapaô** hi a, it cihna, Peter a thudotna ah, a nunungpen lobuang peuhmah, Peter in **phileô** tawh dawng a, it-ding, lawm bang ciangbek itna a cihna hi. Sianggen leng, Peter in tua sang a sangzaw itna nei nailo cihna ahi hi.

Tuabang Peter dawnna in mihing sungah omlel hi. Peter in guallel masa photphot ahih manin, “**kammal niamzaw**” zangin, ama’ ading peuhmah tampau ngamlo hihtuak zaw hi. Tua kiniamkhiatna mah pen Zeisu in kipsak zaw a, Peter zong Pasion’ nasepna sungah tunkik zaw hi. Pasion’ nasepna ding kilawmna pen kiniamkhiatna cihpen nial na’ng omlo a, Zeisu bekmah mitsuan in, angkhual lo cihna ahi hi.

Peter’ in pawlpi masa makaipa hong suah theihna ding pen, Zeisu’ thawhkikna in a thu paulam pipen mah ahi hi. Peter hong min ngahna pen, Zeisu mahin nungzui dangte maimah ah, a puahphat kik manmah ahi hi.

Topa theihna dingin banghang in kiniamkhiat kul hiam? Singlamteh lungngai leng, eite kiphatksak na’ng bang om hiam?

MONDAY
Zeisu Mitsuan Gige

December 23

John 21:20–22 sim in. Bang dotna in khialhna lamah Peter in zuansak hiam? Zeisu in koibang in a lampi mapsak hiam?

.....

Zeisu in Peter pen Pasion nasep kipansak ta a, “**Hong zui in**” (John 21:19) aci hi. Tui geilam ah mimal in Zeisu zuihna hiphot hi. Peter a kihei vatleh John in zong Zeisu’ nungzui gige hong mu in, John’ vai a kan hi. “*Topa aw, hihpa a bangci hiam*” (John 21:21) aci hi.

Peter in Pasion’na semsak kawmin, Zeisu in Peter’ sihna ding thu genkhol hi (John 21:18). Peter in John sihna ding zong theihnop tuaklua hi. Peter’ sihna ding pen Zeisu in Ama’ nung a zuihman hi lel a, nungzui dangkhat ading lung himawh loding in sawl hi.

John 21:23–25 sim in. Zeisu’ thugen koibangin kitelkhial hiam? Sawltak John in tua telkhialhna koibang in puahpha hiam?

.....

Mite in Zeisu thugen khat a telkhialh uhpen, “*Ka hongpai mateng amah anungta ding kadeih nakleh, nang bang phamawh sa nahi hiam? Nangmah’n hongzui peuh in*” (John 21:22) aci hi. Amaute in John sihna in Zeisu hong paikik ding danin ngaihsun uh hi. Hun beibe in John teek in a si ding hiliang ta a, Zeisu hong paikik tuan nailo hi. John in zong tuabang ngaihsut khialhna teng puahpha a, tuapen mailam thupiang ding genkhol hi zawlo in Zeisu’ deihna hizaw cih theita hi.

Mihing sangin, Zeisu mitsuanna in, tukal sinna baanteng sung hongtun ding hi. Zeisu bekmah eite’ Honpa ahi hi. Mihing in hong lungkia sak in hong liamsuah lelngel ding uhhi.

Tuesday pan Thursday kikal sung thumaan teng in, Pasion' Thu telcianna bulphuh hi a, a ngiimna bulpi pen; midangte huhna, ngaihsut piakna leh makaihna sangin – eima Topa leh Makaipa ahi Zeisu thei in zuihna ahi hi.

Na pimuh mahmah khatpeuh in hong lungkia sak ngei hiam? Tuabang sungpan in bang pilna peuh ingah thei ding hiam?

TUESDAY

December 24

Khuavak leh Khuamial

John 1:4–10; John 3:19–21; John 5:35; John 8:12; John 9:5; John 11:9, 10; leh John 12:35 simin. Bang kilamdanna om a, tua kilamdanna in banghang in thumaan teltheih na'ng thu bulpi hithei hiam?

Leitung in khuamial sungah om a; khuavak peel in amah guak omtheilo ahih manin; Piangsakpa, Tankhiapa lamah hong kihei uhhi.

“Mihing in, amah guak peuhmah in Pasion thei zo ngeilo hi. ‘Vantung zah in sang hiven; bang lawh ding? Hell sang thukzaw hi; nang bang thei zo ding?’ (Job 11:8). Lungkim takin sangleng bekma Pasion' thuthuk ‘mit tawh muhngeloh, bil tawh zak ngeiloh, mi' lungsim sunga om ngeilo' te kithei thei hi. ‘Pasion in A Kha Siangtho tawh hong lah ahi hi’ – Ellen G. White, *The Desire of Ages*, p. 412.

Zeisu Christ bekin Pa “**Amah pulak**” (John 1:18) hi. Greek pau in **excegeomai** hi a, “*letkhia, pulak*” cihte ahi hi.

John in Zeisu pen vantung thupuakpa, Pasion hong theisak pa naci hi. Zeisu tungtawn bekin Pasion kithei taktak thei hi.

John 8:42–44 sim in. Israel biakna makaite' upna thu bulphuh maanlo teng Zeisu in koibang in pulak hiam?

Thumaan a siksian lo peuhmah amau pilna tungah kinga uhhi. Laisiangtho zong amau' mihing muhna bektawh “**mu**” uhhi. A kilehbulh in, Christ pen leitung khuavak hi ci in sangin, Ama' thu letkhiatna ah zui ding hihang. A kilehbulh mahin gilopa in “*ama' thu bekma*” (John 8:44) genkhia hi. Eite kidawm mello lel in, Pasion upna sungah ki-aap mello hileng, tuabang dinmun tun khak ding lauhuai hi: laisiangtho zong eima deihna, lunggulhna leh muhna siksian in, a baihzaw lam vive zui in kisim lel thei hi.

Amau' thu bek a thumaan sak mite tawh koibang in ki talsik thei ding nahi hiam?

WEDNESDAY

December 25

“Tunglam” leh “Nuailam” pan Pasion' Thu

John 4:46–54 sim in. Ukpote in Zeisu koibang in buaisak a, a siksian uh thusimtham in bang hiam?

Hih mipa in leitung khuavak Zeisu kiangah hongpai in, ama' tapa a damsak leh bek Zeisu um ding cih lungsim nei hi. Hihpa' Pasion thu pen “**nuailam pan Pasion' thu**”

cihding ahi hi. Nuailam pan Pasion thu in Pasion leh Ama' Thu ading ciangtan tam neilua hi. Mihing' ngaihdan maimai lel pen amau' mihing hihna dungzui hilel a, Pasion' Thu mihing khatdan mah hipeuh lel hi. Thaang lauhuai khatmah ahi hi.

"A tunglam" pan Pasion' thu ahiehleh a kilehbulh in, upna tawh dawnna, Pasion' Thu up masakna ahi hi (*John 4:48; John 6:14, 15; 2Tim. 3:16*). Upna tawh laisiangtho a san ciangin a letkhiapa hong suak hi. Hun zui in ngaihdan sangin leitung in laisiangtho a muhzia in laisiangtho hong telsak zaw hi. Mihing muhdan in Pasion' Thu hong mang sak pen hi.

Zeisu' kammal na up nakleh laisiangtho thu na up kul hi (*John 5:46, 47*). *"Ka thu hihna te nazuih nak uhleh Ka nungzui taktak te nahi uhhi?" (John 8:31)*. Pasion' Thu a lunghiang peuhmah, tua Thu ama sungah teng theilo hi (*John 5:38*). *"Kei hong nial in Ka thugen a sanglo mite in thukhen ding khat anei uhhi. Ni tauipni ciangin Keima thugente pen amaute thukhen ding ahi hi. Keima ut thu tawh thu ka mawkgen kei a, Kei hong sawl pa Pasion in Ka gen ding thu teng hong pia hi?" (John 12:48, 49)*.

Pasion' Thu za cihpen a luttum maimai bek hilo hi. Pasion' deihna zong sep pah kul hi. Tua in Thu zakna panin hong piang ahi hi. *"Pasion' deihna bangin a gamta nuam mi peuhmah in, upna thukhun kagen tepen, Pasion kiangpan hong pai leh Keima deihna tawh kagen khentel thei ding uhhi?" (John 7:17)*.

Hibang a Pasion' Thu zak leh bawl a thuah mi in Pasion a itna lahna ahi hi. *"Kei hong itte in Ka thu hong zui ding uhhi; Ka Pa in zong amah itding a, Ka nihgel un ama' inn ah Ka om ding uhhi?" (John 14:23)*.

Zeisu i itna leh Ama' thu i manna kikal bang kizopna omthei hiam? Itna bulphuh lo "thumanna" in banghang in lauhuai thei ding hiam?

**THURSDAY
Zeisu Beel**

December 26

John 12:32 sim in. Hih kammal in Zeisu' ukzawhna thuneihna koibang in hong lak hiam?

.....

Tu quarter bup sinna sungah, John lungdamthu in Zeisu' kiangah hong kai thapai a, tua zong Pasion a theinuam leh Ama' deihna a bawl nuam te ahi hi. Hih lungdamthu sungah, Zeisu tawh a kimu peuhmah in khuavak sang maw nialzaw in mittaw zaw maw cih ahi uhhi. Nicodemus, tuikhuk a numei, ulianpa, Bethesda bual gei a mipa, khomun leh ngasa tawh a vak mi tulnga, Zeisu' sanggamte, biakna makaite, pianpih mittawpa, Mary leh Martha, Pilate, cihbang in – Zeisu tawh a kimuhnak vualeh Ama' hong puak khuavak tungtang teelna nei pahpah uhhi.

Nuailam Pasion' thu ahiehleh, Pasion' omzia pen, mihing bawltawm leh ngaihsut tawm thute tawh ettelna ahi hi. Pasion, a Siangthona, a picinna leh a pilna tungah mihing muhna, bawltawm, pukna leh hazatna cihte koihto uhhi. Nuailam thu peuhmah in a beisa hun leh hong paiding hun ah mihing hong lampialsak a (*Mang. 14:1-12 enin*), Pasion makhelh in, leitung biakna maanlo peuh hong bia sak ding hanciam hi.

John 15:1-11 sim in. Khalam khantohna leh cidamna thusim bang hiam?

.....

A thusim in Zeisu tawh kizom den ahi hi. Amah Pasian' Thu, Nuntakna Khomun, leitung Khuavak, tuu' Kongpi, Tuucing Hoih, Thawhkikna leh nuntakna, Lampi, Thu maan leh Nuntakna, Lenggui Maan ahi hi.

Lutang Pasian leh Amau' Thu Laisiangtho in sik-huup bang ahi hi. I nial kei nakleh, amau kiangah hong kai ding hi. "*Pasian' aw in, ama' thu tungtawn in hong hopih a: zak ding aw tampi tak om napi; Hiteng ah Christ om, hia tengah Christ om hong kicih leh – a kua' kammal hiam cih entel ding ci hi. Laisiangtho tawh enkak keileng, thumaan ahileh ahiloh koici theih ding ihi hiam?*"—Ellen G. White, *The Advent Review and Sabbath Herald*, April 3, 1888. Tua ciangin eima muhna teng Pasian' Thu tawh kituak in tangko ding hi.

FRIDAY

December 27

Ngaihsutbeh ding:

Pasian' muhdan pen mihing' muhdan tawh ki tumdang lua hi. Pasian in Amah muhdan laisiangtho sungah Khasiangtho makaihna tawh hong hilh zo hi. Khuamial sung ah kalsuan lel ding utleh zong, khuavak sangthei in, Thu sungah Zeisu Christ in hongpiak saan ding leh khuamial sungah om ding teeltheih ahi hi. Hihthu teeltheihna dingin Zeisu Christ Pasian' Tapa mihing' Tankhiapa tungah ki-aap kul hi. Khasiangtho vangliatna tawh, Zeisu Christ nuntakna, sihna leh thawhkikna tawh, Pa Pasian hong itna thuk hong kilak khinzo hi. Zeisu nuntakna, sihna leh thawhkikna teng Pasian' Thu sungah ki ciamteh ahih manin Zeisu i theihlawh hi.

"Pasian' vanmite in van leh lei kikal kahto tuaksuk den uhhi. Genthei leh thuak sia mite ading Christ bawl

nalamdangte zong Pasian' vangliatna leh vanmite panpihna tawh abawl ahi hi. Pasian' thupha zongpen, vanmite panpihna mahtawh Christ tungtawn in hong paisuk ahi hi. Honpa in mihing hong suahna tawh, a puksa Adam tapa leh tanu khempeuh lunggulhna teng hong theihpih in; Amah Pasian ahihna tawh Pasian' tokhom mai ah hong zuatpih hi. Tua hi a Christ in Pasian leh mihing kikal ah kizopna bulpi hong suak hi"—Ellen G. White, *The Desire of Ages*, p. 143.

Kikupding Dotnate:

- 1. John laibu sunga tangthu khempeuh lakpan, a koipen in Pasian hong itna leh omzia hong genna aw gingpen hiam? Hong thuzawh pen lawmte tawh kikun un.**
- 2. Thumaan koibang in zong taktak thei ding ihi hiam?**
- 3. Thumaan tungah eima' deihna tawh thukhen ziauziau loh na'ng banghang in pelh haksa hiam? Mihing ihihna mahin laisiangtho i muhdan koibang in huzaap veve thei hiam? Koibang in kiniamkhiatna in Pasian' Thu sungah hong kipia saktei ding hiam?**
- 4. Nitumna lam gamte' Christian biakna tangthu sungah, Pasian' Thu pen gamthuk in uksak niloh keei in lauhuai thei mahmah uhhi. Etpak ding bangpeuh omthei a, mihing muhdan khawng tawh Laisiangtho "letkhiat" lel ding bangzah lauhuai cih hong theisak hiam?**
- 5. John Lungdamthu pen, nangma kammal tawh tomlakna khat bawl dihin. I thupuak laigil bang ahi diam?**

MORNING WATCH
October, 2024

1. Tuesday	Late	51:7
2. Wednesday	2 Corinthians	1:21, 22
3. Thursday	Philippians	2:2
4. Friday	Late	139:23, 24
5. Sabbath	Sawltak	2:1
6. Sunday	Philippians	2:3
7. Monday	Luke	18:13
8. Tuesday	Philippians	3:7
9. Wednesday	John	15:5
10. Thursday	Philippians	2:15
11. Friday	Colossians	1:10
12. Sabbath	Colossians	1:12, 13
13. Sunday	Philippians	3:20
14. Monday	Isaiah	1:18
15. Tuesday	Matthew	22:11, 12
16. Wednesday	Philippians	2:13
17. Thursday	Mangmuhna	3:18
18. Friday	Ephesians	3:16
19. Sabbath	1 Corinthians	1:10
20. Sunday	2 Corinthians	7:1
21. Monday	1 Corinthians	2:12
22. Tuesday	Luke	18:7
23. Wednesday	Hebrews	4:16
24. Thursday	Luke	18:1
25. Friday	Sawltak	4:31
26. Sabbath	1 Corinthians	2:13
27. Sunday	1 Corinthians	3:13
28. Monday	Sawltak	2:46, 47
29. Tuesday	Isaiah	58:9, 10
30. Wednesday	Jeremiah	14:20, 21
31. Thursday	Daniel	9:19

MORNING WATCH
November, 2024

1. Friday	Sawltak	5:12
2. Sabbath	Sawltak	5:14, 15
3. Sunday	Sawltak	6:7
4. Monday	Sawltak	2:41, 42
5. Tuesday	Sawltak	2:2
6. Wednesday	Mark	13:33
7. Thursday	Sawltak	1:6, 7
8. Friday	Sawltak	2:12
9. Sabbath	Sawltak	2:14-16
10. Sunday	John	3:9-12
11. Monday	Sawltak	4:13
12. Tuesday	Sawltak	4:18-20
13. Wednesday	Sawltak	4:18-20
14. Thursday	2 Corinthians	4:1, 2
15. Friday	Titus	2:7, 8
16. Sabbath	Titus	2:1
17. Sunday	Titus	1:9
18. Monday	1 Corinthians	14:40
19. Tuesday	Philippians	3:8
20. Wednesday	Romans	15:13
21. Thursday	Philippians	4:4
22. Friday	Sawltak	4:32
23. Sabbath	2 Corinthians	8:3, 4
24. Sunday	Galatians	3:27, 28
25. Monday	Sawltak	2:43-45
26. Tuesday	Sawltak	5:28, 29
27. Wednesday	1 Peter	5:7, 8
28. Thursday	Revelations	18:4
29. Friday	Daniel	12:1
30. Saturday	Luke	21:36

MORNING WATCH

December, 2024

1.	Sunday	Ephesians	6:12
2.	Monday	Ephesians	6:13-17
3.	Tuesday	1 Timothy	6:12
4.	Wednesday	1 Peter	4:12, 13
5.	Thursday	Mangmuhna	12:12
6.	Friday	Ephesians	6:10
7.	Sabbath	Romans	8:15
8.	Sunday	1 John	5:4
9.	Monday	Mangmuhna	3:8
10.	Tuesday	1 Corinthians	9:24, 25
11.	Wednesday	Romans	8:37
12.	Thursday	Romans	8:1
13.	Friday	James	4:7, 8
14.	Sabbath	Luke	15:7
15.	Sunday	1 Corinthians	15:57
16.	Monday	Zechariah	3:2
17.	Tuesday	John	17:14, 15
18.	Wednesday	Mangmuhna	2:7
19.	Thursday	Mangmuhna	2:11
20.	Friday	Mangmuhna	3:4
21.	Sabbath	Mangmuhna	3:5
22.	Sunday	Mangmuhna	3:10
23.	Monday	Mangmuhna	3:12
24.	Tuesday	Mangmuhna	3:21
25.	Wednesday	Hebrews	2:14, 15
26.	Thursday	Mangmuhna	12:11
27.	Friday	1 Peter	2:21-24
28.	Sabbath	John	16:33
29.	Sunday	Mangmuhna	1:7, 8
30.	Monday	Mangmuhna	21:7
31.	Tuesday	Hebrews	10:37, 38